# BRATORY WERS BALAH LESSON NO 1

BUILDERS OF THE ADYTUM

Advanced Esoteric Practices with Color and Sound

based on

transcriptions of special class work conducted by Ann Davies at the Temple of Tarot and Holy Qabalah

#### Lesson One

(from the transcripts of class lectures by Ann Davies)

The Western Occult method of correlating light and sound vibrations with conscious imagery is a Qabalistic form of magical practice. In this series we will be bringing you the more complex meditational procedures which have previously been reserved for the spiritual development of ritualistically linked Initiates of the Mystery Schools. The Qabalistic methods we will relate are specifically designed to bring about accelerated spiritual unfoldment. The healing involved is a healing of the total personality, a making whole or complete of the several vehicles of expression.

These Qabalistic vibratory correlations will not only help you to attune your consciousness to higher levels of awareness, they will also enable you to hold or fix the essence of such an experience in your physical vehicle so that you can clearly recall it in waking consciousness. We will learn to 'tune in' on the continuous meditations of Higher Beings by temporarily raising the vibratory frequency of our subtle bodies. Ultimately, our aim is to make this upgrading of vibratory rate relatively permanent so that we can enter into union with higher planes of awareness at will.

One of the basic tenets of Ageless Wisdom is the Unity of All, the singleness of the universe. All differentiated powers are emanations of a Single Power that manifests as radiant, vibratory, conscious energy. All differentiations are appearances within the limited framework of time and space. Because all are from One, these differentiated emanations are related and able to interact with one another. It is through the interactions of these related emanations of a Single Power that the evolving universe proceeds.

These related energies of the One Life are vibratory and radiating. They pulsate in ceaseless waves of varying 'number' or 'note'; they permeate all of space, filling it through and through. Thus they are omnipresent, and, because of this, any specific rate may be perceived anywhere in the universe by an instrument attuned to correlate with its particular vibration. Through such vibratory correlations we can place ourselves in attunement with the higher creative forces of the universe. We can become direct channels or agents of the One Self and Its evolutionary Plan. We can become co-administrators of Divine Law by placing ourselves in harmony with Divine cosmic principles.

Our personality is an intricate complex of these related vibrations. We each form a distinctive color scheme and a unique tonal pattern that is subject to change by a rearrangement of the light and sound yibrations of which it is composed. Through consciously directed correlations and attunements we can accelerate the rearrangement of these vibrations and thereby transform the pattern of personality more rapidly. We change the pattern by establishing a better coordination and a more

harmonious interchange between the innumerable living conscious entities that hold a specific vibratory rate in relative stability.

On the whole, the basic pattern of personality is composed of vibrations peculiar to one's level of mental, emotional and spiritual development. This pattern can be upgraded in form, in tone, in color. All life experiences make some difference in the quality of this pattern, but unless we are consciously working on its transformation the changes are very slow and quite imperceptible through several incarnations. Conscious transmutational work, such as you are receiving through these instructions, immensely accelerates the rate of change in the vibratory pattern of personality. This is because you have come to the point in your development where you are able to consciously cooperate in self-transmutation for the purpose of becoming a more adequate and serviceable channel for the One Identity.

By this we do not mean that only those consciously engaged in self-transmutation are making progress. For some advanced souls it is not their cycle to work directly with the vibratory energies. However, the unselfish, productive and meaningful lives that they lead, apart from conscious participation in the Great Work, have a similar transforming effect.

As we begin this more complex and demanding phase of transmutational work, we need to understand just what is meant by vibratory
attunement. From earlier studies we know that our sensory awareness
of all physical phenomena is based on the perception and interpretation
of various vibratory impulses. We know further that our ordinary
awareness, as well as the extended awareness achieved through scientific methods, is based on perception of only a very narrow range of
the total ocean of cosmic vibrations. What we are able to perceive in
the sound and light ranges, for instance, is only a minute portion of the
whole. By learning to correlate our consciousness with the vaster
ranges of cosmic vibration, we will begin to find freedom from delusion
by perceiving the whole of which we formerly knew only the part.

The limitations of partial perception are what the Eastern philosophers refer to as the Maya, or the illusion of existence. Yet we must remember that the vibrations which are the subject of these illusory interpretations are themselves <u>real</u>. The unreality is in the way they are interpreted by the self-conscious mind. We not only interpret from but a small portion of the whole, we are also influenced by the legion of erroneous ideas about the meaning of existence patterned in the collective consciousness of humanity.

The difference in the vibratory rates that manifest as physical phenomena, and those that express in higher realms, is a difference in rapidity of pulsation. The slower the motion, the more material or crystallized the expression will be. The more rapid the motion, that is, the more pulsations or repetitions per second, the less material or tangible the expression. Thus we slow down, or cool, to condense or manifest. We speed up, or heat, to dissolve or subtilize. A material-

ized result is the condensation of a spiritual essence. This essence is the same, whether manifesting as a physical phenomena in Assiah or vibrating in its most abstract state in Atziluth.

Different levels of the same basic note, or wave length, can vary even on the physical plane. The forms of water show this basic principle of variation. Ice, or crystallization, results from lowering the temperature of water. This is actually a slowing down of the rate of vibratory activity. By raising the temperature, or speeding up the rate of vibratory activity, the water becomes steam and seemingly disappears from our sensory perceptions.

Our physical bodies are composed of a complex group of interrelated vibratory frequencies. Every such rate within the body correlates with a cosmic vibration. The frequencies peculiar to human nerve
currents and brain waves have their cosmic correlates. There are
cosmic vibrations that correspond to the specific wave length of every
cell in our bodies. Furthermore, everything we think or feel, every
response we make to life, has a unique vibration within the Universal
Consciousness, and therefore has a distinct correlation with some cosmic level of vibratory activity. There is no real separation anywhere
in the universe.

Within our personality complex we hold vibratory rates that correlate with every cosmic power. The principle consideration of this series of instructions will be to outline a mode of procedure that will effect an interchange between the various vibratory rates within personality and their cosmic counterparts. This is done by learning how to increase the rapidity of some specific vibratory rate within us to where it becomes attuned and receptive to its higher correlate.

The method used to bring about this attunement with a Cosmic Power or Higher Intelligence is based upon the principle of resonance. That is, the receiving apparatus varies and adjusts its own frequency until it is the same as the higher frequency to which it desires to attune. This is accomplished by deliberately emphasizing a specific rate or frequency within personality, and then, through mental and meditational means, raising it so that it vibrates with its higher counterpart and receives the higher, more intense current of energy into itself. When this has been accomplished, the cosmic frequency will produce distinct amplitudes, distinct impressions of its vibratory current within the receiving apparatus.

As the process is repeated and reiterated, the personal level energies become balanced and harmonized to where the entire personality, including the physical vehicle, is perfected and completed. The individual becomes an acutely attuned instrument, able to receive and transmit a direct flow of energy and wisdom from the One Identity.

As human personalities, we have specific wave lengths that correspond to those on every plane of the universe. We are in the process of learning to respond to, and become consciously aware of, more and

more of these latent energies within us. A physical incarnation can be thought of as a state of consciousness wherein one is concentrated within a relatively crystallized field of vibrations. When we drop our physical bodies our conscious awareness becomes oriented to a more rapid vibratory frequency. This subtler plane of awareness is with us always. It has a distinct rate or motion within our total consciousness. It is, as you know, our astral dwelling place.

The science of correlating color and sound vibrations for transmutation is based upon the relationship and interaction between the various planes upon which we dwell. We are born into a physical incarnation with certain vibratory tendencies, certain tonal patterns, certain color schemes. At this stage of our development there are yet discords of sound and clashes in color. Through the instructions given in this course you are going to find out which tones are too loud and which ones are too weak; which colors over-predominate and which ones need more emphasis. Then we can use the magical science of vibratory correlation to bring about a harmony of sound and a balance and integration of color that will be reflected in a more harmonious, balanced and integrated personality instrument.

In the lessons that follow we will prepare ourselves for advanced meditational practices by first expanding upon earlier instruction, so that we have a thorough understanding of the tone and color correspondences to specific states of consciousness and astrological tendencies as symbolized in Tarot and on the Qabalistic Tree of Life. ##

## Lesson Two

(from the transcripts of class lectures by Ann Davies)

The color images and sound intonations we will be practicing in this course are more than exercises for personal transmutation or for freeing oneself from everyday problems. As advanced B.O.T.A. aspirants, dedicated to the purposes of the Great Work, we form a powerful unity of effort that immensely concentrates and intensifies the energies with which we are working. This unity of effort gathers power we could not generate nor handle alone. We most definitely need each other as we combine our efforts to become conscious participants in the Hierarchical Plan for Evolution.

As I have explained elsewhere, it is not necessary that we be together physically for this work, or that we perfom our meditations and practices at exactly the same time. We give manifesting power and strength to specific mental images by giving them our attention. These images are vitally important to the Plan for the accelerated evolution of the human race. We are performing a great service to life by giving the power of our conscious attention to these images. Automatically our personal evolution will be accelerated, even though we do not make it the primary concern.

Our main dedication during this series should be to offer ourselves as willing servants of life, as transparent channels for whatever
portion of the accelerated evolutionary plan we are able to transmit.

"Seek ye first the Kingdom of Heaven and all else shall be added unto
you." In the sense pertaining to what we have been discussing, it is
seeking that undeniable awareness of unity; it is knowing that whatever
we do for all of life is no different than what we do for ourselves.

The basic method of practice we will follow is one familiar to you from past courses. We will combine the Tarot symbols with their color and tone correspondences. Sound is an atmospheric vibration as we hear it; color is almost wholly reflected light as we perceive it in nature. The correlation between them is a relationship of number, of wave lengths per second. Every semitone of the musical scale has a given number of vibrations per second. By doubling them repeatedly, eventually one arrives at the number of vibrations per second of a corresponding color sensation.

Both sound and light vibrations are part of the electro-magnetic activity of the universe. When we image a color we are actually directing and controlling light vibrations with our consciousness. When we intone a musical note with deliberation we are directing sound vibrations. Magical words of power make use of definite correlations between sound vibrations and the formative forces of nature. The correspondence is again a number relationship. Articulate sounds and words have geometrical shapes that correspond by number to the structure of physical phenomena.

This knowledge that sound vibrations have definite formative power is the basis of Mantra-vidya, the Eastern Occult method of controlling forces with articulated sound. In the Bible the formative power of sound is symbolized by introducing creative acts with the words, "and God said". Sound is power. As with all powers, the way it is used determines whether it is beneficial or harmful.

Articulate sounds and mental images form the elemental forces into patterns that correlate with the thought or image. A thought which has the power to change the form of anything is a thought put into words, either auditory or mental. Articulate sound does not have to be actually vocalized.

Every substance in the universe is also related in its basic structure to light. By means of a spectroscope, scientists are able to determine the substances that make up even the most distant stars. Analysis of every known substance by this method has shown that every element and combination of elements has its invariable color manifestation.

In the Qabalistic method of combining colors with their correlating tones, we intensify and make distinct the power of the vibrations with which we are working. We then combine these intensified energies with Tarot and Tree of Life symbols, which serve as directing images that are able to guide the energies into the positive forms and states of consciousness they symbolize.

Although colors and tones are forces with infinite gradations of expression, there are seven fundamental colors and seven fundamental tones. This corresponds to the ancient doctrines wherein the entire cyclic activity of the universe is based on the number seven. In practical work these seven colors and tones correspond to the seven planets of this solar system known to the ancients and to the seven Inner Holy Planets which bear the same names.

The number 12 is also an important one in all esoteric work, as you undoubtedly learned in your study of the Magical Language. The twelve semitones of the musical scale and the twelve colors of the chromatic scale have a correspondence to the twelve basic astrological types and to the twelve bodily areas related to the zodiacal signs. These, in turn, have a correspondence to the twelve Hebrew Tribes and the twelve Apostles referred to in the Bible. All these various relationships will be a part of our practical work with the vibratory powers of Oabalah.

We will be combining and synthesizing knowledge gained in earlier B.O.T.A. courses as to types of energy, modes of consciousness and planes of expression and utilizing it in ways that will help us to become channels for the higher frequencies of cosmic and solar vibration.

In the course on Esoteric Astrology, for instance, we emphasized the idea that the many personality variations which correspond to

astrological types are all a part of our total selfhood. We are the whole zodiac. The value of knowing and recognizing these variations of personality is that we can learn to use them in our spiritual development. By combining the particular colors, tones and Tarot symbols that correspond to specific planetary influences and variations of personality, we can emphasize certain attributes and subdue others in ways that will help us to become attuned to particular areas of wisdom or become receptive to certain energies we might need to achieve special results.

From the lessons in The Oracle of Tarot course, you learned that there are really 400 levels of awareness or development as expressed by the Qabalistic system. There is a Tree of Life, complete with ten Sephiroth and connecting paths in each of the four Qabalistic worlds. Within each of the ten Sephiroth in these four major Trees is a secondary Tree, making 400 Sephiratic states of awareness in all.

Each of us has an evolutionary development level that corresponds to one of the Sephirah within a Sephirah in one of the Four Worlds. Just what your specific grade may be it is not necessary for you to know at this time. What is important is that whatever the grade you hold, it will be brought nearer to its perfection and ultimate transcendence through the practical work we will be doing. Incidentally, none but genuine Adepts would know your exact grade, and They would be too wise to tell you what it is.

To perfect one level or grade of expression and ascend to the next is the purpose of all transmutational practices. This includes the larger planetary and cosmic evolutions. One of our main endeavors, in working with the cosmic vibratory powers, will be to aid in the evolution of all the kingdoms of nature. The same principle holds true in these larger transformations as in that of an individual. One level of expression must be brought into balance, harmony and equilibrium before a higher level can be embraced.

From our study of the Alchemical Process in the course on The Great Work, you learned that the human organism is the most perfect of laboratories wherein one may discover the secrets of nature. This interior laboratory uses subtler means of perception than those employed by science. It is in this interior laboratory that we can make use of the vibratory correlations between color and sound. Every cell and every organ in our bodies has its definite color and tone. The means through which we intensify and harmonize the color and tone vibrations is that of first establishing them within our own organism. The intensified, amplified energies can then be consciously directed outward to aid others in the evolutionary process.

In the earlier series on Sound and Color you received the Tattvic diagrams. They show the basic geometrical forms that are related to various rates and characters of vibration. They are also said to represent modes of motion and the vibratory patterns upon which our physical sense impressions are based. You learned that these geometrical diagrams have correspondences to the various states of consciousness

symbolized in the Tarot Keys. They also correlate with the four elements and, therefore, with the Four Worlds of the Qabalists. The use of these symbols along with those of Tarot and the Tree of Life, will help us in perfecting the kind of creative imagery that can bring the higher vibratory frequencies into physical manifestation.

The Tattvas are said to be modifications of Prana, the Cosmic Life-breath. In the Qabalistic Tradition, Prana is identical to Ruach. Both of these terms point to the importance of deep, rhythmic breathing in all meditational and transmutational work.

In the practical meditations of this series we will be utilizing the knowledge and perceptions and insights we have gained from all the earlier courses of B.O.T.A. We will be learning the art of directing the subtle vibratory powers which enter into the composition of all things in the universe. Because the universe is mental, all bodies, and consequently all human circumstances, are formed and made physically manifest by mental activity. The universe comes into actual physical being through the activity of the Universal Mind. That mind projects Itself into physical forms by acts of imagination. We can participate in the Universal creative process by learning to attune our acts of imagination with those of Yekhidah, the One Identity in Kether. ##

#### Lesson Three

(from the transcripts of class lectures by Ann Davies)

When we visualize ourselves within Tarot symbols we are actually uniting our consciousness with the archetypal level of the states of being and types of expression symbolized by each Key. This correlation with higher states is possible to us because every principle of nature, every state of consciousness, has innumerable octaves of expression. Through the coordination effected by utilizing the forces of color and sound, we form patterns of relationship that align us with the higher expressions of the specific type of energy or manifestation with which we are concerned at the time.

The sound and light energies combined with the imaging of ourselves within the Tarot Keys serves to pattern a vibratory formula that tunes us in on the consciousness of the Adepts. By correlation, our meditation unites with Their continuous meditation on the eternal truths behind the Tarot images. All the practical work of B.O.T.A. is designed to help us build the kind of vehicle that can register these higher truths. Keep this in mind as you perform the truly magical combination of imagery and intonation.

The kind of vehicle necessary is a physical body composed of finer, more sensitive substance than that of the ordinary man. This means that the very structure of our cells has to be subtilized. The finer, more rapid frequencies will not move gross matter. They are too fine and literally go right through it. It takes subtilized matter to register the higher vibrations always present in the total ocean of consciousness.

The color and sound intonations with Tarot speed up the vibratory frequency of the substance of our bodies. The formulas we use actually stimulate higher octaves of vibration into activity within us.

As we subtilize the substance of our physical bodies in this way we are participating in the Redemption of Matter, in the upgrading of 'that which is below' the self-conscious intellect of man. We are liberating living, conscious entities from one level of expression and preparing them to vibrate on a higher one.

Since thought is a kind of vibration that is potentially creative, it is by using this creative power more intelligently and more knowingly that we become conscious co-creators with God. Through the deliberate intonation of specific sounds there is an intensified focus of vibratory energies into a specific pattern. You have reached the stage of development where the more intense occult methods are open to you.

The seven Inner Holy Planets and their corresponding Tarot symbols will be our first concern. We will combine intonations with visual images in order to activate each type of energy in a more intense

and complex manner. We are going to bring a new level of intensity to bear upon our mental, emotional and physical vehicles. Tarot images keep us in the positive vibrational range of any particular power we may be invoking. The Great Work is the art of learning to use the formative vibrations of the universe to build vehicles through which superconscious energies can express.

The Qabalistic vibratory formulas we will be using help us get the characteristic vibration related to a specific state of consciousness into motion. As we heighten and intensify energies in this way, the related Tarot symbol keeps them functioning within positive bounds by giving them a definite pattern to follow. The energy we invoke is thus guided into its highest possible expression.

Before proceeding with the powers that correlate with the seven Interior Stars, I want to give you some specific instructions on the use of the Divine Names. From now on you are going to begin every period of practice by intoning four of the Hebrew Divine Names. To begin with the Divine Names is to align all your subsequent invocations with the Atziluthic plane of expression. The Divine Names are sound formulas related to the highest spiritual powers and to the archetypal level of principles.

When we intone a Divine Name (or any other level of Qabalistic formula for that matter) we are sending forth a melody line which has magnetic formative power in the subtler levels of substance. The tone patterns fashioned by the Divine Names have an affinity for the highest cosmic vibratory emanations. Since each note of the formula has a correlating color, a color pattern is also formed.

Through the power of the intoned vibration we become attuned to the highest level of the energy it represents. Eheyeh, אחיה, is the highest of the Hebrew Divine Names of God attributed to Kether, the Crown. It is translated as I AM, the primary declaration of pure being unqualified by any predicate. To intone this Name is to attune one's personality complex to the first whirling forth; to the inception or initiating aspect of all things in the universe. Thus Eheyeh is the tonal representative of energy that, on all levels, is associated with the power to initiate, to begin, to give forth seed ideas.

After Eheyeh we will intone Yod Heh Vav Heh, ההה, the Divine Name attributed to Chokmah. When we intone Yod Heh Vav Heh we are aligning the energies of our personality with the cosmic life force; with the light energy of the sphere of the zodiac; with the light that is one with life and consciousness. We are attuning ourselves to the highest expression of the energies associated with the zodiacal constellations. We are putting all our subsequent use of the zodiacal energies under the dominion of the correlating Divine Principle in Atziluth.

The third intonation will be Elohim, אלהים. With this sound formula we become correlated with the highest levels of creative power.

We are symbolically placing ourselves under the protecting love of Neshamah, the Divine Soul which naught can defile.

Adonai, "ITK, is the Divine Name attributed to Malkuth, the Kingdom. This fourth intonation relates us to the highest principles behind the form side of life. Adonai aligns our personality and our physical body with Kallah, the Bride, who sits upon the throne of Binah. When intoning Adonai, endeavor to form the conscious intention of bringing higher vibrations into the world, of helping to make the substance of Malkuth finer, subtler and more able to register the spiritual emanations that flow down from above.

By always beginning our practices with the intonation of these four Divine Names, we are putting ourselves into right relationship to the highest levels of all the forces we will be invoking. This is one of the important protections embraced by the Qabalistic system of magical practices. We safeguard ourselves from negative expressions of any of the forces we may intensify by this symbolic surrendering to Higher Guidance; by this symbolic relinquishing of any powers we may arouse to the Divine Ones for Their use in the evolutionary process.

You should realize that such 'words of power' have <u>real power</u>. You will not necessarily experience any unusual impressions or psychic awarenesses, but the power is <u>actual</u>. If the intonation is done correctly, it will accomplish what it is supposed to accomplish.

As we have admonished you in earlier lessons, direct concentration on the physical areas related to the Inner Holy Planets is unwise. The Inner Planets are the etheric centers wherein the cosmic energies enter into our personal field of expression. To excite and arouse them without safeguards is to run some risk. The Divine Names are one of the safeguards in the Qabalistic system. The indirect Tarot method of stimulation is another. We do not concentrate on any of the physical organs related to the psychic centers. We arouse their activity by imaging the symbolism of the Tarot Key and intoning the notes related to them.

This is not only a safeguard against the danger of negative stimulation, but it is definitely more desirable because it attunes our consciousness to the higher plane expressions of the energy involved. The lower, more condensed frequencies of the same basic energy are caused to quicken their rate and come into a closer alignment with the higher frequency. By this method the more condensed manifestations are permanently altered to some extent by the influx of the higher, but related, vibratory activity. This method of transmutation is actually more effective because, as you know, the subconscious formative powers are controlled by the indirect method of suggestion.

I have not mentioned the need for safeguards to make you fearful in any negative sense. Yet caution is certainly a part of all spiritual development. It is expressed in discrimination. From your study of Alchemy you know that the higher levels of consciousness are related

to a change in blood chemistry. This change is brought about through the effect of the Qabalistic vibratory powers on the physical organism.

With the Qabalistic method there is no danger of damage to the vehicles as there is with the use of drugs to alter body chemistry. Partial, imperfect alterations are effected by the use of drugs, and they bring correspondingly partial and imperfect states of expanded awareness. The Bible says that "The fear of the Lord is the beginning of wisdom." This is most applicable for all who would tread the Path of Return. We must not be lured off the direct route by the fascination of psychic byways or methods that effect premature opening of psychic centers.

We can explore the rivers of the soul with caution and safety by placing ourselves under the guidance of the Divine levels and offering ourselves as instruments for the transmission of the higher universal energies, so that the perfection of the human kingdom and the lifting of living, conscious substance may be manifest here on earth. ##

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#### Lesson Four

(from the transcripts of class lectures by Ann Davies)

I hope by now that you have gained skill in focusing your conscious attention. It takes attention to give the visualizations and chants to be outlined in this course their magical power to liberate and transmute. Anything to which we give our attention, whether constructive or destructive, is fed with dynamic energy. However, the influx of formative power does not make us good or bad in itself. What it does is accentuate personal traits — both the positive ones and the ones that are in error. Indeed, as you have undoubtedly found from your long years in B.O.T.A. work, negative responses are forcibly brought to our attention so that it becomes imperative that we do something about them. The Great Work begins by applying the fire of purification to burn away the accumulation of error in the automatic level of consciousness.

In the preceding course, entitled Qabalistic Doctrines on Sexual Polarity, I helped you to become aware of the main sources of error and conflict. You were given methods whereby negative responses and behavior patterns pertaining to masculine-feminine relationships could be brought into better harmony. You were shown the Way of Love. Although you have probably not dissolved all erroneous reactions toward sex as yet, if you are practicing the art of projecting love and unity to others and keeping in mind the need for harmonious relationships with the opposite sex, you are headed in the right direction. So long as you are sincere and aspiring, the safeguards inherent in the Qabalistic Training System will direct any invoked powers into constructive channels. In this way you avoid, as much as possible, energizing any negative responses that you may not yet have completely under control.

Through the Tarot visualization method we are holding our attention exclusively on the positive expressions of all states of consciousness. If you will keep remembering that your personality is subject to change under the guidance of your Higher Self, you will not find the work of transmutation difficult. With Tarot we charge only the positive ranges of vibration with our attention as we hold the image, vibrate the tone and permeate the body with color.

The solar system in which we live is the manifest body of the Central Spiritual Sun. The planets therein are concentrated whirling vortices of consciousness within that Central Sun. Every human being is a ray of that Sun, a projection of that Central Consciousness. Thus man is potentially one with the highest consciousness in the solar system. Man is one with the Divine Idea or Logos.

The personality portion of you was projected into the limitations of incarnate existence by that Central Self. As we become directly

aware of our union with the Higher Consciousness we do not acquire anything. We merely lift the temporary veils and extend the circumference of the circle back toward the Center.

The Interior Stars or etheric centers within us are the microcosmic corollaries of the whirling planetary centers of consciousness
within the solar system. They vibrate with a correlating energy.
They nourish and inform correlating nerve centers and glands in the
physical body. Eventually it is through the activity of these nerve centers and glands that the Higher Self gains control of the physical body.

This identity of energies between the microcosm and the macrocosm is the basis for the upgrading and subtilizing of the 'little world' or Lesser Countenance, Zauir Anpin, זעני, by an influx of correlating energies from the Vast Countenance, Arik Anpin, אריך אנפין.

These higher vibratory powers that eventually unite us with the Central Sun are with us always. They are in the very air we breathe and the food we eat. The secret of perfecting the microcosm is in extracting the higher, more subtle energies of the Mother aspect from matter in the form of food and combining them with the higher energies of the Father aspect taken from the air we breathe. Their union gives birth to the Christ consciousness in the very cells of our body, preparing the total individuality for the final liberation and Union with the All.

Proper breath control and the cultivation of the ability to breathe deeply and rhythmically is an integral part of all work with light and sound vibrations. Even though many of you may believe you are competent breathers by now, I believe it will be helpful to give some definite instruction in the art of breathing at this point. It is so important an aspect of magical practice that even if these instructions are not new to you, they will bear repetition. With proper breathing you will be assuring yourself of receiving a greater influx of the Divine Creative energy that fills space through and through. The more rapid frequencies of this One Energy are not available to us, however, until we have learned how to extract these subtle essences through proper breath control.

Begin by checking your posture. See to it that you are sitting correctly and wearing loose clothing. You cannot breathe properly unless your body is in the correct alignment and free to breathe deeply. The feet should be flat on the floor and your back straight. Hold your chin at right angles to your body with your shoulders back and down.

Begin your full breathing by moving the diaphragm outward. This slowly pushes the abdomen outwards and fills the lower lobes of the lungs with air. As you arch out the abdomen the air naturally flows into the lower part of the lungs. It is a good idea to put the palms of your hands on your abdomen to check its movement. Next, spread out the lower ribs and the middle part of your chest so that air

slowly streams into your middle lungs. Now arch out your upper chest, drawing in as much air as you can into the upper lungs.

At this point your ribs and collarbone are lifted and expanded outward. As the collarbone expands, note that the abdominal wall begins to draw in slightly and acts as a support for the lungs. Hold the air in for just a moment at first. This whole inhalation should be performed in one smooth movement without a break. It is a slow, wavelike motion from the abdomen upwards.

During this inhalation process use the power of visualization to see your rib cage being filled with wital energy. For the purposes of this first practice see this vital energy as a brilliant, vibrating yellow. We are not just breathing in air; we are breathing in the universal vibratory currents. Every second, cosmic energies are flowing through you and being incorporated into your very cells. They would have to be or you could not live. But there are many more that go right through you because you do not yet have the necessary apparatus for registering them.

Now exhalation begins. After holding the breath for just a moment, begin exhaling slowly through the nose so as to force the air out in the same sequence in which you inhaled it. First, draw in the outer wall of the abdomen, pressing the lower ribs together and lowering the collarbone and shoulders. Press the abdominal and rib muscles together in such a manner that as little air as possible remains.

Do all these movements in a relaxed manner. There should be no sense of straining, nor should you prolong this type of breathing for very long at first. The first few days, do it for only a minute or two, increasing the time slowly as it becomes easier and more automatic.

It is by breathing in this deep, rhythmical manner that we charge the bloodstream with extra amounts of the vital essences from air that are necessary for the Alchemical process. There is also effected a gentle massage on all the interior organs that is most beneficial to our general health and well being.

The intonations and chants we will be doing together are a part of magical breath control. Right now I want to give you some definite instructions in the art of Chanting, so you will be able to do it as effectively as possible. We will practice correct intonation with the four Hebrew Divine names. As I mentioned earlier, from now on we will begin all our meditational periods with these four intonations.

As you inhale deeply in preparation for intoning all four of these Divine Names, visualize yourself as taking in pure, vibrant, white light. The Divine Names, remember, are attributed to the Archetypal World. We place ourselves under the highest level of guidance when we properly intone these Divine Names. You are an instrument for intensifying and concentrating the pure, vibrant, white light, the light that unites all the hues, all the variations of color. As you intone the Divine

Names you are distributing this white light, this vibrating Divine energy, to all of life. Image the light first filling your own vehicle — for as you distribute, remember, your body is an aspect of your environment. It is part of that which you are uplifting and expanding with the vibrations you channel. Pause between each intonation to visualize this light flowing through your body, your aura, the room you are in; see it fill the room to capacity and then stream out into the atmosphere to all points of the compass, lighting the world.

Start with Eheyeh (eh-eh-hay-ehhhh) on the sequence of notes E-C-F-C. Inhale deeply as instructed above so that the whole chest cavity is filled with air. As you begin intoning Eheyeh, slowly, slowly release the breath, holding the final syllable 'eh' until you have pressed out every bit of air by pulling in your abdomen. Be careful not to let air out through the nose when intoning as this will shorten the length of your intonation. With Eheyeh the emphasis is slightly on the hay.

Proceed with Yod-hay-waw-hay on the sequence F-C-C#-C. Emphasis is more or less equal on the yod and waw. Hold the final hay as long as possible while pressing out all the air by pulling in the abdomen. The record, "A Qabalistic Service", which can be obtained by writing to Headquarters if you do not already have it, will help you to get the knack of the correct sounds.

Now intone Elohim on the sequence E-F#-C-F-G# (aye-low-hee-ee-mmmm). There is a slight emphasis on the second syllable. At the end you hold the hum sound of the letter m as long as possible. This may be difficult at first, but as you continue it will become easier. It is an important part of the vibrating quality of this Divine Name.

Finish this practice by intoning Adonai (ah - doh - nah - eee) on the sequence E - F# - G - F. The emphasis is on the third syllable slightly. Again hold the final syllable as long as possible until all the air is pressed out.

Remember that none of this is to be done with any violence or undue pressure. The air is let out slowly, easily and as smoothly as possible. Watch so that you do not let out too much air at the beginning of the intonation. Control it by letting out only a little at a time. As you continue practicing, your intonation will become more and more lengthened. After you get the knack of the intoning, keep your attention on the visualizations. Eventually the vibratory energy you will feel throughout your body will be unmistakable. The visualization we have given you with the Divine Names in this lesson will be expanded as we continue with this course. For now, practice until you can breathe in and intone out as smoothly and confidently as possible. ##

## Lesson Five

(from the transcripts of class lectures by Ann Davies)

The Stone of the Wise is a symbol of the completion of the Great Work. To confect the Stone is to complete the highest bodily center, located near the top of the head. Within this center is what the Alchemists call brain sand. This actual substance is caused to form into a distinct pattern by the alchemical process. The fusion of this 'sand' forms into a sort of cube or crystal that acts like the crystals used in early radio receiving sets.

The special crystal-like apparatus is able to receive and register the highest levels of spiritual consciousness. In the Qabalistic method of occult training we are learning to use the planetary and cosmic energies in ways that will complete this organ of spiritual vision and cause the physical body to become a receiving apparatus for the higher consciousness. This is what we are working toward as we begin this more intensive use of the vibratory powers of Qabalah.

The compression of the universal evolutionary energy has been symbolized in all the wisdom teachings as a coiled-up serpent. Within personality this coiled-up energy is your specific area of the power of cohesion; the power that is behind the entire evolutionary process. This coiled serpent power or Saturn energy must be brought into accelerated activity and then, in a controlled and disciplined manner, made to rise through the other centers in the body until it reaches the highest center, where it makes concrete the crystal that leads to a permanent ability to tune in on higher levels of consciousness.

As we work and practice with Key 21 we are calling forth the highest and most positive vibrations of this energy. With our meditations we will be bringing it out of its mostly latent state in a controlled manner, so that the power it holds coiled and waiting can impress higher vibrations into our personality. We will be releasing cohesive energy so that it can form new patterns (more rapidly than in natural evolution) which are able to receive vibrations from the highest spiritual planes.

As you know from earlier courses, we energize the Saturn center first by intonations and visualizations. Then symbolically we put the subsequent transformations under the dominion of the Ego in Tiphareth. We take this coiled-up Kundalini, which holds the concretizing principle, to the Sun Center, where the love energy of the universe enters into our individualized aura. By so doing we put all subsequent building under the dominion of the Higher Self. We do this before we energize the Mars Center, Key 16. The fiery Mars energy must be awakened with care and understanding so as to avoid over-stimulation of the physical organs of sex.

From there we activate the Solar Plexus Center associated with

Jupiter and Key 10. This is the abdominal brain wherein records of past patterns and knowledge are stored. As we continue with the rhythmic beat of this ritual of awakening, we arouse the Venusian throat Center, bringing our higher emotions and imaginative faculty into increased activity. The activation of the Moon Center, associated with Key 2, brings about the glandular balance and higher integration of forces that is an essential aspect of the alchemical process. Finally we reach the highest center in the head, associated with Key 1 and the pineal gland.

As we upgrade and accelerate the frequency of the energies that play through all the centers, the rising Saturnine energy holds and makes the accelerated activity relatively permanent. What I want you to grasp at this point is that the accelerated, balanced activity of the centers could not be made manifest through our personality complex without the compressive, concretizing Binah-Saturn energy. Through it we can hold the essences of experiences and wisdom. That is why Saturn is known as the Great Teacher. Without this limiting, disciplining energy nothing we experienced would be registered.

The highest expression of the limiting principle related to Saturn is symbolized by Binah, the Great Mother and source of all Understanding. Binah corresponds to the power to preserve knowledge. The understanding of Binah is the result of compression and limitation of the wisdom of Chokmah. At the level of the Divine Triad the pure spiritual energy of Chokmah is brought into focus and nurtured into manifest expression by the concretizing power of Binah.

The Great Mother clothes archetypal ideas in form through compression and limitation. This same power is a part of human personality. Its highest expression in human development is that whereby patterns of receptivity to intuitional guidance are formed within the personality. Remember, Divine intuition is received by us through a prepared channel. This prepared channel of influence is what we are building with the use of the vibratory powers of Qabalah.

Among the Minor Tarot, the Queen and 3 of Wands symbolize this primal concretizing activity as it expresses in the world of archetypes. In Atziluth the limiting principle of the Great Mother has to do with the stream of descending influence whereby lesser centers of consciousness are shaped into forms by higher ones. In this shaping process the concretizing energy is ever at work.

The Queen of Wands is one symbol for this flow of influence from Neshamah, the Divine Spirit in Binah. Neshamah, and, in the Magical Language is 395, which is also the number of ha-shahmen, and, the oil. The influence from Neshamah is an actual substance flowing through the 32 Paths. The Precious Oil is called illuminating material; thus it is akin to the Sattva Guna or Mercury principle, known as the illumination material or substance of wisdom. 395 is also the number of shemonah, ald, eight, a word associated with the esoteric doctrine of the octave. The Divine influence which flows down to the

conscious mind is effected by a vibratory correlation related to the octave in music. The correlation of vibratory energies that we do in our techniques is a means for bringing us into attunement, by a sequence of octaves, with the highest levels of Divine consciousness.

The triangular formation of the 3 of Wands suggests much we have previously learned related to the number 3. It has been called the number of creation and the perfect logos of unity. Note also that Shabbathai, "\*num, Saturn, is 713, which is also the number of teshubah, return to God, return, recur. It is the power of Shabbathai to restrict, concentrate and limit that holds and preserves wisdom and love in substance so that it can be continuously re-applied. Thus it is the actual means through which one follows the Way of Return.

# **TECHNIQUE**

In our meditation and correlation of color and sound vibrations for this lesson we will include the Queen of Wands and the 3 of Wands, together with Key 21, the blue-violet color card, and the Akasha-akasha symbol. In this way we will be relating the vibratory power of Saturn to the archetypal or Atziluthic principles with which it correlates. This will be the procedure we will follow in our vibratory correlations with all of the Interior Stars. We will relate the energy involved to each of its four worlds or levels of expression. This should help you comprehend its influence on each one of the planes of awareness.

Begin this week's meditational practice by placing before you Key 21, the Akasha-akasha symbol and the Queen and 3 of Wands. Use the blue-violet color card, for this is primarily a work with the Saturn energy.

The first thing we are going to do is establish a good rhythm of deep, total breathing. Put your attention on your breathing for a short time. See that it is as deep, rhythmic and sustained as is comfortable for you. After you have established your breathing, intone the four Divine Names as outlined in a previous lesson.

Now take some time to absorb the symbolism of the five symbols before you. Look first at Key 21, for it corresponds to all expressions of the finitizing Saturnine energy. Look next at the elliptic form of the Akasha-akasha symbol, representative of the vibratory basis of the finitizing energy. The triangular formation of the 3 of Wands also suggests a great truth about the interchange of energies and their proportions that underlies all form. The Queen of Wands is a symbol of the Divine flow of substance, which holds the higher love and wisdom, from the plane of the Supernals.

Now visualize yourself as the World Dancer in Key 21, surrounded and saturated with fluidic blue-violet light. It is cosmic substance; there is naught anywhere but blue-violet light. You are one with the cosmic substance which holds the ever available love from the Mother. As you breathe in the blue-violet light see yourself becoming permeated with an

intensification of the substance of intuition from the Divine Soul. Breathe in her love, her guidance, her sustenance.

Now begin chanting Ah - oo - ooom on the note A-natural. Intone it three times, making it as full, as resonant, as prolonged as you comfortably can. You are the condensed spiritual substance of God expressing in a specialized manner for a certain period of time. You are one with the Center that expresses through the boundaries of form, symbolized by the four creatures in Key 21.

The oval in which you are centered is your individualized boundary of seeming separation. It is really a boundary of protection, for it is the womb of the Mother wherein the Christ consciousness is nurtured and loved and grown until it is ready for its birth of awareness within human personality.

The whirling spiral you hold in your left hand is identical to the contracting energy that winds up undifferentiated conscious energy for individualized expression. The one in your right hand is identical to the expanding energy that unwinds the bound-up conscious energy so that it can return to awareness of its source.

(Meditation) As you remain united with the World Dancer say to your-self in essence:

"The limitations of life are the means for my growth and release from illusion. The forms of this world preserve the understanding of the Mother. She gives me the beauty of variation, through proportion, through harmony, through motion. The Divine finitizing energy works through me to hold, to integrate, to preserve the higher wisdom ever more fully in my personality.

"The Archetypal plane is an inner chamber of my Temple. I reside there now and always have. Its continuous influence is fashioning my mind, my emotions and my physical vehicle in the image of its perfect wisdom. The power of Saturn preserves this influence in my thoughts, in my emotions and into the very cells of my body."

Now stand up and stretch your arms high over your head. Make it a full, complete stretch to help you return to your personality self. Continue by tensing and relaxing the muscles all over your body. To do this, focus your attention on each area of your body, tense the muscles a little, and then relax them. Start with the feet and tense and relax all the way up to the top of the head. This serves to preserve or set the higher vibrations into your several vehicles of expression, as well as bring you back to full, conscious awareness of the physical plane. This procedure should be followed in connection with all the meditational practices outlined in this course. ##

#### Lesson Six

(from the transcripts of class lectures by Ann Davies)

The Saturn Center is where the energy that correlates with all the stages of cosmic evolution is stored. Herein is the power, the remembrance of all past eons through which we, as a human vehicle and a human consciousness, have evolved. This 'eons of power' and 'knowledge of formation' is what we arouse from latency when we awaken the Saturn Center. That is why we must be aware of the need for control and caution.

Control is a most important aspect of all occult methods for accelerating spiritual development. In natural man the Saturn energy is under compression and, through the limitations of the present level of human development, is held mostly inactive and latent. When we begin to release it and accelerate its activity we must utilize the very limitation it represents to keep it under control as we work to develop the physical and psychical instruments that can handle the increased power.

With most dabblers in occult lore, their main protection is their inconsistency in practice and lack of enough driving will to do themselves or their physical vehicles much harm. But there are some who manage to arouse the energy with drugs or ignorant practices before they have built the channels within that control and direct its upward climb. Thus it can damage brain cells and upset glandular activity, leading them into a distorted, unbalanced awareness of astral levels that often drives them into insanity.

The World Dancer in Key 21 depicts control. In perfecting a dance, it is the control of every muscle and motion through limitation, discipline and reiteration that finally stabilizes the performance to where the particular motions no longer need be kept in conscious remembrance. They flow in rhythmic beauty with apparent ease, and the performer of the dance seems quite free from many of the usual restrictions of the physical body.

We use this same principle in our practices. Through limitation, discipline and reiteration we begin to stabilize higher responses in our emotions, thoughts and bodily activities. When the performance has been perfected we will find ourselves free of many of the restrictions and limitations that bind the conscious perceptions of natural humanity.

In the Creative World of Briah, the Queen and 3 of Cups correspond to the sphere of activity for the Saturn energy. Here the restrictive energy is the means whereby abstract mental concepts, akin to mathematical formulas, are brought into more concrete and intelligible form so that they can be apprehended by the personal mind. Thus the limiting energy expresses in the mental substance of Briah as the means for bringing abstract seed ideas into some kind of mental form. Remember

in this connection that on the plane of Briah, mental images are things. They are composed of mental substance just as things in this world are composed of physical substance. Abstract ideas are solidified or congealed into mental images or thought forms by the concentration of energy through acts of close attention.

Creative thinking has little practical value unless limitation of scope is adhered to. Creative imagery, to be more than mere day-dreaming, must be given power through restriction, condensation and reiteration. Saturn represents not only that which establishes definite boundaries of scope, but also that which brings things to completion. Here in the Briatic world it expresses as that quality which restricts the flow of mental images to give them manifesting power.

The substance of Briah is the water of the Great Sea of Binah. It is identical to the substance of thought. The control and direction of thought, which is applied through concentration, causes this substance to begin taking form in whirlpools and vortexes of compressed energy.

The restrictive principle on the mental plane is also the means whereby the inner nature of anything is revealed to us. Key 12, The Hanged Man, associated with water, is a symbol of this use of restriction. Note that he is suspended from the letter Tav. The Hanged Man personifies a perfected Adept; one who has become an unobstructed channel for the Life-power. The Tav from which he is suspended intimates that he became such a channel by restricting the flow of personal consciousness. He knows that to unite with the One Self and partake of the higher consciousness one must restrict the wandering, associative activities of the stream of mental images.

By holding his attention, undiverted, on one idea, one thought, one image, he is using the Saturnine compressive energy to make a single image so powerful and intense that he becomes identified with it. When he becomes identified with the central essence of the thing under contemplation, its inner nature is revealed to him. The inner nature of all things is identical to the inner nature of everything else. At the Center all things are one. When we manage to restrict the personal mind by means of one-pointed concentration, we become one with that Inner Reality.

We then have first-hand conviction that we are an instrument or vehicle for the One Self. With Jesus we can say, "Of myself I can do nothing", because we know that all seeming personal actions, thoughts and emotions are really specialized expressions of that One Reality.

Thus the method of transmutation we are practicing in these lessons includes methods that will help us gain control over the images and thoughts that occupy our attention. The use of Tarot gives us positive images on which to concentrate. For instance, if we find our attention dwelling on resentments, worries or unlovely thoughts about others, we can change the direction of our thinking by calling one of these magical symbols to mind. This is why it is of utmost importance

to have the Tarot images so much a part of us that they are always available to bring before our mental gaze.

The vibratory correlations we will do together in this lesson will help attune us to the positive expressions of the Saturn energy in the realm of mental creation. You should begin finding it easier to bring abstract concepts into more understandable form and to establish patterns of control over the stream of mental images that will begin revealing the inner nature of things to you.

The Hanged Man is in a state of higher awareness because he has restricted and inhibited the flow of personal thought processes. When we succeed in doing this we make ourselves a channel for the Higher consciousness. This is the union of the personal consciousness with the Universal; this is the Stone of the Wise. We can have many lesser experiences of this union before we reach the final culmination in the complete reversal pictured by the Hanged Man. We are working toward this union in its full perfection by applying the Saturnine restrictive energy to the constant flow of mental substance.

The Queen of Cups symbolizes the influence of Neshamah on the creative plane. She sits surrounded by the Great Sea of mental substance offering Her glorious treasures to anyone who learns to hold his mental gaze steadily on any one of Her infinite forms until he sees Her as she really is and knows that by giving up the little droplet he will embrace the whole sea.

The 3 of Cups symbolizes the water of undifferentiated mental energy being held in form by the Creative Word. Binah in Briah relates to the concretizing of abstract ideas that makes them understandable to the conscious mind. Binah, בינה, in the magical language is the number 67. This is also the number of zalal, ז'ל, vibration. Here is a relationship between the boundaries of separation and vibratory power. The boundaries are but different rates of vibration in the Great Sea. The seeming separations of one form from another are really but variations of vibration in the One Universal Substance.

Zain, ?'?, the letter name, is also 67. To attune to the higher vibrations within that Great Sea we must first gain understanding of the differences and distinctions therein. The return to Unity on a higher arc, which is the perfection of the Great Work, is a return that comes through differentiation, distinction and form. To be a conscious instrument for superconsciousness we must prepare ourselves with the sharp sword of Zain, so that we are able to discern just what forms will best further the causes of evolution in this world of apparent separation and distinction.

#### TECHNIQUE

For the attuning of our consciousness to the influence of the Saturn energy in the higher creative world of Briah, include the Queen and 3 of Cups with Key 21, the Akasha-akasha symbol and the blueviolet color card. We are opening our consciousness to a deeper under-

standing of the influence of the compressive, concretizing energy in the mental realm.

Begin, as usual, with deep breathing, keeping your attention on it until your breath control becomes prolonged and rhythmical. Now look at the five symbols before you. The 3 of Cups suggests the reception of wisdom; that which holds and shapes the influence from the three Supernals so that it can be comprehended by the personal consciousness. The Queen of Cups portrays the Divine Soul at the Center. She reveals herself to us when we succeed in stabilizing the fluctuations of the mind.

Now visualize yourself as the central figure in Key 21, permeated with blue-violet light. It is the universal thought substance; the One Substance which is shaped into forms by the Magic Word. Chant Ah-oo-oommm on the note A-natural three times, holding the hum sound at the end as long as possible.

As you continue visualizing yourself at the center of the Great Sea of universal mental substance, put your attention on the concretizing of some abstract concept which has seemed to evade you. Reach for a flash of understanding about the way the Saturnine energy expresses on the creative plane. Continue reaching for inspiration as you hold the image of yourself as the Dancer in Key 21. Your breathing should be rhythmical and prolonged.

Starting with this lesson we are going to complete each vibratory practice period with a synthesizing meditation in which we will visualize all the colors. This will serve to keep us from getting out of balance or over-stimulated in one direction as we work with each Interior Star through the Four Worlds.

Place all seven of the color cards, representing the seven centers, before you: blue-violet, orange, red, violet, green, blue and yellow. Take time to absorb these color images. Breathe them in as you continue with your deep rhythmical breathing. For the purposes of this meditation do not put your attention on any one color individually. After looking at the seven basic color cards, try to visualize them as a rainbow in motion, flowing and streaming through you. With every inbreath see yourself taking in the light energy of this rainbow of colors. On the out-breath flow out the colors from the center of your being, filling your body, your aura and your environment. The Universal Light emanates from us as an overflow. We pour it out to make room for more.

During this synthesizing meditation play some beautiful, inspirational music if you can. Soft, harmonious music without words will help lift your consciousness and attune it to the reception of intuitional guidance. Pause to think of your thoughts, your emotions and your body being flooded with this rainbow of light.

(Meditation) Then reach to God as you say:

"O Thou Lord of Light, of vibrant reds and vivid oranges; of awakening yellows and soothing greens and blues; of deepening violets — permeate me with Thy Wisdom and Love. Oh Lord of Sound, of joyful melodies and soaring chords; of dynamic tones and quieting harmonies — let me be one with Thy Center and also with Thy multiplicities. Thou alone art the fountain from which spring all inspiration, all wisdom, all light. Fill me with the brilliance of Thy rainbow that I may send Its love and beauty to all creatures."

Now lift up your arms to receive the colors into yourself. Once again intone the four Divine Names as you receive all the colors. Feel the rainbow of colors flow like gentle liquid waves through and through you, and then flow them out from your heart — up! down! forwards! backwards! right! left! to the six directions of the Cube of Space. Finish this meditation and all subsequent ones by tensing and relaxing the muscles all over your body in order to stabilize the higher vibrations and also to awaken you to full consciousness on the plane of name and form. ##

#### Lesson Seven

(from the transcripts of class lectures by Ann Davies)

The Saturn symbol, Key 21, portrays the expanded state of cosmic consciousness. We arrive at that exalted state through concentration and restriction. To expand the limits of our individuality we first set definite boundaries within which we can work. Any expansion is the result of initial contraction because contraction winds up energy, intensifying it, so that it can propel us outward and upward.

Jupiter, Key 10, the planet of expansion, is the polar opposite and complement of Saturn, Key 21. In the symbolism of their spheres of activity on the Tree you can see how they act and react upon one another. The sphere of activity of Jupiter is the Measuring Intelligence of Chesed. Measuring has to do with setting boundaries, a distinctly Saturnine quality. Likewise, the sphere of Saturn is Binah, seat of understanding, which is certainly an expansion and elaboration of reasoning.

Through a concentration of mental energy within, we build a living channel which unites us consciously with the ALL. Then the boundaries which seem to separate us from God and from each other are seen to be only temporary necessities of the evolutionary process. The four fixed signs of the zodiac, pictured on Keys 21 and 10, refer to the fixed boundaries which eventually lead us to the heights of expanded awareness.

The boundaries are really imaginary. They are similar to the division of the heavens into the signs of the zodiac. They are there for our instruction. We sharpen our faculties and our wits by working within the limitations of specific rules and laws. The boundaries do not lock us away from each other or from the total substance of consciousness, for they are really but whirlpools of motion within the Great Sea. Dwell upon this image of yourself as a whirlpool of composite energies within the Great Sea of Binah. Eventually you will know that all seeming differences are expressions of your Larger Self. Thus Key 21 is a symbol of the completion of the Great Work. When your personal consciousness is united to the One Identity at the core of ALL, you have perfected the Stone of the Wise and completed the Great Work.

Saturn in Alchemy is associated with the metal called lead. In ordinary chemistry, lead is the metal that can intercept or block the flow of very high frequency energies and vibrations. By intercepting their flow, these vibrations can be channeled into a suitable receptacle.

The Yetziratic plane of processes is the direct causation of physical manifestation. Saturn in the Formative World gives further concretion to the higher, less specialized images first formulated in Briah. As we become receptive to these higher creations through our vibratory practices, the Saturn energy helps to stabilize them into patterns that endure. A pattern is really a continuously reproduced vibra-

tion in the automatic levels of personality. To form a habit pattern of automatic receptivity to higher planes takes time and repetition to establish, as does the forming of any habit pattern.

Saturn is the force that gives substance and reproductive power to the abstract truths we catch glimpses of in high moments of meditation. Thus in Yetzirah it gives manifesting power and stability to mental concepts we may formulate on the Briatic level. The 'point of truth' received from higher planes of wisdom must be expanded and elaborated in the worlds below so that we can act out its truth in the emotional relationships and activities of incarnate existence.

In practical work the Kundalini energy is an aid to helping you to form patterns of self-discipline and control over your physical body, your emotional reactions and your mental images. These are related to your physical, astral and mental vehicles. By learning to identify your center of 'I' consciousness with the Ego in Tiphareth, the Saturn energy becomes the means through which you exercise this conscious control.

The Queen and 3 of Swords symbolize the sphere of the activity of Saturn in Yetzirah. In Briah above, the images are more closely attuned to the archetypal seed principles of Atziluth. It is in Yetzirah, the Formative World — where the unfinished creative consciousness of human personality is active and dominant — that distortions and errors can set in. The worlds above Yetzirah do not hold false doctrines.

Thus it is in Yetzirah that the Saturn power of limitation has become associated with misery, lack and frustration. Here the power of concretion and multiplication are under the dominion of man's predominant images and desires. In one sense the Formative World corresponds to the subconsciousness of man. Here the finitizing power does not have the ability to discriminate. False ideas are formed in the Yetziratic substance just as readily as are true ones. The predominant images, based on what man thinks is true, determine the patterns.

Thus the limiting, finitizing energy on the plane of Yetzirah is the agency whereby false doctrines can take actual form in the astral substance. These are the patterns of error and misconceptions about appearances, pictured in Key 15, that bind us to sorrow and misery. Note that Key 15 relates to Capricorn, a sign ruled by Saturn.

The practices we will be doing in relation to the Saturn energy as it expresses in Yetzirah should help us to develop the ability to grasp the inner meaning of surface appearances. Most of the unhappy appearances and circumstances in Assiah are the result of the ignorant shapes formed in the Yetziratic substance by long ages of distorted human imagery. Eventually the Yesod level of Yetzirah will be freed from these forms that are no longer beneficial to the evolutionary process. Our conscious constructive visualizations are aiding in this dissolution of the old and the re-coagulation into new forms that are more influenced by the higher intuitions we receive from above.

We must remember, however, that the substance of Yetzirah is really no different from that of the higher planes. The vibratory rate is slower and more subject to the thoughts and images originating at the personality levels of man, but the <u>substance itself</u> is the Divine Mother principle, forever pure and undefiled, no matter how distorted the shapes may be in which she is temporarily held captive.

The patterns of evil and pain will disappear when the collective consciousness of humanity no longer feeds them with attention and assent. Although these ignorant patterns are but temporary forms in the larger framework of human evolution, they do have actual objective existence on the lower levels of the Yetziratic plane. Throughout long ages man has perpetuated them and reproduced them by directing the cohesive Saturn energy to them with his attention. They will continue to influence human beings so long as they have an affinity for them.

We have not yet attained to perfect liberation from the influence of these patterns in the collective consciousness. We get caught up in their influence and help perpetuate them whenever we let lower nature responses and negative emotions occupy our attention. Our work is not to ignore evil or to fear it, but to dissipate its influence on ourselves—and eventually on all of humanity—by refusing to respond to it and by giving our attention to the kind of images and ideas that will fashion the One Substance into more positive forms. We may slip into hellish states of mind at times, because we are not yet perfected beings, but as we become proficient in Tarot visualization we will soon find it easy to dispel any lapses into negative states by becoming a Tarot image and uniting our personal consciousness with the Central Presence in the Midst.

The Queen and 3 of Swords correspond to the sphere of activity for Saturn in Yetzirah. In the magical language the secret name of Yetzirah is mah, אוֹיאל, the intelligence of Saturn, and zazal, זואל, the spirit of Saturn. 45 is also the number of adam, אדם, man, and ahmad, אמד, to estimate, conjecture, assess. Ahmad is the power whereby man measures and defines. The like numeration of these words shows a definite correlation between the finitizing power of Saturn, the creative powers of man, and the secret forces of Yetzirah that distinguish it from the creative Briah above.

The mental qualities of conjecture, supposition and assessment, whereby man measures and defines himself and his environment, are the qualities that set the finitizing Saturn energy into operation on the formative plane. They are the actual power behind the shapes and patterns in Yetzirah. Saturn, the integrative activity of nature, is the means, but it is the ego consciousness of man — a ray of the One Ego in Tiphareth — which is the actual shaper.

# TECHNIQUE

For this meditational practice have ready Key 21, the Akasha-akasha symbol, the blue-violet color card, and the 3 and Queen of Swords. Begin with the deep rhythmic breathing that puts you in rapport with the ebb and flow of cosmic harmonies. Intone the four Divine Names as

resonantly and powerfully as possible. Now meditate on the symbols before you as you continue with the measured in-breathing and outbreathing. Breathe in the symbolism of the 3 of Swords. It is a token of the correlation between Binah, and Zain, in, both adding to 67. The understanding of Binah is the fruit of discrimination. It is developed through the distinctions, problems and apparent separations that take place during certain stages of the evolutionary process. Now breathe in the Queen of Swords. She corresponds to the expression of the finitizing energy on the Formative plane. Whether the forms we bring forth are distorted and erroneous, or true reflections of their higher principles, depends upon the discrimination and understanding inherent in our predominant imagery and thinking.

Now visualize yourself as the World Dancer, flooded with blue-violet light. See it streaming from the 'small point' at the center of your being, flowing out and filling the oval of your total individuality, then continuing outward and permeating the four creatures whose interrelationships in Yetzirah form the patterns for all the appearances in Assiah. Intone Ah-oo-oommm as before on the note A-natural. Fill all your vehicles with the fluid blue-violet light. Image your very cells extracting extra amounts of life and energy.

## (Meditation) Now say in essence:

"I am flooded with the power that can bring the Holy Influence into manifestation. The fluidic love energy from Neshamah is being incorporated into my being. I am transformed! The patterns of error which have held me in bondage are changing their shape as this loving influence becomes ever more the guiding light of my existence."

Now that you have attuned yourself to the positive expressions of Saturn in the Formative World, begin the synthesizing meditation outlined in the last lesson. Flood yourself with the rainbow of light. It will balance and coordinate the vibrations related to all the centers of conscious expression within. Flood yourself with the rainbow of light and again intone the four Divine Names.

Through these vibratory correlations of visualization and intonation we are bringing each Interior Star into harmonious activity with its corollary on all the planes of expression. We are creating a beautiful chord that resounds throughout the heavens. As we continue participating in these unique group meditations, each Star is gradually accelerated in activity to where it is able to register more and more rapid frequencies related to the planetary forces. This takes time and the rhythmic application of positive visualizations and vibratory chants.

Finish as before with the tensing and relaxing of all the muscles in your body. As we said earlier, this serves to hold the higher energies and incorporate them into your vehicles of personality. ##

## Lesson Eight

(from the transcripts of class lectures by Ann Davies)

Now we come to the influence of the Saturnine limiting principle in Assiah, the material world. The way to liberation and true cosmic consciousness is through alert awareness of the things in this world and active participation in the needs of others. This is how we develop the kind of love that prepares us for the inclusive awareness of cosmic consciousness.

People often have partial experiences of ecstasy and extended awareness which they mistake for true union with Yekhidah. If the experiences leave them with the feeling that the everyday world is drab and to be ignored, it is but a delusive psychic thrill or, at best, a lesser level of partial perception. When one has the opened eye of wisdom, which is the fruit of a prepared personality complex, one sees this world right now as of one fabric with all the higher realms that may be experienced in moments of mystical awareness.

The freedom we seek is the Crown of the Kingdom. Every frustration, disappointment and delay that the Saturn quality has brought into our lives has really been administered by the Higher Self preparing us for true liberation. The Saturn force in Assiah is often seemingly inimical because its restrictive quality can be wrongly applied to where it hinders and inhibits the motion of life. To attempt to hold on to form and halt change creates stagnation. It interferes with the continuous dying and renewal that are so essential to the evolution of consciousness. When we learn to let go of the old without regret, the influence of Saturn in Assiah becomes the means for bringing all things to fulfillment and completion.

Thus to truly enlightened eyes, this world is not separate from higher worlds. All the forms of universal power and consciousness are available here and now when one is prepared to utilize them. The Alchemical art is knowing how and which forms of universal power and consciousness to utilize. To be effective the Alchemical process must alter all the vehicles, including the physical organism. The power of Saturn in Assiah puts us in the situations and gives us the kind of responsibilities that can reveal cosmic principles to us. To do this is to begin "looking upon every circumstance of my life as a particular dealing of God with my soul."

Human personalities are rays or reflections of the One Sun, the Central Ego of the whole human race. Because of our brain and nervous system, we are able to know our own spiritual heritage and also to consciously participate in the evolutionary process. Practices, such as those given in this course, help you to become an instrument for bringing forms into being that are in accordance with the Plan of the Universal Self. They prepare the vehicles of personality not only to intercept higher vibratory frequencies, but also to interpret or translate these impulses

into ideas and images that give details of the Cosmic Evolutionary Plan. Unless the organism is prepared, the high tension currents of which I speak would destroy the physical body.

When we use the Tarot symbols as we do in our vibratory practices, we actually affect the physiological organic centers associated with the Interior Stars. This present group of techniques is related to the center at the base of the spine. We have been activating and accelerating its activity in relation to the four Qabalistic planes upon which it expresses. This is a more intense and effective procedure than we have given out in any of the earlier courses. The synthesizing practice with which we finish each of the techniques serves to keep all the Interior Stars in proper balance and harmony while we are concentrating on one particular center.

As we become proficient in these controlled visualizations, we will produce actual formations in the subtle substance of the astral light. The formations which such practices shape are of a quality which will attract conscious living entities of high vibratory frequency into the field of the personality complex. That which causes the accumulation or gravitation toward the focus or matrix is the finitizing principle. The Saturn quality acts as the stabilizer and preserver of higher plateaus of vibratory activity and receptivity.

The Queen and 3 of Pentacles are symbolic of the activity of Saturn in Assiah. Both are also associated with the Magical Earth of the alchemists. There is a sense in which the Magical Earth, the akasha of the Hindus, and the Saturn finitizing property are one and the same. From the Saturn center in our physical organism comes a specific integrating quality which enables us to form an inner channel through which higher celestial forces can enter our individual field of influence. As these higher energies circulate through the body, they increase its retention of vital light energy or chaiah, the life force of Chokmah.

When the Saturnine concretizing property is consciously under the dominion of the Higher Self, mental and emotional responses in the personality vehicles begin to reflect this guidance. However, the transformation is complete only when the physical body itself becomes the Philosopher's Stone; when the union of the personal self with the Higher Self is a physical fact in a consciously unified personality instrument.

This conscious and abiding identification with the Central Reality is called the Philosopher's Stone because when one knows the mineral kingdom as the truly wise perceive it, one knows that it is the basis for all form manifestation throughout the universe. To see the mineral kingdom as it really is, is to understand all else. The whole work of liberating consciousness is dependent upon knowing and understanding how to use compression; how to volatilize a too static expression and how to congeal a too diffused one.

Through man, the Central Self influences lower levels of conscious matter to bring them to perfection. When one begins to see the

true line from cause to effect, one also sees that the mineral kingdom is of the same fundamental substance as are the thoughts and feelings of man. Thoughts are condensed energy. All matter is condensed energy. Stones are condensed energy. The stuff physical bodies are composed of is this same concentration of Limitless Light. The laws that manifest in physics and chemistry are really mental laws. All aspects of the environment are but divisions of the One Life; and because the conscious awareness of environmental phenomena is akin to, but less than, that of man, all are subject to control by the self-consciousness of man.

The symbolic grade of Master of the Temple, associated with Binah, is applied to one who has gained complete mastery over the energies that make up the physical body. The mastery of subtle energies must become patterned or held in the substance of the physical body before it is complete and stabilized. This mastery is a mastery of physical phenomena. By upgrading our instrument of expression we improve our performance as an instrument through which the One Ego can administer dominion over the appearances taken by the living conscious substance of the matter aspect of the One.

## TECHNIQUE

For the visualization and intonation with Saturn in Assiah, place the Queen and 3 of Pentacles before you, together with Key 21, the blue-violet color card, and the Akasha-akasha symbol. Begin as always with deep rhythmic breathing and the intonation of the four Divine Names. When you feel that you have established a definite inner rhythm, put your attention on the symbols before you. Breathe in the vibratory impact of the 3 of Pentacles. It is related to the Magical Earth. This is the magical power to integrate, to manifest, to glorify. It is the capacity for integration apart from the manifestation of any form. In essence it is one with the Radiant Darkness of the 3 Veils of the Absolute: Ain, Ain Suph and Ain Suph Aur. The blueviolet, indigo and black associated with expressions of Saturn and Binah all suggest this dark, radiant womb of manifestation.

Now breathe in the Queen of Pentacles. She is Binah in Assiah. Astrologically she is related to Key 5 and Taurus, which depict the formative powers of sound.

Now image yourself as the figure in Key 21. You should find this easier and more natural by this time. From the center of your being begin emanating blue-violet light in all directions. Radiate the blue-violet substance outward to the four creatures in Key 21. They represent the elemental forces active in the material world. Their interplay forms the living substance of your physical body. Thus they surround you and protect you and form the fertile soil in which the Rose of Beauty, the Ego consciousness, is brought to perfect expression in human personality.

As you continue to permeate the four creatures with blue-violet

light, consciously send waves of love to the cellular consciousness. Intone Ah - oo - commm on the note A-natural. Again saturate the body consciousness with love in the form of light.

(Meditation) While remaining in this position continue with the meditation:

"I reverently give to Thee, Oh Divine One, the instruments of thought, of will, of desire, of activity, that make up my personal field of influence. From the Father of All streams the descending light, the Holy Mezla. It combines with love from the Mother, then flows through all the Sephiroth and paths of my individuality, flooding them with the substance of wisdom, of love, of understanding. The stream of this Holy Mezla awakens me to my royal heritage and I remember the eternal laws of life; I remember Thy Divine Intention, for Thy intention is my intention. My word is a fragment of Thy Great Word, and when my word is concentered in perfect unity with Thy Eternal Utterance, then will I know the joy and freedom of union with Thee; then will I know that in all the worlds, even down to the sleeping mineral kingdom, there is none but Thee. All serve Thee, all Glorify Thee. I am Thy channel, Thy mediator. I am Thy instrument for bringing the lesser lives to their final perfection. But in truth the Father and His instrument are one, for that which is aware in me is really Thee, working Thy wonders of form and fulfillment."

Proceed with the synthesizing practice to harmonize and balance all the vibratory energies, then finish with the tensing and relaxing exercise.

In the next group of lessons we will begin awakening the center of love within the heart; the Sun Center whose sphere of activity is Tiphareth, the central point on the Tree of Life. ##

## Lesson Nine

(from the transcripts of class lectures by Ann Davies)

The Sun Center in our Vehicle is the Interior Star associated with the heart. Key 19 is the Tarot symbol for the solar energy which expresses through our personality as awareness of 'I' consciousness. The practices we will outline with Key 19 as the central symbol will help us to become more and more consciously influenced by the One Reality which is the core of every human life.

Continuous practice is of utmost importance. We must act out the fact that human personality is a channel for the highest creative powers. In Qabalah, personalities who are aware of their union with the One Reality are called Beni ha Elohim, Sons of the Elohim. This name refers to the perfect expression of this realization in every thought, response and act. A son (or daughter) of the Elohim is another title for a member of the Fifth Kingdom of advanced humanity.

The heart center is the subtle center wherein this direct superconscious 'I' awareness enters into the field of personal expression. Its vibratory correlation in the light range is the color orange. Its 'note' in the range of sound vibration is D. With the continued use of these aids to receptivity we are attuning ourselves to take in the higher range levels of the solar consciousness. The highest work of the personal ego is to establish conscious, continuous receptivity to the One Ego in Tiphareth, and through this union comes the higher awareness of union with the One Reality in Kether. It is this solar energy, when we become attuned to its highest frequencies, that will give us first-hand knowledge that our life is being lived through our personality by that One.

The Sun is associated with the Rebirth into the Fifth Kingdom because the regenerated consciousness is a conscious awareness that the Son, Ben, in Tiphareth, is the only 'I' that there is. Furthermore, the Alchemical Process, which prepares the personality for this Rebirth, must be initiated at the self-conscious level by an act of intention which is related to the personal expression of solar consciousness.

The Children in Key 19 typify the birth of this higher awareness within the ring of temporal existence. Jesus said, "Except ye become as a little child ye shall in no wise enter the Kingdom." This is the Fifth Kingdom of perfected humanity. To enter into that level of knowing must be preceded by a childlike freedom from what the world thinks is true. It implies an eager desire to understand the deeper meaning of appearances from a fresh point of view, unsullied by preconceived ideas based on worldly delusion.

This awakening to the true source of 'I' consciousness is symbolized by children because it is the result of a type of innocence and trust that we associate with the small child in relation to its parents.

This is not the innocence of ignorance or lack of experience, but the innocence of simplicity and the open heart, eager and able to receive guidance. A young child has not yet been altogether conditioned by the many erroneous ideas about the meaning of physical existence that are the mark of the so-called sophisticate or worldly wise. A small child has not yet become the slave of habit patterns; has not yet become hypnotized by what the world has to say about the vagaries of human nature. To be reborn, one must recapture the clear, unpatterned consciousness of the child, ready to be impressed with higher consciousness.

Thus the children symbolize a freedom from mass mind ideas and patterns of thinking and response that so condition and bind most of humanity. To enter the Fifth Kingdom is to repudiate, as the gesture of the little girl indicates, automatic response based on the delusion of separateness. When the girl (subconsciousness) is so freed, then her childlike purity, like an unmarked slate, can be impressed with the higher energy of love and union streaming from the solar orb in the form of the thirteen orange yods.

The work of clearing subconsciousness begins with a selfconscious intention to live from the heart. The boy must also partake of the unifying love energy. His gesture towards the wall of sense experience implies that he accepts them as but partial truths and is ready to search behind the veil for the full reality.

One of the most effective ways to prepare our consciousness for Rebirth is to begin looking for the beauty, harmony and symmetry of life everywhere. By looking into appearances, conditions and other human beings from a fresh point of view, we will enter into a new world. A child has wonder and an unpretentious, open desire to know, to find out. His curiosity is artless and natural. His appreciation of little beauties and activities is bright, alert and absorbed. He is eager to see more, know more, hear more. Is this not the opposite of the jaded, worldly experienced sophisticate who thinks he has seen all, knows all and is convinced that life is a burden and human nature is essentially selfish, evil and depraved?

This is the childlike innocence we need to develop. True innocence is a freedom from the hypnotic spell of errors long perpetuated and recharged by most of humanity. So long as anyone thinks it is a mark of intelligence and sophistication to be aware of all the worst in his fellow man, he will certainly be unable to partake of the higher love energy that enters into our personal field of influence through the center in the heart.

To be able to attune to this energy of regeneration one must have at least grasped the idea of the unity of life intellectually. This conscious assent to the idea is what opens us to the high frequency energies that will eventually give us first-hand knowledge that it is true. Thus the children again imply that the way of regeneration requires an open, eager willingness to develop ideas that most of huma-

## (Meditation):

"I am the image and likeness of the One. I am God's reflection in the ocean of divine substance. Within my heart He finds a Temple for His words of love. The beautiful, radiating substance of love and unity is vibrating through and through me. I feel it within as a need to pour out love to everything in the universe."

From the center in your heart radiate the orange light in all directions, again expanding the globe of light in which you are centered out and out to where it encompasses all. Send it out with the conscious intention that this radiance will illumine the level of consciousness we share with all humanity. They, too, shall be reborn as an eager, conscious child of the Sun.

Be sure to proceed with visualizing the rainbow of colors as outlined in an earlier lesson, accompanied, if possible, by beautiful soft music. Finish with the tensing and relaxing that integrate the energies into your body and bring you back into full physical plane awareness. ##

#### Lesson Ten

(from the transcripts of class lectures by Ann Davies)

Within our body the heart is the center of our conscious life, just as the sun in the solar system is the center around which the motions of the other planets revolve. The sphere of influence for the Sun is the Mediating Intelligence of Tiphareth, where it receives the emanations from the higher Sephiroth and 'steps them down' or cools their rapid frequencies so that they can be received by the Sephiroth below.

In our mental creative life the Sun Center acts as such a mediator. On the Briatic plane it is the reception center for the higher mental images. Tiphareth, sphere of activity for the Sun, is the seat of our ability to participate in a stream of mental images. When human consciousness becomes actively receptive to the Briatic level of creativity, new creations and innovations are reflected into the conscious mind.

Man is the way that higher creative ideas are brought into manifestation. The ego consciousness of man has the ability to translate these more or less abstract images into tangible form through the distinguishing, classifying, interpreting faculty of waking consciousness. This might be compared to a lowering or cooling of their rate of vibration.

The practice included in this lesson will help us to become receiving instruments for these higher images. We want to attune our seemingly personal creative thinking so that it can receive from the Briatic level. This means that we must continuously acknowledge the truth that all such creative ideas are received by us, not originated by us.

The Knight and 6 of Cups are symbolic of the solar consciousness in Briah. The Knight of Cups is a symbol of the personality complex centered in Tiphareth as it expresses in Briah. It is the solar energy streaming from higher planes which is transformed through human personality into the self-conscious awareness which gives man his sense of individuality on the planes of name and form. When we become more conscious of the true source of our egoic feeling, our whole expression begins to be refined and sensitized. This refinement is what eventually perfects human consciousness and leads to Rebirth into the Fifth Kingdom. The transforming power is the energy that streams to us from the sun, and which we receive into our vehicles through the heart center.

The arrangement of the units in the 6 of Cups portrays the self-consciousness of man as a receiver, like a vessel, of Supernal creative energies which he then 'turns toward earth' with his mental interpretive powers into new combinations of form that will serve the processes of evolution.

Man is always potentially a reception station for the original creative impulse of the One Reality. But in natural man the reception

runs like a weak, slow current because it has been transmitted through eons of lives and forms. This weak impulse is made to rise in power and intensity through our vibratory correlations of light and sound with appropriate visualization. With these practices we are adjusting our personal centers to more effective reception of the cosmic currents of creative impulse, causing them to flame with a fresh brightness.

This is the inner meaning of the word 'regeneration' associated with Key 19. When the personal center of receptivity for the creative currents of solar radiance is thus adjusted, one is enabled to handle more intense vibrations of the electric solar power. When we have regenerated our center of reception through persistent practices we will begin to receive impulses from the level of Briah and be able to translate or transform them into activities of mind, body and visualization that will lead to our Rebirth into the Fifth Kingdom. This is why one who enters the Fifth Kingdom is said to be self-generated or self-created.

As shown in one of our diagrams with the Tree of Life course (Lesson 7), the Path of Gimel is the diameter of the Creative World. Briah is essentially one with the universal subconscious level related to cosmic memory. Within the creative plane is the self-image of Yekhidah in Kether. It is the image of the Archetypal Adam; the perfect image of man as Ben, the Son, who is also Melek, the King. This is the image of man as a member of the Fifth Kingdom. This is what man is destined to become in Assiah. This is the image that we are becoming ever more receptive to receiving. By activating the Sun center within, we are preparing ourselves to intercept the higher vibratory frequencies of solar energy which stream down to us from the Briatic level.

In Briah the image of the perfected Adam, Ben the Son, is a present reality. We receive only tiny glimpses at first. When we get a glimpse it is up to us to use it as best we can for the level of understanding we have so far unfolded. We must work to actualize whatever we have comprehended in our every activity and thought. As the quality of our aspiration and unfoldment prepares us to receive and translate yet higher impulses of the creative current from the Sun, the vision of the New Humanity will appear in more and more detail.

When we first receive the images they are usually abstract, vague and symbolical. What we receive are the seed images. It is up to us to nurture and develop the seed with unceasing attention to give it the power to manifest in our personality. This means we must control and direct the images, thoughts and desires that we let occupy our field of attention and see to it that they are in accord with the images we have received. If they are harmonious they will have universal as well as personal significance. When we intentionally aspire to concenter our desires with the One Ego, the ideas and images we receive and develop will be in accord with the Great Plan for human evolution.

You may well ask, "What is the quality of the Fifth Kingdom

consciousness, so that I may begin to emulate it?" It is not really describable in words. To such a one all objects are seen to be naught but solidified spirit, for he knows the process through which spirit is solidified. Gaining dominion over the creation of forms is essentially gaining increased intuitive understanding of the creative process. This knowledge of creation is knowing how to raise the vibratory rate of the forces underlying human existence and thereby becoming an active agent in the transmutation of matter and a conscious participant in the evolutionary process. The beginning is in using this creative ability to renew our own body, mind and emotions to where we can act as a reception station for increasingly more intense energies.

Thus, although the consciousness of one who has entered the Fifth Kingdom is not really describable in words, we will begin receiving the first impressions in our practices. They will, as we said earlier, be vague and diffused at first. When we emerge from meditation we may doubt their reality with a portion of our intellectual consciousness. What I want you to know is that when you receive an image of what a perfect personality truly is, it will not be identical with the world's ideas of perfection. Until we are more receptive to that level of solar consciousness we cannot guess the full extent of what it really is. For the perfected man is a perfected state of conscious awareness, unlike anything we are able to grasp wholly until we have shared in that consciousness. The solar consciousness of the perfected adept has been described and his powers outlined, yet to share that consciousness is another order of knowing. When we do experience it directly we will know why it is indescribable in any ordinary words.

Relative to the reception of the creative energy from Briah, the children in Key 19 symbolize the new images we formulate about the true source and functions of the two modes of personal consciousness. When we are receptive to the higher images of Adam, we will know that the modes of human expression are really transformations of solar consciousness. You are truly a Child of the Sun.

We are going to make our self-conscious mind more receptive to these higher intuitive visions through our practice with the Keys related to the Sun Center in Briah. Our liberation is dependent upon our evolving a physical body that belongs to a new species. Keep this ultimate object in mind. As we share the meditations which are outlined in this course we are participating in a cosmic process. We are entering into the stream of mental images ever flowing down from the creative plane. When we are attuned to its higher frequencies, we become receptive to the images of our final perfection.

#### TECHNIQUE

After establishing deep, rhythmic breathing, intone the four Divine Names. Remember, if it is not always possible to intone out loud, intone these names soundlessly. You are still making an impression in the mental substance if you do it correctly. I haven't mentioned it before, but along with your Tarot and Tattva symbols it is a good idea

to include a symbol of the Tree of Life. The small one that comes with your Tarot Keys, with the Paths and Sephiroth painted in their appropriate colors, will help you to comprehend the inter-relationships of all the symbols we employ.

For this Technique we use the Knight and 6 of Cups, together with the Tejus - Prithivi Tattva and the orange color card. Although we begin with Key 21 and blue-violet, by this time you should be able to visualize them without their actual presence before you.

Begin by imaging yourself as the central figure in Key 21, immersed in blue-violet light. Permeate yourself with this light as you intone Ah - oo - mm on the note A. This is the infinite, unlimited substance of Binah, wherein the Saturn quality has its sphere of influence. Now, within the blue-violet ocean of vibrating light, again visualize a point of brilliant orange appearing within your heart. Expand the orange light out and out until you are immersed in it. Look at the symbols befor you. Like the upper triangle of the 6 of Cups you are a vessel for the reception of the higher creative impulses. Feel your heart area receiving a stream of golden light like a cup, and then overflowing to fill your whole body, your aura, your surroundings — out and out until you fill the universe with the vibrating light from the Sun in your heart.

Now breathe in the Knight of Cups. He holds his cup aloft so that it can be filled with the higher radiations from the creative plane. Again feel your heart receiving the liquid flow of solar gold, overflowing and radiating out and out until the universe is filled. Next image yourself as Key 19. Place yourself between the Sun above and the children below. You are the mediator. The Ego within your heart receives the radiations from the One Ego in Tiphareth. Again feel yourself being filled with the fluid gold, until you glow and vibrate with the brilliant light.

Now, put your attention on a yearning, intense desire to receive the image of the Son in all His perfection. As you feel the orange light filling you, aspire, yearn to be a vessel for the One.

#### (Meditation):

"That which I aspire to be is already a reality in the mind of God. Let me feel the reality, see the reality, hear the reality, that I may reflect it ever more perfectly in the world of name and form."

Now from your position between the Sun and the children, pour out this radiant light that you have received from the Sun onto the children below. Fill them with the radiance that they may eventually be reborn into the Fifth Kingdom. Fill them to overflowing, and then radiate the light out from the children to the sunflowers, filling all the Kingdoms of nature with the light of regeneration. Now permeate the wall of sense perceptions with light so that the world of appearances will reveal its spiritual essence to you. Flood the ring below the children's feet with the radiance, so that it blends with all else. Now, all

is one radiance, one light. Everything is filled to overflowing with the radiations of love and union. Again send up a yearning aspiration to receive the images that will lead to regeneration as you intone, three times, Ah - oo - mm on the note D.

Perform the visualization with the rainbow of colors to balance and blend the streams of vibratory influence. Remember, if you can play lovely, soft music during this part of your practice the ritual will be all the more effective and enlightening. Finish by tensing and relaxing the muscles all over your body to help integrate the forces we have activated into your physical body. ##

#### Lesson Eleven

(from the transcripts of class lectures by Ann Davies)

All the symbols in Key 19 express aspects of our total individuality. When we image ourselves centered in the Sun with the children, the wall, the sunflowers, the ring and the Yods as expressions of our total selfhood, we are developing within personality the image of human perfection which is a present reality on the higher creative plane.

The Sun is within us, as you have so often heard. The sunflowers are also within us. Remembrance of all past evolutionary stages through which the One Life has evolved is part of our total beingness. The wall is within us, for it portrays the sense perceptions which have brought us to the point of individualized awareness. When we awaken their higher counterparts we will experience conscious awareness of higher worlds. The ring in which the children dance is the ring of individuality. The 32 wavy and salient solar rays are the 32 expressions of consciousness which are microcosmic as well as macrocosmic.

All these are a part of us. The way that we express them through personality is conditioned by the way we look at ourselves. The inadequate images we identify with are one of the chief sources of human misery. By identifying the 'I' with the failures and weaknesses of personality we allow ourselves to be limited and bound by them. So many people dwell on the image, for instance, of their unfitness to succeed at anything. Others lament their inability to overcome certain unlovely responses or habit patterns. Even worse, they use this conviction of futility as an excuse for ceasing to try.

We all have this problem with our self-image to some extent, at least during certain periods of life. The cause is always based on a wrong focus of identity. When we manage to shift the center of identity from too close a relationship with the imperfections of personality, we will find it easier to surrender the 'little self', no matter what its problems and imperfections, to the guidance of the Higher Self.

I have often said to people who are beset with depressions and problems that seem to be unbearable, "Reach up to the Higher Self". I tell them to, "Jump up into the Sun and hang on. Hold your attention on a broader vista where the problems of everyday existence will be seen with a truer perspective. You will then be able to give them only their proper measure of importance."

This is a bit of magic in moments of depression. The Higher Consciousness of us is <u>real</u>. This act of imagery and attention makes us receptive to taking a more objective view of any situation in which we have become immersed. It helps us to disentangle our thoughts and imagery from the personal emotional feeling part of our nature.

If you will really use this 'reaching to the sun' you will develop

the ability to view your own personality as the instrument for that part of you which observes. You will begin to get the feel of personality as the child of the Higher Self. Eventually you will be able to view every-day situations, no matter how painful, from this higher vantage point and see them as a wonderful opportunity to practice this higher awareness. It is particularly important for you as aspirants to learn to do this because the power we intensify in our work will make any lapses into the levels of depression, fear and anxiety so devastating that you will know that you must do something about them.

The personality complex as it functions in Yetzirah is pictured in Tarot by the Knight and 6 of Swords. The Knight in his suit of armor is another symbol for the indwellingness of the One Self in the veil or armor of human personality. The activity he suggests is that of the changing scenery of physical existence that is taking us back to conscious union with the One. The Knight is most particularly the personality in action. He uses the sword of discrimination to evaluate the situations and problems that are presented to him. When we have learned to give them their proper evaluation and see them as signs of some erroneous pattern still active in subconsciousness, then we will be open to the influx of higher guidance that will eventually dissolve their influence over our personality expression.

The triangular formations in the 6 of Swords depicts the Ego in Tiphareth at the apex of the upper triangle, with Netzach and Hod forming the lower points. This triangle is reflected into the down-pointing triangle which has Yesod, the automatic consciousness, at the lower point. Netzach and Hod, always interacting with Yesod as well as with Tiphareth, also form the two upper points of the down-pointing triangle. They have a dual activity. The intellectual activities of Hod and the emotional desire nature of Netzach are the result of a synthesis of influences from Tiphareth above and from the Vital Soul below. When the Ego is in rightful control, expressing as Melek, the King, then Netzach and Hod reflect this guidance in higher emotions and creative ideas. Their interactions with Yesod, through the Paths of Resh and Tzaddi, then transform the patterns in the automatic consciousness and Yesod becomes the clear, undistorted reflection of Tiphareth above.

Swords are related to air and to the Yetziratic level of substance which changes form rapidly under the influences of the ideas and images of man. Because this power of human imagery and visualization is always effective, but rarely understood or controlled by natural man, most of the images that he charges with the power of emotional intensity are images of fear, anxiety and expectancy of pain. Yet these are not really his personal creations any more than are the higher images from above. They are part of the ancient patterns of error in Yetzirah which still hold sway in the forms through which we are evolving. While man continues to accept these errors into his personal level of the vital soul, his intellectual deductions, desires and emotional reactions will reflect this influence.

With the Technique in this lesson we want to form a pattern of our personality as the child of the Higher Self, preparing for Rebirth into the New Humanity. It must become more than just an image. Now we must incorporate this image into the Yetziratic formative level so that eventually it will transform our physical body. The image and all it implies must become incorporated into our every thought about ourself, our every activity, our every spoken word.

Remember, it is the power of suggestion, associated with Key 8, energized by the Sun, which is the actual means through which we bring the unruly aspects of personality under the control of the Sun. By carrying this higher identity into our every experience and activity we will be strengthening the new self-image in the most effective way. The principle of suggestion is applied through indirection. By presenting ourselves to others and viewing all experiences and relationships in ways that imply that the real 'I' of us is one with the King in Tiphareth, we will be forming an habitual pattern into which the higher creative substance will flow.

We are going to make this suggestion so potent through continuous remembrance that it will wash through all the little images of inadequacy that dim our ability to identify with the True Image we are receiving from Briah. As we visualize with Key 19 we are making a pattern of becoming increasingly receptive to the stream of higher selfhood pictured as the solar orb. To overcome any patterns we no longer wish to express we are introducing one powerful pattern that will help us to wash them away.

With this technique we will plant the suggestion in our subconscious mind that our every throught, act, reactions and response to others is to be in accord with the New Image. As we continuously turn to the True Self for guidance we will become so permeated with the energy of love and unity that any subconscious patterns based on the delusion of separateness will be dissolved and their place will be taken by patterns that can hold the higher consciousness.

## TECHNIQUE

For meditation associated with the power of the solar energy in Yetzirah, have ready the Knight and 6 of Swords, together with Key 19, the Tejus - Prithivi Tattva and the orange color card.

Begin as always with the deep rhythmic breathing which should be quite regular and sustained by this time. It is through the breath of life that we take in the higher vibrational energies that are transforming us. Intone the four Divine Names to place all our visualizations and invocation of energies under the dominion of the highest plane of spirituality.

Now visualize yourself as the central figure in Key 21, permeated with the blue-violet light associated with the Kundalini energy. In this exercise we will symbolically take the patterns of limitation, represented by the Saturn restrictive energy, up to the heart where we will charge them with the Solar radiance. We are placing the formation of mental, emotional and physical patterns of personality under the conscious guidance of the Ego.

Now visualizing yourself as the central figure in Key 21, again feel the orange, vibrating light beginning to expand and radiate from the heart of you. Let it radiate outward until you are permeated and totally immersed in glowing, radiant, living orange light. <u>Feel</u> the light as that of Divine Love, uniting you to the One Self above and to all of life below.

Remain immersed in the vibrating orange light as you look at the symbols before you. The Tejus - Prithivi symbol is a representation of the basic forms that the solar energy takes as it enters into the world of name and form. The 6 of Swords suggests that the Vital Soul is a direct reflection of solar consciousness. The more we feel this, the more undistorted will become the patterns that influence our personal consciousness. The Knight of Swords is the One Ego expressing through personality and wielding the sword of discrimination to cut away all that is keeping Him from returning to conscious union with Yekhidah in Kether.

Now visualize yourself in Key 19. You are the whole Key. All the symbols are aspects of your total selfhood. Place yourself within the Sun as the directing center for all the activities of personal existence. Think of the children in this visualization as the desire nature of Netzach and the intellect of Hod. The ring in which the children dance is your Foundation. The sunflowers are the living Kingdoms through which the Life-power is evolving. They are the conscious lives that you, as the mediator for the One, are lifting to higher planes of expression.

Now with your consciousness in the solar orb, flow out a stream of golden love from your heart, to the children, to the flowers, to the wall, to the ring.

#### (Meditation) Say to yourself:

"I am one with the light of wisdom. I am one with the Sun.
The changing vehicles through which I express are not the Self.
They are my beloved children. They are children of the Sun.
Through the influx of love from the Sun they are being perfected through harmony, through proportion, through symmetry into vessels of Beauty and Delight. I send love to the flowers, to lift them, to transform them, to perfect them. As I perfect them, I find that their perfection is my perfection."

Intone Ah-oo-mm on the note D three times. Do it silently if you cannot do it aloud. Again feel yourself receiving love from above, filling your heart, and then streaming it out to all the directions of space. Send the light outward to fill the world, washing away the errors, dispelling the patterns of pain and delusion with the brilliance of the golden light.

Perform the Rainbow of integration to bring all the colors into right relationship and balance; then tense and relax the muscles to preserve and hold the light in your physical body. ##

#### Lesson Twelve

(from the transcripts of class lectures by Ann Davies)

The evolutionary advancement of the individual ego must be accomplished on the physical plane. Rebirth into the Fifth Kingdom is the result of a higher, finer, more responsive human body. It is brought to completion by the 'work of the Sun and Moon with the aid of Mercury'.

The Sun in Assiah is the outer body or physical representation of the One Ego. Solar energy is transmitted through the infinite forms of Assiah into various degrees of conscious life. The amount of consciousness expressed is dependent upon the form through which the One Life flows.

The Moon refers to the subconscious intelligence which has charge of the functions and maintenance of the physical body. The pituitary gland, related to it, is concerned with directing the fluidic forms taken by solar energy as it courses through the veins, lymphatics and nerve channels of the body. When the Moon receives the higher, subtler solar vibrations which enter through the heart, then its duplicating, reproductive activities begin to transform the body into the New Image, and the whole personality is enabled to function on a higher level of awareness.

The Moon center utilizes the same energy as does the Sun center. The Moon is the Sun at work on the level of body consciousness. This we can see indicated in the Magical Language. The word for Moon is Lebanah, לב, The first two letters form the word laib, לב, heart. The second two letters form Ben, זב, the Son. The last two form nah, הם, beautification. The first three letters form laban, לבן, white; the last three spell bawnaw, בנה, to build, make, erect.

In Lebanah we see references to the heart center, to Ben and to Beauty, all associated with the Sun and Tiphareth. Thus is לבנה seen to be the reflection of the Sun at the level of the automatic consciousness. אול and אול refer to the 'white work of the moon' wherein this integrating current of the Life-power becomes a clear transmitter of Solar Consciousness, able to intercept the high frequencies necessary for building the Mystic Temple of Regenerated Humanity.

The symbolism of Key 19 holds the higher image of man as a member of the Fifth Kingdom. The children are extensions of the wavy and salient rays of the Sun. Within the body they represent the solar and lunar currents of the One Conscious Energy. By visualizing ourselves as this Key with the aid of color and sound vibratory attunement, we are actually introducing seed images that will serve as suggestions to the subconscious building process. Through it the seed images are elaborated and reproduced, eventually altering the chemical composition of our cells and rearranging the structural organization of the parts that make up our body.

To bring about this change we must remember that our cells are living organisms responsive to our every suggestion. They are centers of consciousness. Everything in our physical body is a transformation of radiant energy. We assimilate it from the food we eat; we breathe it in through our lungs. Our first suggestions as to what we want accomplished should be in the form of seeing to it that our body gets the proper materials in the form of food, air, water and light. In Alchemy this is called the "gross work", which must be performed before taking up the subtle work.

This part of the work is not esoteric. What you find in good books on nutrition and hygiene is all that is needed. Vitamin and mineral rich foods (the addition of natural supplements in this time of over-processed, devitalized food is a good idea), sufficient water, sunlight and air in the form of our breathing exercises are the basic essentials. This first concern is a most powerful suggestion to the subliminal building processes that you are preparing for higher levels of conscious awareness.

When suggestions applied by this 'gross work' have become habitual you are ready to utilize more subtle means. The more we remember when we eat that we are eating pure spirit, when we drink that we are drinking pure spirit, and when doing our breathing exercises that we are breathing pure spirit, the more effective will be our suggestion to the 'Moon' that she is to intercept higher rates of solar energy.

The Great Work is a physiological reorganization. Its goal is mental identification with the One Reality. The 'red work of the sun' demands a certain degree of self-conscious mental comprehension. To incorporate higher consciousness into our bodies we need to see, understand and apply the principles, laws and forces that will bring it about. The 'white work of the moon' dissolves fixed patterns in the body which are the result of wrong patterns of thinking, acting and responding in both the conscious and subconscious mental levels.

However, to carry out the most subtle adjustments of physiological transmutation, something beyond the personal consciousness is necessary. The deeper transmutation must be turned over to Higher Guidance. The girl in Key 19 is of equal stature to the boy. By means of an oft repeated self-conscious decision, the subconscious deductive processes must be released from self-conscious domination.

Even with our best intentions we are all influenced by race errors that make us subject to states of depression and to accepting delusive ideas at times. By releasing the girl, who is really the same as the woman in Key 6, from elaborating our conscious errors and by affirming repeatedly that her marvelous formative powers are to be guided by the One Teacher, she will become receptive to the higher secrets of physiological transmutation and reflect them back to her partner in the fairy ring.

Through the vibratory practices with Key 19 and the 6 and

Knight of Pentacles, we are going to become receptive to energies that will supercharge our vehicles with solar radiance. We are concerned with embodying the Life-power into specific physical forms that are arranged to intercept the higher frequencies of solar energy. This embodiment will eventually lead to the mental realization of the union of the individual self with Ben, the Son, who is one with the Father.

Thus in the Emerald Tablet the One Force is said to "ascend from earth to heaven and descend again to earth". Always the power of ascension is from the One Self, but it is from physical completion that the individual consciousness is able to ascend to higher awareness and bring that awareness back to the personal self-conscious perceptions.

Notice that the units in the 6 of Pentacles are separated, but identical in form. At the center of each is a pentagram. The seemingly separate parts of the manifest world are identical at the center. The pentagram is a symbol of man's eternal dominion over the forms in Assiah. This must be grasped by the individual ego, related to Tiphareth, and incorporated into the body consciousness, before the expression of that dominion can be perfectly manifest.

To grasp the real meaning of this dominion one must first perceive the true basis of all physical forms. The cells of our body are made up of the same chemical elements as the rest of the bodies in the universe. All physical substances are living. All life is an expression of consciousness. We recognize life with our outer senses in certain carbon-hydrogen chains related to plant and animal structure, but all structures are an expression of consciousness. Wherever form exists, life or consciousness exists. The difference in the amount of consciousness a form is able to express is basically a difference in the proportion and arrangement of its atomic units. The substance of every atom in the universe is radiant energy, and it is identical to the substance of every other atom. The differences we see in forms are built up from differences in number and inter-relationship of the identical units of radiant energy within the structure of the atom.

Thus the form of every cell in our body is a special arrangement of solar energy. The activity of every cell is the result of solar energy flowing through it. Both its substance and its activity are transformation of One Power. The activity or awareness aspect is one pole; the substance, or that which arranges into form, is the other pole. The human organism is the culmination of eons and eons of the development of consciousness in form. The body of one who has entered the Fifth Kingdom is the result of a further development in which the individualized human ego takes a conscious part.

The Knight of Pentacles holds the pentagram of dominion aloft. He has recognized the real substance of all physical phenomena and rightly perceived his place as mediator between 'that which is above and that which is below'. Because he knows himself to be an instrument through which the One Self perfects form, he is able to exercise that dominion and perfect his own form.

## TECHNIQUE

For the Technique related to the solar energy in Assiah, combine the Knight and 6 of Pentacles with Key 19, the Tejus - Prithivi symbol and the orange color card. With this technique we are concerned with impressing the seed image of the regenerated Solar Being into the cellular consciousness. Begin with the usual deep breathing and then place yourself within Key 21 and the blue-violet ocean of light. This is our power source for all building and integration of form. Intone Ah-oo-mm on the note A.

Now visualize the point of orange light at your heart and expand it outward until everything is encompassed by it. Meditate on the symbols before you for some time. Without attempting to interpret, just receive their symbolism.

Now, within the orange universe become Key 19. Try to feel yourself as all the symbols at once, as if all were contained within your body. Now, from the central point within your heart, pour out love in all directions; pour it out like a liquid flow of living gold. Saturate all the separate symbols that you feel inside of you with this flow of liquid gold. As you continue radiating this love from your heart, visualize all the symbols becoming so illumined, so flooded with light, that they disappear into One Radiance. For a moment feel yourself as a dimensionless point at the center of this unending ocean of radiance.

## (Meditation) Say to yourself:

"All the universe is One Radiance. Wherever I look, there is naught but Limitless Light. That Light is the essence of all love, all thought, all form."

Now intone Ah - oo - mm on the note D as you look again at Key 19. Try to impress it as a whole on the area at the back of your head. Make it three dimensional if you can. At the same time, send up a yearning aspiration to become a fitting instrument through which the One Self can unfold some portion of His Great Plan.

Finish as usual with the multi-colored visualizations accompanied, if possible, by soft inspirational music. Then tense and relax your muscles to help incorporate the energies we have invoked into your physical body. ##

#### Lesson Thirteen

(from the transcripts of class lectures by Ann Davies)

Tarot Key 16 depicts the Mars force as the destroyer of the delusion of personal will. Natural man experiences this energy as the volition to act, which gives him the feeling that he possesses personal will-power. The same energy that first deludes us as to the source of our volitional impulses eventually frees us from this delusion so that we can become conscious agents for the only Will that there is in all the universe.

On the Tree of Life the 5th Sephirah, Geburah, is the sphere of activity for Mars. In Atziluth, Mars corresponds to the principle or universal idea behind all expressions of volition and will in the lower worlds. It is the driving, activating power that carries out the essential purpose of the Life-power in a cycle of Its self-manifestation. The 5 of Wands, formed into a pentagram, depicts this ultimate purpose as the dominion of Spirit over the forms through which that Spirit is expressing. This purpose necessitates a continuous destruction of old forms and a continuous re-integration into new ones. Thus Mars is associated with both destruction and generation.

In man the 5 of Wands symbolizes attainment of the state of consciousness wherein he becomes an unobstructed channel for the One Will, able to exercise active dominion over the levels of manifestation below him in awareness. This state of dominion is the result of a continuous destruction of old patterns of mental, emotional and physical activity and and equally continuous re-integration into new ones that are increasingly more in harmony with the true source of all will.

The delusive quality of personal will is first to be grasped by the mind. By use of reason we can come to comprehend that any act, whether that act be mental, emotional or physical, must be cosmic rather than personal in origin. The One Will projects extensions or energies of Itself into a space, filling it with rates of vibration which combine in various arrangements and proportions to form the various bodies and energies that become manifest as the physical world.

We have often heard that man is a microcosm; that all the cosmic laws and powers express through him. This means that every cosmic power, every law of nature, has its correlation and expression within our personality. This further means that it is an interplay of cosmic forces that is the actual basis for everything we experience as a personality. Every activity of personality — mental activities of thought, emotional activities of feeling and desire, physical activities of volition-to-do—all are transformations of cosmic energies.

Our vehicles are so arranged that they resist or intercept the flow of these omnipresent cosmic energies which are everywhere, as are radio waves. We are a complex inter-relationship of impersonal cosmic forces. None of these forces that give us the feeling of having a

personal will belong to us. They seem to be personal because that is one of the necessary illusions, up to a certain level of development, of the human evolutionary process.

Keep in mind that it is the resistance that our bodies set up to the flow of these impersonal energies which results in the volitional drives and seemingly personal will that we feel. This resistance is effected by the structure and arrangement of our bodies. Think for a minute of what constitutes our feelings of personal will. As the Mars force is intercepted by the various organs and structures that make up our bodies — physical and finer — we feel separate, we feel ourselves within the vehicle. Our general 'body sense' is an effect of the tonicity of the voluntary and involuntary muscles, which are expressions of the Mars energy.

In the brain, this same energy gives us the power to use our voluntary muscles. It also activates our brain as a motor for thinking. (Mars in Aries.) The same energy is most powerful in the reproductive organs and the nerve centers and glandular activities associated with them. (Mars in Scorpio.) Our sense of personal will is produced by the transformations of this activating dynamic energy in our brain, in our muscles, in our glands and in the organs of reproduction. When we begin to comprehend the basis of personal volition we will be better able to surrender the little, really non-existent, personal will, and become a conscious channel for the unlimited Will of the One.

Essentially, the Mars energy is the Life-force, Chaiah. It is the Yod force emanating from Chokmah as Mezla, the stream of descending influence which holds within itself the purpose of manifestation. As it activates the forms of Binah it expresses in some type of volition. In the earlier stages of evolution this will energy became involved in instincts or patterns of survival, fear and propagation of the species. Thus it is related to the animal drives and impulses which we have carried over in our vehicles from earlier states of unfoldment.

Our body consciousness has been evolved through this whole line of development. It still holds this powerful will drive in these ancient patterns. Although all of them were necessary at certain stages of the evolutionary process, many of these volitional patterns need to be dissolved and re-integrated into higher expressions in order to give impetus to our further evolution.

It is important to realize that no matter how the Mars drive has been expressing, in ourselves or in others, essentially it is the One Will. What was right for the past, however, no longer holds true in the same way as we begin to tread the Path of Return. Now this volitional drive, this will to act, must be released from patterns that no longer serve our further evolution. The more we can begin imaging it as flowing into our field of influence from higher planes, the more readily will it begin to dissolve the patterns of false action in which it has become immersed.

The Mars center in our subtle body is the focal point wherein this

## TECHNIQUE

Begin as usual with deep rhythmic breathing and the intonation of the Divine Names to get the personal level vibrations into harmony with their cosmic counterparts. Image yourself within Key 21 and the ocean of blue-violet light, surrounded and permeated with the infinite substance of the Mother. Intone Ah-oo-mm three times on the note A. Feel the blue-violet light in motion all around you, like the quiet motions of a Great Sea.

Now visualize the point of orange light beginning at your heart and expanding out and out, until the blue-violet ocean has been transformed into a vibrating, pulsating ocean of orange light. Image yourself within the Sun of Key 19 as you intone Ah-oo-mm on the note D.

Now, while still within the orange light, look at the symbols before you related to Mars. Meditate upon them for a few moments and then visualize a globe of red appearing two inches below your navel. See it as a globe with an arrow pointing upward like the symbol for Mars. The arrow is pointing toward your heart. Now visualize the red Mars symbol beginning to expand in all directions until you find yourself encompassed in the scarlet light. The orange sea of light has become a scarlet sea of light. Feel this light as vital and activating.

Now visualize yourself within the tower of Key 16, receiving the lightning flash of truth. The sudden flash may disrupt and disturb you, but it will also free you from the tower of false conceptions in which you have been immersed.

#### (Meditation)

"I invite the Lightning of Heaven. I seek truth, no matter how many personal ideas or cherished principles must fall into the dust of unreality. I am ready to face truth, for there is no lasting peace or happiness or love in the veils of illusion."

Intone Ah-oo-mm on the note C. As you receive the flash of truth from the solar disk above, see the figures falling from the tower. They are but illusive shadows; they are the shells of your wrong ideas about yourself. Now that they have fallen away, along with the false crown of personal autonomy, feel yourself receiving the beautiful truth of the Divine Origin of all things. You are the Pentagram of God! Through you His Divine Purpose shall be brought into perfect expression in the Kingdom of Adonai.

Return to the embrace of the Ego by again visualizing the point of orange light expanding outward from the heart until you have returned to the ocean of orange. Intone Ah-oo-mm on the note D to symbolically surrender all your use of the Mars energy to direction from the One Ego. Complete this practice by performing the integrating visualization with all the colors; then tense and relax the muscles of your body as explained in earlier lessons. ##

#### Lesson Fourteen

(from the transcripts of class lectures by Ann Davies)

The volitional drive related to Mars is the active agent in the evolution of self-consciousness in man. As the power that stimulates activity in the brain, Mars is the impetus behind our ability to reason and analyze. These mental faculties, related to Tarot Key 4, The Emperor, are what has brought natural man to his present level of individuality and intellectual awareness. On the Tree of Life, Hod, the seat of intellect, receives the volitional energy of Geburah through the Path of Mem. All intellectual pursuits require some degree of the mental stability and reflective inner pondering symbolized by Key 12. To reason, to analyze and to think in an orderly, meaningful manner is to gain control over the stream of mental substance.

As mental powers began developing in man, many of the deductions he formulated were based on wrong premises and resulted in the legion of misconceptions that have been patterned in the collective subconsciousness. The tower in Key 16 is the result of man's misuse of his mental powers. Relative to its expression in Briah, the lightning is the super-personal flash of true perception which initiates the destruction of these many errors which are preventing us from full receptivity to the Briatic emanations of Divine Reason.

The flashes of truth disrupt the false tower of comfortable human error, throwing our minds into conflict and chaos for a time. As the lightning repeatedly strikes at our former ideas of truth, the resultant confusion and temporary darkness are painful. Even our bodies must go through a period of adjustment to higher levels of truth, for they are part of the transformation of personality into the New Creature.

Yet all the disruptions are necessary before we can build the Perfected Temple. The same fiery energy that has driven us to full individuality must now be consciously applied to destroy the false house of personality surmounted by the false crown of personal autonomy and built on the false foundation of personal separateness. The lightning flash of Key 16 must be felt repeatedly before we can develop the higher vision, for we all have many towers of error that must fall.

The flash of lightning is a flash of electrical power. The Mars force and this electrical fluid are identical. This energy is what excites every creature into action. It is what gives us the volitional drive to enter into pursuits designed to satisfy our desires. We must remember that no matter on what level it is expressing, that which excites to action originates in the immutable Purpose of the One Will.

What we will be doing in the Technique for this lesson is learning to direct our seemingly personal will toward receiving the Higher Vision. We will be preparing ourselves to intercept the high tension electrical energy that will bring true insight and foresight into our field of personal

expression. This higher vision of reality is symbolized in Tarot Key 4. The dominion which the Emperor portrays is the consequence of continual receptivity to the super-personal impulses from the Briatic level of Divine Reason.

In order to become the Emperor and exercise his confident dominion over circumstances, the main current of our volitional drive must be turned in a new direction (Key 13). We must direct the power of seemingly personal will toward seeking wisdom, seeking greater understanding, seeking to comprehend the true origin of life. As the powerful current of will becomes the Eagle of Aspiration, the higher tension currents of Divine reason and insight become available to the self-conscious mind.

This yearning for higher wisdom must be accompanied by rational thinking and careful analysis of the reports of the physical senses. These must come first because they force us to see the errors in the way we have been using our mental faculties in the past. Often we become painfully aware of discrepancies between our higher ideals and our actual practices toward ourselves and others.

This process is akin to the Calcination Stage of the Great Work associated with Key 4. Our new conceptions of reality continue to tear down one error after another until the subconscious level is sufficiently purified and raised in vibratory frequency to where it is able to receive the higher vision and insight emanating from the Briatic level.

During the Calcination process we are torn with the conflicts which result from the war between any still-active demands of our lower nature and the ever-growing power of our higher aspirations. Key 16 is a symbol of these inner conflicts that find expression in our outer life. The strife and turmoil in our inter-relationships with others and problems in our business or professional life are often the outworking of the Mars drive within us as we are being impelled more and more insistently to let go of old values, old patterns, old desires.

As the lightning continues to strike and the bricks of false values continue to fall, the Mars energy is set free from its prison in old volitional drives. Then it begins to energize and activate the center of higher vision that brings us hitherto undreamed of joy and delight in the very experiences and sense reports that once caused us so much pain.

Note that the head and arms of the Emperor form a triangle and his legs form a cross. This cross surmounted by a triangle is the symbol for Sulphur, the active quality of self-consciousness. While most of the activities of self-consciousness are directed toward gratifying bodily and environmental desires, man remains a child of earth, bound by the ancient patterns inherent in the forms through which he is evolving. When the Sulphur of self-consciousness turns toward seeking wisdom and truth, it is illuminated by the Mercury of the Sages and all its mental and physical activities begin to express the higher Wisdom and Love associated with the Creative Plane of Briah.

As the practice continues we realize that this higher Vision is not personal. Note that the units in the 5 of Cups are arranged in such a way as to form two triangles which share a common point. It implies a union of the powers related to the number 5 with those related to the number 6. The powers of the microcosm (5) are the means for manifesting the powers of the macrocosm (6). What this arrangement suggests is that the super-personal Briatic plane of activity finds its means for expression through a prepared human personality who has grasped, to some extent, his place of mediation in the cosmic order.

We have to deny repeatedly the personal origin of our ability to reason, to think, or even to aspire, before we can express in full measure the higher vision and insight portrayed by the Emperor. All personal faculties must be acknowledged as super-personal in origin. This culminates in the death of the old personality symbolized by Key 13 and the Putrefactive Stage of the Great Work. Putrefaction lifts the reproductive energy to the higher centers where the Wisdom and Understanding emanating from Briah are reproduced in the substance of Yetzirah and eventually made manifest in the world of Assiah, where the completion of the Great Work must take place.

The practice included in this lesson is aimed at strengthening our drive to seek higher wisdom. By continuously acknowledging the true source of will power and patterning our actions after this truth, we will be turning the Sulphur of self-consciousness toward Mercurial illumination, thus repressing any excess of salt or the inertia which keeps us feeding old habit patterns of error. But remember, salt is also the principle of preservation. When it is duly purified it will preserve the New Image into the very cells of our body.

### TECHNIQUE

Have ready the red color card, the Tejus-Tejus Tattva, and the 5 of Cups, together with Keys 4, 13 and 16, which are all related to expressions of the Mars energy.

Begin with the deep rhythmic breathing and the intonation of the four Divine Names. Proceed by placing yourself within the blue-violet ocean of light to arouse the Saturn energy which is the active power that impels the Mars energy to higher centers of expression. Intone Ah-oo-mm on the note A as you visualize yourself within Key 21.

Next, expand the orange point of light which begins at your heart into the ocean of orange radiance that activates the heart center. Visualize yourself within Key 19 and consciously surrender any subsequent transformations of the Mars energy to guidance from the One Ego. Intone Ah-oo-mm on the note D as you pour out love to all the directions of space.

Now within the orange sea of radiance meditate on the Keys and symbols related to Mars that you have placed before you. Visualize the globular bright red Mars symbol appearing at a point below your navel with the arrow pointing toward your heart. Next, expand the scarlet red Mars symbol out and out until you are inundated in a sea of brilliant scarlet light. Feel the vibrating scarlet light coursing through your veins,

your muscles, your whole body. Feel yourself activated, excited and filled with vital aliveness. Feel this energy activating your brain and filling you with a powerful determination to persevere in your search for truth. As the scarlet light excites your will to accomplish, determine to actively work at dissolving any errors in your thinking and reasoning that are keeping you from receiving the higher vision from the plane of Briah.

## (Meditation)

"I am filled with the vital life of God. His Will is my will.

I am ready to give up any false lines of reasoning or pet
'principles' that are tinged with the errors of this world.

No matter how much conflict this may stir into action I want

Reality. As my tower of false values comes tumbling down

I know that the Temple of God will be erected in its place.

The death of the old initiates the birth of the new and I am

ready to die, that I may be Reborn to the Higher Wisdom."

Intone Ah-oo-mm on the note C as you again feel the scarlet red ocean of vibratory light permeating you with its power to accomplish, to persevere, to vitalize. Now, once again expand the point of orange light from your heart, out and out until it replaces the red and fills all of space. Intone Ah-oo-mm on the note D and dedicate the vital volitional power that you have activated to the service of the Ego within the heart.

Finish as always with the integrating ritual and the tensing and relaxing of your body muscles, which will serve to fixate the higher energies into the cells of your body. ##

#### Lesson Fifteen

(from the transcripts of class lectures by Ann Davies)

The action related to Mars has always been an essential part of the evolution of consciousness. All change is rooted in the Martian power to activate. Destruction and reproduction are poles of this motion. The volition to act, whether it finds outlet in instinctual compulsions, in deliberate acts to satisfy desires, or in Divine Aspiration to higher wisdom, is this same energy driving toward change on some level.

In Yetzirah the activity of Mars is particularly related to its expression as the reproductive power symbolized by Key 13. It has been the impetus behind the forward push of evolution and has provided the One Life with an ascending scale of bodies through which to manifest. The evolutionary purpose of the One Will is dependent upon transformation carried out by the destruction and reproduction of form.

Peh, 5, the Hebrew letter related to Mars, is identical in numeration to Yesod, 710, 80. It is the Vital Soul of man, seated in Yesod, which responds automatically to patterns that have been charged with volitional energy. In the past the Mars energy has been most active in the instinctual life, expressing in the drive to sexual expression, self-preservation and all the Vital Soul impulses that are predominantly concerned with satisfying the demands of the sensual life.

Man, however, is now emerging into more conscious awareness of the Divine Ego within. This accounts for the inner wars between old evil tendencies and newly awakened higher aspirations. The force of Mars in Yetzirah, symbolized by the 5 of Swords, is the disruptive energy that subjects us to the severity of Geburah in order to free us from patterns of action that are no longer right for us. 216, the number of Geburah, אוריה, strength, is also the number of areah, אוריה, lion. The lion is a symbol of the whole range of the Life-power's activities below the human level.

But the lion is also our strength. In Tarot Key 8 he is not suppressed or killed, but tamed. The animal nature is our power. When we refine its activities through love, through knowledge and through orderly cultivated use of desire, it provides the impetus for liberation. Never forget, this vital drive which has been the Scorpion of Death is also the Eagle of Aspiration. When we give it wings, it soars to the Crown and completes the organ of inner vision.

The essence of Mars is the One Will in its aspect of undeviating purpose and justice. Our goals and drives to accomplish are reflections of this Divine Purpose even when they are not seemingly in accord with our Higher Aspirations. Even when men energize goals and purposes that are so distorted that they temporarily serve the forces of evil, they are still rooted in the One Will. In the final analysis nothing can oppose evolution and the ultimate perfect expression of the Divinity within the human heart.

But light can be veiled. Evolution can be temporarily impeded in time and space. The main problem lies in the powerful influence that ancient patterns still have over most of humanity. Man yet pays idolatrous homage to ideas and needs that are outmoded and have been for long periods of time. As you have often heard, the reign of these separative impulses was necessary at earlier stages of evolution. They served to develop self-conscious awareness in form. Sense perceptions of the environment developed because man was forced to look for ways out of hunger, fear and danger. The sex drive, in its compulsive form, assured the preservation of the species.

These ancient needs, no longer constructive to us as they once functioned, are still influential and drive us into unwise actions and responses. Know that the struggles which torment your soul are really gifts from the Holy Guardian Angel of Key 14. He is applying the test of severity to help you become increasingly more aware of any impurities in the Vital Soul level of you that are holding you back from conscious union with the Divine Ego within.

Recall that the sphere of activity for Mars is related to justice, to severity and to law. True justice is not always outwardly beneficent. It must destroy evil in any of its expressions and this often requires the use of the sword. Mars is the planet of war and conflict. The higher understanding of justice recognizes the need to employ strength and severity to destroy all that inhibits the full expression of Light.

The root of evil in a man or in a nation is the usurpation of will force as personal and the subsequent directing of this power toward selfish, avaricious ends that enslave and degrade other human beings. By single-minded intention, powerfully focused and selfishly oriented, men can become centers or focuses for the expression of ancient forms of evil. Such a man becomes a tool for the dark forces that hinder human evolution and the reign of Light.

Although based on delusion, the separative use of the Will energy is possible in the lower worlds of manifestation. It is rooted in a powerful belief in separated ego consciousness. All tyrants are obsessed by this delusion. Their followers and worshippers brutally work to destroy whatever is designed to liberate human thought from the heresy of personal will and the domination of the animal nature. Their plans work for a time by telling man lies about his true nature. They reverse the pentagram by declaring that man is a slave of his elemental nature. It is this mistaken belief in self-autonomy that makes men prone to channel evil forces. What they identify with when they believe in personal will is the lower vital soul nature.

In the Bible evil men are called DND1 503, keseph nemias, reprobate silver, because silver, the metal of the moon, is the sphere of Yesod, seat of the Vital Soul. The wicked are dominated by the unrestrained impulses of the animal nature. Evil men are also compared to the base metals — brass, iron and lead. In this sense brass is associated with the unruly desire nature, iron with mistaken forms of action

to satisfy desire, and lead with selfish use of the power of limitation and integration.

666, the number of the beast, is a number related to the Sun. It is a mistaken understanding of the 'I' consciousness that directs energy into thought forms, images and patterns of action that perpetuate ancient evils in Yetzirah. This tendency to channel evil forces is what is meant by the 'mark of the beast'.

Key 16 as it expresses in Yetzirah is a symbol of the destruction of these manifold errors in human motivation. Note that the five swords in the 5 of Swords form a pentagram, symbol of man's dominion over the elements. To bring the pentagram right side up with the point of spirit at the top is the real work related to the 5 of Swords. However much disruption the sword of severity may visit upon us, it is that which will eventually destroy the evil idea of the reversed pentagram.

The reversed pentagram symbolically affirms that ancient powers, no longer constructive to man, are supreme. This is what degrades man to himself and keeps him subject to his lower nature. The reversed pentagram puts the top point below the elements, thus saying that the consciousness of man is dominated by the elements. This, as you know, is a favorite declaration of the proponents of materialism.

Mafs is exalted in Capricorn, Key 15, where the reversed pentagram surmounts the Devil of outward appearances, because Martian disruption is the power which eventually initiates Renewal and sets men free from materialistic orientation.

The destruction of error is brought about by flooding the collective consciousness with images which reflect right understanding of the true source of will and of the 'I' consciousness. When man knows that his place in the cosmic order is to act as mediator between Above and Below, he begins to liberate all that is below, and this includes his own lower nature.

Our work is to help liberate humanity by becoming channels for the One Will and the Masters of Wisdom who are working for human liberation. In our Technique for this lesson we want to enhance the vibrations which hold right understanding of the true source of personal will and thus help to destroy the thought forms that keep man in wrong relationship to the Vital Soul.

### TECHNIQUE

Have ready the red color card, the Tejus-Tejus symbol, the 5 of Swords and Tarot Keys 4, 13 and 16.

Start with deep rhythmic breathing and then intone the four Divine Names. Immerse yourself in the blue-violet ocean of light as you image yourself within Key 21. You are one with the central point of the Cube of Space where the co-ordinates cross, receiving and emanating their supernal powers. Intone Ah-oo-mm on the note A.

Now image the point of orange light expanding from within your heart until it encompasses all of space. Center yourself in the Sun of Key 19. You are the mediator, receiving powers from above and extending them to the planes below. You are 'Light in Extension'. Intone Ah-oo-mm on the note D.

Now meditate on the symbols before you. The Tejus-Tejus symbol and Key 4 correspond to the fiery activating quality of Mars and to its relationship with the sense of sight. The 5 of Wands and Key 16 correspond to the release of energy from outworn forms on all planes. Key 13 relates to the transforming, yet perpetuating, power of Mars whereby the Changeless reaps the harvest of the mutable.

Now image the Mars symbol appearing just below your navel in globular form with the arrow pointed upward as before. Expand this symbol until the scarlet vibration permeates all of space. Visualize yourself once again within the tower of Key 16. You are a channel for the lightning flash from Heaven, the lightning of truth that destroys the evil forms in Yetzirah which keep men in darkness. Image the electric energy from the lightning forming into a vibrating pentagram of dominion that tells man the truth about himself.

#### (Meditation):

"As a mediator for the Divine One, I receive the Lightning of God and form it into a pentagram of dominion. The light which I receive I extend to all lives, to all creatures, to all kingdoms. Any form that seeks to perpetuate the delusion of separateness cannot withstand the lightning fire of truth."

Intone Ah-oo-mm on the note C as you remain centered in the red vibrations.

Again expand the orange light from your heart, returning to the orange vibratory ocean. Intone Ah-oo-mm on the note D. From the heart center radiate love to all the directions of space. Try to feel yourself immersed in a shoreless ocean of flowing, enrapturing love.

Finish as usual with the integrating visualizations of all the colors. Tense and relax all the muscles of your body. ##

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#### Lesson Sixteen

(from the transcripts of class lectures by Ann Davies)

Mars is exalted in Capricorn, which is often referred to as the earthiest earth sign. This intimates that the highest use of the Mars disruptive force is that of destroying no longer useful forms that chain us to the appearances of the material world symbolized in Key 15.

However, we should remember that before a no longer useful form can be destroyed it must first crystalize or come to its completion in Assiah. That is, the results of negative emotions or erroneous thinking must come to their term as a situation, a relationship or a physical object in Assiah before they are distinct enough for the Martian energy to destroy them.

The unhappy appearances and the problems of physical existence are the concrete representations of some line of wrong thinking or feeling that needs to be recognized before it can be transmuted. As human errors in thinking and responding — both individual and collective — become manifest in Assiah, they bring the repercussions and miseries that finally force us into action.

This is the beginning of the wisdom that leads to Renewal. The things of this world get our attention, excite our interest and stimulate our desire for possessions and experiences. Assiah is the plane that must be dealt with in one way or another. We cannot ignore it. By being confronted with the concrete results of wrong lines of reasoning or acting repeatedly enough, sometimes through several lifetimes, we are eventually forced into finding ways to solve the problems and destroy the causes. Thus it is the phenomenal world that finally brings the highest manifestation of Mars energy into activity.

This activating energy is basic in all scientific advancement. Not all problems are rooted in error. The Mars energy also works toward the solution of the enigmas of natural phenomena. The mysteries of nature turn alert minds into a desire to rend the veils of nature. The Mars drive directed toward seeking the answers to the working of physical phenomena has lead to man's partial dominion over natural forces. All transformations in culture and civilization are really the control of elemental forces through the development of specific patterns formulated by human intelligence.

It is here on the physical plane that universal forces can be studied through their concrete appearances or results. This drive to unveil the mysteries behind nature has transformed outer appearances and given man some of the keys to new combinations of cosmic forces that have been responsible for new appearances in Assiah. Dealing with the physical universe develops mental capacities and stimulates to action. Thus the path of Ayin energizes Hod, seat of the intellect. Physical phenomena and the processes of nature reveal secrets of formation to anyone who knows how to look.

This is the dominion in earth corresponding to the 5 of Pentacles. However, if this level of dominion is devoid of true understanding about the nature of will and the livingness of all things, it can fashion even heavier chains by causing man to become hypnotized by the appearances and circumstances in Assiah. This is an aspect of the reversed pentagram shown in Key 15.

In divination the 5 of Pentacles, Mars in Assiah, is a symbol of material gain but subsequent trouble, anxiety and eventual loss. In natural man, up to this point in evolution, dominion over physical phenomena has brought him material wealth and the revelation of many of the secrets of nature, but the delusion of separateness still reigns. Too many of the intellectually developed members of society who influence others profoundly still misunderstand the origin of causation.

The dominion of intelligent man over natural forces has been magnificently exhibited in the great scientific and cultural progress which has been achieved, particularly in the last century. Scientific minds have grasped many of the secrets of nature. They have developed atomic power, space travel, ingenious computers, etc. Yet, because this dominion is not fully understood or rightly utilized, it is also the cause of most of our miseries. Progress has been accompanied by increased danger to civilization because most of humanity are overly concerned with the concrete results of the dominion of consciousness. They reverse the pentagram even while controlling natural forces by erroneously attributing causation to the plane of results. Because of this primal error, human dominion over the elements is too often utilized in ways that bring misery to the many in order to satisfy the selfish desires or fanatical principles of the few.

This reversal of effect for cause and the subsequent adverse use of dominion is rooted in ignorance of the doctrine of the microcosm. Few human beings realize that the forces of nature which science seeks to control are also within us. Unless control of the elemental forces is first established within, control of these same forces in Assiah is subject to misuse. Power over natural forces is actually dangerous until man understands their activity in his own personality.

The restrictions and seeming chains in Assiah are part of the growth process. They are necessary to any human being until he has developed to where he can grasp the doctrine of the Superpersonal Will. The Behaviorist School of psychology holds that man is an automatic reactor to outside stimuli; an automatic response mechanism with no free will at all. They propose plans whereby humanity can be conditioned into being more or less happy, perfect beings. Their idea is to set up external conditions to which human reactions will be personally and socially constructive. Their ideas, and similar materialistically oriented theories, are based on the primal error of giving effect the place of cause. Volition is not determined by stimuli of the environment except in that a man thinks himself so conditioned.

However, whether free will is denied as by the Behaviorists, or falsely exalted as by the tyrants of history, all their plans for regi-

menting humanity eventually fail because they are not in harmony with the true source of will. Free will is a reality. We are instruments of Yekhidah in Kether and our purpose is to exercise dominion over all environmental phenomena as <u>His mediator</u>. He is within us and also more than us. When we learn to begin all actions with this image in mind we increase our effectiveness <u>infinitely</u>, for the One Will is <u>limitless</u>.

It can transform all our volitions — mental, emotional and physical — into actions that lead us ever nearer to perfection. The purposes of manifestation require human personality. Our perfection will fulfill that purpose. As stated earlier, the true dominion of man over the elements is first to be established within.

Control of these forces within is not accomplished directly by the self-conscious mind. The symbolism of Key 8 shows that the intermediary is human subconsciousness and its power of creative imagination. An image of the true place of human personality in the cosmic order must be planted in subconsciousness. This realization must be nourished and sustained through periods of positive visualization until the image becomes so impressed upon the structure of our bodies that it colors all our subsequent thoughts, responses and actions.

The personality Sephiroth and their powers must be consciously under the control of the Ego in Tiphareth before one can safely begin the intensified stage of transmutation which leads to the goal of the Great Work. When sufficient inner transmutation has taken place, the Mars energy acts as the destroyer. Physiologically, as well as psychologically, it is a disruptive vibration. Directed with knowledge and understanding it serves to break down cell structures in the physical body that hold error. This destruction, under control of the Ego, dissolves any physiological structures that inhibit the upward flow of the Mars energy. Dominion over elemental forces in the hands of those who rightly grasp the unity of life and the reign of love is what will eventually bring about the New Order of the Ages, the True Brotherhood of Man.

In our technique for Mars in Assiah we want to direct our imagery toward bringing about the physiological transformations that will lead to illumination. Illumination is the result of a new and better bodily structure. Through direction of the perpetuating power of Mars in constructive visualization, we want to impress the image of our body as a channel for the One Will on the consciousness of every cell. This use of imagery first overthrows false structures of thinking. The higher subconscious powers, whereby the body becomes a channel for superconscious vibrations, are developed as actual physical structures and as changes in the chemical constitution of the blood and glandular secretions. As the Behaviorists declare, the glandular secretions have a decided effect on how a personality expresses. They err in placing these secretions in the place of primal cause. They do affect the activities of the personality, but man is not his personality. The Great Work is the work of physiological reorganization, and its goal is Self-recognition and mental identification with the One Reality.

## TECHNIQUE

For this Technique include Key 15 and the 5 of Pentacles, along with the Tejus-Tejus symbol, Keys 4, 13 and 16, and the red color card.

Begin with deep rhythmic breathing and the intonation of the four Divine Names. Visualize yourself centered in Key 21 and immersed in blue-violet light. The energy related to Key 21 is that which impels Mars upward. Intone Ah-oo-mm on the note A.

Now transform the blue-violet light into orange light, centering your consciousness in Key 19. Again dedicate all your use of power to guidance from the Ego in Tiphareth, the center of love and unity within the heart. Intone Ah-oo-mm on the note D.

Proceed by meditating on the symbols before you with the idea of impressing their imagery upon the cellular consciousness. Next visualize the scarlet Mars symbol appearing below your navel with the arrow pointed upward. Expand it until you are immersed in scarlet light; then visualize yourself within Key 16. The lightning flash activates the fiery energy which dissolves any structures that hold error in form.

#### (Meditation):

"I feel the scarlet vibration coursing through my veins and filling me with the power which is transforming me into a conscious mediator for the One Will. Through me the Divine Purpose will find fulfillment in the world of Assiah."

Intone Ah-oo-mm on the note C as you again feel the volitional energy coursing through your body.

Visualize the orange globe within the heart expanding outward until you are once again immersed in the orange light. Intone Ah-oo-mm on the note D. Finish this practice period with the Color Integrating Ritual and the tensing and relaxing exercise. ##

#### Lesson Seventeen

(from the transcripts of class lectures by Ann Davies)

Tarot Key 10 is related to the Jupiter center in our body, often called the abdominal brain. It is associated with the epigastric ganglion and a center in the sympathetic nervous system behind the stomach. In Eastern philosophy it is called the Manipura Chakra. In our color and sound techniques it corresponds to the violet vibration and the note A#.

The abdominal brain is impressed with and holds a record of all the essential activities and processes whereby the Life-power has evolved organic form on this globe. Even the stages of involution and evolution which preceded the appearance of organic life have left traces on this well group. Learning to read the record and thereby unfolding the wonders of the evolutionary process from its remote beginnings is one result of awakening the Jupiter center into increased activity.

Jupiter, the planet called the greater fortune in astrology, finds its sphere of activity in Chesed, to which the function of memory is assigned. This intimates that recall of the cosmic involutionary and evolutionary cycles is the greatest treasure we can unfold. The letter Kaph printed on Key 10 signifies grasp. The great treasure includes ability to comprehend the significance of this cyclic activity and how it can be applied to our personal life.

The 4 of Wands corresponds to the activity of Chesed in Atziluth. The wands, symbolizing Atziluthic vibrations, are formed into a square of finite comprehension. Chesed is the Path of the Measuring Intelligence. Our ability to comprehend the true significance of anything, on any level, is based on right measurement. Evolution displays measurement, system, regulation, orderliness, supervision and control. In occult geometry all these are related to the number 4. This intimates that deeper recall will unveil the significance of these qualities in every aspect of life. They are essential for bringing about our further growth and ultimate freedom.

To bring order, system and regulation into our own life is the essence of beneficence to ourselves. It is also the secret of giving beneficence to others. True beneficence is not merely a matter of excusing transgressions and bestowing our love and bounty upon others. Rather, it is helping them to bring order, system and meaning into their lives. The Measuring Intelligence of Chesed, in its highest expression, comprehends the cycle or development level of another and thus knows what will best serve his growth. Chesed, Mercy, is ever balanced with Geburah, Severity, in the practice of true beneficence. Note that they are both on the level of the Higher Mind. This level of comprehension knows that severity, restriction and discipline are included in the kind of service to others that will bring about their greatest good.

In the performance of the Great Work the Jupiter center must be activated if we are to bring the deeper, more ancient memories of past

cycles into conscious remembrance. Key 14, Jupiter in Sagittarius, is associated with the Higher Mind, which is our means of contact with the Holy Guardian Angel. This higher contact is necessary before we are able to grasp the inner significance of past cycles. Remembrance of the past must also be purged of impurities and error. Incineration, associated with Key 14, is the stage of the Great Work wherein this purging by fire is accomplished.

Incineration is concerned with the deep purging of latent tendencies that remain even after denial of personality in the Putrefactive stage has been successfully completed. There are bonds which the incarnating ego has with past eons of expression which need to be rightly understood as aspects of the form nature and not qualities of the 'I'. Incineration affirms the true origination of everything which is accomplished through personality.

The process of Incineration clears the Jupiter center of errors so that the individual consciousness is able to come into right alignment with cosmic cycles. These errors are associated with the desire nature because most desires originate in ancient, unconscious memory ties. Incineration transmutes the desire nature so that it begins turning away from the magnetic pull of old remembered sensations and turns instead toward an ever growing desire for liberation.

Self-consciousness cannot penetrate into these ancient depths unaided. It is the Holy Guardian Angel who performs the work. Thus He must be invoked. This requires total devotion to all that leads to liberation. In Qabalistic writings this total devotion is related to the Chasidim or 'merciful ones'. They partake of the quality of Jupiter and their consciousness is in harmony with the nature of Chesed.

In earlier lessons you were told that beneficence is an <u>actual</u> substance emanated by one who is in harmony with the 4th Sephirah. It has weight, so that it causes movement or vibration. Development of the actual substance is the fruit of practicing beneficent good will toward all creatures. Learn to bless all things, all creatures, even all situations. Make the development of this <u>feeling</u> toward others the main concern of your whole existence. This <u>substance</u> is essential to the transformation of the desire nature into harmonious relationship with the Higher Self.

When the deeper levels of memory are brought into active influence they unveil to us our union with past cycles of the Life-power's unfoldment, and we actually do <u>feel</u> with all other creatures. They are us in some past cycle, at some point on the wheel of evolution. We feel with all of life because we remember. This is the essence of compassion and beneficence. Our desire nature becomes devoted to helping accelerate the turning wheel of evolution so that the point of joy and enlightenment for all will come sooner in this world of time and space.

For the practice this week we are going to add further and more detailed instructions to help you activate the planetary centers more effectively and in a harmonious, balanced manner.

#### **TECHNIQUE**

Have ready the 4 of Wands, Tarot Keys 10, 14, 18, the violet color card and the Vayu-Apas Tattva. Note that Vayu corresponds to the cyclic symbol of the Wheel of Fortune. Apas is associated with the Moon vibration, suggesting the retentive quality of Chesed.

Begin with deep rhythmic breathing and the intonation of the four Divine Names. Immerse yourself in the ocean of blue-violet light and image yourself as the central figure in Key 21. Visualize the spirals of light, which you hold in your hands, in rapid motion, turning in two directions. The blue-violet light in which you are immersed is fluidic and in constant, rhythmic motion. Intone Ah-oo-mm on the note A.

Now feel the globe of orange light within your heart, pulsating with the beat of your heart. Expand it out and out until it surrounds you and embraces you. Continue to expand it out until there is naught in the universe but this orange light. Image yourself within the sun of Key 19 and feel the substance of love pouring out from your heart, through the rays, to all the directions of space. Intone Ah-oo-mm on the note D.

Next visualize the red Mars symbol appearing below the navel with the arrow pointed toward your yeart. Expand it out and out until you are centered in an ocean of brilliant red light. Visualize yourself in the tower of Key 16 being energized, vitalized, activated by the Lightning of God. Intone Ah-oo-mm on the note C.

We will now return to the orange light briefly before proceeding with the activation of the next center. From now on we will visualize the orange light after arousing each separate center. Through this practice we are symbolically dedicating all our use of power to the Central Ego in a rhythmic, measured beat. Flood yourself again with the orange light-substance as you intone Ah-oo-mm on the note D. Dedicate all your use of power to the service of the One Ego centered in the heart.

Now image a tiny point of brilliant violet light appearing in the vicinity of the solar plexus. Expand it out and out until you feel yourself immersed in wave upon wave of brilliant, fluid violet light. Place yourself symbolically at the point within the center of the wheel in Key 10. Feel the wheel rotating around and around, while you remain poised and motionless at the central point. Breathe in the violet light; feel it permeate your vehicle, entering every cell.

#### (Meditation):

"United with the central point of the Wheel of Life, I feel with all creatures. Their pain is my pain; their joy is my joy. All are beloved fragments of God, ever united in essence; ever united in the eternal longing for liberation. I am one with the angel Michael, 'Like Unto God', pouring out the water of love, consecrating with the liberating fire, to quicken the wheel of evolution so that all the fragments of God will sooner return to conscious union with the Source."

Intone Ah-oo-mm on the note A#. Once again image the orange globe appearing within your heart and expanding outward until all is filled

with it. Dedicate all the energies you have activated to the One I Am. Flow out love to all the directions of space as once again you intone Ah-oo-mm on the note D.

With the integrating ritual this time, and from now on, we are going to add some details that should help you incorporate the liberating energies more effectively into your vehicles. Stand up and raise your arms above your head as suggested for the integration ritual. Reach! Stretch up! Begin flexing and vibrating your fingers rapidly. We want to accelerate the integration of the color energies into our vehicles. Put your attention into your fingers as you continue to keep them in rapid motion. We are now going to receive each of the colors separately and distinctly.

Image the blue-violet light above you, pouring down like a fluid and entering through your rapidly moving fingers. Feel it flowing down through your fingers into your body, filling it with the unique blue-violet vibration. With your arms still above your head, flow it out and out to all the directions of space. Now bring your arms down to your sides and relax them completely, so that they feel heavy. Relax your whole body.

Again raise your arms above your head. This time image the orange liquid light flowing down from above into your rapidly moving fingers; feel it flowing down your arms from your fingertips until it permeates your whole body all the way down to your feet. Now flow it out and out to all the directions of space. Again bring your arms down to your sides and let go! Relax! Try to relax every muscle of your body.

Raise your arms again straight up over your head. This time image the brilliant red light flowing into you through your fingertips, down, down, to your very toes. Pause a moment and then flow the red light out and out to all the directions of space. Lower your arms as before and let go! Relax utterly!

Raise your arms once more with the fingers moving rapidly while you image the fluid violet light entering through your fingertips and permeating your entire body with its vibration. Then flow it out and out to all the directions of space. Lower your arms and relax. As we add the other planetary vibrations in later lessons, add them to this practice in the same manner.

After you have received all the planetary colors into your vehicle, raise your arms once again and image the brilliant white light — indescribably brilliant — pouring into and through your entire vehicle. Saturate yourself with the radiant white light; then pour it out and out to all the points of space.

While performing this Integration Ritual, remember that soft, melodious music will help to heighten your consciousness and make the performance even more effective. Finish, as always, with the tensing and relaxing of all the muscles of your body as outlined in previous lessons. ##

#### Lesson Eighteen

(from the transcripts of class lectures by Ann Davies)

The 4 of Cups, as Chesed in Briah, is particularly related to wealth and poverty, the pair of opposites assigned to Key 10. Mental riches are the result of ability to retain knowledge and use it in creative pursuits that lead to a rich and meaningful life. Mental poverty is expressed by those who do not use their minds to seek knowledge. They mostly live on surface sensations and their life has little meaning or satisfaction.

In the Jupiter center are stored all past impressions. The impressions of success and happiness are recorded there together with those of failure and misery. Unfortunately, most human beings tune in on the records of failure, privation and misery more easily because they have been so prevalent in the past responses of the human race. Even when they recall happy periods, it is a tendency of human nature to color them with emotional attachments and illusive perfections that only serve to restrict the cyclic flow of transformation.

Key 10 has to do with comprehension of the universal laws that govern human destiny. All our acts — mental, emotional and physical — are really transformations of cosmic energy. When we comprehend these laws at work in our personal activities we will also grasp the way misfortune is born. By a misuse of creative imagination we develop ideas and images that cannot help but lead to misery, lack and sorrow.

The relationship between the situations and experiences in our personal life and the universal cycles of activity <u>can</u> be grasped. The important thing is to continuously remember to look for this relationship and reach with your consciousness to grasp its import.

In mythology, Jupiter is called the sky father and the god of beneficent regulation. This refers to the regularity and rhythm displayed by the motions of the heavenly bodies. Herein lies one secret of plenteous supply. Good fortune is the result of following a regularity and rhythm in our personal life that is akin to that set forth in the sky. Sufficient supply is inherent in the One Life. There is no real lack except in the consciousness of man. Through persistent, regular practice in remembering where supply comes from you will effect the dissolution of any affinity you may still have for the ancient patterns of fear and anxiety about material necessities.

The persistent, rhythmic practice should emulate the regularity set forth in the cosmos until the new idea becomes incorporated into the cells of the body. Reiteration makes a new pattern so magnetic that the old fears — even with the power of most of the human race behind them — cannot dominate your consciousness and imagery for very long. What I want to emphasize here is that we do not really possess an intellectually perceived truth, to the extent where it can prevail against the

power of ancient emotional ties, until we possess it with every cell of our bodies. Knowledge is not wisdom until it has become incorporated into every level of the personality complex.

Note that violet, the color of Jupiter, is also the color assigned to Yesod, the automatic consciousness. Through repetition, the automatic consciousness is impressed with patterns that affect its function as rebuilder and maintainer of the physical body. Jupiter is co-ruler in Pisces, Key 18, assigned to the cellular consciousness.

Regular, measured repetition is equally essential in unfolding the expanded consciousness which is the goal of the Great Work. We have to make a pattern of aspiring for knowledge, of remembering our aspiration in all the activities of everyday life. Persistence is imperative, even when it seems to bring little enlightenment, for there may be cycles when growth is not evident to us on the conscious level.

Although regulation and repetition are essential in establishing or fixating a new pattern, this principle, as with all others, has its negative or unbalanced expression. There is the danger of becoming too engrossed in the <u>form</u> taken by a principle we have grasped. Right comprehension of cyclic, repetitive activity includes realization that there is no circumstance or situation or relationship or outer appearance that is forever permanent in the same form that it now presents itself to us. The ebb and flow of life, the rhythm of evolution, is the result of involvement in form, liberation from form, and re-coagulation into a new form. When the Jupiterian vibration is over-emphasized or out of balance, it can express as a desire to hold on to what we think is good now; as the futile attempt to perpetuate the present.

No matter how seemingly beneficial and positive certain forms may appear to be, or have been in the past, — whether they are religeous, political, cultural or personal forms of expression — none of them was ever meant to be, or can be, permanent. This tendency to become emotionally tied to the past is one of the greatest hindrances to accelerated growth, and one of the most subtle. Instead of grasping past patterns for the purpose of projecting them into new expressions, nostalgia or emotionally glamorized memories have a tendency to keep us relating to some past cycle of our own expression or of world expression. The form becomes the object of admiration, and the basic principle is lost sight of.

Any specific form of expression, if held restricted for too long, becomes over-crystallized, dogmatic, stagnant of inspiration and adulterated with error. There may be portions of the original form that are still valid and constructive which can be incorporated into the new cycle, but it will not be exactly the same. All forms in Yetzirah and Assiah are in a state of continuous flux. Nothing in the lower worlds of form should or can be preserved indefinitely. The result of trying is the sin of over-crystallization. Seek to grasp the cosmic principle inherent in any system or form. When we are not bound by precedent we move freely into the next phase of expression related to any principle.

In astrology this tendency toward over-conventionalism is associated with the Jupiterian type. Sagittarians, particularly, are said to have psychological ties to conventions and material organizations of the past. The divinatory meaning of the 4 of Cups is also related to this same tendency. It is said to indicate material gain. Adherence to conventions, along with the intellectual comprehension and general good will associated with the Jupiterian type, gives an individual the abilities and acceptance by others that bring success to his endeavors.

However, the 4 of Cups also carries the meaning of surfeit, or discontent with material success. Success on this level can cause one to become acutely aware of poverty in another area; a poverty as to the real meaning and purpose of life. Sooner or later satiation with material success initiates a search for something higher that awakens the Higher Mind into more conscious influence. This is the nudge from the Angel in Key 14 as He seeks to arouse the Higher Mind into wakefulness. This is what is meant by the doctrine that fulfillment of desire leads to awakening.

To comprehend the meaning of past cycles from the level of Briah is to perceive with the Higher Mind. At this level the perception is free from the illusions in which the emotional nature clothes them. When the Higher Mind is active the memory record stored in Chesed is received into Tiphareth through the Path of Yod. From this level all experiences, all relationships, all situations in the lower worlds are seen to be 'dealings of God with the soul'. One is able to perceive truly that forms serve for a certain greater or lesser cycle, but must eventually be renewed to keep in rhythm with the continuously revolving wheel of life.

Our aim, in the techniques for Jupiter, is to accelerate the activity of this center to where it will be in harmonic relationship with the high tension vibrations from the Briatic level. We want to attune our personal reception of images to the Briatic level of unlimited supply.

#### TECHNIQUE

Have ready the 4 of Cups, Keys 10, 14 and 18, the Vayu-Apas Tattva and the violet color card. Don't forget to include the Tree of Life diagram with all Techniques. Begin with the deep rhythmic breathing and intonation of the Divine Names. Image yourself in the ocean of blue-violet light as the central figure of Key 21. Remember to make your color visualization moving, brilliant and fluidic. Intone Ah-oo-mm on note A.

Fill yourself and all else with the orange vibration, centering yourself in Key 19 as you intone Ah-oo-mm on the note D. Re-affirm your dedication to serve the Central Self in Tiphareth.

Next visualize the red Mars symbol appearing below the navel and then expand the brilliant red light out and out until it inundates all with its vitalizing, activating vibration. Intone Ah-oo-mm on the note C.

Return to the orange vibration by expanding it out and out from your heart. Intone Ah-oo-mm on the note D as once again you bring to mind your dedication to serve the One Ego.

Visualize a point of violet light appearing in the vicinity of the solar plexus. As you expand it out and out, image yourself at the central point of the Wheel of Fortune, united to the motionless point within the ever-moving wheel of evolution.

Pause to meditate on the symbols before you; the 4 of Cups symbolizes reception of the inexhaustible riches of the Briatic World, which is the true source of all supply. Key 10 relates us to the ever-turning wheel of evolution and gives us faith that we will surely reach our goal. Key 14 attunes us to the Angel, the Preparer of the Pathway to freedom. Key 18 shows us the Path, ever ascending in essence, even when we are seemingly descending into the valley of experience.

(Meditation) Remaining at the central point of the wheel in the ocean of violet light, give your meditation:

"I am ready to move willingly with the ever-turning wheel of life. No longer will I tarry on the fascinating by-ways of past glories. I have seen the Eternal in the mutable, the One in the many. I know that the only lasting gift is the gift of the Angel. He is my SELF, bestowing the tests that prepare me and unveiling the truth that guides my feet up the Path to the summit of the mountain where He is awaiting my return."

Intone Ah-oo-mm on the note A# and again feel the violet vibration attuning every cell in your body for reception of Briatic influence.

Again expand the orange vibration out and out from your heart. As you expand it outward fill it with the feeling of love. Feel yourself as the transparent instrument of the One Ego, who is also the Angel, as He performs His work of Love for all the evolving lives on the everturning wheel of manifestation. Intone Ah-oo-mm on the note D.

Perform the Integration Ritual wherein you receive each of the colors into yourself. Remember in this connection that this lesson stresses the importance of repetition, reiteration and orderly sequence.

As advanced aspirants you have undoubtedly come to consider the unfoldment of spiritual enlightenment of primary importance. Do not overlook the great value of reiteration in transformation. The little lives who make up your vehicles respond to a patterned beat. Repetition is not vain, nor does it become a hindrance until the higher patterns are perfectly incorporated into the physical cells. The work we are giving you, under direction of the Inner School, holds its own transitional flow of continuous evolving motion. The Inner Holy Planets we are activating are similarly in continuously evolving motion, so that our reception and realization of the planetary vibrations on any given day are not just the same as they were the day before. ##

#### Lesson Nineteen

(from the transcripts of class lectures by Ann Davies)

Although Jupiter is said to be the planet of good fortune, nevertheless, on the planes of personality, this vibration can express negatively as over-optimism, lack of discrimination and consequent bad judgment. Some mystically inclined human beings perceive truly enough the unity of life and its ultimate perfection, but they have not yet developed the mental discrimination which is able to relate this perception to situations and needs on the lower planes. They apply the long view to the personality levels, where it does not apply in the same way.

It is true we are not our personality, but within the cycles of evolutionary growth we are responsible for perfecting our mental, emotional and physical bodies of expression. The expanded view needs to be applied in ways that will perfect expression in the Kingdom. This requires right measurement of just what is necessary to bring about the greatest beneficence in any given situation. If we attempt to apply the essential perfection of every human being to the evolving levels of expression we run into error. When the expanded view is devoid of finite comprehension it is wrongly measured. To individuals in this cycle, on this plane, at this time, is attributed a beauty, a comprehension and a lovingness that they do not yet possess as a personality.

In varying degrees this misapplication of the long view and subsequent misuse of beneficence gets many aspirants into trouble. What is in need of unfolding is discrimination. It is essential to the proper use of the Jupiter vibration, particularly on the emotional level related to Yetzirah. When there is lack of discrimination, emotional attachments and unthinking sentimentality can lead to the weakness of mercy where severity would be the greater good. Astrologically, the 4 of Swords, Chesed in Yetzirah, is related to Gemini and to this very discriminative faculty.

As we work with the Jupiter vibration, one of our aims is to develop a higher comprehension of the cycles of development as they express through human personality. We want to develop our ability to discern the 'point on the wheel' of an individual, or a group of individuals, so that we will be able to give them the quality of beneficence that is in harmony with true compassion.

In time and space a given personality may be yet almost totally dominated by the lower nature. The Divine Self within is unable to express on the personality levels while the form nature rules with its ancient demands and desires. Such a one is yet too immersed in matter and hypnotized by form to be helped merely by repeated forgiveness of his evils or weaknesses. Indeed, such permissiveness can serve to strengthen the hold of his lower nature weaknesses. Indiscriminate mercy aids evil and harmful tendencies by interfering with the gift of repercussion. For repercussion alone, in the life of the evolving indi-

vidual, is what finally tempers the Vital Soul and prepares the personality for treading the Path of Return.

Of course, most human beings do not consider the Angel's work of tempering the lower nature as merciful. They cry out against the repercussions of their own ignorance. Yet, on the level of the Higher Mind, Chesed and Geburah are balanced and equal. Mercy is not above Severity. The Angel in Key 14 bestows the gift of test and trial and the gift of mercy and forgiveness. He bestows them rightly measured so that they are in harmony with the recipient's point of evolutionary attainment. This is one meaning of the Measuring Intelligence attributed to Chesed. True giving is giving that which will accelerate growth.

This, of course, does not mean that mercy and forgiveness are to be discarded. It is a matter of measurement. One individual, for example, might have great intellectual development and personal magnetism, so that his influence over others is profound. If such a powerful personality were seriously underdeveloped in his feeling for others and ability to express love, he would wield his personality powers with a ruthless selfishness that would be very destructive to the forces of Light. Because of his seriously unbalanced power he would require equally powerful repercussions and trials to make him sufficiently aware of the consequences of his evil use of power. Repeated mercy and forgiveness toward such a one would only cause him to feel contempt for weakness.

On the other hand, a much less developed individual with only the rudiments of a love nature might be better helped by benevolent forgiveness of his ignorant misdeeds. Such treatment would serve as a constructive example that could help him to unfold his latent beneficent qualities.

From this you should see that the right measure of mercy for any particular person or situation cannot be over-simplified. It is dependent upon comprehension of the doctrine of cycles in human development. Such comprehension is the result of a higher frequency attunement to the storehouse of universal memory. Although perfect comprehension of the growth level of any individual is reserved for Adepts, the use of discrimination is the initial requirement. As you continue with this work and open the inner sensorium on the intuitional level you will become increasingly able to 'read' individual records with the quality of comprehension that will also be aware of the right measure of mercy in any given situation.

Undeveloped mediumistic types are able to read, to some extent, the past and future of others because their inner senses are open to the Yetziratic astral level of the Akashic Record; however, their reception is inaccurate and colored by race error because most of them totally lack the comprehension associated with Higher Mind awareness. As in Astrology, mediumistic readers are particularly inaccurate when they attempt to read for anyone more developed than themselves. Since most mediums, psychic readers and so forth are limited in development because their psychism is the result of a left-over tendency from an earlier

cycle of human expression, their counsel is always misleading to any true aspirant.

What I want you to realize is that this same ability to read the Akashic Record, when it is the result of opening the inner sensorium through practice of the Great Work, is what will give you the ability to measure right in your service to others because you will become increasingly able to discern their cycle of development and be rightly guided in the quality of beneficence you give.

#### **TECHNIQUE**

For this lesson the meditation symbols are the 4 of Swords; Tarot Keys 10, 14 and 18; the Vayu-Apas Tattva; and the violet color card. Besides our regular practice with the colors and corresponding intonations, I am going to give you an added visualization practice that will help accelerate purification of the Vital Soul.

For the regular practice, begin as usual by imaging yourself immersed in blue-violet light and centered in Key 21. Remember, the Saturn/Key 21 vibration is the Serpent Power which is essential in the transformation of the personality self into the vehicle of perfected adeptship. Intone Ah-oo-mm on the note A.

Next, image yourself immersed in the orange solar vibration. Expand it in globular form from a point within your heart. Feel yourself receiving and giving the love substance as you intone Ah-oo-mm on the note D. Dedicate all your use of power to the One Ego in Tiphareth.

Now image the vibrant red Mars symbol appearing below the navel. As you visualize it expanding out and out, feel vitalized! activated! alive! energized! — both physically and mentally. Intone Ah-oo-mm on the note C; then return to the orange liquid light by expanding it out from your heart until it completely replaces the Mars vibration. Again intone on the note D and dedicate all your use of power to the One Ego.

Now visualize the violet light. Expand it outward from a point near the solar plexus until it permeates all the directions of space. As you meditate on the symbols before you, determine to exercise more discrimination in your desire to serve others.

#### (Meditation):

"I invite the Angel to purify the Vital Soul of me, so that I can receive His ever-flowing Wisdom, unimpeded by error; so that I can flow it out again, rightly measured to best serve the ever-turning wheel of life."

Intone Ah-oo-mm on the note A# as you visualize yourself centered and motionless at the point within the turning wheel of Key 10.

Again expand the orange solar vibration out until it has replaced the violet light. Intone Ah-oo-mm on the note D. Finish this practice as usual with the Integration Ritual wherein you reach up and receive each of the vibrations of light separately.

# Special Water-Color Ritual

This Water-Color Ritual is to be performed many times each day. It includes visualization of the colors without the corresponding sounds. Persistence in its practice will help you to open your inner sensorium more rapidly. The purification, always related to water, will accelerate transformation of the Vital Soul.

We want to train the automatic level of consciousness so that it reacts to all things as expressions of liquid light. Truly we are fluidic beings. As we become more aware of the flowing quality of all forms, we will more easily be able to release ourselves from any structures of error. The dissolution of inharmonious patterns can be accelerated by a growing realization that they are but temporary shapes taken by the water of substance. This inner water can be reshaped just as water is shaped by the vessel into which it is poured.

Remember, too, as you perform this ritual, that nothing can withstand the power of water. Think of the destructive power of flood waters and the directed power of water in dams and reservoirs. Persist in this ritual until you find yourself remembering it every time you drink a glass of water.

Fill a glass with water. First, bring to mind the image of Key 21. As you look at the water in the glass, visualize it as a blue-violet liquid. Take a sip; feel and see the blue-violet water entering your body and flowing, flowing to every part, then overflowing into your aura. Feel the water washing all through you with its cleansing, awakening, purifying vibration.

Now visualize the water in the glass as orange liquid light. Recall briefly to mind Key 19 and affirm your identity with the vibratory keynote of Solar consciousness. As you take a sip of the brilliant orange liquid, feel it! — entering your body, pouring through every cell, harmonizing cellular consciousness with that of the Sun until each cell thrills with the vibrant warmth of solar energy.

Next, visualize the water in your glass as liquid scarlet. Take a sip of the activating, initiating Mars vibration in liquid form. Feel it entering your body, energizing it, awakening it to increased activity; washing through any structures of error, washing them away with the inexorable power of water.

Next, see the water transform to liquid violet. As you take a sip, affirm to yourself that you are permeating your body consciousness with the expansive, beneficent Jupiter vibration. Proceed with the colors related to the remaining Inner Holy Planets. You have received some instruction on them in earlier courses. Sip green liquid light for the Venus vibration, blue for the Moon and yellow for the Mercury Center. Take seven sips in all, each with the conscious intention of receiving and harmonizing the seven basic vibrations.

This simple ritual takes very little time to do; much less than it has taken to describe. It can be performed any number of times during the day. However, it is advisable to carefully observe two special performances at the same time each day — one in the morning upon rising and the other before retiring. If possible, have a special glass that you reserve for this ritual, particularly when you perform it at the special times.

#### Lesson Twenty

(from the transcripts of class lectures by Ann Davies)

In Assiah, the grasp and comprehension related to Chesed and Jupiter have to do with an ability to regulate, organize and manage material affairs. The 4 of Pentacles, well dignified, carries this divinatory meaning. Regularity in outer endeavors is an important part of attuning to the cosmic cycles. The rhythmic, measured motions of natural forces should make us realize that success in any area of life is based on a similar rhythm and regularity.

One mark of capacity to grasp the importance of regulation and order is expressed by proper utilization of time. When we apportion our time deliberately, we make the strongest possible suggestion to subconsciousness that we want to be in harmony with the cosmic rhythms. Regulation of time, however, does not mean continuous labor or study. It should include periods of rest, ease and pleasure, for they are just as important as periods of deep study and meditation.

This principle is apparent in the cyclic or spiral motion of all things. Note the Path of Return pictured in Key 18. It reaches one peak and then descends the other side before ascent can be started to the next higher peak. Growth and development are not the result of a continuous climb. We descend from a previous height in order to assimilate experience and receive the rest that is necessary for our ascent to the next summit. No one should expect to be always at the zenith of activity. That is not in harmony with the cosmic ebb and flow. All in nature rises, reaches a zenith, descends into less activity and then begins to rise again. In this spiral ascent, each zenith is a bit higher than the one before. This is why climbing a mountain has been used so often as a symbol for the occult path.

Grasping this cyclic activity in your own life should help you to understand periods of seeming inactivity and inertia. As the last sign of the zodiac, Pisces, Key 18, corresponds to the end of a cycle of growth. During such periods we gather strength and incorporate previously reached heights of intellectual and spiritual activity into our physical vehicles in preparation for beginning the climb to the next peak of attainment.

Intelligent application of proper sequence in our affairs is also the basis for the abundant supply and good fortune associated with Jupiter and Chesed. We need not be paupers to be spiritual, as you have often heard. Aspirants may go through cycles of material poverty in order to understand the needs of those who are in serious want, but, in itself, poverty is no mark of spirituality.

What the world recognizes as success is certainly not the whole of it, but it does reveal a well-integrated personality. Most of the people who are comfortably well off in the world are those who are able to organize their time and efforts. Success in any area of life is the result

of applying self-discipline toward gaining the needed knowledge and skills that will bring about the desired goal.

Whether or not that goal brings contentment is another matter. Material success may be, and often is, tinged with selfishness and a desire to appear better than others, but it does reveal a grasp of the importance of order and good management. This grasp should not be discarded in our search for higher expressions of success. We need merely to reorient the direction to more unselfish and inclusive goals.

Worldly success of this kind is usually attributed to keen intellect and knowledge. Yet it always includes a conscious or unconscious use of the powers of imagery and suggestion. In elementary metaphysics and similar groups these powers are used more consciously and deliberately — but not necessarily for higher goals. The idea is given out by some of these groups that, through orderly, rhythmic use of imagery and suggestion, one can impose his personal will or ideas on the Universal Consciousness and force it to bring worldly abundance or whatever into manifestation.

In the lower worlds this method works to a degree because the consciousness of man is formative in the Yetziratic substance which is the foundation for the forms in Assiah. However, unless one has grasped the truth that human consciousness is a Ray of the One I Am, the forms manifest bring little fulfillment. Until desire is concentered with the Universal Creativeness of Briah, the forms brought forth do not bring any more lasting happiness or true fulfillment than those brought forth by the business man who has learned how to make his business succeed.

However, this use of imagery does serve, even when it brings negative results. It can help us to grasp the power of suggestion and realize that it is in operation all the time. Furthermore, if we seek beneath the surface, the distortions inherent in the situations we manifest can help us to unveil certain errors in our subconscious responses. Eventually disappointment and satiation with material acquisitions brings us to the point where we know that for us the use of imagery and suggestion should be directed toward spiritual becoming and no longer toward mere having or doing.

We cannot image in ways that bring true fulfillment until we have dedicated all our use of desire to the Higher Self. Dedication will open you to the higher images descending from Briah that embody Atziluthic purpose. Then what comes into manifestation through your instrumentality will be the embodiment of a portion of the Great Plan for bringing about the accelerated evolution of the whole human race.

In Astrology, Jupiter is exalted in Cancer, Key 7, which portrays the Chariot as the vehicle of personality. The Greater Beneficence for all the kingdoms of nature is to be brought into manifestation through the instrumentality of human personality. When our desires harmonize with the Great Plan, all our real needs are fulfilled.

To bring our desires into harmonious relationship with Briah, the creative power of the Vast Countenance, requires purification of the Yetziratic substance. In natural man the Briatic images are distorted by errors in the memory record related to the Jupiter center. Yet this record, which is received by us in symbols, can be read above the level of distortion when we become attuned to a higher frequency reception. That is what we are working toward in our practices. We are also accelerating our cycles of growth. As you know, this does not eliminate any cycle; it just compresses them so that we have more experiences and problems and should learn from them more rapidly.

The important thing in the accelerated growth process is to get all situations into proper perspective. Ask yourself, when you have a seemingly serious problem, "How much will this matter a hundred years from now?" This does not mean we should neglect finding the solution to problems, but it should help us to stop giving unhappy situations undue importance. When we view with proper perspective we are better able to control the kind of emotional intensity and anxiety that so inhibits the kind of clear thinking that could reveal a satisfactory solution.

On the other hand, the expanded view is sometimes used as an excuse for avoiding confrontation with the problems that life presents to us. Always, there must be balance in the use of any vibration. Some people attempt to get away from problems of self-discipline by saying, for instance, "I am determined to keep a positive point of view. I am determined to keep my emotions uninvolved and untouched." We should keep a positive point of view, but using the Jupiter vibration to avoid responsibilities does not help growth.

The constructive way is to see every situation — happy, unhappy or even miserable — as a test by the Angel. Every circumstance needs to be seen as a 'particular dealing of God with my soul'. When we remember to do this, everything is automatically brought into proper perspective. This is not the same as trying to avoid problems. The way that leads to fulfillment and true riches is to assume responsibility for immediate problems while employing the larger view to get ourselves into right perspective. This will give us that inner strength which always sees us through any problem and helps us to realize just what past expression of error was probably responsible for it.

Key 10 is assigned to the Western face of the Cube of Space. It corresponds to the present as the culmination of all that has gone before. When we begin to detect the probable past causes of our immediate situations, we will have the key for bringing about better and more harmonious results in the future.

### TECHNIQUE

The meditation symbols for this lesson are: the 4 of Pentacles; Keys 7, 10, 14 and 18; the Vayu-Tejus Tattva; and the violet Color Card. Begin with deep rhythmic breathing and the intonation of the Divine Names. After you have become thoroughly familiar with these intonations they can be performed silently when audible intonation is difficult because of lack

of privacy. The important thing is to keep a daily rhythm going. If you do them silently, be sure to breathe in and out exactly as you would if the intonation were audible. This is almost as effective as actual intonation because it sets up vibratory motion in the subtle levels. However, be sure to reinforce inaudible intonations with actual intoning whenever possible. This is essential for keeping the pattern effective on all levels of expression.

Visualize the blue-violet liquid substance surrounding and sustaining you. Become the central figure in Key 21. The blue-violet vibration is related to energy that moves toward concrete manifestation, toward actual demonstration. Visualize the spirals you hold in your hand in motion. Remember, the left-hand spiral turns left; the one in your right hand turns right. Image them turning simultaneously, maintaining the balance of continuous integration and disintegration. Intone Ah-oo-mm on the note A.

Now feel the orange point of light within your heart. As you expand it out, do all you can to feel it as the substance of beneficence and love. Intone Ah-oo-mm on the note D and dedicate all the energies you are activating and emanating to the service of the One.

Next, image the scarlet Mars symbol appearing below the navel with the arrow pointing upward toward your heart. As you expand it out to where it fills your body and aura, feel it activating, energizing and stimulating your ability to think and act constructively. Affirm your intention to dissolve any structures of error in your personality that are inhibiting the ascent of energy to the organs of spiritual perception. Intone Ah-oo-mm on the note C.

Return to the orange vibration as usual, again dedicating the energies activated to the service of the Liberated Ones who embody the Great Plan for the perfection of humanity. Intone Ah-oo-mm on the note D.

Now visualize the vibrating, moving violet light expanding from the area of your solar plexus until it permeates all. Meditate on the symbols before you, endeavoring to open yourself to new enlightenment as to their synthesized import. Now center yourself with Spirit at the inner point of the turning wheel in Key 10. You are symbolically in union with the Archetypal world, emanating the divine impulses that flow out and out to the circumference in Assiah. Affirm your intention to synchronize all your personal activities with the greater universal cycles so that the Wisdom and Purpose of the evolutionary process will become increasingly revealed to your conscious mind.

(Meditation) Then give your meditation:

"I submit my every action to the Angel of Temperance, that He may harmonize the energies that express through my personality with the cosmic ebb and flow. He is preparing me for conscious union with the Center of the wheel, the point of final liberation."

Intone Ah-oo-mm on the note A#.

Now expand the orange light out, filling all with the substance of love, of integration and of union. Intone Ah-oo-mm on the note D as you again dedicate yourself as an instrument of the Ego, as a transparent center for bringing His Perfect Plan of universal love and unity into expression in Assiah.

Stand up and perform the Integration Ritual outlined in Lesson 17. Remember you are not performing these rituals alone. The power of many centers of light, in a harmonious, rhythmic unity of purpose, is with you. This work is the gift of those ahead of you on the Path. Do not let anything interfere with a rhythmic pattern of performance.

Remember to perform the Water-Color Ritual as described in Lesson 19. We realize that all this takes concentrated effort, but you have reached the place in your development — if you have been reasonably faithful in your long years as an aspirant — where the wisdom of putting this work first should be apparent to you. ##

#### Lesson Twenty-one

(from the transcripts of class lectures by Ann Davies)

The Empress, Tarot Key 3, is a symbolic representation of the Inner Holy Planet Venus. The corresponding chakra is the Vishudda chakra or lotus at the well of the throat. As a focus for super-personal energies this Interior Star responds to the green color vibration and to the tone F#. On the Tree of Life, Netzach, Victory, is the sphere of activity for Venus.

The Empress is the sea-born Venus — mistress of beauty, goddess of love and inspirer of the arts. Psychologically, Key 3 corresponds to the human function of constructive creative imagination. When human imagination is directed, controlled and inspired by higher mind intuitions, it brings into manifestation the cultivating, beautifying, love-inspired creations that are the basis of human evolution.

On the Tree of Life, the Empress is the Luminous Intelligence of the 14th Path of Daleth. Imagination is that which fashions the subtle light substance into forms introduced by desire. The human expressions of desire and strong emotion, related to Netzach, are the main determiners of the trend and quality of both conscious and subconscious imagery. It is emotion softened by love, by fondness for beauty and by affection that turns the untempered desire nature away from undue preoccupation with sense gratifications and self-seeking drives.

This cultivating aspect of Venus is shown in Key 8. The woman is again Venus transforming the quality of emotion with her power to arouse love, affection and appreciation for beauty. In this she is closely related to the kama-manas of Hindu Philosophy, which refers to the uniting of emotion and desire with the growing human intelligence that discriminates and reasons. That is, through the union of intelligent perception with the power of desire, the emotional nature is gradually transformed into an ability to love. As the desire nature becomes engrossed in increasingly more loving and beautiful images, the formative power of imagination brings correspondingly beautiful and harmonious creations into manifestation.

This combination of conscious mental activities with subconscious elaborating activities, inherent in the function of creative imagination, is shown also by the Tarot sequence of numbers. As Key 3, the Empress suggests the sum of Key 1 (self-consciousness) and Key 2 (subconsciousness). Imagination utilizes mental thought powers to correlate, combine and synthesize remembered experiences and desires. This results in new conceptions that eventually lead to the birth of new creations.

Daleth, the Hebrew letter on Key 3, means the door. It is often used as a symbol for the womb which receives the seed of the father, nourishes and grows it, then sends it forth into birth as a new creature. The power of imagination to re-combine remembered images through

mental processes and to receive new images from super-conscious planes is the door through which form creations in art, music, science and all cultural fields of human endeavor come forth into manifestation.

The 7 of Wands depicts the Divine Triad as the overshadowing director of the square of mental comprehension. When our mental images, which have actual form in mental substance, are under the direction of intuitional impulses from the level of Atziluth, the ideas brought into mental form become true, undistorted reflections of archetypal principles.

The 7 of Wands has the divinatory meaning of valor or courage. When the desire nature is attuned to intuitive reception of archetypal principles, an individual has the courage and confidence in the validity of his creative ideas that makes for greatness in some particular field of artistic endeavor. True creative geniuses have an inherent confidence in the quality of their ideas. They also share an intense emotional devotion and total engrossment in their chosen line of creation.

The capacity of genius for bringing forth great beauty and originality is the result of a level of intuitive reception that is able to grasp true universal harmonies, symmetries and number relationships. It is the level of receptivity that marks the difference between genius and lesser creators. Genius is able to receive true Briatic images from above, together with accurate recollection of past treasures in the subconscious storehouse. Lesser, but still effective, artists in any field are mostly receptive to the images and ideas in the subconscious storehouse which they are able to recombine and synthesize into beauties and functional uses that are in harmony with the present cycle or era of expression.

Incidentally, creative geniuses may be quite imperfect personalities. Virtuosity is often the result of a personality unfoldment wherein balance has been sacrificed for a single-minded focus of attention in one particular area of development. However, despite serious lacks or emotional immaturities, genius always displays a deep devotion and unwavering integrity toward that which he receives and is impelled to bring into outward expression. He may not have this faith and courage in other areas of life, but he has it toward his creative ability. This unwavering fidelity is what actually attunes him to the level of supremacy in his chosen field.

The day-dreamer who contemplates innumerable ephemeral ideas is ineffectual because he lacks the direction, discipline and intense caring that are necessary in order to bring imaged ideas into manifestation. The chaotic visions of the insane result from total lack of direction and from a level of image reception that is attuned to the delusions, illusions and grossly distorted impressions in the lower frequencies of the Astral Light.

All effective creators differ from mere dreamers and the delusions of the insane in that the creative impulses they receive are based on true

principles that are in harmony with the cosmic order. Thus Key 3, relative to Atziluth, symbolizes the rich fertility human imagery can bring into manifestation when that imagery is in harmony with archetypal principles and with the truth that this is a universe of love, expressed through Beauty and bound to be Victorious.

Just as with creative geniuses, the creation of the New Personality of Adeptship begins with <u>deep devotion</u> to truth and a strong, intense desire to bring that perfection into manifestation. These qualities initiate the kind of imagery that is in harmony with the desired goal.

In the practice of the Great Work, creative imagination is particularly active in the 2nd stage called Congelation, corresponding to Key 5, Taurus, ruled by Venus. In this stage the imaginative faculty is devoted to elaborating the impulses received intuitively from the Hierophant or One Teacher.

Congelation follows the 1st stage called Calcination. Only a still mind can hear the Self, but before the silence will bear fruit, we must be duly prepared. The ministers kneeling before the Hierophant intimate the preparation required for receiving His instruction.

The roses and lilies on the vestments of the ministers relate to the mental and emotional natures. They symbolize devoted practices for acquiring right knowledge and for cultivating the desire nature. Through this preparatory work, subconscious imagery begins to alter the structure of the vehicles. The ministers kneel before the Hierophant because there is a need to give up personal pride in intelligence, in talent, in wisdom, in spirituality. True humility as to our personal attributes is required in order to promote the quality of suggestion to the subconscious image-making power that will attract higher substance into the vehicles of perception. This subtilized structure is what brings attunement to the Inner Voice.

The four-tiered crown and staff of the Hierophant intimate that the instruction received encompasses an awareness of all four worlds. It is through perfection or completion of structure that the so-called expanded awareness becomes operative in a given individual. All the worlds or planes are but varying degrees in the density of light substance. The substance is the One Substance out of which all things are made. Imagination reflects images to the self-conscious mind from these inner realms upon which we dwell.

Through directed conscious imagery, such as our practices outline, we are building the kind of structure that is able to consciously attune to the vibratory frequencies of every plane. We are also becoming ever more valuable instruments through which the One Teacher can project mental images that will eventually bring all of life to perfection.

## TECHNIQUE

In this technique I want you to hold the intention of becoming increasingly more aware of yourself as an instrument for the expression

of love. Love is strength! We are not so much concerned with enhancing our capacity to love as becoming aware that we are love. Then capacity for its expression becomes automatic.

The symbols for arousing the Venus vibration in harmony with Atziluth are Keys 3, 5 and 11; the 7 of Wands; the Apas-Tejas Tattva, which has a large white crescent combined with a small red triangle, symbolizing the water of the stream of mental imagery with the fire of Netzach.

Image yourself within Key 21. Breathe in blue-violet light. Fill yourself with the vibration that is rooted in the Mother, Who nourishes and grows the quality of love. Intone Ah-oo-mm on the note A, and send out the liquid, vibrating blue-violet light — filled with love — to all the directions of space.

Image yourself within the Solar Orb of Key 19. Flood yourself with the orange vibration. Assimilate it! Pause to feel the quality of love in your heart; then emanate that feeling out and out. Intone Ah-oo-mm on the note D.

Visualize yourself within Key 16, permeated with brilliant red light. When this light is directed by love it washes away darkness. Intone Ah-oo-mm on the note C.

Return to the orange vibration and Key 19. Dedicate all your use of power to the service of the One Ego. Intone Ah-oo-mm on the note D.

Permeate yourself with violet light. Image yourself at the center of the turning Wheel of Fortune, Key 10, harmoniously blended with the cosmic ebb and flow. Intone Ah-oo-mm on the note A# and send out the beneficence of Chesed to all the directions of space.

Return to the orange vibration, as before, and again intone on the note D.

Now meditate on the symbols before you related to the Venus vibration. Visualize yourself as the Empress, holding the scepter of dominion in your right hand and the shield of the love that brings peace in your left. She is the love that builds, the love that nurtures, the love that transforms all into an instrument of Itself.

(Meditation) Remaining as the Empress, give the following meditation:

"I am united to the principle of love, which has dominion over all the universe. Love is really the easiest quality to feel, the easiest to hold, the easiest to give, the easiest to receive; for that which is One and Alone is the unfailing strength of love."

Flood yourself with brilliant green light! Breathe it in! From the center of your being, pour it out! To build! To grow! To evolve all forms into perfect reflections of love. Intone Ah-oo-mm on the note F#. Send this tone out and out into the world to carry the message of love to all the Kingdoms of nature.

Finish as always with the synthesizing and integrating exercises.

#### Lesson Twenty-two

(from the transcripts of class lectures by Ann Davies)

It is through a specialized use of imagination that we eventually become receptive to higher rates of consciousness. Basically, the imagery consists of remembering to visualize all forms in our environment as forms of spiritual light. It brings about a gradual change in our emotional reactions to things, to other people and to the circumstances and situations in life.

The altering of emotional response is related to the stage of Sublimation in the Great Work. This stage is concerned with exalting and elevating the emotional-desire nature, which in turn brings about a natural upgrading in the quality of habitual mental imagery. Astrologically, Sublimation is assigned to Libra, ruled by Venus. As we alter our emotional responses we alter the chemistry of the blood and the operation of glands in the throat center.

Establishing new lines of thought and reaction is accomplished through the kind of creative imagination that attunes us to reception of broader aspects of cosmic law. Through deliberate imagery we can bring to bear a higher expression of the law of karma on our individual development. In Key 11 the scales symbolize the balance of cause with consequence. By transforming the cause, always the result of our use of creative imagination, we also transform the consequence. By enhancing our capacity to love, to understand and to grasp the law, we are able to strike the balance of our mistakes with less pain.

The gradual change in emotional response is the result of an increasing contact with intuitional guidance. Our first awareness of such guidance usually comes to us as impressions on the brain consciousness. These impressions may seem, from the level of the concrete mind, to be our own ideas. It is their quality of enlightenment, their verity in relation to many situations and observations, that should alert us to their source. They are the first 'touchings' of the Self to our personal level of consciousness.

The stage of Sublimation includes elimination. This is intimated by the assignment of the kidneys to Libra. Sublimation is eliminative because a sublimated emotional expression necessitates the discarding of any tendency to dwell upon and nourish thought forms or images that are not in harmony with our goal of perfection. By careful watching we can eliminate the tendency to concentrate on situations we do not want to experience.

The woman in Key 11 holds a sword, zain, related to discrimination, as well as elimination. Sublimation requires mental discrimination. It is desire tempered and defined by intelligence that matures and ripens the emotional nature. In order to cope with personal emotion there must be an equilibrating period, symbolized by the scales in Key 11. Intense emotion is power, as you have so often heard. When this power is ener-

gizing personal worries, anxieties and desires, it is 'out of balance' on the side of personality involvement and the power is not available for higher aspiration. On the other hand, with some mystical types, emotion is turned almost completely toward inner aspirations and visions. The emotions energize imagery that is not in harmony with the realities of this world in which we are unfolding and evolving. This, too, is 'out of balance'. In this case the emotions energize images that do not have the mental grasp behind them which gives them manifesting power in Assiah.

Emotional intensity must tread a razor's edge of balance between inner concerns and outer activities to bring about true sublimation. Meditational periods must be balanced with activity wherein we apply the counsel we received to the experiences and situations of this world. Both are necessary to bring about alchemical Sublimation. The suggestions to subconsciousness that transform our vehicles must be applied through mental imagery that can be acted out in life situations.

Remember, emotion is not in itself negative at all. It is power! Emotion intensifies any mental thought form. When it begins intensifying forms which embody Briatic inspiration it becomes sublimated emotion. Aspiration is sterile without emotion. It remains unrequited on a subtle plane because it lacks the power that drives it into manifestation.

The units in the 7 of Cups form two triangles pointed in opposite directions, with one cup at the center representing the point of equilibrium. Mental equilibration is the result of perceiving the principle which unites expression in opposite directions. It culminates in victory over emotional excesses. Furthermore, it prepares the mind to grasp a higher pair of opposites of which the previous point of equilibrium is but one pole.

However, even equilibrium must be discriminating. On the growing, developing levels this ability to balance extremes can express as a vacillation and appeasement of others. Mental equilibration can perceive both sides and their relative validity so clearly that there is a tendency to refrain from any action. Appeasement also results from a fondness for peace and pleasant situations, astrologically related to the Libran type. Although it is true that a one-sided point of view that refuses to consider opposing ideas certainly becomes dogmatic, fanatical and unscientific, on the other hand a too-balanced evaluation of contending views can result in indecisiveness. Key 11 is named Justice. True equilibration demands a just decision based on principles of natural law. It is arrived at through use of the sword of discrimination in order to perceive slight variations and to make subtle evaluations that can arrive at a fair decision. True Justice is a balance between dogmatic severity and indecisive appeasement.

Ability for true justice necessitates intuitive perception of truth. Essentially, intuition is the way the One Life communicates knowledge of Its purpose, and the steps related to the manifestation of that purpose, to the personal consciousness of a human being. How much we are able to comprehend is dependent upon our development level.

The visualization work we do is designed to accelerate our individual evolution so that we can receive and comprehend the wisdom of the One in ever greater measure. Essentially, it is through practices of compassion, through the way of life exemplified by a Chasidim or Exempt Adept that we accelerate our evolutionary development. There is a close tie between Venus and Jupiter, between Netzach and Chesed. The practice of compassion makes one receptive to the stream of force flowing from Chokmah into Chesed through the Path of Vav; then into Netzach through the Path of Jupiter, where it transforms personal expressions of desire and emotion into higher love, universal compassion and divine understanding.

Note that the Empress, who symbolizes the kind of imagery that is concerned with love, harmony and beauty, has 7 pearls at her throat. It is through her influence that the 7 centers are brought into the kind of harmonious interaction that prepares us to express the quality of compassion associated with the Exempt Adept.

### TECHNIQUE

For the practice this week have ready Tarot Keys 3, 5 and 11; the 7 of Cups; and the Apas-Tejas Tattva. With this Technique we want to enhance our ability to receive the quality of images that will help establish the active dominion of love over the entire planet earth.

As you have often heard, accelerated individual development is assured to those who surrender themselves with devotion and dedication to helping in the evolution of this planet. This is the real meaning of learning to pay our karmic debts in higher currency. There is a great need at this time for a concentrated outpouring of beneficent energy for our planet. As a group working together we can do much. We are going to flow out love to encompass the planet. In this way all centers of consciousness can receive it to the limit of their present capacity. As they do they will inevitably begin growing toward a yet greater capacity to receive and respond to love.

For this Technique we are going to visualize ourselves as centered in and encompassing the earth. Begin as usual by establishing rhythmic breathing and intoning the Divine names.

Now image the planet earth as a globe of transparent liquid. Visualize your head above the earth at the North Pole. Your feet are just below the South Pole. Visualize your arms stretched out through the equator so that you form a cross. This is the cross of unity; the cross that unites substance with spirit.

As we go through the vitalization of the Interior Stars, feel yourself as one with the entire earth. When we visualize the colors and intone the notes, think of the vibrations aroused as cosmic energies that are upgrading the consciousness of the entire planet.

Still visualizing yourself as the cross of union that holds the world in form, superimpose upon it the image of the World Dancer in Key 21. From the crosspoint of union, visualize the liquid blue-violet light flowing out and out, permeating the entire globe with its vibration.

As you intone Ah-oo-mm on the note A, feel the sound vibration, harmoniously blended with the blue-violet light, resounding throughout the planet.

Holding the visualization of yourself within the planet, superimpose Key 19 upon it. From the point of union on the cross, which coincides with your heart center, flow out the orange vibrating light until it permeates the planet. As you intone Ah-oo-mm on the note D, send forth the sound in concentric circles to blend with the orange light. Together they permeate the planet with healing and love.

Now superimpose Key 16 upon your planetary visualization. Pour forth the vitalizing, activating red vibration until it fills the earth. As you intone Ah-oo-mm on the note C, send out the sound to awaken the seed of love in all things into greater activity.

Return to the orange vibration by repeating the visualization and intonation with Key 19.

Now superimpose Key 10 upon your cross. The center of the wheel should coincide with the center of the cross. Flow out violet light from that center to encompass the earth. As you intone Ah-oo-mm on the note A#, feel the sound vibration blending with its correlating color.

Return to the heart center visualization, repeating it as before.

Now, remaining as the cross within the earth, meditate on the symbols before you. They all have to do with bringing Briatic images of love, harmony and beauty into manifestation through the agency of human creative imagination. Superimpose the Empress upon your cross. Flow out brilliant, vibrating green light.

(Meditation) Remain in this visualization as you say:

"From the point of eternal union flows the inexhaustible love which emanates from the Crown. It flows, without cessation, into the lower worlds, fashioning garments of beauty, harmony and victory for the perfect expression of love in all the Kingdoms of earth."

Intone Ah-oo-mm on the note F#. Visualize the sound vibration blending with the liquid green light. Together they encompass the earth with the unfailing power of love.

Repeat the intonation and visualization for the heart center.

Dedicate yourself to becoming an ever more adequate instrument for the establishment of Love and Brotherhood throughout the planet.

Finish in the usual way, keeping in mind that you are primarily sending out healing and blessing to every inhabitant, great or small, that is part of our planet earth. ##

#### Lesson Twenty-three

(from the transcripts of class lectures by Ann Davies)

Wisdom and folly are the pair of opposites attributed to Daleth. Wisdom, because rightly directed imagery leads us to Victory. Folly, because uncontrolled emotions result in unstable, chaotic images that drive us into all kinds of foolish and unhappy circumstances.

Yetzirah is a field of processes and ever changing mutable forces. In natural man this same instability marks the desire nature which is subject to extremes of emotion, swinging from joy to sorrow, love to hate, ardent interest to sluggish inertia. To bring the feeling nature under more control is perhaps the most predominant need of the human family during the present cycle.

Much of the emotional pain and unhappiness suffered by so many is the result of illusions built up from desiring and expecting permanence on a level where permanence is not to be found. Whatever stirs our emotions affects our imagery, particularly the subconscious stream of images that goes on all the time. Control of imagery is said to be the secret of dominion, but it cannot be controlled without controlling the emotions. Chaos, disorder and unhappiness in life are the result of chaos, disorder and unhappiness in the predominant imagery held by millions of minds. The formative substance of Yetzirah is attracted around false ideas and images just as readily as around true ones, particularly when the reproductive power of intense emotion is applied to them.

Yet recall that 7, the number of Netzach, is also the number of equilibrium, rest and peace. It is the very swinging of emotions at one stage of our development that gives us the knowledge of opposite expressions which is essential for eventually bringing them into balance. We cannot know the point of equilibrium for any principle without first knowing its extremes. We cannot gain rest from conflict until we have exhausted the knowledge of contending views.

The 7 swords of Yetzirah are arranged in the same formation as the 7 wands of Atziluth. This suggests that the desire force of Netzach on the Yetziratic plane, which itself is related to the emotional nature, is akin to the Divine Desire attributed to Atziluth. Our personal desires and emotions are reflections of the archetypal purpose behind manifestation even though, on the evolving levels, they reflect a yet imperfect expression.

Netzach is the base of the Pillar of Mercy. Human emotions are the fertile ground in which the highest love and wisdom are nurtured and developed into more adequate expression. Do not forget that it is the fire of emotion which gives manifesting power to mental images. Netzach is a fiery Sephirah. There is a red fire triangle on the breast of the Empress. In mythology, the secret relationship between Venus and Mars intimates that the fiery Mars force is the active principle in Creative imagination.

From this you should see that emotion in Yetzirah, related to our astral vehicle, is the power of all-encompassing love at one level of expression. It is an aspect of the universal attractive, integrating, unifying energy. Through the agency of creative imagination, the capacity for love grows out of base emotions until it reaches the heights of selfless, universal love.

So long as the images we create serve only personal level desires, we are still unduly influenced by the delusion of separateness and not yet freed from the consequential pain. Yet it is from the repercussions of immature desire that we deepen our feeling nature and expand our understanding of love.

It is a tendency of our age to be so enchanted and glamourized by the ideas of personal, romantic love that the subjugation of discrimination, reason and perception to its fulfillment has been idealized as the ultimate in love. Because of this pervading glamour, all of us, at some time or another, have rationalized away mental doubts and overwhelmed discrimination to serve our romantic image of a personal love. Then we have gone through the conflicts, disappointments and sorrows which are the inevitable result of letting the emotional nature rule the mind. In common parlance this is fondly called "letting the heart rule the head". But, in this case, it is not the heart center that is in command; it is the emotional center. When we subjugate the mind and its power to create mental images for the fulfillment of unrealistic desires, we cannot help but experience pain.

However, such experiences serve to deepen our capacity to love and to sympathize with others in similar sorrow. That is why I have often admonished you not to be afraid of personal love; not to stay away from it in order to avoid pain. Personal involvement develops depth, unselfishness, kindness and true affection. It deepens the capacity for love through suffering; for in no other area of life are we quite so prone to suffer, as anyone will admit who has been through it and is willing to remember the consuming quality of a passion that obliterates all else in its concentration on one individual.

Yet we must realize that personal love, so long as it remains merely personal, is not the ultimate in love. Its very exclusiveness is tinged with the delusion of separateness. In its usual expressions, this kind of love is too possessive, too ready to be hurt, too easily turned to hatred, too unbalanced in its concentration, too swayed by illusive images to be the perfect expression of higher love.

We should also remember that there was always a cooling of the flame. The fire of passion depends on the illusions of what we expect another to be. We project our personal image of perfection on another and then become disappointed when day-to-day experience brings awareness of inevitable discrepancies. Love has to be purged of its possessiveness, its bias and its tendency to create illusions of perfection for the beloved that no personality could possibly express.

Furthermore, in a passionate love affair we have become intensely caught up in psychic level attractions which are often negatively induced, as I discussed in an earlier course. The problem arises from mistaking the Yetziratic level of attraction for its higher expression in Briah, which is always united to Wisdom.

The love which is united to Wisdom can express personally toward an individual for that which he truly is. It does not get caught up in the illusions of what love ought to be. The more mature, enduring expressions of personal love survive the cooling of passion because they partake of deep affection, concern for the other's welfare and the finding of joy in the joy of the beloved. Love is caring; love is giving; love is concern. It can express in marriage, or in many other relationships. It stirs the emotions, but, because it is not based on illusion, it is balanced and enjoys the peace and rest symbolized by the Empress' shield of love.

The attractive power of the universe is behind all expressions of personal love, whether it is an emotional attachment that lasts only a day or endures for a lifetime. The intensity, the bliss, the consuming quality of personal love is an indication, but only an indication, of the love, united to wisdom, that unites us to the Ego, seated within the heart.

#### TECHNIQUE

For this Technique the emphasis will be on helping us to gain control and bring equilibrium to the emotional nature. We want to be able to experience the peace and victory of love by freeing it from dependence on other people, circumstances or illusions that have been built up in the Yetziratic pattern world.

The symbols for this lesson are Tarot Keys 3, 5 and 11; the 7 of Swords; and the Apas-Tejas Tattva.

Begin with the deep breathing and intonation of the Divine Names. Visualize yourself within Key 21 in an ocean of blue-violet light. As you intone Ah-oo-mm on the note A, feel the stabilizing, quieting quality of the Saturn vibration pervading your emotional nature with peace and tranquility. Send out this feeling of peace to all the directions of space.

Visualize yourself within the Solar Orb of Key 19. Feel yourself pervaded with the joy, gaiety and sunny disposition related to the orange vibration. As you intone Ah-oo-mm on the note D, pour out this joy to help heal the sorrows and sickness of all who dwell on earth.

Image yourself in Key 16 within an ocean of vibrating red light. Feel the energy, the stimulation of the fiery Mars energy. It will awaken your feeling nature from any apathy or dullness. As you intone Ah-oo-mm on the note C, send out this stimulating energy to vitalize the feeling nature for anyone on earth who is in a period of apathy and lack of interest toward life.

Return to the Sun Center. As you intone D, dedicate the energies aroused to the service of Light.

Image yourself in Key 10 in an ocean of liquid violet light. This time feel yourself as one with the blue sphinx at the top of the wheel. She carries the weapon corresponding to the element of air, which stands for conquest in Yetzirah. She is the perfect blending of the fiery emotions with mental discrimination. As you intone Ah-oo-mm on the note A#, flow out the sound to blend with the color in order to establish equilibrium in Yetzirah for all of life.

Return to the heart center intonation and dedicate the energies to the One Ego in Tiphareth.

Now meditate on the symbols before you. The Empress in her garden portrays peace, tranquility and beauty; the woman in Justice is concerned with the equilibration of contending forces; the Hierophant teaches the Way of Wisdom which is the middle Way; the 7 swords refer to Victory and conquest in Yetzirah, related to the emotional nature.

Visualize yourself as the Empress in her garden within an ocean of liquid green vibrating light. You wear the 7 pearl necklace at your throat. Feel the vibrant green light washing through you with caressing affection.

### (Meditation):

"It is love that stills the storm of unruly emotions; it is love that brings the seven stars into harmonious activity; it is love that prepares me to receive the Wisdom of the Hierophant and to approach the sacred door into the Fifth Kingdom."

Intone Ah-oo-mm on the note F#; send out the tone in concentric circles to blend with the ocean of liquid green light.

Return to the orange vibration and once again pour out your love to embrace every creature on earth. Perform the integration Ritual with all the colors blended and balanced; then tense and relax your body to establish this harmonious blending in your physical vehicle. ##

## Lesson Twenty-four

(from the transcripts of class lectures by Ann Davies)

Geometrically, Netzach is related to the seven-sided heptagon and hexagram. This figure can only be drawn with skill born of trial and error. Thus 7 is the number of mastery, conquest, art and Victory. The truly masterful use of creative imagination requires knowledge of the exact limits or boundaries needed for any particular manifestation. The highest forms of mental creation necessitate skill which includes perception of number relationships between the various forces that are actually the operative principles at work in the building processes of the universe.

Netzach is the Hidden or Occult Intelligence because the manifesting power set into motion by desire is not unveiled from outward indications. To be open to the hidden knowledge of formation, there must be a linkage or attunement to higher guidance. The deepest secrets of formation, which lead to purposeful manifestation in Assiah, are not written in books. They are the result of Inner Teaching.

We begin with the desire to be a more adequate instrument for the Life-power. As we dwell upon this image, the Vital Soul sets activities into motion that transform us. When sufficient transformation has taken place, we receive the secrets through interior hearing. It is when the predominant trend of our desire nature has become more than personal that we come into harmony with the Occult Intelligence. When we are duly prepared we become an instrument through which the Life-power can produce forms in Assiah that will eventually bring the Brotherhood of Man into actual manifestation.

The 7 Pentacles, like the Cups, show a balance of one unit between two triangular formations; one turned upward and the other downward. In divination it has the general meaning of loss or inconsequential gain. It has to do with a stage of equilibrium that causes a temporary stalemate. A too-balanced scale between higher aspirations and unsatisfied personality wants can lead to the indecisiveness and lack of action related to ill-dignified Venus vibrations. The indecisiveness, resulting from conflict of desires, makes the emotional nature sluggish and unable to give impetus to desires in either direction. This temporary loss of either outward ambition or higher aspiration should be recognized as a point of relative balance. As the wheel of life experience turns, it will bring higher aspiration into definite ascendancy.

Thus the 7 of Pentacles, as Netzach in Assiah, has to do with a period wherein the erstwhile concerns of the desire nature are no longer powerful enough to bend creative imagery to their needs. At this same point the growing power of higher aspiration is not yet defined enough to take over control of mental imagery. The individual in this kind of cycle may attempt to image for material desires, but, because the fire of Netzach is no longer centered in that area, his attempts result in very little

success, or even in actual loss. This should make him realize that <u>for him</u>, material imagery is no longer positive or progressive.

It is time for him to direct the power of desire toward gaining the necessary knowledge and acquiring the needed skills that will prepare him to receive more distinct images related to his higher aspirations. We cannot create the images of perfection for ourselves with only the limited experiences of the senses as a guide. It is the Hierophant who gives us the wisdom required for this highest use of imagination.

How do we become receptive to this guidance? By cultivating the practice of love and beneficence. It actually has a transforming effect on the structure of our mental, emotional and physical bodies. It prepares us to become a fitting instrument for the manifesting of forms that will accelerate evolution.

At first we may find it necessary to <u>remember</u> to love and bless in this way. This is not mere sentimental affirmation that I refer to, but the actual practice of blessing everything, everybody, every creature, every situation that comes within our sphere of influence and beyond.

Through the visualization practices we perform together we are adjusting our personality instrument so it can more easily receive the love and wisdom from above. The further practice of reaching for higher guidance continuously during the day tremendously accelerates its effectiveness.

Do not be discouraged if the <u>feeling</u> for this kind of love does not come readily. We all have patterns of pain and self-protection to dissolve. We have reserves about the hypocrisy of attempting to send out love when it is not felt. Keep right on practicing! The ability to love, like everything else, increases with practice.

A good plan is to begin by practicing beneficence and acceptance toward your own personality. As I have emphasized before, we have to love ourselves before we are free to love others. Love your personality as an instrument of God! The true source of your every act, your every thought, your every feeling is the One Ego centered in the heart of love. Extend that concept to all others! They, too, are instruments of God! To bless is to send out an actual substance that purifies all our vehicles; that dissolves error; that prepares us to come into harmony with increasingly higher vibrations of love.

Although the practice of love helps to integrate forms that are in harmony with it, it has a disintegrating effect on separative patterns of resentment, hostility or selfishness. Love dispels unlovely responses without our having to dwell upon them.

Note in this connection that Venus, the Empress of love, is exalted in Pisces, Key 18, the Corporeal Intelligence which builds all bodies on all planes. Furthermore, Key 18 links Netzach, sphere of desire, to Malkuth, the Kingdom. It is through the agency of the Corporeal Intelli-

gence that transformations are effected which take us through the door into the Fifth Kingdom. The image is held until the subconscious reproductive energy responds more and more to the emanations of love. The cells that cannot respond are purged from the body consciousness, eliminating structures that have become too saturated with race error.

The stage of the Great Work associated with Pisces is Multiplication. It has to do with an inner enthusiasm that holds the image of perfected man distinct. It requires an alert attitude toward the details of daily experience in order to sharpen our awareness that, in essence, every creature, every object, every situation is Divine Spirit. This will help you to cultivate the feeling of love.

You will receive wonderful outer indications — almost immediately — from this practice. More and more other people will be magnetically attracted to you, because as a channel for the dissemination of higher love energies you actually do become a powerful center of Light. Herein lies a need for caution. As you become an increasingly more effective instrument for the forces of Light, you also arouse the attention of the opposite forces that work to inhibit evolution and the reign of love. For this reason it is important that you guard against depression. We all have a tendency to get depressed at times about present sorrow, injustice and hostility in the world. If you let your consciousness dwell on unhappy images, you open yourself to a veritable flood of them. This can weaken and devitalize you, temporarily making you unable to serve as a channel for Light.

Keep your consciousness away from thought-forms of sorrow, sadness or injustice. Dwelling on them is not the way you help to transform them, as you well know. We help the most by elaborating images filled with the quality of love and with faith in the future. Whenever you find yourself feeling depressed, reach to the Higher Self. Symbolically kneel before the Hierophant and He will lift your consciousness to where you will again feel the truth of the unfailing victory and supremacy of love.

#### TECHNIQUE

For this lesson the meditational symbols should be Tarot Keys 3, 5, 11 and 18; the 7 of Pentacles; and the Apas-Tejas Tattva. The emphasis in this practice is on helping us to make the feeling of lovingness toward life so automatic that it continues to emanate from us even when we are not consciously aware of it.

Begin with the deep rhythmic breathing and the intonation of the Divine Names. Visualize yourself as Key 21, bathed in blue-violet light. As you intone the note A, think of the sound emanating from you as being filled with blessing and healing for every creature on earth.

Image yourself within the sun of Key 19. From your heart center, flow out the vibrating orange light as wave upon wave of blessing and healing energy. Intone Ah-oo-mm on the note D.

Bring Key 16 to mind and image yourself in a sea of brilliant red light. Think of the lightning flash and fire as the action of love and bene-

ficence on structures of separative error. As you intone Ah-oo-mm on the note C, feel the joy of freedom from negative emotions of any kind.

Repeat the visualization and intonation for the Sun Center.

Image yourself within a shoreless sea of vibrating violet light. You are united with the central point of the wheel which symbolizes the Atziluthic world. From that point, flow out beneficence to the circumference of the wheel, thus permeating all the planes of existence with love. Extend the light out and out in your imagination so that it illuminates the yellow serpent, the jackel-headed man, the sphinx and the four cherubs of the elements. Think of all these symbols as microcosmic aspects of your nature as well as macrocosmic aspects of the universe. As you intone Ah-oo-mm on the note A#, send out the sound to blend with the vibrating light.

Once again repeat the visualization and intonation with the Sun Center.

Meditate on the symbols before you which emphasize the Venus vibration in Assiah. As you visualize the vibrating green light, feel it coursing through your body, entering every organ, every cell, pervading you with a feeling of lovingness from the top of your head to the bottom of your feet. Affirm that the influence of this vibration will continue to develop love and harmony in every aspect of your nature, even while you sleep.

#### (Meditation):

"The One Life to which I am united is a center of inexhaustible love. Through me It pours blessing and healing outward in all directions. The little lives who live in me radiate love without cessation, pervading all creatures with the love that will light their way back to union with the One."

As you intone Ah-oo-mm on the note F#, blend the sound vibration with the color. Once again pause to feel the quality of love within you; then send it outward.

Return to the heart center. As you flow out the orange light with its note, again feel the quality of love within your heart; then send it outward.

As you perform the Ritual for blending all the colors, pause often to feel the quality of love. Each time you send it outward you make room for more.

### Lesson Twenty-five

(from the transcripts of class lectures by Ann Davies)

Tarot Key 2, the High Priestess, corresponds to the Alchemical Moon center called the Ajna Chakra in Eastern philosophy. In our vibratory work this center responds to the color blue and the tone G#. Its sphere of influence on the Tree of Life is Yesod, the automatic consciousness or Vital Soul of man. Physiologically it is related to the Pituitary body, situated in the head at the root of the nose.

It is the Pituitary body that regulates all bodily rhythms, such as respiration, periods of waking and sleeping and the beat of the heart. The vibration through this center is responsible for the connective activity which keeps our physical body functioning as an integrated whole. Every cell, remember, is a living entity, capable of some degree of intelligent, ordered activity. It is the Moon vibration that provides the impulses which keep these little lives working together as a coordinated whole.

The Moon vibration is thus related to memory because it is the memory of the form nature that accomplishes all these wonders of organic function. The scroll of the High Priestess is marked TORA, the law. In her scroll of memory she maintains the patterns of organic and inorganic function which are the Foundation of physical existence. The subliminal mental activity which she represents is the recorder, maintainer and executor of the laws of manifestation. Subconsciousness, whether macrocosmic or microcosmic, is the receptacle and preserver of experience. The evolution of form and of consciousness are dependent upon her work of preserving and executing the laws of construction throughout the universe.

Key 2, then, has to do with the whole body of knowledge that is responsible for the orderly, purposeful expression of natural processes and organic functions. The High Priestess represents the universal subconsciousness, and by correlation she also represents our personal inlet of that vast ocean of mental substance.

The flowing robe she wears suggests the liquid, shapable, pervasive quality of this substance in which all things are nourished, protected and grown to maturity. Thus on the Tree of Life her sphere of activity is in Yesod, the Vital Soul which man shares with the subhuman forms of life expression below him.

The High Priestess is basically a symbol for the feminine aspect of manifestation. All other female figures in the Tarot Keys are extensions of her essential nature. She is the Chief Feminine Elder, the universal intelligent substance of manifestation. She is represented in other philosophies by Hecate, Isis, Maya and Prakriti. In the Great Sea of mental energy which is her own substance, she preserves the principles of creation, learned throughout long past greater cycles of the Lifepower's self-expression. She preserves this potential, this Foundation, apart from its actual outward expression on any level of relative existence.

Thus she is virgin because in essence she is Amah, KDK, the dark sterile Mother, the great unlimited potential from which all manifestation is drawn. Her virginity also refers to the essential undefilability of the universal substance. Although capable of manifesting in infinite variety, the substance remains forever Itself as the receptacle or womb of creation, distinct from that which is created.

Therefore, in the Archetypal world of Atziluth, also symbolized by the 9 of Wands, she represents the Feminine aspect of the Life-power which provides the womb in which the Son of consciousness is grown to maturity.

On the Tree of Life she links Tiphareth to Kether through the Uniting Intelligence of the 13th Path. It is through the all-pervading substance of the High Priestess that the Ego within the heart of every man is eventually united to Yekhidah, the One Self, in Kether.

You have learned in earlier lessons that in the performance of the Great Work the first thing to be accomplished is the discovery of the First Matter. The High Priestess is a symbol of the First Matter, and the unveiling of her essential unity is the discovery. This discovery is really a stripping of the concealment from the true nature of every form in the universe. As the alchemical Woman her work begins when nebulae form themselves into solar systems by an interplay of activities related to geometry and number relationship. Music or sound, in both pitch and volume, also finds its basis in number relationships. The manifestation of light and color follow these same laws of form.

In the performance of the Great Work the alchemist learns to recognize the laws whereby nature veils herself in order to bring them to a higher level of expression within his personality. Through grasp of these basic manifesting principles, which are impressed deep in the scroll of the High Priestess, we can learn how to utilize them in ways that will perfect our vehicles and lead us to the completion of the Great Work.

However, in order to utilize the more intense energies for personality transmutation, there must be a period of preliminary preparation or purification. In Alchemy this is referred to as the White Work of the Moon. We must have a true understanding of the reproductive power of the automatic consciousness and comprehend just what it is that determines the patterns it reproduces and repeats.

What is purified is the Salt principle of Alchemy. This is the same as the finitizing principle which breaks down the homogeneity of the Infinite and produces the web of complex illusions. The finitizing principle works by drawing or grouping together tiny points of primordial essence into forms or objects. The activity of these tiny lives is the real substance of all things from mineral to human and beyond.

This ability of the subconscious substance to preserve is the Foundation of the Great Work. Through the union of Sulphur with Mercury, or self-consciousness with higher wisdom, the Salt of subcons-

ciousness is purified. As Mercurial illumination becomes an ever more powerful influence over self-consciousness (sulphur), the ancient grip of fixed habitual impulses (salt) over self-conscious determinations is dissolved.

This purgation is accomplished by volatilizing the substance. Volatilization enables one to see that personality, as such, is but a complex of mental, emotional and physical habit patterns. This phase of the work unveils the clear essence behind all repetitious activities of personality. The work of dissolution, wherein subconsciousness is set free from unwanted habit patterns, is made easier by Alchemical volatilization.

Remember in this connection that a complex is simply a group of mental forces clustered around a nucleus. We do not dissolve all subconscious patterns. There is no need for that. Only those that are definitely harmful to the goal of personality perfection need to be dissolved. From this phase of the work we are able to perceive directly that all forms of personal expression are alterable. When the salt principle is purified it is free to preserve patterns of action, aspiration and thought that will bring the Great Work to completion in the perfected body of an adept.

What we will be doing in our techniques with Key 2 and the Moon vibration is working to direct the subconscious level of us toward its exalted expression as the channel for intuitional guidance. The Moon, Key 2, is exalted in Taurus, Key 5, the Hierophant or Inner Teacher. Through our techniques we are introducing patterns that will automatically turn us toward higher guidance; that will insure proper rhythmic breathing; and that will help us to energize the Inner Holy Planets in a safe, gradual and balanced manner. After we have recognized the essential homogeneity of substance through receptivity to the Inner Teacher, we can carry out novel applications of the creative process. We can proceed with the work of building a vehicle which is able to receive and transmit energies that would disintegrate an ordinary human body.

#### TECHNIQUE

For this practice have ready Tarot Keys No. 2, 5, and 7; the 9 of Wands; the Apas-Apas Tattva; and the blue color card. Note that the Apas crescent is shown on the crown of the High Priestess.

With this technique we are going to enhance our feeling of unity with life. We are working to participate in a direct experience of the One Substance symbolized by the High Priestess.

Begin as usual with the intonation of the Divine Names and then image yourself as the central figure in Key 21 as you intone Ah-oo-mm three times on the note A#. Visualize yourself as receiving the vitality of the universal substance as you inbreathe. Try to deliberately let go of all problems, negative complexes and bodily tensions on the outbreath.

As outlined in an earlier practice, visualize yourself within the

planet earth. We must ever be thoughtful of helping all other creatures, not just ourselves. As you hold yourself in this position think of the entire planet as being a fluidic blue-violet globe in which you are immersed. At the same time try to think of the entire planet being within you. This back and forth interpermentation should help you first to recognize, and then to experience, this all-pervasive unity. Feel that the work we are doing together is for yourself and also for everybody else, including the lesser creatures.

Visualize the planet earth that you are within now becoming a globe of liquid orange light. Image yourself within the sun of Key 19 and intone as usual on the note D. I want to remind you again to take the deepest possible breath before each intonation. Expand yourself to the fullest possible point and then chant outward until the very last breath of air is expended. Do not neglect the need for continuously perfecting your breath control. It is a most important aspect of your training for expansion of consciousness and for intensifying your ability to transmit higher energies for your own evolution and that of others. Through the use of these techniques we are focusing energies that will extend our supersensory awareness of higher planes.

Now visualize the planet within which you are immersed as becoming red. Then intone on the note C. This is the energy that helps to volatilize and dissolve all within the subconscious sphere that may be hindering our ability to be a transparent channel for the healing energies of the Cosmos.

Return to the intonation and visualization for the Sun.

Image the planet now becoming a brilliant fluidic violet; feel the violet light washing through you and then flowing back out into the planet. Intone as usual on the note A# as you visualize the planet within you, and in which you are immersed, as being one with the wheel in Key 10.

Return to the intonation and visualization for the Sun.

Transform the planet now into the brilliant green of Venus. Image yourself as the Empress flowing out love and affection as you intone on the note F#.

Again return to the Sun imagery.

Now meditate upon the Keys and symbols before you. We are concerned in this meditation with experiencing that which the High Priestess represents. The Uniting Intelligence links all of us to each other and to the Hierophant who reveals the inner secrets of transformation.

The planet is now to be imaged as a vibrating, clear blue, liquid light flowing from the robe of the High Priestess. Pause to feel yourself pervaded with this fluidic mental substance. Then image yourself as the High Priestess seated between the two pillars in the Temple.

(Meditation) As you remain thus pervaded give your meditation:

"The law of life written upon the scroll of the High Priestess is my sure Foundation. As her secrets, which are truly secrets of my own nature, are unveiled to my conscious mind, I become

ever more receptive to the wisdom of the One Teacher who is also the Rider in the chariot and the One Ego seated within my heart of hearts."

Intone Ah-oo-mm on the note G# and feel yourself again pervaded with the liquid blue light.

Return to the intonation and visualization with Key 19 and then perform the Integration Ritual with all the colors. During this color synthesis remember to feel all the colors flowing through you in rhythmic waves as you reach up — at least in your imagery — and flood yourself with each vibrating light wave of color. ##

#### Lesson Twenty-six

(from the transcripts of class lectures by Ann Davies)

The silver crown of the High Priestess links her with the Moon, which has always been a feminine, receptive symbol. So also are the bow, the ark, the ship, the sistrum of Isis and the cup. There is a sense in which the whole suit of Cups is symbolic of the treasures and powers related to the feminine principle. In the Tetragrammaton, the first Heh, attributed to Binah, is also attributed to Briah, the Creative World Binah is the Great Sea of universal vibratory substance within which we make contact with the higher creative powers of Briah.

The Hebrew letter name Gimel, 701, related to the High Priestess, adds to 73. Another word, gahmal, 701, made up of the same letters, means to ripen as fruit; to come to perfection; to recompense for good or evil; to give out reward or punishment. These qualities are related to the 9 of Cups as Yesod in Briah. When the automatic consciousness is receptive to creative impulses from Briah, the resultant reproductions are in harmony with truth and beauty and bring the fulfillment of desire and completion attributed to well-dignified meanings of the 9 of Cups in Divination.

Through the 13th Path of Gimel, Yekhidah in Kether reflects
Itself into Tiphareth, seat of the human Ego. This Path is directly related to the Briatic World. In the construction of the Tree of Life, the 13th Path is the diameter of Briah, and its central point unites Atziluth, the world of archetypes, to Yetzirah, the formative world. Within Briah is held the image of perfected man reflected from Yekhidah in Kether.

Note that Chesed, the 4th Sephirah, which is related to memory and grasp on the level of Briah, is blue, the color also attributed to the High Priestess and the 13th Path. It is through a grasp of how the Moon vibration operates in Yesod that we are able to remember the image of perfection in Briah. The scroll of the High Priestess is the Akashic Record, also symbolized by the Wheel in Key 10.

Chesed and Yesod represent different levels of the same recording, retaining aspect of the Life-power. On the level of Chesed, memory includes intelligent grasp of cosmic laws. In Yesod, memory expresses as the automatic laws of nature that work below the level of human self-conscious awareness. Furthermore, Yesod, the sphere of the activity for the Moon, is violet, the color of Jupiter, whose sphere of influence is in Chesed. The processes of natural law at work in the Vital Soul are expressions of the cosmic cyclic activity and the ability to measure, attributed to Key 10. This interchange of color and symbolism further intimates that a grasp of the meaning of laws operative throughout nature, and their essential beneficence toward humanity, is part of the White Work of the Moon that transforms the automatic consciousness and prepares one for adeptship.

In earlier lessons related to the High Priestess you were told

that good memory is dependent upon close attention toward the impression you wish to recall. Translate this requirement for ordinary good memory to the Higher recall related to intuitional receptivity in meditation. The woman in Key 17 is another aspect of the High Priestess. Successful meditation is the result of concentrated attention. Close attention toward the enigma or problem about which we wish to gain light attracts the answer through the associative processes of subconsciousness. The question and its answer are related. Therefore, the associative process tends to unite any problem with its solution.

The image of perfected man is said to be a recollection because it has always been present in the universal memory. Our personal memory is a particular manifestation through a single organism of the great and all-inclusive universal memory. Through our subconscious inlet we have access to records of all the experiences through which the Life-power has traveled in this cycle of manifestation. The higher recollection which reveals the inner secrets of perfection is the result of a correlation with Briatic level vibrations.

Correlation of vibration in the Root Substance is the basis for all expressions of telepathy on every level. Telepathy is really a uniting or synchronizing of vibrations — not necessarily conscious — which enables one to receive impressions from another center of expression. Recall in this connection that the Moon is exalted in Taurus, Key 5, Intuition. This intimates that the highest expression of telepathic association is that which unites us with the Teaching of the Hierophant. It is from this union that we receive the deeper secrets of transmutation which are to be reproduced in our personality so that we can eventually become a perfect reflection of the archetypal image of man.

The ability to attune telepathically to the wisdom of the Hiero-phant is dependent upon the construction of higher patterns of mental, emotional and physical response. Our work with the High Priestess and the Lunar vibration is going to help us reshape our predominant subconscious responses and emanations.

Subconscious mental activity is associative. Through it we are able to travel from one idea to another automatically and with great rapidity. Through it also we send out emotional quality. We emanate love or hate, harmony or disharmony, happiness or sadness in various degrees of intensity. Our subconscious emanations are picked up by others on the same wave length of quality and intensity at any given time. When we send out good will, we tune in on good will; when we send out fulfillment, love and joy, we receive fulfillment, love and joy.

What we want to do is to become more consciously aware of what we are sending out with our predominant emotional states. It is this predominant response level that is duplicated and elaborated through a complex series of subconscious correlations and eventually sent back to us in kind. The quality we tune in on is dependent upon the quality of automatic response in the Yesod level of us. The White Work of the Moon refers to the raising of the level of automatic response. Its purpose is

to transform our associations on all levels so that our telepathic reception becomes responsive to the level of Briah.

Tarot Key 7, the Chariot, is one symbol for the White Work of the Moon. Astrologically it is assigned to Cancer, ruled by the Moon. The Chariot symbolically depicts human personality as the vehicle of the Higher Self.

The vehicle of personality is not just the physical body. It includes the emotional and lower mental bodies. The White Work is accomplished through continuous dedication of all our responses and reactions — mental, emotional and physical — to serving as an ever more adequate vehicle for the Charioteer or True Self.

Continuous dedication means repeated and reiterated dedication. It means bringing to mind over and over again a feeling of joy and of sincere gratitude for the privilege of serving as an instrument through which the One Self can pour out love and healing to the World Soul. We have to persist until this image of dedicated service becomes mirrored in our every thought, our every response, our every activity. What we hold consistently in this way is what becomes patterned in the Yesod level of us. In the Techniques with Key 2 we will be working to make this feeling of joyful gratitude, and this dedication to becoming an instrument for the Charioteer, so automatic that everything we do, everything we say, everything we feel will be tinged with this all-consuming aspiration.

It is the subconscious reproductive power that will reproduce the New Image of perfected man within our personality complex. These images are not necessarily just visual. The other senses also have their imagery that tend to form into subconscious patterns. It is the dominant trend of all images to which the subconscious reproductive power responds and begins to formulate into patterns. This is why it is so important to watch what we send out and what we receive in order to be reasonably sure that our predominant emanations and receptions are in harmony with our highest goal.

The more consistently we remember to send out love and harmony, the more quickly will we find our way into the stream of Higher Wisdom. The more love we send out into the Great Sea, the more will enter into our personal inlet. This is the way that we prepare the chariot of personality to receive the more intense vibrations of the Briatic level of Higher Creativity.

#### TECHNIQUE

For this practice have ready Tarot Keys 2, 5 and 7; the 9 of Cups; the Apas-Apas Tattva; and the blue color card. After establishing rhythmic breathing and intoning the four Divine Names, pervade yourself with the vibrating blue-violet light of Key 21 and intone on the note A. As you breathe in, think of breathing in the fluidic universal substance of Binah, the Divine Mother.

Transform the blue-violet light into a sea of brilliant orange light

and intone on the note D, remembering to send out love from your heart center.

Now change the vibrating light into a brilliant red which is activating and energizing you with power to do and power to accomplish. Intone as usual on the note C and then return to the orange vibration and intonation.

Now transform the ocean of light into a brilliant violet and unite yourself with the blue sphinx at the top of the Wheel in Key 10. She symbolizes the Great Enigma and the means for its solution. Intone Ah-oo-mm on the note A#.

After returning to the orange vibration, transform the liquid ocean of light into a brilliant, scintillating green. Become the Empress and breathe out love and compassion into the great Sea.

Once again return to the orange vibration and intone on the note D.

Now meditate upon the symbols before you. In Briah the High Priestess is particularly related to the treasures, the joy and love to be unfolded for all of life through right use of her powers. In the 9 of Cups, the five that represent human intelligence are turned upward to receive from above. The four cups of the tetrad are poured downward to flood the lower nature with the light received from above. Become the High Priestess sitting between the sacred pillars. You are immersed in the sparkling vibrating blue light as you say:

#### (Meditation):

"Of all the treasures of life, the gift of love is the greatest. The more of it I pour out into the universal substance, the greater becomes my capacity to receive from the inexhaustible source above."

Again permeate yourself with the brilliant blue light as you intone Ah-oo-mm on the note G#. Finish as always with the color synthesis ritual.

It is important that you perform the lesson practice as many times during the week as possible. If you cannot always perform it with audible intonations and the Keys before you, learn to do it as a ritual of pure imagination. This is the most intense practical transmutational work ever given out by the Inner School. ##

#### Lesson Twenty-seven

(from the transcripts of class lectures by Ann Davies)

The 9 of Swords is a representation of the influence of Yesod, sphere of the Moon, in Yetzirah, the formative world. Yetzirah is attributed to Vav in the Tetragrammaton הוה; to air; and to Tiphareth, seat of the Ego and central Sephirah of the personality complex. It is also the world of patterns and processes which correlates, through another division of the Tree, with the activities of Yesod. When the reproductive energies of Yesod are brought under the direction of the Ego in Tiphareth they become the actual means through which perfection of personality is accomplished.

The personality of every human being is really a complex of mental, emotional and physical patterns of response. These responses are not the Self, not the 'I' or Ego in Tiphareth. It is important to remember this fact repeatedly so that you can become objective about all attributes of personality. Such an objective view makes it much easier for you to acknowledge to yourself its imperfections. Then you can do something about their causes. You cannot do anything while you are denying their existence or attempting to rationalize them away as justifiable or unique. Furthermore, an objective contemplation of personality as the chariot, but not the Charioteer, will help you to grasp its real function as the vehicle in and through which the individualized Ego expresses in physical manifestation.

We must become consciously aware of any undercurrent negative feelings or emotions that we may have considered unimportant or trivial up to now. Even though we may not have allowed such feelings to express outwardly, their effect on ourselves and on others is not eliminated, as I'm sure you must realize.

As I have often suggested to you, it is well to think of your personality as a child that you are helping to reach maturity. By introducing constructive behavior patterns you help a child to become a socially oriented human being. This way of thinking of personality is also a very effective way to gain objectivity toward it. You will be less inclined to deny that it might have certain unlovely or harmful responses. You will be less inclined to excuse yourself by saying, for instance, "I acted that way because it was hot", or "I was tired", or "she was very irritating", or "I am not feeling well today".

So long as we persist in denying habitual negative responses in ourselves we cannot change them over. Such responses may be the very thing that is holding you back from the fulfillment of your highest aspirations. For you who are seriously on the Path, any habitual negative responses, even seemingly trivial ones, need to be dissolved as a pattern of automatic reaction.

As you consider your personality in this way remember that, like the child, your personality is continuously changing. The child is not

static in his expressions. He is malleable and shapable. A child's unlovely expressions can be dissolved and more acceptable ones introduced. When the conditioning given to him is intelligent and loving he is easily influenced into acceptable behavior. This is accomplished by introducing desirable response patterns repeatedly until the acceptable behavior becomes easy and automatic and replaces that which is unacceptable.

Personality is subject to the same kind of constructive conditioning. You must realize that you do not respond today as you did when you were age five or ten or sixteen. Even within one incarnation there has been an amazing amount of change. Therefore, since personality is so subject to change and does not remain the same from one day to the next, it should not be difficult for you to realize that it is not the Self.

Your personality is made up of a group of learned reactions and responses. Besides those impressed upon you since birth, some are from the Vital Soul we share with all of life and others are impressions of experience from past incarnations and cycles. All have been impressed or patterned into the vehicles of personality. The personality vehicle or complex is that which holds the equipment used by the Ego during its incarnate expression. It is the memory line of the vehicle that causes a given personality to act as he does most of the time.

The sum total of response patterns that make up your personality are the result of both inner and outer influences. We cannot help being influenced telepathically by the feelings, thoughts and responses of others. Not altogether! We can control this influence, however, by becoming more aware of it. These conditionings from others become patterned in Nephesh, the automatic level of our personal consciousness, when we are exposed to them continuously enough and offer no resistance.

Nephesh, the automatic consciousness, is seated in Yesod. This should help you to realize that any conditioning from others is subject to change. What we want to do is to deliberately introduce conditionings on our personality that align it with Ego Guidance. In this way we can begin using personality for the glory of the Ego instead of being at the mercy of its negative and archaic patterns. Yesod is the Pure Intelligence. In essence it is unmarked. Whatever is impressed there can be dissolved and a new impression can be introduced.

In this connection we should realize that memory is always involved in these undercurrent emotions and responses. They are often merely repetitions of past reactions in similar situations. This means that we have been allowing long past experiences to dominate our present attitudes. Yet memory is also the means through which we can begin dissolving this kind of automatic response. By deliberately bringing the probable past situation up to conscious remembrance and reviewing it from our present level of better understanding, we can alter our attitude toward the past event and thereby make it easier to dissolve any present patterns of response based on it.

This tendency to respond to situations in the present with past negative reactions is an expression of the associative faculty of sub-

consciousness. As with all subconscious powers it can be directed so that it becomes an aid to our spiritual progress instead of a stumbling block. We can deliberately make a pattern of rejecting the tendency to be pulled into old response patterns for any reason.

You know that occult work develops unusual sensitivity to telepathic receptivity. Our aspirations do increase our susceptibility to the strong feelings of others even though they may not be in harmony with our center of individuality. All of us are as yet 'works unfinished'. Certain harmful tendencies still remain in the Yesod level of us from past levels of development. They can be aroused if we are subjected to unusual pressures. We are never completely free from the danger of having them activated until the final liberation.

This is why it is so important to acknowledge personality weaknesses without identifying with them. When we are aware of them we
can change them over into constructive habits that will aid us in our
longing for liberation. We want to take charge of our personality conditionings. We want to gain control over the automatic responses and
reactions of the Yesod level of us so that we can form habit patterns
that reach to the Ego for guidance and wisdom and strength.

What we are doing is using the device of personality and the ready response of its automatic level to suggest constructive patterns that will make us an instrument for the Ego in Tiphareth. We know that personality is subject to transformations. We know that we can replace old responses by repeatedly introducing new ones. REBIRTH is the result of training and discipline. Through grasp of the law we can give the kind of suggestions to subconsciousness that will eventually alter the structure of the physical body and transform us into the Twice Born.

#### TECHNIQUE

The emphasis in the practice for this lesson will be on helping you to become aware of any personal responses to people or situations that are not in harmony with your goal of liberation.

Have ready Tarot Keys 2, 5 and 7; the 9 of Swords; the Apas-Apas Tattva; and the blue color card. Begin as usual with deep rhythmic breathing and the intonation of the Divine Names.

As you image yourself within the blue-violet light, feel the limitless power of the universal mental substance flowing through you, ready to be formed into images of perfection. Intone Ah-oo-mm on the note A.

Transform the light in which you are immersed into vibrating orange. Dedicate your personality and all its responses to serve the One Ego in Tiphareth. As you return to the Sun vibration after activating each one of the Inner Holy Planets, re-affirm this dedication. Intone on the note D.

See the vibrating ocean of light becoming a brilliant red. This activating energy is associated with the volitional will of Geburah. Affirm your determination to watch for and deal with any negative responses that are keeping you from becoming a transparent channel for the Ego in Tiphareth. Intone on the note C.

Re-affirm your dedication to the Ego.

Transform the vibrating, pulsating light into violet. Image yourself as the blue sphinx at the top of the wheel in Key 10. She is carrying the sword of discrimination that controls the mutable processes and energies of Yetzirah. Intone on the note A#.

Re-affirm your dedication to the Ego.

The light is now a vibrating, brilliant green. When you are establishing objectivity toward personality you should also relinquish taking personal credit for positive, loving traits. The lovingness that you are able to pour out to life is a gift from the Ego in Tiphareth. Intone on the note F#.

Re-affirm your dedication to the Ego.

Transform the ocean into a scintillating, sparkling blue; then meditate on the symbols before you. Image yourself as the High Priestess serenely seated between the pillars and quietly receptive to guidance from the Hierophant. She is the sure Foundation upon which the New Personality is being built.

### (Meditation):

"I offer myself as a channel for Light. I am ready to face all within my personality that obstructs that channel. I am ready to receive and elaborate the instructions from the Hierophant that will prepare my personality to be a fitting vehicle for the Charioteer."

Feel the brilliant blue vibrating light flowing through you and filling you with the blissful peace of faith in the guidance of the Self.

Perform the synthesizing ritual of light. Don't forget to bring the color vibrations down into your physical body, as outlined in an earlier lesson. ##

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# Lesson Twenty-eight

(from the transcripts of class lectures by Ann Davies)

The 9th Sephirah is said to be the place of <u>gestation</u> for the New Birth. This is related to the nine months of human gestation. Adeptship is often compared to a New Birth, and this implies a preparatory period of gestation wherein the vehicles of adeptship are built.

Pythagoreans called the number 9 <u>Telesphoros</u>. It means Ripener, Perfecter, Finisher. It is through a higher utilization of the powers of the automatic consciousness that natural man is brought to perfection in the Kingdom. The 9 of Pentacles as the expression of Yesod in Assiah is particularly related to the means whereby the body of adeptship is completed.

Physiologically, the Pituitary gland correlates with the Moon center. Endocrinologists call it the master gland because its functions seem to regulate the entire glandular system. They have found that the state of glandular function has a decided effect upon the responses one makes to various situations in life. This is certainly true, but we should realize by now that any physiological condition is the result of previous mental and emotional states. Yesod maintains our responses and reactions, but all the powers of the automatic consciousness are reproductions, however imperfect as yet, of the powers of the Ego. The Moon of Yesod reflects the Sun of Tiphareth. We are working to make our group of personal responses and reactions reflect the Indwelling Ego more perfectly.

What I want you to realize is that you need not wait to die and reincarnate in order to transform the compulsions and imperfections of personality. The Twice Born, the New Creature, is the result of reincarnating the personality during a single lifetime. We have to complete the transmutational process on the physical plane.

In the techniques related to Key 2 and the Moon we are learning to re-shape our automatic response level through repeated suggestions. We are working to build the quality of love and the realization of unity into the very cells of our body. We are working to build responses that will bring about the conscious dominion of the Ego over all the activities of personality. This is the firm Foundation upon which the body of adeptship is built.

That which is not in harmony with the dominion of the Higher Self loses its strength over our responses as we <u>train ourselves</u> to repeatedly reach for higher guidance in every situation until this reaching becomes automatic. This is how we begin to take a conscious part in the re-creation of our personality. This is being a true co-creator with God.

Peace and strife are the pair of opposites assigned to Key 2. When we learn to continuously reach upward for help and let all things be done through us, we have found the secret of true peace and serenity. When all things are done through us we find that there is adequate power to ac-

complish anything. Strife and conflict arise when we try to depend upon the inadequate and really non-existent personal powers.

The Moon center or Pituitary body is in charge of all the currents of energy that flow through the sympathetic nervous system. It is the agency through which we impress the image of ourself as a channel for the Ego upon the cellular consciousness. This level of consciousness, always under the dominion of our dominant suggestions, begins to transform our body 'after the image' we project until the body begins to vibrate to the keynote of the higher image.

The more detailed the image we project, the more rapidly will we become that image. What we are doing is elaborating an intellectually grasped truth by acting it out in our reactions and responses to life situations. You have been told that in man the whole range of powers from the lowest mineral to the highest animal are recapitulated. This means that the powers of all the kingdoms of nature — which have been developed throughout countless eons — are present in the Vital Soul of man. It is through a higher utilization of these powers of the Vital Soul that man prepares himself to enter the Fifth Kingdom.

You have been told that the garden of the Magician is another symbol for the subconscious level also portrayed by the High Priestess. The garden emphasizes the idea that human subconsciousness can be cultivated and improved through conscious spiritual work. As we become the master of our personal garden we will begin projecting a higher order of human consciousness. Evolution into the Fifth Kingdom is a conscious evolution. We have to deliberately adopt ways of thought, action and emotion that will lead to this greater unfoldment.

Our bodies, physical and finer, are vehicles whereby universal forces are intercepted. Deep in subconsciousness are the patterns for every cell and every organ of our bodies. These can be modified so that the organs are able to intercept higher universal forces than ordinary; forces that prepare the vehicle for the consciousness of adeptship.

The Fourth Stage of the Great Work is called <u>Separation</u>. It is related to Key 7, Cancer, ruled by the Moon and has to do with defining or establishing the goal toward which the alchemist is striving. Definition, in the alchemical sense, is a clear cut realization of one's place and work as an individualized center of God. This stage establishes a perception of the true significance of personality by a careful distinguishing of essence from appearance, spirit from body, Charioteer from the chariot.

We distinguish the I AM from its vehicle, and yet, even as we separate, we must realize that in essence the form below is identical with the Spirit above. What Separation does is help to release the alchemist from the hypnotic influence exerted on all of us by weight, mass, form and the other properties of what is ordinarily understood as matter. The conscious dominion of the Ego within must be preceded by release from automatic belief in the fixity and immovability of various forms on the physical plane.

Separation utilizes the Lunar influence, which comes into activity through the Pituitary body, to impress the new definition of the true place, purpose and function of personality on the automatic level of consciousness. Transformation begins as this level of consciousness elaborates and reproduces the new definition of personality into the cells of the body.

In the Great Work course, Separation is said to be the result of 'repeated distillation of the water'. This is another reference to the White work of the Moon, wherein negative tendencies of personality are sufficiently dissolved to where the new definition can be introduced. The Moon rules Key 7, related to the vehicle of personality, because habitual subconscious mental states actually do dominate self-conscious determinations until the Charioteer is perceived — at the self-conscious level — as being the One Mover, the One Actor in all that is accomplished through personality. From this perception we begin to realize the true place of personality as the intermediate agency through which the energy of superconsciousness is brought to bear upon all the various states and conditions of the environment.

#### TECHNIQUE

In this lesson we are going to outline a special technique received from the Inner School that is formulated to help upgrade the collective consciousness of humanity on the level of Yesod. We will be sending out vibrations that can help mitigate the problem of serious conflicts and destructive violence throughout the world.

We also want to send out the kind of suggestions, in the form of imagery, that will help as many human units as possible to prepare themselves for active participation in the coming New Order of the Ages which is the Brotherhood of Man.

Have ready the Tarot Keys for this lesson, which are Keys No. 2, 5 and 7; the 9 of Pentacles; the Apas-Apas Tattva; and the blue color card. For this practice we will also use Tarot Keys 3 and 19 in a particular and special way.

First of all, go through all the centers up to the High Priestess in the usual manner. We want to establish harmony and balance within our own personality before proceeding with the special practice.

Meditate upon the Tarot Keys for this lesson, all of which have a definite relationship to the work of sending helpful vibrations into the collective human subconscious level.

Symbolically place yourself within the earth with your arms stretched out through the equator as described in an earlier practice. Visualize the globe of earth as composed of liquid, vibrating blue light. Pause to feel this blue light vibrating through and through you.

Now image yourself as the High Priestess with the Lunar crown upon your head. Expand yourself out into your Larger Self until the fluidic blue globe of earth is <u>inside of you</u>.

This visualization is designed to help extend your whole area of

influence out and out until it encompasses the total livingness of earth. Now, as the High Priestess containing the total life of earth, flow out the liquid blue light substance from the cross upon your breast. Radiate it outward from that cross, wrapping the earth and every form within and upon that earth in the vibrating, purifying, unifying blue light.

Now visualize the sparkling blue liquid light flowing from your robe and becoming the stream in the garden of the Empress. Think of this stream, as it flows into the garden, as being the source of all the fertile creativity therein.

Now become the Empress. The purifying blue light becomes a brilliant green and you are immersed in it. Within you is the earth now being pervaded with the creative love substance of the Empress. From the red triangle upon your breast, flow out the vibrating green light of creative love to the entire earth and all forms within and upon the earth.

Now visualize the stream in the garden of the Empress flowing into Key 19 and becoming the fairy ring in which the children dance. The green fairy ring, which is the Foundation for the dancing children, has been irrigated, nourished and grown by the Empress's stream which originated in the robe of the High Priestess.

Now become the children — both of them — and think of these children as regenerated humanity. You are total humanity! Purified by unity! Glorified by love! Consecrated by Solar Fire streaming from above.

#### (Meditation):

"The whole force of my aspiration is to become love so that I can project it in ever greater measure to my larger Self, which includes all of humanity. Pervaded by the peace of the High Priestess, I imbue the earth with serenity. Carrying the Empress' shield of Love, I embrace the heart of man with the experience of Brotherhood. With love as my Foundation below, and my Light above, I send out realization of Thy Will to every seemingly separate ray of Thy Central Sun."

We are now going to intone a mantric sequence based on the three Tarot Keys of this practice: Key 2 (blue, Gimel, G#); Key 3 (green, Daleth, F#); Key 19 (orange, Resh, D). The word is 772, gedur (Geh-du-rrrr). Among its various meanings are the ideas of precaution, definition, true concept; also, to encompass, to fence around, to guard. The intonation should be Geh-du-rrrr on the sequence of notes G# - F# - D. Intone this word three times as deeply and resonately as possible. Finish by intoning Ah-men on the sequence of notes E-G#-G.

This is a very powerful technique. The more you participate in it, the more effective a channel for the forces of Light you will become.

#### Lesson Twenty-nine

(from the transcripts of class lectures by Ann Davies)

Key 1, the Magician, related to the self-conscious mind, is a symbol for the Inner Holy Planet Mercury. Physiologically, the higher brain or cerebrum is its general organ of expression. Its influence is said to be focused particularly in the pineal gland or conarium in the center of the brain. When the activity of this vibration is increased and balanced with the other centers, it stimulates the higher centers of the brain and enhances one's ability to concentrate, discriminate, reason and arrange ideas in an orderly, meaningful manner.

In our vibratory work the related color is bright yellow and the note is E. In Eastern philosophy the Mercury Center correlates with the 'thousand petaled' Sahasrara Chakra, said to be located in the etheric vehicle about eighteen inches above the head.

Astrologically, Mercury rules Gemini. In the constitution of man Gemini corresponds to the bodily area of shoulders, arms, hands and lungs. Note that the shoulders, arms and hands, as instruments of human art and labor, have been the actual tools of civilization. The lungs are directly related to the Mercury Center. Through proper rhythmic breathing, such as we are practicing together, this function becomes more efficient and we are enabled to receive and utilize certain subtle forces which complete or finish the organ of spiritual vision corresponding to the pineal gland.

This so-called gland is a reddish-white, cone-shaped organ containing a yellow granular substance or brain sand. It is brought to completion by practice of the Great Work. The brain sand is made to cohere, so that it forms a crystalline body known as the Philosopher's Stone.

Mercury also rules and is exalted in Virgo. The corresponding bodily area is the upper intestinal tract where food is assimilated. The assimilative process, as you have heard, can be carried on with greater efficiency so that certain vital essences are extracted from food which are essential in the regeneration of personality. Note in this connection that the Prithivi-Prithivi Tattva corresponds to Mercury. It is a double yellow square combining the yellow of Mercury, the sense of smell related to Gemini and the earth of Virgo.

The Hebrew letter printed on Key 1 is Beth. In ancient symbolism Beth is pictured as an arrowhead, whose sharpness suggests acuteness and power to penetrate. In the mental realm this implies qualities of keen perception, penetrating insight, alert intentness and ability to accurately estimate values. These are all positive attributes of the self-conscious intellect of man. To become the Magician and have dominion over nature's subtle forces means that we must have sharp, clear-cut objective awareness of what actually goes on in our environment.

The symbol of the arrow intimates even more. An arrowhead has

no energy of its own. It is a derived force, an instrument whereby power is transmitted. All this points to the dominant purpose and highest expression of human self-consciousness. That purpose is to become aware of the truth that our ability to measure, to perceive, to experience, to concentrate, is derived from a higher source than personality. Every quality that expresses through human personality is a reflection of qualities inherent in the Indivisible One.

On the Tree of Life the 8th Path of the Perfect Intelligence is the sphere of influence for Mercury. Hod in Atziluth, symbolized by the 8 of Wands has the meanings of aspiration, foresight, acceleration of activity and freedom. These words refer to necessary qualities for bringing about the perfect realization, at the self-conscious level, of the One Ego within the heart.

This realization includes a direct experience of the mediating position of human intellect and a comprehension of its purpose as an instrument that intercepts higher powers and utilizes them to perfect the manifest planes below. All meditational practices in mind control are aimed at helping you to align your personal consciousness with the One Ego and experience that One directly. In this experience there is a complete suspension of belief in the illusion of personally originated activity. This is what is really meant by self-denial. This is also the attainment of true non-attachment.

Non-attachment does not mean non-action or non-feeling. It refers to a realization that forms are not to be depended upon, because all forms are known to be part of an endless transformation of energy. When you are non-attached you are free from dependence upon things, people, systems, creeds or anything else in this world. Even self-reliance, because we usually mean the little self, must be exposed as a form of egotism and separation.

As aspirants of the higher wisdom we all undoubtedly agree intellectually that there is only One Being, One Life, One Thinker, One Actor, manifesting through countless lives. But this affirmation is not the direct experience. When you experience the One Ego directly it is the result of repeatedly giving attention to the idea that every personal activity — whether it be mental, emotional or physical — is a transformation or reflection of cosmic activities. Persist in bringing this idea to mind. Eventually, as it becomes the predominant suggestion to subconsciousness, it will break the hypnotic spell of the delusion of separateness over your self-conscious determinations. The delusion is not your personal error alone. It is the result of long eons of misinterpretation by the race mind. Your persistent attention and continuous mental search for the essential unity in all things will eventually dispel the influence of separative error and set you free to experience the splendor of union with the Central Self.

Practice surrendering to the Higher Self and you will begin to receive unmistakable guidance from the Angel in Key 6. The act of surrender is most important. It can put you in rapport with Higher Minds

even before you have complete understanding of who or what you are contacting. The saints and mystics of history received genuine illuminations, even though many of them did not understand the true quality or source of the guidance and light that they received.

Key I is a perfect symbol of how to prepare yourself for a direct experience of the Ego within the heart. Concentrate on the Magician every day! Assume his position! Become the Transparent Intelligence! Detect ways in which higher guidance is working out in your life, in your relationships with others. Think of your ability to concentrate, to discriminate, to reason, to perceive, as expressions of the Indivisible One. The more ways and the more persistently you keep your attention on ideas such as these, the more rapidly will your garden be transformed into a flawless reflection of the Perfect Intelligence.

#### TECHNIQUE

In this practice we want to help prepare you for a direct experience of the One Ego as the core, the center, the true 'I' of your personality.

Place before you Tarot Keys 1, 6 and 9; the 8 of Wands; the Prithivi-Prithivi Tattva; and the yellow color card. Begin with deep rhythmic breathing, and then intone the Divine Names.

Image yourself within Key 21 in an ocean of blue-violet light. The Saturn energy is a concretizing, concentrating energy. Its influence can help you to focus attention. Feel yourself permeated with blue-violet light as you intone on the note A.

Place yourself between the Sun and the children in Key 19. You are the mediator between the Solar Consciousness and Its instrument of expression. The 'I' in you is that mediator, bringing down conscious energy from the Sun and transforming the children of personality into Its perfect Image. Flood yourself with wave upon wave of vibrating orange light as you intone on the note D.

Transform the ocean of vibrating light in which you are immersed into the brilliant red of Mars. The tower of personal autonomy is a false tower! See a flash of lightning hit the tower and break it up! As you intone on the note C, surrender that non-existent separate self. Affirm that you are ready to give continuous attention to seeking the Real and rejecting its illusory reflections.

Repeat the imagery and the intonation for the Sun.

Place yourself within an ocean of brilliant violet light. Key 10 will help you to grasp the relationship between cosmic energies and personal experiences. It will help prepare you for a direct experience of the One who 'sees through my eyes, hears through my ears and speaks through my lips'. Intone on the note A#, and then repeat the imagery and intonation for the Sun.

Now visualize yourself within an endless expanse of liquid, vibrating, green light. The Empress is the beautiful one who nurtures and grows the seed of your aspiration. Give her loving attention and she will

present you with a direct experience of your true identity. Intone on the note F#, and then repeat the color imagery and intonation for the Sun.

Image yourself as the High Priestess and place yourself within an ocean of brilliant, sparkling, blue light. She holds the treasures of wisdom in her scroll that illumine your mind with the purpose and goal of human personality. Intone on the note G#. Repeat the intonation for the Sun.

Now meditate on the symbols before you. Visualize yourself within a shoreless sea of brilliant, vibrating, yellow light. Become the Magician! Feel the rapidly moving light becoming concentrated and drawn into you through the wand you hold aloft. As you hold this position feel the light continuously pouring through you. Now give the meditation. (Meditation):

"The One Self who is the life in all creatures lives in me.

I Am Thy willing channel, Thy instrument, Thy vessel! To know Thee, to experience Thee, to serve Thee is the purpose and perfection of human personality."

Again permeate yourself with vibrating yellow light and intone on the note E. Feel the vibrating energy of Higher Intelligence flooding through you . . . awakening and harmonizing all the Seven Holy Planets . . . preparing you to experience the splendor of union with the SELF. Finish with the color integrating ritual and the relaxation exercise. ##

#### Lesson Thirty

(from the transcripts of class lectures by Ann Davies)

The posture of the Magician is one of the most important keys to all our work toward liberation. He is concentrating power drawn from above through the means of self-conscious attention. Remember that concentration collects units of power at a center or focus. These units of power are always units of life, because everything in the universe, regardless of the form it takes, is a manifestation of the One Life.

By learning to really focus your attention on whatever you are concerned with at any particular moment, whether it be an object, a person, a creature, a situation, or a seemingly insolvable problem, you will begin to unveil its inner nature. Nothing can withstand the penetration of mental force when one has mastered the art of concentration. That is why I have emphasized the importance of alert watchfulness, careful observation and keen attention to whatever you are doing. You will be amazed at what you 'see' when you really learn to look. All things will become transparent to you.

It is through the practice of concentration that you will become increasingly aware of the universal principles veiled behind all forms in the universe. These principles have a vast application to every aspect of life. That is why the Alchemists say that, "Our Mercury enables us to prepare the universal solvent." Concentration unveils the underlying principles of human existence by getting our self-conscious intellect in tune with them.

The Magician draws power from above and directs that power toward the object of his attention. The garden of the Magician is the field of reproductive processes in which our personal vehicles are maintained, repaired and renewed. The garden is identical to the woman in Key 6. She is able to receive the perfecting emanations from the Angel because she has been freed from the restrictive idea of personal autonomy that limits her activities to our conscious notions of her power. When the magician in us sets her free, by an act of self-surrender, she comes into vibrational harmony with the Angel and He impresses her with some aspect of the Image of Perfected Man from the level of Briah.

The 8 of Cups, corresponding to Hod in Briah, has the divinatory meaning of renunciation of material success for something higher; also, an inclination for scientific investigation. These meanings are in line with the ability for precise discrimination, attention to details and the surrender of personal ideas that prepares us for Briatic level receptivity.

Both Key 1 and the 8th Sephirah are related to magical practices. What we are learning to do is to become conscious magicians. Magic is the art of controlling natural forces through application of the law of rhythmic vibration. Since our vehicles are part of nature we need to understand this law in order to finish the Great Work. When we ask you to pay

close attention to the detail of whatever you are contemplating, we are admonishing you to get into tune with its inherent vibration. When you focus your attention on any object, its etheric vibrations are impressed on a brain center. You receive the impressions of its basic nature and also its inter-relationships within a larger whole.

You perceive its inner reality because you have become identified with it. You become it! Then you know that the underlying reality of all things is essentially the same. You begin to realize that forms are not as solid as they seem to be; that form is a matter of number relationship, of rhythmical pulsation and of geometrical proportion. From this you can develop an habitual conviction that all forms are subject to change.

The ability to get into attunement with the inner nature of anything is a latent potential of human personality. We do not acquire new powers to perform the Great Work. We simply learn to utilize natural forces and energies in a different way. We come to realize that the way to perceive the whole is through close attention to its parts; that keen discrimination reveals that which is veiled from ordinary sensation by the appearances of manifestation.

In natural man most of his activities are but responses to environmental stimuli. Man is an image of God because he has like abilities. This likeness, however, is a likeness of quality, not of form. To unfold this image is the purpose of all occult work. Subtle perception requires a subtilized form of organic structure. The woman in Key 6 is the High Priestess after she has become receptive to the Angel. Her receptivity is the result of organic changes brought about through practices such as we have been outlining.

The Magician is the initiator of the creative process on all planes. Every activity of subconsciousness is automatically under his direction. As you focus your attention on a question about which you wish to receive greater understanding, you are actually focusing units of living energy. The vibratory activity of your brain becomes attuned to it . . . literally shaped to the question. If you have deliberately released the subconscious level of you from the limitations of what you think and know personally, it is free to attract a higher level of comprehension related to the question. This is why it is often said that every problem contains its own solution. Attention concentrates energy and forms a channel for a higher form of intelligence. Thus, it is through right understanding of self-conscious powers that you can begin the renewal and revivification of your vehicles that actually structures them to receive the higher creative emanations from the level of Briah.

### TECHNIQUE

In this practice we want to help you learn to concentrate in ways that will help you get into rapport with the inner nature of things.

Place before you Tarot Keys No. 1, 6 and 9; the 8 of Cups; the Prithivi-Prithivi Tattva; and the yellow color card. Begin with deep rhythmic breathing and the intonation of the Divine Names.

Visualize yourself in an ocean of vibrating blue-violet light.

Become the Dancer holding the rapidly moving spirals of light in your hands. Extend the spirals so that they encircle you in two directions.

As you concentrate your attention on the moving spirals, feel the energy intensifying within you. Intone on the note A.

Transform the ocean of light into a brilliant orange. Place your center of conscious attention between the Sun and the Children in Key 19. Form a figure 8 of brilliant yellow light between the sun and the children, with you at the crosspoint. You are a point of intensification for the conscious energy of the Sun; for the Mercury of the Sages. Feel this energy of higher intelligence filling you with super-personal life and love. Direct it toward the children to prepare them for conscious union with the Central Self.

Transform the light in which you are immersed into a brilliant red. Place yourself in the Tower of Key 16. The flash of lightning from heaven is a cleansing fire, dispelling error and preparing you for revelation of the true nature of the Self. Intone on the note C. Repeat the color visualization and intonation for the Sun.

Immerse yourself in vivid violet light. Center your conscious attention on the inner point of the wheel. From that point of inner stability bring to mind the truth that the inner nature of all things on the circumference is one with the center. Intone on the note A#. Repeat the color visualization and intonation for the Sun.

Now visualize yourself immersed in the emerald green of Venus. Become the Empress! In your imagination hold the copper shield in your left hand. See the dove emblazoned on it. Feel your right hand holding the scepter! True imagery feels! Deep concentration in imagery experiences the image. Be aware of the moon under your feet and the wheat in front of you. Hear the sound of the waterfall! Breathe in the aroma of the roses beside you! Take your time and try to give close attention to exact details. Again flood yourself with the emerald green vibrating light and intone on the note F#. Repeat the color visualization and intonation with orange.

Immerse yourself in the sparkling intense blue of the High Priestess. See, feel and hear the flow of the liquid blue water, in quiet rhythmic motions, flowing from your robe. Now put your attention on the scroll in your hand. Unroll it! Feel a quiet, intense expectancy that some aspect of knowledge, which has been only dimly perceived by you up to now, is about to become crystal clear! As you intone on the note G# feel the serenity of faith in the unfailing support of the Universal One. Repeat the color visualization and intonation for the Sun.

Meditate on the symbols related to the Mercury vibration before you. Then assume the position of the Magician. Raise your right hand above your head as he is doing. See the rose arbor above you; let a leaf fall from it and touch your hand. Image the figure 8 of light energy—in rapid motion—just over your head. Point your finger toward the roses and lilies in the garden. Pause to actually smell the scent of the rose and the lily filling the air. Next, give your attention to the table beside you. Bring the four implements thereon to mind. The cup is a

sparkling silver. Touch it and feel its smooth coolness. The coin and sword hilt are gold. Pick up the coin and feel its texture. Take hold of the sword hilt. There is a white band around your brow. Be aware of it. Touch the blue-green serpent belt around your waist. While you are putting your attention on each detail of the Magician, at the same time become aware of a continuous flow of vibrating energy that is being drawn into the wand in your right hand. The brilliant yellow, pulsating light courses through your body, illumines your brain, heightens your consciousness and then flows out through the pointed finger of your left hand and floods the garden with luminescent light.

# (Meditation):

"I am Thy transparent vessel. Thy light illumines my entire being. The life that awakens me is Thine. The thoughts that inspire me are Thine. The love that exalts me is Thine. The body that shields me is Thine. The more I let Thee live through me the more beautiful becomes Thy garden and all the flowers therein."

Once again feel the light descending from above, becoming intensified and concentrated through you and then flowing out to illumine and perfect the garden. Intone on the note E.

Finish by performing the color synthesis ritual and the relaxation exercise. ##

# Lesson Thirty-one

(from the transcripts of class lectures by Ann Davies)

The 8 of Swords symbolizes the activity of Hod, sphere of the intellect, in Yetzirah, the Qabalistic world related to the whole suit of swords. The influence of Mercury in Gemini, Key 6, is also related to swords through the meanings of the letter zain. It is intellect as the discriminator, the distinguisher, the separator, the discerner, that is emphasized by its activity in Yetzirah, the world which is directly concerned with giving form to the appearances in Assiah. The self-conscious mind is the channel through which divine ideas are brought into manifestation in the Kingdom.

Man is a creator. He wills, he thinks, he speaks — and thought forms eventuate. Yetziratic substance is attracted to the enunciator and is formed after the pattern of the predominant Word. The automatic consciousness tends to clothe any idea — erroneous or true — to which it is continuously exposed. The formative power of our thoughts and images is particularly powerful during meditation when concentration of creative energy is at its most potent.

Before man can be a conscious magician he must have used the self-conscious separative, distinguishing faculty to develop awareness of just what forces, forms and combinations of energy will bring about the desired results. Personality transmutation requires some idea of what is to be achieved and the means for achieving it. Then there must be a persistent adherence to certain lines of mental activity until the desired way of thinking and responding becomes a fixed habit of mind.

Man is a self-knowing, self-conscious being. This self-awareness is the power of the One Ego working through personality. We are receiving sets that intercept impulses from above which express through us as our thoughts, emotions and actions. However, until we have freed the Yesod level of our personality complex from erroneous interpretations of sense experience and from deluded separative responses, the flow of divine energy from above is mis-shaped in Yetzirah, causing its expression in Assiah to be equally mis-shaped.

All the evil, anti-social uses of the creative, directive faculties of self-consciousness are based on the delusion of separate personal will. This negative use of power is what creates the miseries we experience in our environment and in our relationships with others. The cure is to do all we can to dispel separateness in any of its infinite and devious forms of expression: our feelings against this or that; our attempts to influence others for personal gain; our resentments because we are not treated as we think we should be. Hod, sphere of the intellect, is connected to Tiphareth through the Path of Ayin, Key 15, related to misunderstanding of appearances.

Yet it is through the problems and repercussions we encounter by giving appearances the place of causation that self-conscious intellect is

developed and eventually understood for what it is. When the delusion resulting from misunderstanding of appearances is overcome, Ayin becomes the Renewing Intelligence whereby self-conscious intellect is able to comprehend the New Image of personality as a vehicle of the Ego.

Self-consciousness is the Magician because its powers enable us to transform things around us. The most important thing to remember is that the Magician is the Intelligence of Transparency. A true magician does not attempt to force shapes upon life to suit his fancy. By intelligent application of the law of suggestion you can become the instrument through which ever more perfect forms are brought into expression in Assiah

As the personality complex of any human being becomes increasingly transparent and cleared, the power flowing from higher levels of consciousness is accelerated and transformation into the New Creature begins to take shape. To a human personality who has become a clear channel for the One Reality, the forms and processes in all the kingdoms of nature are seen to be phenomena of the Universal Consciousness and identical at the Center.

Our work is helping us to become an instrument able to intercept rates of vibration from planes above that of human self-conscious awareness. It is through the increasing transparency of personality that we begin to receive seed ideas from the levels of Atziluth and Briah. At first our reception of these higher impulses comes as a somewhat vague realization of universal principles and laws that dimly show us the relationships between certain basic forms and their purpose or function in Assiah. When we do receive such ideas we must begin to verify them through the fullest possible use of our discriminating, discerning, distinguishing faculties.

In the Grades of Initiation the one associated with the Sephirah Hod is given the Latin name of Practicus, one who practices. The practice referred to is that of verifying the knowledge and seed ideas received in study and meditation by actual practices of careful observation. The verification leads to an intuitional realization of the true meaning of the acquired knowledge. Through such practices one becomes directly aware of the truth that all events, all objects, all situations are operations of a Single Identity, a Single Power.

How is the practice carried out? In Latin Gematria practicus adds to 100, which is also the number of signatura. This word refers to the patterns imprinted on and inherent in natural forms. Through acts of careful, detailed contemplation and discrimination we can begin to detect the basic principles of form. By really looking at forms in nature, by observing details and detecting slight differences and subtle similarities, the basic geometrical force relationships behind form are revealed to the conscious mind. Such practices also serve to rid the automatic consciousness of erroneous interpretations of sense experience by freeing us from the delusion as to the meaning of outward appearances.

This practice in detailed observation leads to the direct experience of the unity of life. The outcome of spiritual alchemy is a consciousness of the Oneness of All. It emancipates us from the evils and miseries based on the delusion of separation. Yet, paradoxically, the preliminary work demands the separative sword of discrimination. It requires careful observation of details in daily life and in nature. After this separative work has been completed, one is prepared to begin the New Synthesis, which culminates in the completion of the Great Work.

Note that Hod is connected to Yesod through the 30th Path of the Collective Intelligence. This Path of the Sun has to do with the New Synthesis we spoke of. It is actually a new mental conception of the true nature of human personality. In the magical use of self-consciousness we must have a definite, distinct idea of what needs to be transformed before we can set it into motion in Yesod.

We are all builders. We cannot help being! When we think, we build in subtle substance. Our aim is to build the perfected body of adeptship. It takes years of devoted practice to adjust the brain and muscular system to this high state. Essentially, adeptship is a change in consciousness, but to be complete it must transform all the vehicles. It is a consequence of structural and chemical alterations that come about gradually. The physical changes are preceded by a series of changes on the mental and emotional levels. First of all, there must be a conscious intention, followed by definite and carefully planned practices, until the aspiration to become more than man becomes automatic and permeates your every thought, your every emotion, your every activity.

Regeneration begins when we participate in practices that alter our ideas of the meaning of appearances. Earlier we spoke of the signatures or symbols in nature that reveal hidden truths about formation. Geometrical structures are always related in some way to the function or purpose of the form or expression in which they are found. They give us keys to the directing of the astral light. Through conscious awareness of these formative processes we can begin to build patterns that attune us ever more knowingly to higher guidance.

Perfect attunement is the result of the completion of the organ of spiritual vision related to the Pineal Gland, the Mercury Center and the yellow color vibration. It is through the completion of this inner Sanctum Sanctorum of the Temple that we are able to receive continuous awareness of higher planes of consciousness.

Human intellect is the agent for the building. The Ego centered in the heart is the One Builder. We are working to come into closer touch with the Central Self. The quest for the Inner Center is of first importance. Make it your primary object in life. "Seek ye first the Kingdom of God and His righteousness." You always find what you seek.

### TECHNIQUE

For this Technique place before you Tarot Keys No. 1, 6 and 9; the 8 of Swords; the Prithivi-Prithivi Tattva; and the yellow color card.

The emphasis in this practice is on helping you develop greater discrimination and awareness of details. When you know how to formulate ideas correctly you are becoming a conscious magician in the service of God.

Begin with deep rhythmic breathing and then intone the four Divine Names. Image yourself in an ocean of liquid blue-violet light and visualize yourself as the World Dancer of Key 21. Immerse yourself in the love of the Great Mother. It is She who has woven the garments that have made you a self-knowing creature of God. Intone on the note A#.

Transform the ocean in which you are immersed into a brilliant orange. Breathe in the substance of enlightenment... the substance that is at once wisdom and love. Then intone on note D and pour out the illuminating orange light to all the directions of space.

Transform the ocean into a brilliant red. Feel it wash through and through you, waking you up, stimulating you and your ability to reason, to think clearly. Prepare to embrace Reality and reject delusion in all of its myriad forms. Intone Ah-oo-mm on the note C.

Return to the orange light and intone on the note D.

Visualize yourself in vibrating violet light. Pause to see the rhythmic, pulsating motion of the light as it fills all of space. Become the sphinx at the top of the rotating wheel. She is holding the sword of dominion in the Formative World. Dominion is the fruit of discrimination, of careful evaluation, of ceaseless search for truth. Intone on the note A# as you flood yourself once again with the vibrating violet light.

Return to the orange light of the Sun and intone on the note D.

See yourself in a luminous ocean of indescribably brilliant green light. Become the Empress and feel the yearning desire, the endless longing to behold the truth and beauty in every one of God's infinite forms. Intone on the note F#.

Again flood yourself with the orange light and intonation. Note the rhythmic pulsation of this continuous return to the Sun after energizing each of the other Interior Stars.

Immerse yourself in the brilliant blue sea of the High Priestess. Feel the quiet, rhythmic, liquid waves wash through and through you. Become the High Priestess; feel her serenity, her receptivity, her reflectiveness. When you free her from the mistaken ideas about her true nature, she reflects the SELF to you. Intone on the note G#.

Return to the orange vibration and again intone on the note D.

Now meditate on the symbols before you. Feel the love and healing emanating from the Angel to the receptive Lovers below. The light from the Hermit's lantern is the Light of Wisdom guiding your way back to conscious union with Him. Now, become the Magician! Permeate yourself and all else with vibrating yellow light. Feel the substance of illumination entering through your wand, concentrating itself with you, making you a brilliant center of Light. Now pour that

light out into the garden! Flood every flower with it . . . every leaf . . . every implement! Even the table! Fill everything with this luminous light until everything becomes <u>transparent</u> . . . and its inner nature stands revealed before you!

### (Meditation):

"Oh Thou Lord of Life, who hast filled me with Thy Light of knowing, I open my heart, my mind, my body to Thee. Let me see Thy Spirit in every form; let me hear Thy melody in every sound; let me taste Thy essence in every fruit; let me breathe Thy fragrance in every flower. I am Thy vessel! Fill me with Thy love that I may pour it out to all Thy creatures in all Thy kingdoms in ever greater measure."

Permeate yourself with brilliant, vibrating yellow light and intone on the note E. Finish with the integrating Ritual and the tensing and relaxing of your entire body. ##

# Lesson Thirty-two

(from the transcripts of class lectures by Ann Davies)

The 8 of Pentacles, Hod in Assiah, suggests <u>practical</u> intelligence. That is, the kind of concentration and alert attentiveness that enables one to competently handle the problems of everyday life. This is shown in the divinatory meanings of the 8 of Pentacles, which include skill in the management of material affairs and industriousness. The whole suit of Pentacles, referring as they do to physical plane matters, also represent the finished product. As <u>coins</u> they refer to something valued.

In connection with the Magician, the Pentacles refer to the importance of having proper respect and understanding of relative values. It is an aspect of the discriminatory faculty; an ability to give conscious attention — which is power — in proper proportion, based on competent evaluation of importance.

Conscious attention focuses units of power. Any idea to which we give close attention tends to be clothed by living substance into some degree of form. Concentration makes an idea or image procreative because it attracts points of life. This is why man is said to be the image of God. His ability to formulate seed ideas and create mental images is a power like unto God. One is the number of the Magician. One is also the number of Kether, the Crown of Primal Will. Self-conscious attention is the Beginning of the Whirlings in our individualized microcosmic world.

We have emphasized the importance of concentration and attention in focusing power for spiritual illumination. Yet one-pointed attention alone is not enough. Indeed, it is dangerous if divorced from intelligent discrimination and a sense of right evaluation of importance. As we all know, one-pointed concentration can be fanaticism and other unbalanced, unhealthy expressions of mono-mania. Intelligent use of concentration, then, demands discrimination and balance. Through long, persistent practice in this kind of concentration, we can begin to detect the processes that brought man to the state of natural humanity. Becoming More Than Man is the result of perceiving the processes of natural evolution and then proceeding to utilize them in ways that will make us a member of the Fifth Kingdom.

As I have often discussed with you, it is difficult to concentrate unless you really care about the object of your concentration. It has to be important to you. You have to have a definite interest in what you are concentrating on. Strong emotions are always involved in effective concentration. The power of desire is what gives creative thoughts their manifesting power.

We have often heard that quiet meditation on any object attunes us to its Inner Reality. Yet it is difficult to quiet the mind and hold the stream of consciousness stable long enough for the attunement to take place until we have enough of an idea of what we are seeking to hold our

interest. There has to be interest! We have to care! We have to give the kind of intense attention, for instance, that we give to a new love relationship. This is where the work of the Magician comes in. Acquisition of knowledge and information kindles the desire for more knowledge and enhances our ability to concentrate.

As sincere aspirants of long standing all of you have the first essential — the drive to know. To become conscious magicians we need to have enough knowledge of the formative powers to make the search for their secrets in natural phenomena interesting enough and important enough, so that concentration becomes automatic. Your years of searching for knowledge and understanding have already built the interest, the yearning, the caring . . . indeed, the need that ceaselessly searches for further illumination. Thus you cannot help concentrating more deeply than most of you realize. What I want to emphasize here is that until one has shown this desire for light and has persisted long enough to have an intimation of what is being sought and how to find it, deep concentration and meditation are not possible.

When we begin the conscious building of the Inner Temple we must have enough of an idea about what we want to accomplish to be able to make clear, precise images and instill them with the yearning for yet more light that makes concentration automatic. As we use our conscious mind to verify in Malkuth what we have vaguely perceived in our studies, our aspiration begins to multiply. The search for wisdom is cumulative. As we learn more and verify more, our desire for further illumination increases many fold. Concentration becomes easier and easier because we have more questions for which we are seeking answers. As our field of awareness continues to expand, the questions we ask are on an ever higher arc, and so are the answers we receive.

The Sephirah Hod is orange, as is the Sun, Key 19. Key 6, Gemini, is also orange. Astrologically, Key 6 relates to the bodily area that includes the lungs. The orange vibration is associated with the absorption, through the lungs, of subtle forms of energy utilized in higher intellectual functions.

In Virgo, Key 9, Mercury rules and is also exalted. The Hermit is a symbol of Chokmah, Wisdom, as is the letter Yod. Chokmah corresponds to the projective self-conscious aspect of the Life-power. It is the Mezla or life-force that flows through all below it on the Tree. Through conscious imagery, a process can be initiated whereby the assimilation of the life-force or 'potable gold' from food is greatly increased and infinitely more complete. This subtle substance from the Virgo aspect of Mercury is necessary in order to fixate the subtle substance from the Gemini aspect of Mercury.

This Mercurial energy, in either of its forms, is identical to the Sattva Guna of the Yogis. Sattva translates as 'illumination material' or 'substance of enlightenment'. In Alchemy it is the Mercury of the Sages. The absorption of this substance of wisdom is one result of our vibratory practices and exercises in breath control.

The Pineal Gland is the physical organ associated with Spiritual Vision. The fact that Key 1, corresponding to attention and concentration, is related to this center intimates that a concentration of Mercurial illumination material is what brings the Pineal Gland from latency into active expression.

Energy is automatically focused toward the higher centers in the brain by intellectual pursuits, by aspiring to wisdom, by searching for knowledge and by yearning for more understanding. Where our predominant attention goes, so go the points of life that finish the organ of spiritual vision. Furthermore, our search for light, our aspiration for wisdom, lifts the concretizing energy of Saturn upward toward this highest center in the head.

Concentration attracts and holds units of life energy. It forms them into the structure that acts as a receiver for superpersonal vibrations. The expansion of consciousness that marks one who is close to liberation is the result of a concentration and direction of energy that dissolves all obstacles — mental, emotional or physical — that stand in the way of the free flow of energy from above.

#### TECHNIQUE

With this Technique we complete the vibrational correlation of the Seven Interior Stars in the Four Worlds. Your participation in these acts of conscious creation is preparing you to be an ever more valuable instrument of the Life-power, an ever more effective co-creator with God. This practice is particularly effective in helping us to develop the ability to concentrate constructively and powerfully.

Place before you Tarot Keys No. 1, 6 and 9; the 8 of Pentacles; the Prithivi-Prithivi Tattva; and the yellow color card. Intone the four Divine Names.

Immerse yourself in an infinite ocean of blue-violet light. There is naught but rhythmic, graceful waves of blue-violet. With every inbreath feel the liquid waves flowing through you, pervading you, embracing you. On the out-breath radiate the light outward to fill your aura, your environment, your subtle vehicles, the planet . . . out and out to every direction of space. Intone on the note A.

Visualize the infinite ocean transformed into a brilliant orange that is nourishing you with the substance of love and wisdom. Intone on the note D.

Transform the light in which you are immersed into a brilliant red. The fire of heaven is the destructive fire that breaks up all patterns which stand in the way of the free flow of light from above. Intone on the note C.

Return to the orange vibration and intonation.

Immerse yourself in brilliant violet light. Concenter yourself with the point at the center of the wheel. <u>Feel</u> a yearning desire to unveil the secrets of all the four worlds, to know them, to become one with them. Intone on the note A#.

Return to the orange vibration and intonation.

The sea in which you are immersed is now a luminous green. Become the Empress. She is that within you which gives the love, the caring, that makes true creation possible. Intone on the note F#.

Return to the orange vibration and intonation.

Now immerse yourself in the beautiful serene blue sea of the High Priestess. She is the preserver of truth. When you quiet the outer turbulence she reveals herself to you. Intone on the note G#.

Return to the orange vibration and intonation.

Now meditate on the symbols before you as you immerse yourself in glowing yellow light. Assume the position of the Magician and dedicate yourself to becoming a transparent instrument of God . . . a servant of life.

#### (Meditation):

"Oh Thou infinite life of me, it is Thy aspiration that expresses through me; that holds me in quiet contemplation so that I may know Thee and see Thee and touch Thee in every garment that Thou hast fashioned. Thou hast given me the precious gift of awareness. I dedicate it to Thy service. I want only to be Thy vessel and to pour out Thy love to the garden of life, that it may reflect ever more of Thy Beauty and Perfection."

Intone on the note E and again feel the glowing yellow light permeating everything, everywhere, in all directions. Finish with the integrating ritual and the tensing and relaxing of the body. ##

# Lesson Thirty-three

(from the transcripts of class lectures by Ann Davies)

So far in this course we have completed several weeks of intensive practice with the Inner Holy Planets. This has helped us to form a powerful pattern for activating, balancing and coordinating these seven basic energies. Now we want to begin utilizing this training in special ways that will help us to become ever more effective instruments through which the One Ego can accelerate the evolution of the human race.

We cannot exhaust the wisdom inherent in true grasp of these seven vibrations. They have cosmic significance, as well as ties with the solar system, the planet and with our several bodies of individuality. The more facets of their expression we are able to perceive, the more prepared we are for illumination. The seven energies, in all their infinite variations and gradations of expression, hold the master key to liberation. When you truly understand them and have balanced and coordinated their activity within your personality, you will be an adept and you will know that no matter how many times and in how many ways they are presented to you, their meaning and the possibilities of their expression can never be exhausted.

Up to this point we have emphasized the planetary energies in relation to their sphere of activity in one of the ten Sephiroth in one of the four Qabalistic worlds. In this lesson and the next three, the emphasis will be on correlating each with the path on the tree and the pair of opposites related to the corresponding Hebrew letter. The path of any planetary Tarot Key, as you know, is distinct from its sphere of activity in one of the ten Sephiroth.

The Hebrew letter related to the Inner Holy Planet Saturn is Tav. It is assigned to the 32nd Path of the Administrative Intelligence which joins Malkuth to Yesod on the Tree of Life. For Tav the pair of opposites is dominion and slavery. True dominion makes one an actual participant in the administration of the evolutionary process. We are working toward this level of dominion by gaining it in more and more aspects of everyday life. In any area of endeavor where we have gained mastery, we have dominion. In an area where circumstances, relationships or situations dominate our reactions and responses, we are still enslaved. That is, we are still caught in the inertia of a habit pattern that shackles us to a previous stage of growth and keeps us from going on to the next turn of the wheel.

To eliminate any such expression of slavery is a most important aspect of the work of Saturn. Remember, however, that slavery is not the same as heavy responsibilities or even burdens. For instance, one mother might feel over-burdened and enslaved by the responsibility of her children, while another mother considers everything connected with her children a privilege and a joy. The sphere of activity is apparently the same, but the response is utterly different.

Thus, a different way of interpreting a burdensome situation can make the difference as to whether we will feel enslaved by it or see it as an opportunity whereby we can further our dominion over another area of the personality life. In the final analysis it is not so much what we experience that is important as it is learning to comprehend the real meaning behind it. Any experience in Malkuth is the outworking and the end result of previous activity on the mental and emotional levels.

The 32nd Path connects Malkuth, sphere of our physical environment, to Yesod, the pattern-holding level. The dominion we are able to gain in Malkuth is dependent upon the dominion we have achieved in Yesod. When the Ego dominates the lower nature, the personal instrument becomes a cosmic servant and a participant in cosmic administration.

The sphere of activity for Saturn is in Binah, the form-giving Mother. Saturn is the concretizing energy, the winding up energy, the slowing down energy. It tends to finitize or congeal what it is directed toward. Relative to man, what it finitizes is dependent upon the individual degree of dominion; upon the openness of personality as a channel for Wisdom from the level of the Ego in Tiphareth.

The Ego, as you know, is related to the Sun, Qabalistically assigned to the Hebrew letter Resh. On the Tree of Life, Resh is the 30th Path of the Collective Intelligence. The pair of opposites assigned to it is fertility and sterility.

The 30th Path connects Hod to Yesod, intellect to the vital soul. Intellect first develops as the result of confrontations with the impulses and instincts of the vital soul which we share with sub-human levels. The vital soul is our Foundation, our backdrop of intelligent substance through which the Real Self in us develops self-conscious human intelligence. The development of intellect is the result of the action, at first unconscious to the individual, of the Sun or Ego upon the vital soul. Thus the link between Hod and Yesod is the path of Solar influence.

Intellect continues to develop more understanding by comprehending the workings of the automatic consciousness. It is the interplay between Hod and Yesod through the 30th Path that prepares the way for the conception of the New Creature.

From earlier studies you learned that the 30th Path relates to the new synthesis which produces the New Creature out of the old. Personality is the seed out of which the Life-power evolves our Fifth Kingdom vehicles. They are evolved out of natural man's mental, emotional and physical activities.

Through the 30th Path the growing intellect begins to gain control over the vital soul impulses of Yesod, thus making it possible for the Solar Consciousness to reflect the first glimmerings of higher wisdom into the personal brain. The active transforming power does not originate in personality but it does dwell within it.

This ability to receive the first glimmerings of Ego guidance is the fertility referred to in the pair of opposites assigned to Resh. We are sterile, that is unable to nurture the seed of the New Creature, while we are yet dominated by the powerful tides of human ignorance and untempered compulsion. The New Self is grown in the womb of subconsciousness, but until it is sufficiently cleared of distorting patterns the perfect seed ideas from the Ego remain dormant.

The New Synthesis which culminates in adeptship is the result of a different organism than that of ordinary man. Because an adept has more sensitized receptors he interprets the universe around him with more accuracy. This means that, in effect, he is living in a different world than the one most people believe they are living in.

You are already well on your way to finding this new world. Your conscious drive to unveil the meaning of life is the impetus that is accelerating your spiritual growth. It is making you a fertile field in which the Ego can conceive, nourish and bring forth yet another instrument able to enter the Fifth Kingdom.

Thus it is intellectual activity that prepares the way. Through the 30th Path the growing human intellect becomes aware of, reacts to, and interprets the workings of the vital soul. The early synthesis or collection results in the feeling of being a separate human being, aware of environment. The distinct self-aware consciousness must reach its term before the Ego can conceive the New Greature in the womb of the old. The Collective Intelligence also symbolizes the further interplay between Hod and Yesod which leads from self-conscious individuality to Rebirth into the Fifth Kingdom.

The main thing to remember is that the culmination of the Great Work, which makes one a member of the Fifth Kingdom, is carried on by the One Ego. The personality is the subject of the operation. 'I' is not a separate entity belonging exclusively to your own personality. In reality 'I' is the Christ principle, the Son, the Sun, the Ego dwelling in the heart. In all human beings it is ONE.

There is no liberating power in mere intellectual knowledge or assent to truth. We have to get our personal consciousness into alignment with the Ego. This is the result of learning to dwell continuously in the condition of depending upon the Central Self. When we have established this line of inner communication between the Self and the personal brain, our lives and works will express in loving kindness, in unfailing benevolence, and in perfect good will to all beings.

We will continue our development of the seven basic vibrations as paths on the Tree and as the pairs of opposites in the next lesson.

### TECHNIQUE

In the practice for this lesson we will elaborate on the visualization for aiding the planet earth, which I introduced to you earlier. The more we can really <u>feel</u> a yearning to be of service, the more willingly

we forget our little self and its development and put our attention on service to All, the more rapid will be our progress. True selflessness, like everything else, becomes easier, stronger and more effective with practice.

Place before you the seven Tarot Keys that depict the seven basic vibrations in this order: Keys No. 21, 19, 16, 10, 3, 2 and 1. Meditate upon them for some time and then intone the four Divine Names. Do not forget the importance of deep rhythmic breathing. We are making a positive habit pattern of correct breath control. As you breathe out, let go of all tensions, of all that interferes with your ability to channel the vibrations of higher wisdom. On every in-breath, take in the light of love, of equilibrium, of wholeness, of completeness.

Now visualize yourself immersed in the planet earth. You form a cross within the entire planet. Your head is above the north pole; your feet are below the south pole; your arms form a cross through the equator. The earth is a fluidic, pulsating, breathing, living entity. It is your larger body.

As you look first at Key 21, visualize the liquid earth as of a blue-violet hue. Send out waves of blue-violet, waves of strength to help humanity feel responsibility for each other's welfare and thereby begin to pierce the veils of delusion that enslave them.

Intone Ah-oo-mm on the note A:

"I dedicate myself to helping establish the dominion of spirit over the manifest world."

Look next at Key 19 and visualize the liquid earth in which you are immersed as a vibrating, pulsating orange. Permeate all mankind with the orange light of the Sun. Help prepare them to become a fertile field for nourishing the seed of higher love.

Intone Ah-oo-mm on the note D:

"I open my heart as a channel for the unfailing love that will transform the earth into a garden of harmony and delight."

As you meditate for a moment on Key 16, visualize the liquid earth in which you form a cross as a brilliant, vibrating red. Permeate all mankind with the Martian vibration to help awaken them from their dream of sense so that they may dwell in the grace of God.

Intone Ah-oo-mm on the note C:

"I dedicate myself as a channel for the lightning of heaven to the end that all the towers of error that hold men in seeming isolation from each other and from God may be destroyed."

Look next at Key 10 and visualize the earth as formed of a liquid violet light. Permeate all mankind with this light to help them get into harmony with the cosmic cycles and know the meaning of eternal supply.

Intone Ah-oo-mm on the note A#:

"I dedicate myself as a channel for the unlimited treasures

# Lesson Thirty-four

(from the transcripts of class lectures by Ann Davies)

We will continue the correlation of the seven basic vibrations with the related paths of wisdom and pairs of opposites.

The Hebrew letter assigned to the Mars vibration is Peh. On the Tree of Life, Peh is the 27th Path of the Exciting Intelligence which joins Hod to Netzach, intellect to desire. The pair of opposites assigned to Peh is grace and sin.

The lightning flash in Key 16 is the grace of God which awakens us from some level of darkness and ignorance. We are in a state of sin so long as the Mars reproductive energy continues to energize patterns which are no longer progressive for us; patterns which help keep alive the ancient misconceptions about the creative energy of God.

The pain which accompanies its misuse leads finally to a greater understanding of the Mars energy. Eventually every human unit gets knocked out of his endless repetitions of ignorant behavior by sheer pain and discomfort. The Grace of God does not permit us to remain in ignorance indefinitely. When we have had enough of misery, His Grace rents a hole in our tower of error that lets in the first streams of liberating light. Then this driving energy becomes the energy of freedom. It becomes the drive to wisdom, the yearning for understanding, and the longing for liberation.

The 27th Path of the Exciting Intelligence is one of the three reciprocal paths on the Tree. In these paths, interchange is between two Sephiroth on the same basic level or plane of expression. Through them an eventual equilibrium is established that causes a direct flash of insight into the next level of expression, which, in its turn, must then be stabilized and perfected.

Through the path of the Exciting Intelligence the driving Mars influence incites intelligence and emotion to act upon each other. Intelligence without the higher emotions of love and caring is cold and selfish. Reason and logic, over-emphasized, miss the mark and result in the sin of separation and materialism. On the other hand, strong emotion without intelligence becomes indiscriminate passion. Mercy without reason results in misguided benevolence and erroneous interpretations of experience.

In itself, the Mars force is power. It is neither good nor bad. It activates what it is directed toward by the power of attention and assent. When its disruptive quality is rightly directed it tears down patterns, either mental or emotional, that obstruct our ability to receive higher wisdom. Sometimes this brings much misery and sorrow in its wake, but whatever unveils truth and releases us from error is the Grace of God, no matter how painful it may be.

As Netzach and Hod are brought into relative equilibrium through the work of the 27th Path, intelligence begins to control and upgrade our use of desire; and desire reciprocates by giving impetus to further development of mind. As this reciprocation continues, the Mars energy itself becomes sublimated and refined. Less and less of it is drawn into animal drives and lower desires; more and more of it begins to energize the higher centers in the brain that bring us into conscious, continuous contact with wisdom from the level of the Ego in Tiphareth.

The Hebrew letter assigned to Jupiter and Key 10 is Kaph, the hand in the act of grasping. On the Tree of Life it is the 21st Path of the Intelligence of Desirous Quest which joins Chesed to Netzach, mercy to desire. To Kaph is assigned the pair of opposites wealth and poverty.

The name of the 21st Path suggests a search. The Hebrew word meboquh, WP120, in the title of the Path is from a root meaning emptiness, hunger or thirst. Its relation to Kaph intimates that there is a need to grasp certain essentials before we can know just what is worth searching for, and what will leave us disappointed and still yearning after the quest has apparently been satisfied.

The rich life we seek may be for material things, or for personal happiness, or even for finding a way to serve others; but until our search is directed within, until our desire nature becomes receptive to the influence from Chesed flowing through the 21st Path, the transitory satisfaction of any desire will leave us still thirsting. Without the grasp of Kaph we cannot image the aspirations of the Higher Self clearly enough to make them our primary aim. We must settle for lesser desires until their lack of satisfaction drives us to seek the true riches which come only from within.

At first we cannot grasp just what it is that we are seeking. We feel a deep yearning, a longing or a lack, that we usually interpret as a desire for various degrees of fame and fortune. All such desires serve their purpose. The transitory satisfactions they bring make us realize that they are not the ultimate goal.

As our desire nature becomes increasingly receptive to emanations flowing through the 21st Path, we begin to realize that the only desire which will truly fulfill us is the desire to be an instrument for the expression of wisdom from above. We receive this realization in small ways at first. Eventually it grows into exact knowledge.

The price is persistence in study and meditation. We have to keep our mind from wandering away from the specific treasure we are seeking at the moment by alert self-conscious attention. It is in this way that we get our individual vibratory keynote into alignment with the cosmic rhythms and cycles of expression. Then we are able to share in the cosmic memory stored in the Jupiter center, which is part of our rightful heritage from the past.

This perfect cosmic memory, however, will avail us little until we have established the grasp of Kaph; the receptivity to the 21st Path which gives us right comprehension of the significance of these memories and a perception of how they apply in our search for liberation.

The wisdom we receive is the wealth that dispels all our former poverty — mental, emotional or material. It helps us to comprehend the principles of creation and gives us dominion in the Formative World.

The assignment of mercy and beneficence to the 4th Sephirah, which is also related to Jupiter and good fortune, affords us a further clue. Unfailing beneficence is the transforming power. It transforms the very structure and function of our bodies because we are practicing truth, living truth, demonstrating truth. Life is One. Beneficence is an actual demonstration of this oneness.

### TECHNIQUE

Again place the seven Interior Stars before you along with a diagram of the Tree of Life, with the Sephiroth and connecting paths appropriately colored. The practice in this lesson is one particularly formulated for protection. We are going to form a temporary insulation from all mundane influences, our own as well as those rooted in the collective consciousness. It is a temporary gathering and concentrating of the seven energies within our sphere of influence before we emanate them out for the evolution of mankind and the planet Earth.

For this visualization, image the Magician, Key 1, as above your physical body. He is the directing Self of you; he is the mediator; the concentration point through which superconscious powers enter into your field of personal influence.

Now, with the Magician visualized as above you, look at Key 21. Think of its correlating ocean of vibrating blue-violet light. Visualize the Magician, who is your Higher Self-awareness, drawing in the blue-violet energy of dominion through his wand. He is drawing it like a magnet through his wand into his body, filling it with the light of dominion and completion. Through the pointed finger of his left hand he is directing it into the garden below, which includes your physical body. Flood the garden of your body with the blue-violet light!

Now visualize an oval ring of blue-violet forming around your entire body. See it as shaped like the ellipse in Key 21. Visualize this protecting ring as about two inches wide. As you remain encircled with the blue-violet light, intone Ah-oo-mm on the note A three times and then give the following meditation:

"The Magician of me fills my vehicles of expression with the power of dominion, thus preparing me to become an active participant in the administration of both heaven and earth."

With the Magician still above you, look at Key 19. Through his wand draw in a stream of brilliant orange light. Concentrate it within his body! The Magician of you is filled with a concentration of higher consciousness. Now image this energy pouring out through his left

finger into the garden, filling it with the orange light. Remember, in this practice the garden is your personality, that which you are perfecting through the influx of the seven vibratory energies. Next form a band of orange around you, just outside the first band of blue-violet. Intone Ah-oo-mm on the note D, three times, and give your meditation:

"The Solar consciousness is the source of my life, my aspiration, my love. As He fills me with the wisdom of the Ego, I feel radiant with life and love."

Now visualize the Magician receiving the red vibration through his wand. As it fills his body and then pours into the garden, feel it stimulating your mind and arousing in you a determination to do, to act, to accomplish. Continue by forming a ring of red just outside the orange one. Intone Ah-oo-mm on the note C and then give your meditation:

"The Exciting Intelligence is the impetus to liberation. Through its path, intellect and desire come into perfect harmony and form the aspiration that leads me to conscious union with the Self."

You now have a three-band oval of color encircling you, embracing you, protecting you.

Visualize the violet of the 21st Path being drawn into the wand of the Magician, filling you with the light of comprehension and the riches of fulfillment. Form a band of violet light just outside the red band. You now have an oval of four colors surrounding you. Intone Ah-oo-mm on the note A# and give your meditation:

"The quest for love, for truth, for happiness, for security, are but reflections of the unlimited treasures which are already mine. I have only to give up the little self and embrace the SELF for all poverty, sorrow and frustration to be at an end."

Look at Key 3 and visualize the Magician drawing in the luminous green vibration of the 14th Path. Form a band of green around you just outside the violet band. Intone Ah-oo-mm on the note F#:

"The light of the Empress is the light of love and wisdom. There is no love without wisdom nor wisdom without love. In their eternal union each partakes of the other."

Look next at Key 2 and image the Magician drawing the clear blue of the Uniting Intelligence. Form a ring of blue just outside the green one. Intone Ah-oo-mm on the note G#:

"The Uniting Intelligence is the path wherein all mankind are one. From knowledge of this perfect unity comes the realization of identity with Yekhidah in Kether."

Now visualize the Magician drawing in the yellow vibration of the Transparent Intelligence and pouring it out into the garden. Form the band of yellow just outside the band of blue. The circle of protection is now complete with seven vibrating bands of color. Intone on the note E as usual and then give your meditation:

"The light from above is filled with Higher Consciousness. It is this light that is preparing me to become a transparent channel for Yekhidah that His Will may become manifest on earth."

Remain within the oval of seven vibrating colors. Now that you have intensified the energies and insulated yourself in order to gather strength — open up the oval at the bottom and pour out the balanced, equilibrated energies to all the directions of space; to all humanity, all creatures, the entire planet.

Finish with the usual integration exercises. ##

### Lesson Thirty-five

(from the transcripts of class lectures by Ann Davies)

We will continue with our investigation of the seven vibratory energies in relation to their paths on the Tree and pairs of opposites.

The Hebrew letter assigned to the Venus vibration is Daleth, the door. It is the 14th Path of the Luminous Intelligence which joins Chokmah, the Divine Father, to Binah, the Supernal Mother. The pair of opposites for Daleth is wisdom and folly.

The path of Daleth is a blending and reciprocation of the powers of Chokmah and Binah. The life principle of Chokmah, united to the form-giving principle of Binah, is the basis of the human ability to create mental images. When this union is perfectly balanced and harmoniously interchanged in us, our imagination will reflect the images of God.

The 14th Path is the first and highest of the reciprocal channels which link the two outer pillars together on the same basic level. Its name, the Luminous Intelligence, intimates that the light power in this path is derived. The luminosity of the 14th Path glows with the light of Chokmah, the Illuminating Intelligence.

Binah is the womb of manifestation; Chokmah is the seed of Divine Consciousness. Through the path of Daleth, Wisdom enters into limitation in order to manifest Understanding. It is through involvement in form that primordial consciousness becomes self-conscious awareness.

Mental imagery, attributed to the Empress, is the forerunner of the forms finitized by the power of Binah. All the appearances of manifestation are preceded by an activity akin to human mental imagery. On the cosmic level this activity established the cyclic occurrences and intelligent processes referred to as natural law.

These universal patterns, preserved in the womb of the Great Mother, define the framework within which the One Ego builds our bodies from the moment of gestation to full adult growth. Mental imagery continues to affect our physical organism even after full adulthood is reached.

What is important to realize is that on the microcosmic level, mental imagery shapes living substance into frameworks in a manner that correlates with cosmic creation. Man has the ability to modify form. In the practice of the Great Work, mental imagery is called the door into the Fifth Kingdom. When we understand its power and learn to direct it deliberately and consciously, we can utilize it to transform our bodies into vehicles of the Fifth Kingdom.

In most of humanity, creative imagination is not yet able to reflect the Wisdom and Understanding of its Divine Parents. Although the life principle in all forms essentially is that Wisdom and Understanding,

as yet man's imperfect receptivity multiplies the life into forms of folly and ignorance. When our every mental image reflects the reciprocating powers of the Father and Mother more perfectly, we will partake fully of the 14th Path and become conscious co-creators with God.

The Empress, as you know, is also connected with Netzach, sphere of desire. In essence, all desire is rooted in the desire of Chokmah to express His Wisdom through the manifested forms of Binah.

That which is desired, whatever it may be, produces a stream of related mental images which, in turn, are the direct generators of actual physical forms. From this we should realize that in the control, direction and upgrading of that which is desired depends the generation of mental images which will correspond to Divine Desire and bring the Sanctified Intelligence of Binah into outward expression through our personality complex.

Gimel, the camel, is the Hebrew letter related to Key 2 and the Moon. On the Tree of Life it is the 13th Path of the Uniting Intelligence which connects Kether to Tiphareth. The pair of opposites for Gimel is peace and strife.

The 13th Path is essentially the principle of recollection. The High Priestess with her scroll shows her as the preserver of universal memory, retaining the laws of nature within which manifestation proceeds.

Through the 13th Path the reflective principle symbolized by the Moon mirrors the powers of the Primal Will into Tiphareth, seat of the Ego of all humanity. On the Path of Return, the Uniting Intelligence is the channel through which the Ego within the heart of every human being is reunited with Yekhidah in Kether.

The reunion is really a recollection that we are now, always have been, and always will be in union with Yekhidah, who is ONE in ALL. This recollection is tied in with the pair of opposites peace and strife. When man knows for certain that he is in continuous union with every other center of life, strife as we now experience it will be at an end and the reign of perfect peace will become a manifest reality.

The strife and conflict in this world, which cause so much sorrow and pain, are caused by the patterns of separative error in the collective subconsciousness of humanity. Our vibratory practices and directed use of creative imagination are formulated to flood this level of life with the power of the 13th Path. Our major purpose for performing these practices together is to act as conscious channels for the higher vibrations which will bring an end to strife, conflict and war throughout the world.

As more and more instruments of the One Ego experience the unifying energy of the 13th Path, separative patterns in the collective consciousness will cease to be nourished and kept active and influential. Through direct realization of the Uniting Intelligence, the Ego within every human heart becomes a conscious instrument for the Will of Yekhidah.

As each one of us begins to live more and more in harmony with the unity of life, we will find the only peace and security that there is. By expressing this unity in our every thought, emotion and activity, strife and conflict for us will come to an end. When the Uniting Intelligence is experienced by most of humanity, world strife will cease forever.

From the BOOK OF TOKENS - TAROT MEDITATIONS the Self within speaks:

"See me and regard me equally in all, O Israel,
And thou shalt see indeed.

For seeing thus, shalt thou see, too,
That nothing is, or can be, my antagonist.
All, and in all
Shall I fight myself?"

#### TECHNIQUE

In this practice with the seven vibratory powers we want to enhance our ability to experience the unity of life through directed use of creative imagination. There is a great need in the world for the unifying vibrations of the 13th Path and the quality of creativeness attributed to the Luminous Intelligence. To help channel these vibrations into the world we will again visualize ourselves centered within the earth in the form of a cross. The training I am transmitting to you through these lessons is primarily to help the evolution of this planet. To receive light from above, we must be willing to give. With persistent practice the giving of blessings will become automatic and transform you into a living center of healing light for all the world.

Begin by imaging yourself within the planet earth, forming a cross with your head at the north pole, your feet at the south pole and your arms stretched out through the equator. The Empress and the High Priestess portray the Divine Mother, the true spirit of earth and of nature. As you encompass the earth in your visualization you are expressing the power of the Empress and becoming receptive to the unifying vibrations of the High Priestess. Think of your outstretched arms as the 14th Path reciprocating and equilibrating all the pairs of opposites, so that the light of Kether can flow freely into the heart of humanity through the 13th Path. The cross that you form within the liquid earth is the cross of the paths of Gimel and Daleth which link Father to Mother, Crown to Son.

Place the seven symbols before you together with the Tree of Life. Establish deep, rhythmic breathing and intone the four Divine Names to consciously link yourself with the highest spiritual powers. Look first at The World, Key 21, and visualize the earth in which you are centered as a liquid blue-violet globe. Intone Ah-oo-mm on the note A three times and then give your meditation:

"I offer my thoughts, my desires, my activities to the Lord of Life that His Will and His Love may find free expression through me and become manifest in ever greater measure in the world of name and form."

Pause to receive the light of Primal Will into the blue-violet globe in which you are centered. Next visualize the earth as a liquid globe of orange light and meditate upon Key 19 for a few moments. Intone Ah-oo-mm on the note D and give your meditation:

"The orange earth within which I am centered glows with the Beauty of the Son whose light mirrors Kether into the Kingdom of Malkuth. I am the earth, filled to capacity with the radiance of the Crown of Primal Will."

Transform the liquid earth in which you are immersed into a brilliant red as you meditate on Key 16. Intone Ah-oo-mm on the note C and give your meditation:

"The earth within which I am centered is vibrant with the Exciting Intelligence which disrupts all patterns of thought and desire which hold the delusion of separateness. It sets the life free so that it may be re-formed into patterns of conscious union with the Central Self."

Transform the earth into a globe of violet light, filled with the comprehension of Kaph. As you look at Key 10 intone Ah-oo-mm on the note A# and then give your meditation:

"The earth within which I am centered is filled with the violet light of Kaph, the light that prepares all creatures to respond, ever more consciously, to the beneficence of Chesed, thus bringing the true Brotherhood of Man into active expression in the world of Assiah."

Transform the earth into a globe of green, filled with the luminosity of the 14th Path. As you look at Key 3 intone Ah-oo-mm on the note F#; then give your meditation:

"The earth within which I dwell is filled with the Luminous Intelligence wherein the wisdom of the Father is nourished in the substance of the Mother, that the Son of consciousness may approach ever nearer to Union with the Crown."

Visualize the earth as a globe of blue within which all human hearts are linked. Intone Ah-oo-mm on the note G# and give your meditation:

"I am conscious of the essential unity within the seeming diversity of all that is. The heart that is filled with realization of this eternal union dwells in the peace that passeth understanding."

Finally transform the globe of earth into a liquid yellow light. As you look at Key 1, intone Ah-oo-mm on the note E and give your meditation:

"I am an instrument of the Intelligence of Transparency. Through me the light of Kether finds free, unobstructed passage into the fertile garden of earth."

Finish as usual with the color integration ritual. ##

## Lesson Thirty six

(from the transcripts of class lectures by Ann Davies)

As you persist in the practices given in these lessons you will find that, despite the addition of more and more details of visualization, the actual time consumed in their performance will become less and less. Eventually you will be able to elaborate, enhance and synthesize innumerable ideas and images in a telescoped, condensed manner. As your proficiency increases, the whole practice will take only so long as is required to chant the intonations.

Our aim is to make a subconscious pattern of activating, balancing and accelerating the seven basic energies. As this process becomes automatic you will be able to perform it in imagination several times during the day by just bringing the intention to mind. At this point, do not give up the actual performance of the practice with the Tarot Keys, color cards and audible intonations at least once during the day. This is, in effect, bringing the results into Malkuth. The rest of the time your reenactments can be performed mentally, including the intonations. The work will be proceeding in subtle substance, and these extra periods of mental attention will tremendously speed up the transmutational process.

The path of Beth, related to Key I and Mercury, connects Binah to Kether. It is the 12th Path of the Transparent Intelligence. The pair of opposites attributed to Beth is life and death. Transparency is a quality that permits free, unobstructed passage of light. The highest function of personal self-consciousness is to clear the way for light from above. Key I portrays the attitude of receptivity that initiates the flow of Primal Will from Kether into the womb of Binah, wherein primordial substance is given form.

Through the uplifted wand of quiet attention and dedication we begin to receive intimations of the True Will of God. It is this transparent mental quality which permits the flow of Cosmic Purpose to enter into the garden of personal awareness. As it enters the finitizing sphere of Binah it becomes available to us as the higher intuitions of Neshamah, the Divine Soul.

The Magician shows us the quality of intense self-surrender that makes us receptive to knowing the Will of God. No one can obey that Will until he knows what it is. It is only through the understanding and distinguishing attributes of Binah that the Primal Will becomes intelligible to the conscious mind. As you lift your wand continuously in humble aspiration to serve life, you become receptive to the intuitions of Neshamah and receive practical intimations of how you, as an individualized instrument of God, can best serve the evolutionary purpose of the Primal Will.

The secret of the Magician is the transforming, transmuting power of close attention. Through devoted attention we build a subtle channel that permits us to see the world with the eyes of the Universal

Mind. As we enlarge the scope of our awareness by becoming a transparent instrument of God, we enlarge the life principle within. For life is consciousness, and as the scope of our awareness is expanded, so is the life increased.

All life is rooted in the life-force, Chaiah, of Chokmah. That life is present in all things, no matter how veiled it may seem to be. In Tarot, the Hermit is a symbol of Chokmah. The lantern he holds is the light that vivifies and expands the consciousness inherent in all substance. In the practice of the Great Work the Hermit corresponds to the assimilation of this light that is life in ever greater measure through the power of attention. Astrologically, the Hermit is Virgo, wherein Mercury rules. The Alchemical practice referred to culminates in Rebirth; a level of livingness compared to which the limitations of personal life would seem as death.

Conscious awareness of the SELF is the real life. The nearer we approach perfect awareness of the SELF the more life we express. Death in this pair of opposites is unawareness, submergence in form, and restriction of consciousness to the limitations of outward appearance. He who dedicates himself to serving as an unobstructed transmitter of the Primal Will becomes ever more conscious of the larger life in which we all abide.

Key l is the 12th Path of Transparency, channeling the Light of Kether into the field of universal subconsciousness in Binah. Always remember that every cosmic relationship has its microcosmic correlate. When this flow of energy is unobstructed in a human being, the cycles of life and death as we know them are drawing to a close for him. The grade of Master of the Temple, related to Binah, is the culmination of this transformation. A Master of the Temple has perfect understanding of the construction processes of Binah. He has gained dominion over death through His unobstructed transmission of Life.

The technique for this lesson is an elaboration and further expansion of an earlier visualization, wherein the Magician is above you receiving higher emanations through his wand. The light is brought down through intention. It is directed into the garden through attention, where it perfects the qualities of aspiration and wisdom in human personality.

One purpose of this practice, as I pointed out earlier, is to surround yourself with a type of ring-pass-not, providing you with a temporary insulation from interference. The ring-pass-not is fashioned of the seven basic color vibrations and their related tones. What you are insulating yourself from is personality level fears, worries, problems, thoughts, concerns; not only your own but also those which emanate to you from others. The insulation is for a specific period and for the purpose of making you a more effective receiving station for the higher vibratory energies. It is therefore particularly desirable to perform this visualization just before entering into an extended period of meditation. After the meditation is completed the light remains. You return to the problems and patterns of everyday life with increased power and added insight.

The insulation is only for the period of the meditation. We cannot serve life by attempting to wall ourselves away from the rest of humanity all the time. It is impossible anyway, for we are all indissolubly united through the vital soul. Throughout our many lives in our individualized evolutionary trek, we have played a part in forming the negative and destructive patterns in the collective subconsciousness. Under universal law we must also play our part in dissolving them. That is what you are doing by participating in these practices. It helps to make you receptive to the higher vibrations. Then you can direct them as positive thought forms into the collective consciousness.

Through our practices together these positive forms are rhythmically repeated. We project them in the form of our Tarot visualizations with color and tone. As each of you persists in this effort you
will find that your comprehension of the inner meaning and higher purpose of every aspect of this work will become increasingly clear and
valuable to you. As the positive thought forms become stronger and
stronger in the subconscious substance they help all of us to withstand
the powerful pull of ancient error that is still the line of least resistance
for most of humanity.

Through your long years of study and practice you have acquired positive, projective mental powers which increase your value as a servant of humanity. On the mental plane most of you share in a group effort that is building higher thought forms from the seeds channeled to us from those ahead of us on the Path. This is true of all of you to some degree, even though you may not as yet be able to bring a remembrance of your higher mind activities through to your conscious brain.

Our techniques are a most important aspect of this work.
Through our conscious efforts we are acting as a channel for bringing in and impressing these higher thought forms on the collective consciousness.

## TECHNIQUE

The emphasis in this practice will be on forming the oval of insulation. It is a protection against the usual anxieties and frustrations of Malkuth. It clears the channels, so to speak, for an unobstructed downpour of light from above.

The Magician is to be visualized above you in full human size. He is your Higher Mind; he is the transmitter of wisdom to your brain consciousness from the One Reality. As we then go on to form the oval of the seven basic universal energies we are forming a vessel of light that can attract and hold wisdom from above. One at a time bring each of the seven basic colors down all the way through you; let each permeate your physical body; then, one after the other, form each color into the oval band that is encircling you.

Begin with Key 21 and blue-violet. Visualize the Magician drawing in the blue-violet light through his wand, concentrating it within his body and then directing it into the garden below, which is your physical body. Flood your vehicle with the blue-violet light, and

then form it into an oval band of light encircling you. At this point in the visualization intone Ah-oo-mm three times on the note A and give your meditation:

"The Administrative Intelligence fills me with the blue-violet light of dominion. This is the light that dissolves all the patterns in my personality that keep me enslaved to the past."

Look next at Key 19. Visualize the Magician as drawing in the orange light of the Sun. Image the orange light concentrated within the Magician, then filling your body, and finally forming into an oval band just outside the one of blue-violet. Intone Ah-oo-mm on the note D and give your meditation:

"The Collective Intelligence fills me with the radiance of the Sun. This is the fruitful light that prepares the soil of me to nourish the seed of the New Creature."

Look at Key 16 and visualize the Magician drawing in the vivid red vibration. See it filling your body and then forming into a band of light just outside the orange band. Intone on the note C and give your meditation:

"The Exciting Intelligence blends intellect with desire, bringing them into a state of harmony and equilibrium that prepares me to receive the Grace of God."

The Magician now draws in and fills you with the violet light of Key 10. As you form it into a band right next to the red one, intone on the note A# and give your meditation:

"The Intelligence of Desirous Quest leads me to the grasp of truth and right proportion that is the true riches of life and the fulfillment of every desire."

Visualize the Magician now drawing in the green vibration as you look at Key 3. Flood your body with green light and then form it into a band around you. Intone on the note F# as you give your meditation:

"The Luminous Intelligence is the power of creation. As it fills me with Its infinite wisdom, the folly of yesterday is at an end."

Visualize the Magician now drawing in the blue of the High Priestess, filling you with this light and then forming it into the oval that surrounds you. Intone on the note G# and give your meditation:

"The Uniting Intelligence fills me with universal love. This is the love that unites me to the crown of Primal Will."

Finally see the Magician drawing in the yellow light of Higher Intelligance and forming it into the rainbow of light that encircles you. Intone on the note E and give your meditation:

"The life that I am is the light of the Father. As this life finds ever freer expression through me, I know that in all the worlds there is no death."

Now within the oval ring of protection feel your body and your

aura being filled like a cup with radiant light. This is the radiant light which brings wisdom to the mind; that reaches in quiet aspiration for knowledge of the One Eternal Self.

After your meditational period pour out the light you have held to all the directions of space. Do this specifically, facing West, as in the cube of space formulation in the Sound and Color course. Send yellow above, blue below, orange to the south, red to the north, violet to the west and green to the east. The point at the center of the cube is blue-violet. It is the inner center where the colors meet.

Finish with the usual tensing and relaxing exercise. ##

#### Lesson Thirty-seven

(from the transcripts of class lectures by Ann Davies)

The three Mother letters of the Hebrew alphabet, Shin, Mem and Aleph, & D , correspond to three root energies also symbolized as fire, water and air. Within our solar system these energies are transmitted to us by the so-called higher octave planets, Pluto, Neptune and Uranus.

In Tarot, Key 20 corresponds to the letter Shin, to Pluto, to the primary color red and to the element of fire. Thus, among the Supernals, Shin is related to Chokmah, Root of the powers of Fire. Key 12 corresponds to the letter Mem, to Neptune, to the primary color blue and to the element of Water. Among the Supernals, Mem relates to Binah, Root of the powers of Water. Key 0 corresponds to Aleph, to Uranus, to the primary color yellow and to the element of air. Among the Supernals, Aleph relates to Kether, Root of the powers of Air.

In their relationship to the three Supernals, these three root energies also have a correlation with the three Principles of Alchemy and the Three Gunas of Yoga Philosophy. Key 20 would correspond to Alchemical Sulphur or Rajas guna; Key 12 to Alchemical salt or Tamas guna; and Key 0 to Alchemical Mercury or Sattva guna.

Within the Cube of Space the three Mother letters are assigned to the three co-ordinates that link the faces of the Cube to the center. The faces relate to six of the Planetary forces and are linked to each other and to the center through the co-ordinates. The center, itself, is assigned to Tav and Key 21, which correspond to the element of earth. From earlier studies you should realize that the Central Point, the Temple of Holiness in the Midst, is akin to the Magical Earth of Alchemy. It is the Earth which is one with the Limitless Light, Ain Soph Aur, 710 17%, out of which the other three elements proceed.

Note that I have presented the three higher octave vibrations to you in the order of Key 20, Shin; Key 12, Mem; Key 0, Aleph. This sequence has a special correspondence to the vibratory practice to be introduced in this lesson. Furthermore, this order is in line with the sequence we utilize for arousing the seven basic planetary energies. Key 20 as Pluto is the higher octave of Mars. In our activation of the seven basic vibrations, Mars is the first to have a higher octave planet connected with it. Saturn, which we activate first, does not have a higher octave. As the basic finitizing power of manifestation, what we symbolize by Saturn is essentially the same in all its various octaves of expression. Similarly, the Sun represents the power of the One Ego. It is the Son of life and light, the Central Spiritual Sun, essentially One in all its manifold expressions. This perfect energy need not be changed. It is the purpose of the Great Work to offer it free expression.

Thus Mars is the first inner center represented by a higher octave.

Key 20 symbolizes the Spiritual Fire which is the active power in the Resurrection or 'rising again'. Although the Mars vibration is of the same fiery essence, at this point in evolution Mars represents an energy which is mostly directed toward the vitalization of the lower nature. The influence of the Spiritual Fire is a future state for most of humanity. When It ignites the higher consciousness within, the brilliant fire that follows brings the necessity for the cycles of birth and death to a close. This is the true Resurrection.

After Mars we activate Jupiter, which does not have a higher octave. Recall that the sphere of activity for Jupiter is Chesed, Mercy and Beneficence. The emotional quality which Jupiter represents is already quite active in much of humanity. The work of evolution is to bring this force under more control and direction by providing a higher grasp of its true purpose. Human emotion is a quality which will eventually bring True Brotherhood into actual expression on earth.

Neptune, Key 12, is said by astrologers to be the higher octave of Venus. This indicates that the Stable Intelligence of Key 12 is a higher expression of the creative/desire power represented by Venus. Note, however, that the color associated with Key 12 and Neptune is the blue of Key 2 and the Moon. The esoteric teaching of the Inner School behind B.O.T.A. holds that Neptune should be considered as the higher octave or higher representation of both Venus and the Moon. We will give you more details of this teaching in Lesson 39. For now, I want to introduce the three higher octave vibrations as a unit and give you the preliminaries of an important practice related to them all.

Key 0 as Uranus is the octave of Mercury, Key 1, related to the highest center in the personal vehicle. This correlates with the attribution of Aleph and Key 0 to superconsciousness. Mercurial self-consciousness is a localized center of expression for superconscious energy. Key 0 correlates with Kether, seat of Yekhidah, the ONE SELF. Yekhidah is the goal as well as the source of personal consciousness.

Let's recapitulate some earlier teachings anent the higher octave planets. As the wheel of evolution turned, our humanity came within reach of more intense cosmic energies. That is, it became potentially capable of response to higher frequency vibrations. As this potentiality developed, the corresponding outer planets, which serve as transmitting stations for cosmic energies, were exoterically discovered. This means that when the existence of a planet is made public by discovery, it is an outer indication that human beings are beginning to respond to the energy transmitted by the erstwhile hidden planet. The influence, of course, has actually been there all the time as a latent possibility, but until the capacity to respond is developed, it remains hidden.

Each of the three Tarot Keys relates to a state of consciousness that is super-personal relative to ordinary human consciousness. Key 20 portrays the resurrection into the New Body of Adeptship, which is the result of the activity of Spiritual Fire. Key 12 portrays the Liberated Adept who has succeeded in stabilizing the waters of consciousness.

Key 0 portrays a view from the heights, which is the result of conscious union with the cosmic Life-breath. All are superconscious states resulting from the reception and assimilation of super-personal energies. In another relationship these three are ONE: the One Superconsciousness expressing as a superconscious awareness of activity (Shin); superconscious awareness of substance (Mem); and superconscious awareness of Life (Aleph).

In our vibratory practices together we are activating, harmonizing and balancing the seven basic vibrations within our microcosmic world. It is from this alignment and harmony within our individualized solar system that we develop ability to respond to the three higher vibrations. When the interplay between the seven interior stars reaches a certain point of activity, a network is formed, so to speak, upon which the higher frequency energies can vibrate.

In the practice for this lesson we are going to introduce a sound formula that will help attune us to receive these three higher vibratory energies. It is based on the three Mother letters — Shin, W, Mem, D, Aleph, K — in that order. We want to bring the superconscious states that correspond to them into conscious realization. Together they form this intonation formula that activates the related vibrations in a most harmonious and powerful manner.

The word is shehmah, אמש. This is a special esoteric spelling of the more familiar אמש, the Hebrew word for hear or listen. It is the word that begins the ancient and celebrated chant to the One God: אמה אלהינו יהוה אלהינו יהוה אלהינו יהוה אלהינו יהוה אחר אליהינו יהוה אחר אלהינו יהוה אחר על יהוה אלהינו יהוה אחר Lord is One. (Deut. 6:4). This ancient chant is a perfect expression of the unity of life and the Oneness of God. It conveys a powerful conviction that all seeming diversity is but an appearance of One Light! One Life! One God!

This perfect conception of unity begins with an admonition to listen, to hear. That is the word shehmah. In our spelling it is composed of the three Hebrew letters related to the Divine Triad of the One God. Together they form a sound pattern that can help us to experience directly the inner meaning of this ancient Hebrew chant. As we look at the three Tarot Keys — 20, 12 and 0 — and intone their correlating notes and visualize their correlating primary colors, we are building a responsive vibration into the very structure of our bodies.

Shehmah has the sound of sheh-mm-ah. In the Biblical phrase referred to the spelling is different but the pronunciation is the same. It is from the esoteric spelling, composed of the three Mother letters and their appropriate notes that we derive our intonation.

Shehmah means hear! listen! It has to do with the oral teaching of wisdom. In ancient times all higher knowledge was imparted orally, so that it had to be heard. Furthermore, shehmah is a strong admonition. Hear, O Israel — the inner meaning! Listen, O Israel, that you may hear the One Teacher! Be attentive, O Israel, that you may experience

the unity and oneness of God! Do you grasp its import? When we intone "shehmah" we are declaring the whole sentence in a shorthand form.

## TECHNIQUE

In this technique we will begin chanting together the esoteric intonation for shehmah. The series of notes is C-G#-E. The color series is red-blue-yellow. The pronouncing word should be "sheh-mmmmm - ahhhh". The humming sound is to be extended and held on the second note. As you chant this series of notes remember to assume an attitude of intense listening. You are chanting HEAR! What is it you are preparing to hear? You are listening for the Inner Teacher! You are preparing to hear the Higher Wisdom that will bring you a direct realization of the Oneness of Life.

Place the seven Tarot Keys and color cards for the seven planetary centers before you. You are reaching for the experience of unity in and through the stabilization of the seven Interior Stars. Have ready also Tarot Keys 20, 12 and 0, with red, blue and yellow color cards. Begin as usual with blue-violet and Key 21. As you intone the appropriate note, think of Key 21 as emblematic of the Magical Earth out of which all the other energies proceed. Activate all the seven centers in the usual manner. As you do so, determine to bring each one of them into proper balance and harmony with all the others. You are preparing to receive an influx of higher octave energies.

After completing the harmonious activation of the seven basic centers, meditate for some time on Tarot Keys 20 - 12 - 0. Begin chanting sheh - mmmmm - ahhhh (C - G# - E); chant it three times! Now visualize yourself at the central point in the Cube of Space where the three co-ordinates cross and unite with the central Tav. Look at the three color cards — red, blue and yellow. Now chant sheh - mmmmm - ahhh three times again. This time permeate yourself with the three colors, one after the other; fill yourself with red, with blue, with yellow, as you chant. Then, from the center, send out the vibrating colors; out and out to all the directions of space.

We will cover further details in the lessons that follow. For now, as you chant shehmah, remember to listen! Listen for the Word of God, for the message of His unity. As you learn how to listen you will discover that everybody, and everything, is singing the same song of unity. The Word of God can reach you through any of His myriad instruments. Everything you see, or hear, or touch, or taste, or smell can multiply your conscious realization of the Oneness of God.

#### (Meditation):

"Oh thou Eternal One, where art Thou not?
All that I am is from Thee,
All that I do is within Thy Greater Life,
All that I hear is Thy soundless Voice of Unity.
It speaks to me in every bird, in every breeze, in every song.
All life is sounding forth Thy Word.

"Hear, O Israel, the Lord Thy God, the Lord is One"

Now perform the color integration ritual wherein you bring each of the seven basic colors down into yourself through uplifted arms. After completing this part of the ritual, again chant sheh - mmmmm - ahhhh three times. Now bring down red, blue and yellow in an interlaced stream of vivid colors.

Finish with the tensing and relaxing of the entire physical body in order to stabilize the energies. ##

## Lesson Thirty-eight

(from the transcripts of class lectures by Ann Davies)

In this lesson and the next two we will discuss the three higher octave energies in more detail and proceed with the practical work designed to consciously bring their influence into our sphere of activity.

Remember, each of these three Keys depicts superconsciousness. They symbolize states of awareness and degrees of attainment that are on the level of adeptship. The super-personal state particularly related to Key 20 is that which gives an unwavering conviction of immortality and a continuous recollection of Truth.

On the Tree of Life, Key 20 is called the Perpetual Intelligence. Perpetual means <u>ceaseless</u> and refers to an enduring awareness of the Ego, with a consequent expanded comprehension of Reality. When the Ego is continuously recalled as the True Self, there comes with it a first-hand experience of immortality.

The fact that Key 20 and Pluto are the octave of Mars intimates that this phase of higher knowing is the outcome of reason and insight related to Key 4, the Emperor (Mars in Aries). The spiritual fire of Shin does not become an active influence in our lives until personal level reason and insight have reached their term. Adeptship is another order of knowing that uses perfected individualized consciousness as its base.

The 4th dimensional awareness of Key 20 is a consequence of many previous cycles devoted to the search for knowledge and truth. During these cycles the individual vehicles of expression become more subtle and receptive to the Ego. Never forget that the highest function of self-consciousness is to act as a transparent channel for Higher Intelligence. "Of myself I can do nothing." The man in Key 20 is passive. This attitude needs to become actually incorporated into our bodies. When it is a part of us it tears down any structures — mental, emotional or physical — that are not in harmony with this abiding realization of truth. The woman becomes receptive to the Angel and begins to fashion the quality of images that transform the very structure of our bodies into luminous vessels that hold, express and transmit ever higher forms of living energy and light.

When you comprehend what personality <u>really</u> is, you will know the "I" is not your personal thoughts or emotions or body. You will know that everything connected with your personal expression is a result of the interplay between the seven basic and impersonal cosmic energies.

The grey flesh of the three figures in Key 20 refers to the equilibrized state of all the pairs of opposites represented by the seven Planetary Keys. To bring these opposites into balance is the object of the work we are doing in all our techniques. The spiritual fire of Shin cannot be safely activated to consume the old concept of personality until the preliminary work of balancing the seven centers has been completed. When

equilibrium is duly established, the fire of Shin flames forth and devours the 'old body' in the final liberation.

The child in Key 20 is symbolic of the new concept of personality which frees us from the confines of three-dimensional existence, into a 4th dimensional awareness of time and space. This new concept is the result of an awakened inner sensorium. In the superconscious states there is a continuity of consciousness that is able to function night or day without cessation in some one of the vehicles of the personality complex. This continuous consciousness is the result of having developed the physical instruments that can record subtle vibrations.

The new concept of human existence transforms the quality of self-conscious and subconscious activities from that moment on. Thus we see that the parents rise with their newborn son. Remember, adeptship does not destroy the illusion of being a separate individual person. What it does do is to keep us from acting on delusions related to it.

Astrologically, Pluto is said to be co-ruler with Mars in Scorpio, Key 13, Death. Key 20 symbolizes the Last Death. When one has reached adeptship on the level of the Perpetual Intelligence, reincarnation on the physical plane is no longer a necessity. It is entered by choice in order to serve humanity.

The Last Death is not a natural process. It is the result of intelligent, artful direction of the Secret Fire. By its very form the letter Shin portrays the three-fold quality of Spiritual Fire. It is an airy fire, a watery fire and a fire of earth. Through the right direction of this three-fold fire, the 4th dimensional body is built. As a natural man you have a natural body. When you are an adept you will have the body of an adept. The natural body becomes the adept's body through the action of spiritual fire.

The new order of knowing is called a 'resurrection' or 'rising again' because such knowing cannot be formulated in the 'old body'. As the co-ruler of Scorpio, Pluto is related to the Putrefactive stage of the Great Work. The conception of personality held by natural man must be utterly decomposed before the new concept can be built. Only after such a 'death' can one rise again as an unobstructed channel through which the light of the Ego can flow into personal consciousness.

In the Putrefactive stage a devouring flame of realization consumes the whole brood of lies that have been perpetuated in our erstwhile body of mortality.

As the Secret Fire of Shin descends through the 31st Path, it transforms the body in Malkuth. Then the fire rises upward again, eventually uniting with the Divine Soul in Binah. Union with Neshamah brings a direct awareness of the principles of embodiment and leads finally to a dominion over the formative processes that makes one a Master of the Temple. This level of Mastery frees one forever from the necessity for incarnate birth and death. Such a master knows how

to integrate and disintegrate a body for any environment because he has had a direct experience of what all bodies really are.

The word Shin translates as tooth or fang. The tooth is an instrument for mastication, for devouring food. In much mystical writing, the Life-power is symbolized as a devouring fire that swallows up and assimilates forms. You should realize that forms are the fundamental condition which brings about the illusion of limited time and space. When a human being deliberately chooses to put aside the illusive personal will and devote his every thought and deed and image to servicing God, he begins to free himself from dependence on things. Failure is always imminent when we make things the foundation of our life, for they are ever ephemeral and in a state of flux. Change is the established order for all forms. Thus our freedom from the delusion of limited time and space is dependent upon our gaining freedom from too much dependence on objective phenomena.

There is only one constant, unchanging Reality, and that is the spark of life within. Although heavily concealed, it is in all forms. To enter into the freedom of the Perpetual Intelligence we do not have to overcome belief in things by main force. As we continuously identify the Self at the center of our being with the Indivisible One, the sense of personal possession of anything fades away and we begin to awaken from the old time/space concept into the complete freedom of conscious, continuous immortality.

Thus Key 20 is related to the superconscious awareness of the true meaning of activity or motion. Pluto is the vibration which destroys the delusions which arise from our limited perception of space and time. When we experience superconscious 'activity' directly, we perceive that all changing appearances are the result of vibrations in One Eternal Substance. We see that time and space cannot exist apart from form and motion. When we are free from dependence on form we begin to comprehend the true nature of activity. With this comprehension comes liberation into the 4th dimensional awareness.

#### TECHNIQUE

Place the seven Planetary Keys before you, with Tarot Keys 20, 12 and 0 just underneath. In the technquie for this lesson we will balance the seven planetary vibrations with the active intention of equilibrating the pair of opposites related to each. As you begin this practice remember that the grey color of the rising figures in Key 20 refers to the equilibration of the seven pairs of opposites. The emphasis in this practice will be on Key 20, but we will intone for all the three higher octaves, as it is their harmonious interplay that we are working to establish.

Begin by placing yourself within the planet earth in the form of a cross, as outlined in an earlier lesson. First visualize the earth in which you are centered as a liquid globe of blue-violet. Then look at Key 21 and intone as usual on the note A. Remain within the blue-violet liquid earth as you give your meditation:

"Immersed in the light of Binah I comprehend the meaning of

both slavery and dominion. That which seems to enslave is really self-discipline and control. The Ego within enters into temporary limitation freely in order to grow toward True Dominion as a consciously creative center of Life."

Transform the planet earth in which you are immersed into vibrating liquid orange light. Intone on the note D and give your meditation:

"The light within my heart is united to the Great Light which is ever giving forth and withdrawing its fruitful rays. Thus united, I know that the cycles of withdrawal, which may seem to be unfruitful, are really the Luminous Darkness out of which all that is, and all that lives, appears."

Transform the planet earth into a globe of brilliant red. Intone on the note C and give the meditation:

"That within me which stirs to action may express outwardly as either grace or apparent sin . . . but the power to act behind all extremes is the One Will ever rooted in perfect justice and ever impelling toward perfect harmony."

Transform the planet earth into a vibrating violet light as you meditate upon Key 10. Intone on the note A# and give the meditation:

"That which fulfills my every need may express outwardly as plentious riches or restricting poverty. Guided by the Ego, I accept all experience as a treasure from on high that is bringing me ever nearer to the bliss of union with the Self."

Transform the planet earth into a luminous liquid green. As you look at Key 3 intone on the note F# and give the meditation:

"The light of truth is not just the fruit of my search for wisdom. It stems from folly as well as from works well done. I accept the fruits of my follies as well as the fruits of my search for wisdom. Together they are leading me to the Reality which is beyond the veils of this world's illusions."

Transform the earth in which you are immersed into a globe of liquid blue. Intone on the note G# and give the meditation:

"I accept the strife that goads me as well as the peace that soothes my weary heart. The transcendent bliss of union with God draws nearer on the wings of conflict as well as within the comforting arms of peace."

Transform the earth within which you are immersed into a vibrating yellow. Look at Key l as you intone on the note E and give the meditation:

"I enter immortality through the twin portal of life and death. There is no other entrance into conscious life eternal."

Pause for a moment to <u>feel</u> the harmonious interaction of the seven vibrations. It is from this harmony that the superconscious states arise.

Now meditate upon Keys 20, 12 and 0. Permeate the earth in

which you dwell with vibrating streams of interlaced red, blue and yellow light. Begin chanting sheh - mmmm - ahhh (C - G# - E). Chant it three times.

Now meditate for a few moments on Key 20. Remember that it alludes to a superconscious awareness of the meaning of activity. Give your meditation:

"The spiritual fire prepares me to enter the freedom and light of the Perpetual Intelligence. That fire flames forth when the seven pairs of opposites have found their point of union. Then the father and the mother rise with their son into the conscious immortality of life everlasting."

Finish as usual with the color integration ritual. ##

## Lesson Thirty-nine

(from the transcripts of class lectures by Ann Davies)

The superconscious state related to Key 12, Neptune and the letter Mem is that of a higher awareness of the meaning of substance. On the Tree of Life, Mem is the Stable Intelligence. It symbolizes a level of receptivity which culminates in the reversal of consciousness that marks an adept. It is a reversal of the idea of personal origination of any thought, emotion or activity. This reversal opens one to the higher levels of creative imagery related to Venus. It also brings one into alignment with the underlying unity of the subconscious substance associated with Key 2 and the Moon.

Although astrologers call Neptune the octave of Venus, the Inner School whose Wisdom Teachings B.O.T.A. represents holds that the higher vibration associated with Key 12 and Neptune should be considered as the octave of both Venus and the Moon. Recall that both the High Priestess and the Empress are symbols of the feminine aspect of the Life-power which is ever represented by water. Mem is the Hebrew word for water. The Neptunian vibration bestows the gift of creative responsiveness associated with Venus and the throat center. Yet Key 12 carries the color and vibratory note related to the Moon and the Pituitary body.

The esoteric teaching is that the higher vibration symbolized by Neptune is a blending of the combined vibrations of Venus and the Moon. As the octave of Venus, Neptune suggests the ability to reverse the usual trend of desire and the stream of images that it activates. The trend is reversed and pointed toward the singular aspiration to become a vehicle for reflecting wisdom from above.

As the octave of the Moon, Neptune suggests a higher expression of the associative, retentive Lunar vibration. The associative principle 'remembers' related ideas and thereby extends our train of thought. The ability to tune in on superconscious wisdom, which is broadcast continuously by those ahead of us on the Path, is based on this same retention principle. Vibratory patterns held in the fluidic subconscious substance link things to each other. A continuously remembered idea sets up vibrations that associate us with other centers of consciousness who are on the same wave length, so to speak. We can learn to hold ideas that telepathically link us to higher wisdom. Holding the image of a Tarot Key, for instance, and remembering it continuously with a strong aspiration to unveil its inner meaning, causes a pattern to form in the fluidic substance that is strong enough to vibrate with or adjust to the higher frequency superconscious awareness related to it.

Thus this dual expression of Neptune intimates an ability to reverse the trend of temporal desire and to control the fluctuations of the mind by controlling the emotional nature. It also intimates an ability to 'see into' the meaning of subconscious substance and thus to gain dominion over the building processes that fixate the volatile higher vibrations into the structure of the body.

The position of the Hanged Man in Key 12 symbolizes the suspension of the personal mind. The Stable Intelligence relates to the meditative practice whereby the stream of mental images, associated with Venus, are fixated and held in close and unwavering concentration on a single idea. This, in effect, fixates the personal level of mentality so that the Universal Mind can ray through. It brings a reversal of the usual idea of personality that makes one a clear channel for a downpour of higher Understanding which streams down the Pillar of Severity from Binah. As it descends it activates an awareness of the perfect Justice of universal law in Geburah. From there it enters the sphere of intellect through the Path of the Stable Intelligence.

It is through a suspension of personal thought that the mental vehicle is able to be impressed with Higher Understanding from Neshamah, the Divine Soul. Mem is the stable water, the motionless pool whose mirror-like surface can reflect the sky above. Among the Supernals, Mem corresponds to Binah, Root of Water. Participation in a superconscious awareness of the meaning of substance is the outcome of learning to stabilize the fluctuations of the mind. This stability is akin to the limiting Saturn; thus the Hanged Man is suspended from the letter Tav.

The head of the Hanged Man is below the surface to intimate that he comprehends the true meaning of the substance aspect of the One. He sees that substance directly as a living essence which is responsive to his mental patterns. Notice the silver crescent moons on his tunic. This implies that the superconscious awareness he receives is a higher level comprehension of the fluidic substance of the High Priestess.

As we work with the Neptunian vibration we are, in effect, activating and strengthening our ability to hold our conscious attention steadily on one idea. In this way we are preparing ourselves for telepathic reception of higher wisdom. Our practical work is designed to continuously upgrade the patterns in our subconscious inlet of the Great Sea of fluidic mental substance so that eventually we attract only those ideas and responses that are in harmony with our aspiration to become a conscious center of expression for the Wisdom of the One.

Astrologically, Neptune is associated with psychism, medium-ship and subtle sensitivity. That is, it is the planet of inner sense awareness on all levels of receptivity, low as well as high. It is considered a difficult vibration in most of its aspects. Sensitivity to the feelings of others and psychic receptivity are difficult until we learn to control the mighty waters of emotion.

Until one is able to discriminate between personal emotions and those that are telepathically received from others, the influence of Neptune can be painful. Until one has developed a certain degree of control over the lower emotional nature and established stability in the stream of mental images, receptivity is mostly from the lower levels of the astral plane and can inundate one in beguiling delusions that are inhibiting to spiritual growth.

Yet it is the planet of illusion, delusion and snare only until we are able to handle it. It becomes the planet of mystical awareness when the vital soul patterns are sufficiently upgraded so that their vibratory frequency is on the levels of truth and beauty and no longer receptive to the lower depths of astral delusion.

When inner sense perception is a blend of purified desire and a subconscious vehicle that is able to align itself with superpersonal vibrations, it becomes the Stable Intelligence of Mem and gives us superconscious awareness of the Astral Fluid which is the living substance out of which all physical objects are made.

The inner sense perception symbolized by the Hanged Man is that of an adept who has entered into the freedom of cosmic consciousness or Samadhi. We approach this freedom and prepare for it by not permitting personality level lesser desires to take over the emotional nature and control the stream of mental images. This is the aspect of the Stable Intelligence which is akin to the quality of Venus.

The Hanged Man is suspended from Tav, the letter of dominion over the lower nature. His dominion is the result of long cycles of self-imposed disciplines and control that have been bringing his emotions and thoughts under Ego control. We have to achieve a strongly centered personal awareness before we are ready to develop the suspension of personal consciousness pictured in Key 12. Only when, through self-discipline, one has achieved the strong center of an advanced human personality is one equipped to begin the yet higher control of mental imagery that brings true liberation from personality limitations.

As this stage of liberation approaches, the power of desire becomes exclusively concerned with higher aspirations and the power of emotion begins to express in higher love and undeviating beneficence. Note that the blue of Mem is the same as that of Chesed, Mercy, associated with the Grade of Master of Compassion. As we work toward liberation, eventually we arrive at the point where temporal desires no longer pull us into physical incarnation and its dependence on form. The incarnating 'wheel of necessity' is not the same as the deliberate choice of a liberated Adept who incarnates in a physical body in order to help in the evolution of humanity.

#### TECHNIQUE

In the practice for this lesson we will again be bringing the three higher octave planets into expression. The emphasis will be on Key 12, Mem and the awakening of the superconscious awareness that the Hanged Man represents.

Begin by again imaging yourself within the planet earth, your head above the north pole and your feet below the south pole. Extend your arms out across the equator. Neptune, as a higher octave blend of the power of Venus and the Moon, can be thought of as a state of awareness corresponding to the cross of the paths of Gimel and Daleth on the Tree of Life. This is the cross with which we aligned ourselves in an

earlier technique. It is a blend of the Uniting Intelligence which joins Crown to Son and the Luminous Intelligence which joins Father to Mother. Think of this cross, in which you now stand in imagery, as blending a higher awareness of the substance of Unity and Luminous Love.

Now look at Key 21 and permeate the earth with wave upon wave of fluidic blue-violet. Intone on the note A and give the meditation:

"The seeming limitations of existence are really my unfailing support. They are helping me to formulate the quality of restrictions that will eventually liberate me into the freedom of life eternal."

Look next at Key 19 and permeate the earth in which you dwell with vibrating orange light. Intone on the note D and give your meditation:

"The luminous Sun that fills me with light is nourishing me with love. In all the Shining Worlds there is no power more liberating than the unfailing power of love."

Look now at Key 16 and permeate the earth in which you dwell with a brilliant red. Intone on the note C and give your meditation:

"The lightning of Heaven awakens me to any hidden motives that obstruct the Path to liberation. 'Seeing into', I can disrupt them and clear the way for a downpour of Light from Neshamah, the Divine Soul of us all."

Look at Key 10 and permeate the earth in which you form a cross with violet light. Intone on the Note A# and give your meditation:

"The sphere of Jupiter is the sphere of Mercy wherein the desires of Venus ascend to undeviating Beneficence. The compassionate heart suspends all lesser desires and transforms them into a quiet aspiration to reflect only the wisdom of the Self."

Look at Key 3 and permeate the earth with luminous green light. Intone on the note F# and give your meditation:

"The Superconscious perception, that sees the fluidity of substance, sees it ever as the water of love that washes through all the outer vessels and transforms them into a mirror-like pool that reflects Wisdom from above."

Look at Key 2 and permeate the earth in which you dwell into a brilliant, vibrating blue. Intone on the note G# and give the meditation:

"The flowing robes of the High Priestess unite every creature under the orb of the Sun. When I learn to see Her true Glory, I will see also the way to suspend the little self and unite with Yekhidah, the true Self in Kether."

Look at Key 1 and permeate the earth in brilliant yellow. Intone on the note E and give your meditation:

"The magician within prepares me to experience directly the waters of Mem, whereby the Great Reversal takes place which liberates me forever from the delusion of separation."

Now look at the three Tarot Keys of superconscious perception (20-12-0). Permeate the earth in which you dwell with vibrating streams of interlaced red, blue and yellow light. Feel this variegated light coursing through you, enfolding you, embracing you in wave upon wave of super-personal Love. Intone Sheh-mmmm-ahh three times as deeply as possible. Take a deep breath after each intonation so that you can sustain the chant as long as possible. Be sure to extend the humming sound for quite some time. It sets up an inner vibration that is very positive. Now give the meditation:

"The Divine Light which is a brilliant Fire is no less a flowing stream. Through their eternal union the Son of Life and Light ascends to conscious union with the Crown."

Intone Sheh-mmmm - ahh three times again and once more permeate yourself with interlaced streams of vibrating red, blue and yellow light. Finish as usual with the integration Ritual as outlined earlier. ##

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#### Lesson Forty

(from the transcripts of class lectures by Ann Davies)

The superconscious state symbolized by Key 0 is that which gives an expanded awareness of the meaning of life. Astrologically, Key 0 corresponds to Uranus, the higher octave of Mercury (self-consciousness, Key 1). In Tarot this relationship is indicated by Key 0 and Key 1 both being assigned to the color yellow and the note E. Furthermore, Key 1 corresponds to the pair of opposites life and death. The superconscious awareness of this pair of opposites, symbolized by Key 0, is a revelation of the meaning of life that completely transcends and yet includes what we on this plane refer to as both life and death.

The Hebrew Mother letter Aleph is assigned to the element of air. Among the supernals this relates it to Kether as Root of the Powers of Air. Aleph and Key 0 symbolize the Primal Life-breath which is one with Yekhidah, the Indivisible Self in Kether. That Self is the root of all expressions of intelligent mental activity everywhere in the universe. It is the root of our ability to be self-aware. Key 0 symbolizes the perfection of human self-awareness as SELF-awareness.

The Fool has reached the summit, yet he is still looking upward. The height toward which he directs his eager gaze is that of unknown possibilities of self-expression. He looks upward with confidence because he has reached a state of perception where he has utter conviction that there are always higher summits of consciousness to scale, even though he knows not what they are.

The superconscious state depicted by Key 0, which gives this conviction of eternal livingness and eternal evolution, is the result of the union of Ab and Ben. In like, precious stone, is a verbal statement of this union. Its number is 111, which is also the number of the letter name Aleph, jok. Recall that the Primal Will in Kether reflects Itself to Itself in Chokmah through the Path of Aleph. When Ben, the human Ego, unites with AB, the Father in Chokmah, the Son shares in the Father's perfect reflection of the Primal Will.

On the Tree of Life, Chokmah is the sphere of the zodiac or fixed stars. This means that the Primal Will or Divine Purpose of Kether is mirrored in the sphere of the stars. You have been told that in the motions, relationships and cyclic activity depicted in the heavens there can be grasped a knowledge of relationships and numbers which holds the key to the Will or Purpose of the One Self for this whole cycle of manifestation. The grasp of this knowledge includes a realization of its application to Man, the Microcosm, in ways that enable one to unveil the meaning, the purpose and the destiny of human existence.

Thus the Wisdom reflected into Chokmah is a comprehension of the meaning of the cosmic order laid out before us in the heavens. It is called Masloth, 1100, the highways of the stars. Furthermore, Chokmah

is seat of the life force of Chaiah, and, which permeates everything in existence with its livingness. This means that everything in existence is permeated with a reflection of the Primal Will. Look for that Will in all things and in all places and you will surely find it in ever greater measure.

The perfection of this understanding and participation in the heavenly order makes one a Master of Wisdom, the grade of adeptship attributed to Chokmah. Such a Master has reached a level of awareness wherein He is so completely in union with the Central Self that His existence is an actual manifestation of the Divine Will seated in Kether. Furthermore, He is so perfectly identified with the cosmic order, both macrocosmically and microcosmically, that He is able to consciously and consistently participate in the evolutionary process therein revealed,

In essence, what He has perceived is a superconscious awareness of the meaning of Life. It is a clear vision of the essential unity of all life expressed in the phrase, Echad Hu Elohim, מחל אלהים להים להים One is He, God. This phrase also adds to 111, the number of Aleph. Of its three words, Echad relates to Chokmah; Hu to Kether; and Elohim to Binah. It is a verbal statement of the Divine Triad as ONE. Wisdom is One; Life is One; Substance is One.

On the Tree of Life, Key 0 is the 11th Path of the Scintillating Intelligence which joins Kether to Chokmah. The white Sun behind the Fool is the Eternal Divine Source from whence he came. As he looks upward in the 11th Path, he is looking toward Kether. The Source and the Goal are One, but the cognition of that Source and of that Goal is the fruit of having willingly descended into the valley of experience.

Key 0 represents the highest of the three superconscious states depicted by the Mother letters because it reveals the Divine Purpose or Primal Will behind this whole cycle of the Life-power's self-expression. Uranus, as the octave of Mercury, intimates that this Primal Purpose is to bring human self-consciousness to SELF-awareness of Yekhidah. Thus the Fool, who has shared in a superconscious experience of the meaning of life, is confident that his descent into manifestation is inexorably taking him to greater heights than any he has experienced before. He participates in a union wherein he knows that nothing in the universe is really separate. Yet he also knows the reason for the appearances of separation and accepts them as that which is bringing him to ever greater heights of self-awareness.

The superconscious state depicted by the Fool is impossible of attainment until the personal awareness of the Magician has first been perfected by descent into the valley of experience. The Fool, who is the Divine Self of us, has willingly descended into physical incarnation over and over again, in order to gain the manifest experiences that prepare him to reach the summit of superconscious awareness of life.

In Astrology, Uranus is the planet of forward movement, new innovations, sudden disruptions. It relates to a willingness to give up

the old and welcome the new. This forward-looking quality is the kind that sees or intuits that manifest life is a series of transformations which are ever moving toward a greater good. In ordinary astrology the influence of Uranus is usually considered adverse in personality affairs. This is true because until the continuous transformations of manifest life are understood and accepted, all changes and disruptions are looked upon with fear and cause feelings of insecurity and loss.

In the higher expressions of Uranus, the willingness to let go must include our personality. The personal level of separative self-consciousness, essential as it has been in unfolding personal awareness, has to be utterly shattered before a superconscious awareness of the meaning of human existence can be experienced. Uranus is exalted in Scorpio, the zodiacal sign associated with the Putrefactive Stage of the Great Work. This is the stage wherein personality is totally decompsed for a time. It is a stage which must precede the calm, confident expectation symbolized by the Fool. For what the Fool depicts is an experience of Life that cannot be comprehended by the separative personal mind. It is a direct realization that the personal self is but a shadow of the SELF who is ONE in every human heart.

To prepare for some level of the eager confidence related to Key I and the Scintillating Intelligence, our human tendency to fear change or to look with suspicion on new innovations must be dealt with. Like all positive qualities of consciousness, confidence can be developed by practice. Whatever of change or disturbance may enter your life, see it as an opportunity to practice feeling confident that the change will accelerate your progress. Practice thinking of the unknown future as helping you to get rid of things in your environment and in your mental and emotional responses that do not measure up to your highest aspirations. Know that whatever may be shattered is going to clear the ground for the building of a finer structure. This applies most certainly to the shattering of our ideas of personal existence. We cannot experience the superconscious meaning of human life until we have disrupted the personal idea of human life by the action of Uranus in Scorpio.

In our aspiration to reach the higher states of unfoldment we should remember that the primary function of human personality is to give free expression to the highest potencies of the Life-power. Aleph is air, the Life-breath. Through right utilization of the powers of air in breathing we can begin to transform our vehicles so that they can express, more and more adequately, this highest purpose of human consciousness.

The importance of breath is correlated with the Fool. The Latin word, Follis, from which the word fool stems, means bellows, an instrument which uses air to stir up a fire. This is precisely the office of the lungs. We have been learning to breathe more adequately and rhythmically in our practices in order to stir up the spiritual fire within that transforms our vehicles into instruments that can experience superconscious states.

The letter Aleph symbolizes the Ox. It is meant to depict the cultural or motive power at work in every activity whereby man makes use of the forces surrounding him and adapts them in ways that help him to realize his purposes. Thus it is a symbol of the power we utilize in taming natural forces. In human personality it is the power through which we perfect the control of our lower nature. Breath control leads to emotional control and mental control and culminates in the transformations symbolized by In 12%, the union wherein one shares directly in the Primal Will or Divine Purpose for this whole cycle of the Life-power's Self-expression.

## TECHNIQUE

Since Key 0, Uranus, is the higher octave of Key 1, the Magician, we will again utilize the imagery of the Magician channeling the superconscious energies to us.

Start by visualizing the Magician over your head. We will begin by having him receive the seven planetary vibrations so as to harmonize, intensify and balance their activity within our microcosmic world. After that we will visualize him receiving the three higher octave vibrations that will prepare us to experience superconscious realizations on an everascending scale. The emphasis in this practice will be on receiving some measure of the superconscious awareness of Life as depicted by Tarot Key 0, the Fool.

Begin by visualizing the Magician receiving blue-violet light through his wand and permeating your entire vehicle with it. Intone as usual on the note A. Now, in your imagination, form the ring of blueviolet around yourself and give the meditation:

"As the blue-violet light of Saturn permeates me I am filled to overflowing with the power that leads to liberation."

Next visualize the Magician drawing down the brilliant orange light of the Sun. <u>Feel</u> yourself filled with love as you intone on the note D. Now visualize the orange light forming into the oval that surrounds you. Place it just outside the blue-violet band then give the meditation:

"The light within my heart expands outward and fills me to overflowing with the illuminating power of love."

Next bring down the vibrating red light through the Magician's wand. As it washes through and through you intone on the note C. Form it into the circle that surrounds you and then give your meditation:

"The lightning of Heaven stirs me to act against the false towers of seeming security and frees me to embrace the true confidence of the Fool."

Now bring down the violet light of Jupiter as you intone on the note A#. Feel it filling your sphere of influence with beneficence as you form it into the encircling rainbow. Place it just outside the band of red and give the meditation:

"I feel the eager confidence of the Fool as I practice giving love to life. The unfailing power of love is my true security."

Bring down the green light of the Empress as you intone on the note F#. Form the luminous green light into the encircling rainbow and give the meditation:

"The lesser desires that brought sorrow also brought wisdom and showed me the way to the One Desire that leads to the height whereon the Fool stands."

Now bring down the vibrating blue light of the High Priestess. As it fills you with its perfect peace, intone on the note G#; form it into the rainbow of protection around you; and then give the meditation:

"The vibrating blue water unites all things in its continuous flow. To know unity is to know peace and the eager confidence of the Fool."

Bring down the yellow light of the Magician as you intone on the note E. Form it into the oval that surrounds you and give the meditation:

"The sense of separation that has deluded me is really the Magician preparing me to reach the goal of conscious union with the One Reality."

Now meditate on Keys 20-12-0. With the Magician still above your head, bring down the three primary colors together through his wand. Feel yourself permeated with the vibrating, interlacing streams of red, blue and yellow light. Intone Sheh-mmmm-ahh three times as you continue to feel yourself melting into the colors and the colors melting into you. Now visualize the encircling rainbow of the seven basic colors slowly rotating around you to the right. Now, right outside the entire band of seven rotating colors, visualize a triple band of red, blue and yellow light going in the opposite direction. It is circling to the left. Try to hold this moving visualization as you give the meditation:

"I dedicate all that I do, all that I have, all that I am, to Thy service, Oh Thou, Who art in all things. No matter where I look or listen; no matter what I touch or taste or smell — it is always Thee in one of Thy Infinite Garments. Oh Thou Life of me, help me to see Thee always in all things; help me to serve ever more adequately as a vehicle for bringing Thy Primal Will into perfect expression here on earth."

Again intone Sheh-mmmm-ahh three times. The notes are C-G#-E, in case you have forgotten. This time open up the oval of protection above — below — to the left — to the right. Pour out all the colors to all the directions of space. As you send out the colors from the center of your heart, fill them with love, with compassion, with beneficence, and with the eager confidence of the Fool.

Finish with the physical tensing and relaxing exercises for the whole body. ##

#### Lesson Forty-one

(from the transcripts of class lectures by Ann Davies)

Up to this point in the course we have given much attention to the activating and balancing of the seven planetary vibrations together with their higher octaves. By this time, our persistent practices with these energies should have caused the whole process to pass into automatic operation. That is, there should no longer be a need to give conscious attention to details of attributions and relationships, so that your conscious mind is free to register new and more complex ideas related to the vibratory powers of Qabalah.

However, before proceeding with practices for activating and correlating the twelve bodily areas with the zodiacal energies, we are going to re-dedicate ourselves to the service of Light with a visualization technique that synthesizes the main points of several practices we have outlined so far. The main idea will be to consciously dedicate all the energies we may activate to the service of the Ego within the heart.

Make no mistake, if you have really persisted in the performance of the practices we have outlined up to this point, you have tremendously increased the flow of power into your personal sphere of influence. It is power to work effectively at whatever you may be doing. That is why it is important, before we add even more power, to re-dedicate ourselves to the service of love. Through this dedication we will re-affirm our aspiration to become a clear channel for the giving and receiving of love on the level of Tiphareth, the Christ Center.

Dedication to serving the center of love is our most powerful means for directing the increased energies into channels that will lead us to liberation and conscious union with the Higher Self. We have definitely accelerated the influx of more intense energies within our personality complex; therefore we must simultaneously do all we can to assure ourselves that the added power will not go toward accentuating lower nature patterns of error that all of us, to some extent, are still subject to because we all share the vital soul.

Besides the dedication, we must use the power of love continuously, for this is what gives it strength. Often I have admonished you to consciously practice loving, even if you feel self-conscious, oversentimental, or even hypocritical, about it at first. Just keep at it until you begin to feel what we mean. You have to work with the Magician to establish the kind of lovingness that emanates from the heart center. That is, you have to give conscious attention and concentrated effort to unfolding this quality of higher love in all your relationships with others.

By identifying over and over again with the Ego in Tiphareth in our visualizations, we are directing power away from the usual identifications with lower nature imperfections that are not the 'I'. Whenever we find ourselves responding in negative ways — and inevitably we will at times — we can keep such feelings from getting stimulated with power

if the Magician in us is alert. While we are learning to love as God loves, we have to decide that there is no reason, no justification that can make such negative feelings righteous. It is so easy to justify them because other people are also giving vent to similar hostile feelings. Nevertheless, while we are learning all-encompassing love, it is important to deny all justification for any feelings of resentment, irritation, jealousy, or whatever, and halt them.

Later, when we are truly rooted in love, the severity of Geburah which is necessary for balance and strength can be applied as an act of love. The center of love in Tiphareth receives emanations from both Geburah and Chesed. True lovingness is ever just and knows how to apply severity with love. But before we are prepared to judge the actions of others, we must know the feeling of higher love and know that it is never motivated by separative expressions of any kind. All separative expressions are but distorted reflections rising up to conscious attention from the level of the vital soul in Yesod.

The synthesizing technique given in this lesson is also designed to help us develop a greater and greater capacity for attentiveness. This ability to give attention, as you know, is the first requirement for entering into the higher meditative states. Attentiveness is also required for right evaluation of relative values, which teaches us how to give physical plane concerns their due, but not their over-due. This right evaluation, through attention, also helps to direct power towards higher aspirations and away from the anxieties, resentments and angers that are invariably tied up with material plane desires, concerns and relationships.

As you know, we never advocate evading problems, situations or relationships. That is not how anyone learns to see the spiritual essence in all things. Right evaluation of material concerns helps to stop the tendency toward over-dependence on the outer forms of things which can absorb our energies like a sponge. We are often told that the secret of the Great Work is equilibrium. What is that but the ability to perceive the relative values of things so that we give them the right proportion of our energy and attention? Attention is power! When we put too much attention on material concerns we dissipate power which could be directed toward spiritual goals.

This does not mean shirking responsibility for others or evading involvement in life. It means learning to keep a portion of our attention open to higher guidance and ever aware of our spiritual goals, so that the way we apportion our powers, attention and energy is in harmony with those goals.

The point is that material concerns, when rightly evaluated, can actually add to our spiritual development. It is a matter of grasping their true perspective in the greater scheme of things. In this connection it should be remembered that the individual level of development does make a difference. What I mean is that a material orientation, which may not be excessive for one, could be in great error for another

who has a vaster comprehension of life and yet sets it aside to devote all his energies toward material acquisitions and place-seeking. Therefore, by right evaluation we mean giving the right amount of attention to material affairs based on our level of spiritual development and understanding.

An incorrect amount of attention does not necessarily mean that we are in excess on the side of materiality. We can get just as out-of-balance through too little concern for material values. There is a tendency, particularly among the youth of today, to discard all material concerns as evil and decide that the greatest acceleration to spiritual growth is through their complete rejection. To turn away completely from the forms of Adonai is to deny their essential spirituality. Furthermore, total rejection is pretty much the same as evasion of responsibility for the things of this world. When we remember that the physical plane is always the final result, never the cause, meditation on physical phenomena can lead to an understanding of underlying principles that will eventually set us free forever from all the delusions related to them.

Furthermore, the idea that poverty is spiritual brings about an emotional level desire for poverty that restricts the flow of superconscious energies which are the riches of the soul. This attitude not only keeps away adequate supply personally; it also feeds mass mind patterns of poverty which are already bringing misery and despair to too many human beings on the physical plane. There is actually adequate supply for every human being on this planet, but, as with all else, the bountiful attitude must first be established on the planes of thought and emotion. The consciousness of humanity must begin to think adequate supply and feel it. To help establish such thoughts and feelings in the collective consciousness is part of the work we are dedicated to carrying forward.

In the exercise to be outlined herein we will return to the heart center after arousing each one of the other planetary forces. We will thus be dedicating all the energies to the service of the Ego. As we work toward increased power, this dedication is of utmost importance. At the same time we will visualize the Magician above us in order to help establish right proportioning of attention between material and spiritual concerns. You want to serve life or you would not be the persevering occult aspirant that you have proven yourself to be; but until you have established equilibrium in the direction of energies, what you have to offer in the way of service is not as valuable as it could be.

#### TECHNIQUE

Have ready the seven planetary Keys and the three Keys corresponding to the higher octaves. Start by visualizing the Magician above your head. Through his wand, energy is received, concentrated and directed. The emphasis in this technique is on directing and dedicating all the planetary energies to the Center of Love in the heart.

With the Magician above you, bring down the blue-violet light of Key 21; permeate yourself with its vibration and intone on the note A.

Immediately bring down the orange vibration related to the heart center; permeate yourself with the orange light and intone on the note D. Now give your dedication:

"I dedicate the condensing, limiting Saturn energy as it flows into my sphere of influence to the service of the Ego who dwells in the heart."

Next visualize the vibrating red light of Mars being drawn through the Magician's wand; as it permeates you in brilliant red light, intone on the note C. Immediately after this intonation, visualize the orange vibration of the Sun, again entering through the Magician's wand, and flooding you in orange light. Intone on the note D; then give your dedication:

"I dedicate the dynamic Mars energy to the service of the heart, that it may dissolve all obstructions to the reign of perfect love."

Now visualize the violet light of Jupiter entering through the Magician's wand and filling you with its brilliant light. Intone on the note A#. Once again bring down the orange light of the Sun and flood yourself with it as you intone on the note D. Now give your dedication:

"I dedicate all the riches — mental, emotional or physical — that flow into my sphere of influence to the service of the Ego who dwells in the heart of love."

Image the luminous green light being drawn through the wand of the Magician and permeating you; intone on the note F#. Bring down the orange light of the Sun once again and intone on the note D. Now give your dedication:

"I dedicate all my desires to becoming a channel for higher love, that I may better serve the Christ Center within the heart."

Bring down the pulsating blue light through the wand of the Magician; flood yourself in its emanations and intone on the note G#. Now bring down the orange light and again intone on the note D. Give your dedication:

"I dedicate the coordinating subconscious substance of me to the service of love, that I may be transformed into a channel through which the Ego can send forth ever more love to all the creatures on earth."

Bring down the yellow light of Key 1 through the wand of the Magician as you intone on the note E. Bring down the orange light once again and intone on the note D. Now give your dedication:

"I dedicate my attention to experiencing, ever more perfectly, the unfailing power of love."

Now bring down the three higher octave colors through the Magician's wand. Bring them down one at a time — red, blue, yellow — and permeate yourself with each one. Next, intone She-mmmm - ahh (C-G#-E) three times and give your dedication:

"I dedicate the superconscious energies that fill me with inspiration, joy and life unlimited, to serve the One Self, Who sees naught but Beauty in His Divine Emanations."

Before finishing we want to form the oval around us in order to concentrate all these energies for service to the Ego. Begin by visualizing each one of the seven planetary colors flowing through the Magician's wand and immediately forming into a circle around you. Bring down blue-violet, orange, red, violet, green, blue and yellow; form them into an oval rainbow that encircles you. Now bring down the three higher octave energies, red, blue and yellow. Do all this without intonation, which has already been established. Place the three around you in the oval, but leave about an inch of space between the seven and the three. Once again intone Shemah three times while you visualize the seven-colored rainbow turning to the right and the three-colored oval turning to the left. Finish by dedicating all the energies within your sphere of influence to the service of the Ego within the heart.

As usual, perform the physical tensing and relaxing exercise in order to fixate the energies and dedications into your cellular consciousness. ##

#### Lesson Forty-two

(from the transcripts of class lectures by Ann Davies)

We have been giving much emphasis to practices for unfolding the capacity to emanate and receive love. Why? Because it is this quality above all which assures us that our reception of supersensory energies will be of a positive nature. This establishment of Egoic level love is of utmost importance if we are to receive the great and farreaching benefits that are possible to us as we proceed with the vibratory correlations related to the twelve signs of the zodiac and the twelve aspects of consciousness depicted by the corresponding Tarot Keys.

In the visualization practice outlined in the last lesson we rededicated ourselves to the service of the Ego, seat of the Christ Consciousness. With the Magician above us we concentrated power by means of attention and directed that power toward developing positive qualities in our personality complex. In this lesson we will outline a further dedication particularly aimed at increasing our effectiveness as servants of life. In the final analysis, making ourselves really valuable aids to evolution is the purpose of all our studies, practices and meditational work as B.O.T.A. aspirants. The more effective we are as participants in the Great Work, the closer we approach the final liberation into the Fifth Kingdom of perfected humanity.

How can we increase our effectiveness as workers for the forces of Light? First of all by a quality of open eagerness that is willing to cast aside personal ideas of what service consists of. We need to embrace a new understanding of true service.

The quality of service of which I speak is always rooted in higher love. To serve is to give without thought of return. All of us recognize this idea intellectually and agree with it, I am sure. But do we practice it with any consistency? Do we give of ourselves without expectation of appreciation, recognition or return of any kind? Or do we mostly give as some give a tithe, because we have been told that such giving always brings a bountiful return? I'm not saying this is untrue or that there is anything really wrong with it; but it is not giving as an unprofitable servant of life; it is not giving as the sun gives its warmth; it is not giving because nothing else seems to be quite so important or fills one with such unexplained joy.

To give loving service is to give in whatever way presents itself to us, no matter how menial or unglamorous it may seem to be. In truth, unrecognized acts of service are the most effective in preparing us for yet greater service and responsibility ahead. To serve the Light is also to persist in practices, study and meditation in order to expand our level of unfoldment, so that what we have to offer is ever more effective and meaningful. This is the way we earn the privilege of aiding evolution in increasingly more responsible ways.

This persistence must be unswayed by seemingly barren results or unspectacular changes in our personality. To persist in the face of seeming futility or disappointment is a quality that cannot be overemphasized. We all aspire to join the company of perfected adepts and participate in great acts of beneficence for the human race, but to do this we have to be equipped for such service. That is precisely what all our work is about. Through persistent study and meditation in the ways mapped out for you by the B.O.T.A. curriculum, you are receiving an influx of higher energies which are gradually and inevitably transforming you into the effective servant of Light which we all aspire to be.

It is certainly true that individuals vary greatly in their capacity to channel higher love. This capacity corresponds, more or less, to the level of spiritual unfoldment that one has attained. But whatever the present capacity, the spark of love is identical in all mankind; and, just as with all other qualities, it is subject to unlimited increase. Through training, self-discipline and attention we add to the quality of love that emanates from us.

As you give in selfless service you are giving selfless love. Giving love is giving nourishment for higher ideals and higher emotions. The giving makes room for a greater influx that unfolds latent qualities of lovingness within. By giving love you are increasing your capacity to love and the capacity of those you love. You give life when you give love! You give magic when you give love! Magic that accelerates the evolution of the object of your love. This is the at-one-ment that leads to conscious union with the Christ Center in Tiphareth.

In our visualization practices we are participating in a group effort. The intensification of energy through group effort far surpasses what any one of us could manage alone. In simple terms, group work arouses more energy because there are more units to concentrate power. Each human unit is a transforming center for power. When we visualize in unison on an idea, the power to bring it into manifestation is tremendously increased.

We all know, of course, that power as such can activate error as well as truth. The quality of the directing thought or image determines whether the power nourishes higher aspiration or is allowed to give added intensity to lower nature errors which we all share on the level of the vital soul. It is our dedication to the service of the Ego which assures us that the added power made available to us through group participation will be directed toward enhancing positive traits which will equip us to become increasingly more effective servants of Light.

Our practices with the vibratory powers of Qabalah are helping to bring refinement to our personality vehicles. This refinement affects our emotional and mental vehicles as well as our physical body, so that we become increasingly receptive to the Egoic Triad composed of Chesed, Geburah and Tiphareth. Each one of you is being trained to serve the Light, with increasing qualification to do so. Group potency increases

the effectiveness of each one of its units as a channel for Light. Qualities of love and beneficence gain strength through group work because it unfolds an awareness of our essential unity. This relationship between unity and love is Qabalistically shown by the like numeration of echad, IRK, unity, and ehabah, INK, love.

As you participate in the group practices outlined in this course you are participating in the accelerated evolutionary process. In the last lesson we said that by projecting images of love and plentiful supply we are helping to wash away the patterns of poverty and hatred in the race consciousness. By sending out love regularly and rhythmically in unison with others, as we do in these practices, we are doing much to alter the separative patterns of error in the collective consciousness.

Each day as you participate in these practices you are fortifying the group visualization. You are also partaking of the extra power which we as a group arouse. I want to remind you again that performing the visualization at precisely the same time as other members is not necessary at all. This group effort takes place primarily on the subtle planes, and, as you know, our physical plane time sense does not hold true on the inner planes. You enhance and strengthen the visualization each time you perform the practice. As each one of us gives our individual attention by performing these visualizations, we are doing much to bring their positive suggestive power into prominence for all.

Thus, as advanced B.O.T.A. aspirants, we are working together and building positive images in unison; images that eventually will become manifest on the physical plane. We are building in subtle substance after the plans sent down through the Hierarchy from the Divine Will in Kether. We will explain how the Hierarchical system functions more fully in the next lesson. For now, I want to outline a variation of the dedication we performed in the last lesson. This one is particularly aimed at helping to bring positive love images, qualities of beneficence, harmony and abundant supply into the race consciousness of this planet.

To give of your attention, your love and your power of visualization to help activate these qualities in the consciousness of humanity is to be a true servant of life.

### TECHNIQUE

Have ready the seven Planetary Keys and the three Higher Octave Keys. We haven't mentioned it lately, but be sure to begin each practice period by intoning the four Divine Names:

Eheyeh (eh-eh-hay-ehhhh) E-C-F-C
Yod Hey Vav Heh (yod-hay-waw-hay) F-C-C#-C
Elohim (aye-low-hee-ee-mmmm) E-F#-C-F-G#
Adonai (ah-doh-nah-eee) E-F#-G-F

Also, don't forget to establish a deep, rhythmic breathing pattern.

In this Technique we are going to bring love and help to all who dwell on earth. Begin by visualizing yourself within the planet earth, your head above the north pole and your feet below the south pole. Stretch

out your arms through the equator of earth, which you are to visualize as a liquid globe of light. You are centered within the heart of earth; you are united with all of mankind.

Image the Magician above your head representing the quality of attention which draws down higher powers and directs them into the very substance of earth. Visualize the Magician first drawing down the blue-violet light of Saturn and permeating the planet with it, as you intone on the note A. Immediately bring down the orange light of the Sun. Intend that the earth is being flooded with the substance of higher love. Intone on the note D. Give the dedication:

"Through the Magician of me, the finitizing power of Saturn combines with the light of the Sun. Together they impress patterns of love and unity on the consciousness of earth."

Next bring down the red vibration and intone on the note C. Then bring down the orange light and intone on the note D; give the dedication:

"The Magician of me directs the dynamic power of Mars to dispel all that stands in the way of the establishment of love and harmony throughout the planet earth."

Bring down the violet light and intone on the note A#. Bring down the orange light and intone on the note D. Give the dedication:

"The earth in which I dwell holds unlimited riches. Love makes them manifest everywhere on earth."

Bring down the green light of Venus and intone F#. Bring down the orange light and intone on D, as you give the dedication:

"Earthly desire becomes higher aspiration through knowledge of the unity of life. I aid in establishing this knowledge by channeling love to all who dwell on earth."

Bring down the blue light of the Moon as you intone on G#. Bring down the orange light and intone on the note D. Give the dedication:

"The flowing waters of subconsciousness unite all creatures one to the other. Into this stream I direct the substance of love, which awakens every heart to remembrance of its Union with the ALL."

Bring down the yellow light as you intone on the note E. Bring down the orange light and intone on D. Give the dedication:

"Through the Magician of me the power of higher love flows unimpeded into the bosom of earth, filling all her inhabitants with the transforming power of love."

Next bring down the three higher octave energies through the wand of the Magician. Intone Shemah, as before instructed, three times.

Now we want to form the rainbow of protection around the entire planet earth. This will serve to hold the beneficent vibrations so that they can be assimilated into the consciousness of humanity. Keep this purpose in mind as you form the oval around the earth.

First bring down the blue-violet light through the wand of the Magician and then form it into an oval around the earth in which you are centered. There is no need to do the intonation again, as that has already been accomplished. Just visualize each color being drawn down and then form it into the oval around the earth.

After forming the oval of the seven basic vibrations, continue by forming an oval of the three higher octave energies. Leave about an inch of space between the two ovals as we did before. Try to visualize the ovals in motion, the seven circling to the right and the three circling to the left. Again chant Shemah three times. Remember its meaning as you do so. Send out love from the center of earth where you stand poised; feel that every creature on earth is being filled with a vibration that is lifting it to a higher level of expression.

Through our love and attention we are bringing more life, more love, more consciousness to the entire earth, thus fulfilling our function as her Redeemers.

Finish by performing the physical exercise elsewhere outlined in order to fixate the energies into your cellular consciousness. ##

#### Lesson Forty-three

(from the transcripts of class lectures by Ann Davies)

Through our group practices in the correlation of color and sound we are gradually raising the focus of our conscious attention. We are becoming increasingly open to emanations from the Egoic level; increasingly aware of the true 'I' within. This awareness of the Ego enables us to take a more objective view of our personality. When we stop identifying so closely with our personal emotions, thoughts and urges — especially those that distress us — we are much more able to do something about changing them.

By performing these practices regularly you are demonstrating strong intention to become a channel for the Higher Self and carrying it out in related acts. The performance of these truly magical practices forms matrices of power based on the intention behind them. Through the focus of this power, the personality Sephiroth become more directly responsive to the Sephiroth of the Egoic Triad. The desire nature of Netzach begins to reflect, undistorted, the divine beneficence of Chesed. The intellectual processes of Hod become more perfect expressions of the cosmic will force descending from Geburah. As these visualizations are carried out rhythmically and repeatedly, the intention that they portray is reflected in the automatic consciousness, and the personality becomes an unobstructed channel for the Ego in Tiphareth.

Thus our practical work is aimed at effecting a shift in the center of conscious awareness from the lower centers of the personality nature to the Ego in Tiphareth. The Egoic consciousness experiences the oneness of life directly. To know first-hand that you are not a separate being is to experience higher love. When every personal ego is known to be a ray of the One Ego, there is nothing separate to oppose; there is only opportunity to love.

The conscientious performance of these practices does truly raise the vibratory rate of all your vehicles of expression. It causes you to become more and more receptive to the continuous downpour of wisdom and love from the centers of consciousness who are ahead of you on the Path. These Adepts of the Inner School, who are members of the Hierarchy of Light, act as channels for sending out the knowledge, vibratory energies and practical visualizations that are preparing you to shift your primary center of consciousness to the level of the Ego in Tiphareth.

As you succeed in getting your mental and emotional responses under control of the Higher Self in Tiphareth, you become much more valuable as a servant of the Light. When you are able to receive guidance consciously and more or less continuously from Tiphareth or above, you will become a conscious link in the Hierarchical chain of descending power and Light that works ceaselessly for the benefit of the entire human race.

The Divine Hierarchy of which I speak is the true ruling system of the universe. The rulership of this planet is administered by those who are fit to rule; by those able to assume vast areas of responsibility. The physical plane rulers in any land are not the true rulers. They are reflections of the predominant level of development of the people they seemingly rule. They are, in most cases, the end result of centuries of wrong thinking and error. Cosmic law prevents the Divine Rulers from interfering directly in the consequences of past error. The work of the Divine Hierarchy is to dispel the miseries of humanity by transforming and raising its level of consciousness. And that, by our human time sense, cannot be done in a day.

The Divine Hierarchy transmits a descending flow of energies and wisdom from one plane or level to the one just below. On each level, Light is received from above. That light is too bright (or too abstract) for the level just below, so it is translated or stepped down, so to speak, into less abstract or less brilliant form before it is transmitted downward to those able to receive on the next lower plane of awareness.

I want you to understand the hierarchical system so that you will become a more effective and consciously active participant in its work for the world. At our present stage of unfoldment not one of us is able to comprehend or visualize the Whole Plan; that is, the Primal Will behind this whole cycle of manifestation. This is the level of knowing represented by Kether on the Tree of Life. That Whole is comprehended, however, by ONE Who has achieved conscious awareness on the level of Kether. In the Grades of Initiation this level of Mastery is called Ipsissimus, He Who is Most Himself. (See lessons on Master Pattern to refresh you on details.)

From this level of perfect knowing, the Divine Plan is stepped down by that ONE for reception on the level of mastery just below, the Master of Wisdom related to Chokmah. From here it is sent forth to be received, assimilated and then disseminated by a Master of the Temple, conscious on the level of Binah. Those who receive on each level transmit the Light received to those able to receive on a level just below. When the Light descends to those receptive to the Ego in Tiphareth, the Adepts on this level are given portions of the Plan to elaborate. Tiphareth is seat of the image-making faculty in man. Those working at this level receive the images being sent down from above and fashion them into more concrete visualizations. They do this with the aid of those whom they teach, clothing a portion of the Plan in images for eventual manifestation on earth.

Each participant helps to give the image power to manifest by adding his or her attention and energy to it. The visualizations you are participating in have been sent down from the Master behind the work of B.O.T.A. They are received by your Prolocutor General, who is His direct channel on earth. As your teacher, I translate our portion of the Great Plan into the visualizations, knowledge and meditations given in this course. The practical work we do patterns images and thoughtforms of love, harmony and unity and presents them in such a form that

those just on the verge of becoming conscious co-workers will receive the impetus that will bring them consciously into the fold of workers for the Light.

You and I are mediators receiving from above. We clothe, elaborate and nourish that which we receive with our attention, with our love and with power. Then we send it forth for those ready to receive it in meditation. They come awake to their true aspirations and are given direction in ways to express it. The influence does not stop with those ready to receive at present. The images become impressed in the collective consciousness through our repeated attention. As more and more individuals become receptive to the positive vibrations that they transmit, the Brotherhood of Man will become a manifest reality here on earth.

There is a great need at present for aspirants who are able to act as conscious links in the Hierarchical chain. This means aspirants who are sufficiently trained, perceptive and free from the influence of the grosser errors in the collective consciousness. Willing, cooperative channels are always valuable, but above all there is a need for knowledgeable channels; those who persist in studies and practices, such as we offer, and thereby succeed in shifting the center of conscious reception to the level of the Ego in Tiphareth. But even before you have completed the shift, you are serving through your participation in these practices. The more consistently you work and aspire to becoming a conscious, cooperating channel for the Hierarchy of Light, the more rapidly will you unfold. As your inner sensorium awakens and you shift the center of awareness to the Egoic level you will know it directly and irrevocably. Thus our visualization exercises are building positive images in mental substance in accordance with the Plan sent down to us through the Divine Hierarchy.

On the ascending scale the Hierarchy can be pictured as everwidening in scope and expansion of conscious awareness. In all its levels it is made up of correlating units who together comprise an inclusive whole. That is, group after group making up a whole, and that whole, together with others on the same level, making up a larger whole. This principle can be seen within our physical bodies. You are one body, directed by a central consciousness. Your body is made up of innumerable bodies or cells comprised of little consciousnesses. Each of us, as an individual, is part of a larger group. Finally, we are a unit in the human kingdom, and we are a conscious ray of the One Ego or the consciousness of all humanity. The Egoic consciousness of all the planets are units of the Solar consciousness, which in turn is part of a still vaster whole that encompasses an entire galaxy.

We can expand our consciousness through participation in the Great Work to where we become aware of these larger wholes of which now we are restricted to knowing only a part. We can experience the allencompassing Consciousness even before we are totally free. The One that is All is the central point of each individual's existence. The individual Yekhidah is the Central Reality at every point in space. We can share in this universal Consciousness by turning inward to that One.

As we unfold to more or less continuous awareness of being, these larger wholes — being the Solar Logus, being the Cosmic One—that being gives us the responsibility of assuming a greater share in the administration of the manifest universe. Thus Key 21, related to cosmic consciousness and the element of earth, is also the Administrative Intelligence.

In the techniques for this lesson the emphasis will be on strength-ening our awareness of participating in the Hierarchical Plan for accelerating the evolutionary unfoldment of the whole human race. As you assume a greater share of responsibility for this Plan by doing what is at hand for you to do, greater areas of rulership will open up for you. As each individual manages to become aware of his ego or 'I' as the SELF of all humanity, he joins the company of perfected Adepts and takes his place in the administration of planet earth.

#### **TECHNIQUE**

In this technique we will become earth; we will become total humanity and visualize love, aspiration, responsibility and dominion as qualities of the consciousness of earth. As you share in the transformation of earth, your individual unfoldment is tremendously accelerated, not as a reward, but as a natural consequence of your habitual way of thinking, acting and imaging. These bring about transformations that are inevitably preparing you to enter the Door into the Fifth Kingdom.

Have ready the seven planetary Keys and the three higher octave representations. Once again visualize yourself forming a cross within the earth. See earth as a globe of living, moving liquid light. Try to feel yourself expanding out and out to encompass everything within the scope of your consciousness.

First visualize the earth in which you are centered as filled with liquid blue-violet light that is stabilizing and permeating earth with the qualities of dominion and responsibility. Intone on the note A. Now bring in the orange light of the Sun and fill the earth with its vibrations of love. Intone on the note D. Give your meditation:

"I am the living, moving life of earth. The blue-violet light is the power of dominion that is waxing ever stronger through an influx of Solar love."

Now visualize the earth in which you are centered as filled with the brilliant red of Mars. Intone on the note C. Again permeate the earth with the orange of the Sun and intone on the note D. Give the meditation:

"The dynamic Mars is a creative power on earth. When dedicated to the Ego, that power multiplies harmony, unity and beneficence in every human heart."

Transform the liquid earth into a globe of violet. Fill it with the beneficence and bountiful supply of Jupiter as you intone on the note A#. Then again transform the earth into a globe of orange and intone on the note D. Give the meditation:

"I am the earth filled with plentious supply. All true riches are generated by the unfailing power of love."

Transform the earth into the green of Venus and intone on the note F#. Again fill the earth with the orange of the sun and intone on the note D. Give the meditation:

"I am the earth filled with compassion. It has emerged from earthly desire, transformed by an influx of higher love."

Transform the liquid globe of earth into the blue of the Moon and intone on the note G#. Bring in the orange light once again and fill the earth with the Light of the Son. Intone on the note D. Give the meditation:

"I am the Uniting Intelligence carrying to all human hearts the Light of Love Eternal."

Transform the earth into the brilliant yellow of Mercury. Intone on the note E. Now bring in the orange light of the sun and intone on the note D. Give the meditation:

"I am the earth, filling every life with the substance of love through the power of directed attention."

Next bring in the three higher octave colors together in interlaced streams of red, blue and yellow light. Intone Shemah three times.

Now remain within the earth and transform it into a liquid globe of intensely brilliant white light. Make it as bright as your visualization can manage. It is the white light of the Central Spiritual Sun. It is the light of the Cosmic One. Centered within the earth feel yourself floating in the radiant white light that contains within itself all the colors we have visualized. All have returned to ONE. Once again intone Shemah as the formula for the absolute unity and oneness of all.

Finish with the physical exercise for tensing and relaxing the muscles all over your body. ##

### Lesson Forty-four

(from the transcripts of class lectures by Ann Davies)

The twelve Tarot Keys which correspond to the twelve simple letters of the Hebrew alphabet depict twelve basic types of human consciousness. They are related to the twelve zodiacal signs which symbolically divide the heavens into twelve sections. The divisions represent the way universal or constellation energies express in our Solar System. It should be remembered, however, that in actuality these divisions are more directly related to the twelve modes of solar vibration. The One Ego of all humanity, Tiphareth, sphere of the Sun, manifests in twelve basic types of conscious expression. On the physical plane the modes of vibration which they represent express through the twelve zones or areas of the human body. On the subtler levels they relate to the twelve basic variations of human mental and emotional expression.

The zodiacal influences further correlate with the differentiations of sunlight into the twelve primary, secondary and tertiary colors of the solar spectrum and with the twelve semi-tones of the musical scale. In our vibratory practices with these twelve modes of solar vibration our aim will be to unfold within ourselves the positive qualities related to all twelve variations of Egoic consciousness so that eventually we can synthesize them into awareness of the One Consciousness.

Conscious awareness of a greater whole is ever the result of a preliminary grasp of the component parts that make up that whole. To function consciously on the level of the One Ego of all humanity, the level wherein all variations are comprehended as One Beingness, is to have first gained dominion over all the diversities.

As we continue with the practices outlined in this course we will learn to utilize the positive qualities, attributes and powers related to every one of the twelve modes of human expression. This is essential if we are to become a truly prepared and effective channel for the Hierarchy of Light. The human unit who has become an unobstructed channel for Ego guidance — depicted by the Magician in Tarot — is a prepared channel. Ego level consciousness encompasses an awareness that is able to express all the qualities, all the attributes, all the variations, that make up the Whole.

Each one of us is a miniature macrocosm containing within our microcosmic 'little world' everything that resides within the Whole. Thus we are not really adding anything when we learn to function as all the diversified aspects of human expression. Within our total individuality every quality is present, either in a developed or a potential state. As we become proficient in expressing each one, we will also be bringing them into balance. The practices we perform are able to temper any qualities that may be over-developed in our nature and intensify any that may be unduly repressed.

To help you achieve this balance and harmony within your micro-

cosmic universe, so that every quality of human consciousness begins to express through you on a higher turn of the arc, is the aim of all our practices. Before we can bring them into such balance, however, we must first give our attention to each one separately. At the same time, we need to guard against giving undue emphasis to any one force we may be working with. Therefore, in our practices and techniques, we will always balance each Key and its vibratory forces with its opposite. For instance, when we intone for Aries and Zone I with visualizations of Key 4 and the color red, we will maintain balance by also intoning for the opposite qualities symbolized by Libra, Zone 7, Key II and the color green. This practice will also serve to stimulate beneficial polarity interactions as we proceed to unfold the positive qualities of the twelve basic varieties of human expression.

With this new phase of vibratory correlation, let's keep our highest aspirations in mind. We are working to shift the primary center of conscious awareness from the lower aspects of personality to the level of the Ego in Tiphareth. Egoic awareness is the result of having brought all diversities of expression into equilibration. To be aware on the level of Tiphareth is a transcendence of all variations. It is gained through dominion over them all; a dominion that has succeeded in bringing the six pairs of opposites into equilibration so that the single principle expressed through each of them is grasped on a higher turn of the wheel. Equilibration is really a synthesizing process that eventually leads to the revelation of the single principle which unites all variations of human consciousness into the Single Ego of all humanity.

We want that Single Ego, which is the true Self of us, to assume control of all that expresses through our personality. We want our microcosmic world to be ruled by the rightful King, Melek, אמל, who resides in Tiphareth. Melek is the 'I' at the center of your being. He is the true ruler of your personal world. We are working to remove the obstructions, which are all variations of the delusion of separateness, that separate the King from His Kingdom. That King, who is also the Christos, is not limited by any of the specialized modes of human expression. He is Master of them all!

Therefore we should refrain from saying such things as "I am an Aries, etc." This tends to limit us by identifying with one zodiacal type to the exclusion of all the others. It would be more accurate to say, "At the time of my birth the sun was transiting the sign Aries." Another important thing for us to remember is that we should never use zodiacal qualities or attributes as an excuse for any of our failures, lacks or missings of the mark. As with all other considerations, knowledge is power, and understanding leads to dominion.

It is most certainly true that within incarnate existence and while functioning as a personality, certain qualities predominate over others in our outward expression. Specialization, as you know, is the basis of evolution and the means through which we grow and develop conscious awareness. It is also true that most human beings are dominated by the influence of the zodiacal and planetary forces emphasized at the time of

their birth. This continues to be true for long periods of the evolutionary trek. Indeed, it holds true until one is nearing the Egoic level of conscious awareness. As an individual begins to receive the first glimmers of Ego awareness, he becomes less and less subject to the zodiacal influences in the ordinary way. Instead of being dominated by the seemingly extraneous forces, he becomes more and more able to assume rulership over them.

Realize, however, that we are not working to do away with diversity in expression. The talents, attributes and positive qualities emphasized by the forces impressed upon you at birth are your special tools! They can help you to become a more valuable servant of the Light when you understand them for what they are.

Therefore, keep this in mind: It is not diversity in expression that is to be obliterated. We seek dominion over all diversity so that we can utilize the zodiacal energies in ways that will make us a better channel for the forces of Light. When we symbolically and repeatedly turn over all personal expressions of the vibratory energies to guidance from the Ego within, all the diversifications — in ourselves and in others — cease to delude us. And when we are no longer deluded by them, we are no longer dominated by them. We understand them to be the necessary illusions of manifestation which, when rightly directed and combined, become the means for bringing the forces of Unity and Love into expression in the world of name and form.

Before proceeding with a preliminary and preparatory technique related to the twelve variations of solar vibration, let's review some of the correlations involved as a background for our future practices. In their relationship to the twelve simple letters of the Hebrew alphabet, the twelve Tarot Keys which depict the basic variations of human expression correspond to the related Path on the Tree. They also have a relationship with the twelve stages of the Alchemical Process; with the twelve Tribes of Israel; with the twelve Apostles of Jesus; and with the twelve zones of our physical and subtle bodies. In the minor Arcana each of the twelve is symbolized by the three Keys which correlate with the divisions of the signs into three decanates.

Keep in mind that every one of these variations of human expression — alone or in infinite combination — are present in you. To know the fullest measure of your own nature and potentiality means you have to know all its component parts. True, all are aspects or ways in which the Solar Consciousness expresses through human personality, all are rays from One Sun; but to unite them you must know them. There is no shortcut. Expanded awareness of a vaster whole comes from a preliminary awareness of all its parts. When we have become a conscious instrument of the One Ego, all the infinite variations of manifestation will be experienced as vibratory modes or motions of a Single Power. Then we will be a prepared instrument, able to make the right combinations and direct the universal forces in ways that will aid in the accelerated evolution of planet Earth.

Beginning with the next lesson we will discuss each one of the twelve modes of consciousness separately and perform visualization techniques to incorporate the positive qualities of each one of them into our individual sphere of expression. Work with the twelve, however, must always be preceded by the attunement of the seven Inner Holy Planets. In this lesson we will activate the seven Centers with the intention of preparing ourselves for further work with the modes of expression symbolized by the twelve. We will direct the activated seven toward bringing about harmony and balance between the twelve variations of consciousness that make up our total microcosmic world.

### TECHNIQUE

Visualize yourself immersed in a globe of blue-violet light. Think of this globe as the microcosm, the 'little universe' of your total beingness. Intone as usual. Now, become the Dancer in Key 21. Visualize the spiraling energies which you hold in your hand as filling the globe of your total individuality with power to integrate . . . power to complete! Hold this visualization while you give the meditation:

"I am the World Dancer, administering all the qualities of human expression in ways that serve the Unity of Life."

Transform the globe of light into vivid orange and intone as usual. Now become the Sun above and the children below as we have visualized in earlier practices. Hold this image as you give the meditation:

"I am the Self within the Sun, radiating diversities of Myself, that eventually will return as conscious rays of the Indivisible One."

Transform your microcosmic world into a globe of brilliant red and intone as usual. Now visualize yourself within the tower of Key 16 where you are being vitalized by the 'Lightning of Heaven'. As you hold this image, give the meditation:

"I am the dissolving fire, clearing the way for the perfect balance of forces which will unite my 'little world' with the ALL."

Transform the globe of your total beingness into violet light and intone as usual. Now visualize yourself at the central point of the wheel in Key 10 with all the details therein surrounding you. Hold this image as you give the meditation:

"As my little world comes into harmony with the whirling, cycling cosmic Light, it becomes a glorious Temple for Melek, the King."

Transform the globe which is your Larger Self into a luminous green and intone as usual. Now become the Empress. Be aware of the twelve stars which adorn the crown you wear. They correlate with the twelve modes of human expression which we are bringing into harmony. Hold this image as you give the meditation:

"I am the Empress, whose fruitful garden of imagination brings all the radiant stars of heaven into balanced expression within."

Transform the globe into a vibrating blue and intone as usual. Now become the High Priestess seated quietly between the pillars of the Temple and give the meditation:

"I am the uniting power of ever moving substance. Through my flowing robes, all seemingly opposing expressions unite into a Single Light."

Transform your microcosmic world into a vibrating globe of yellow and intone as usual. Become the Magician! (In these visualizations take time to 'see' all the details of form and color.) Hold this image as you give the meditation:

"I am the power of attention which focuses light from above and thereby transforms my world into the transparent House of the King."

Now meditate for a few moments on the three higher octave Tarot Keys. Visualize red, blue and yellow streams of interweaving light filling you with the higher energies that will bring all twelve modes of Solar Consciousness into higher expression within your sphere of influence. Intone Shemah as usual three times. Hold the image of the interweaving streams of light as you give the meditation:

"The super-personal powers of Divinity flow into my 'universe in little'. They unite all the diversities of being into the Indivisible One."

Finish as usual with the tensing and relaxing of the physical body to incorporate the transforming energies into the cells of your physical body. ##

### Lesson Forty-five

(from the transcripts of class lectures by Ann Davies)

Tarot Key 4, the Emperor, depicts the first of the twelve types of human consciousness. It is related to Aries, the first sign of the zodiac; to Heh, the first of the simple letters of the Hebrew alphabet; to Calcination, the first stage of the Great Work; and to the first zone of the physical body which encompasses the head, particularly the brain as an instrument of thought and the eyes as instruments of sight.

As <u>first</u>, this vibration is emblematic of fresh beginnings and of the initial impulse toward anything new. Seasonally, Aries initiates spring, the season when new growth commences after winter dormancy. This initiating quality is an expression of the projective, masculine, generative power in nature. Note in this connection that Aries is ruled by Mars, symbol of reproductive power.

In Aries, the generative power is more specifically related to mental generation since zone 1 corresponds to the head and brain. It is the power that generates thought and gives impetus to new lines of reasoning. Actually, the brain itself does not generate thought. The brain is not the mind. It is the instrument through which thought becomes manifest; thought which is eternally present in the Universal Mind.

The brain can be compared to a radio wherein an electric current in the receiving set establishes vibrations which may be attuned to those originating in the broadcasting station. The receiving set does not make the music, nor does the brain make thought. It provides the necessary conditions so that thought can be expressed.

Through the brain, man contacts his environment. This contact is what actually develops the reasoning faculty of human self-consciousness and leads to mental insight. Both of these attributes are qualities of consciousness depicted by Key 4. Furthermore, the positive expression of reason and insight are the forerunners of rulership and dominion, also portrayed by the Emperor.

As reason and insight continue to develop within us, they bring us to where we experience the higher vision of reality related to the 15th Path of the Constituting Intelligence. It is a higher vision achieved through accurate observation of the physical conditions that surround us, whereby we begin to see the basic law or principle at work in any particular train of events.

The 15th Path joins the Ego in Tiphareth to the Father in Chokmah. This higher vision is an expression of Sovereign Reason. When the Ego level of reason finds an unobstructed channel through your brain it will reveal to you the rational orderliness of all things in manifestation.

The Emperor wears armour and is shown as a man of war. At first, reason and insight stir up inner conflicts. As we begin to war

against old ideas and patterns in our personal level of consciousness, there is a necessary period of disruption and chaotic conditions, portrayed in Key 16 attributed to Mars. But this is the war that eventually sets you free and establishes the reign of Sovereign Reason within your personality. Any outer dominion over events or other people or objects is a false dominion, doomed to fail, unless the true inner dominion of the Self over the lower nature has first been established.

All the qualities that develop rulership are depicted in Key 4. The Emperor, however, is a positive image only of the drive to rulership. When this drive is misused, under the delusion of separateness, it can be the source of much evil action. Over-strong or out of balance with other vibrations, the drive to rule lends itself to expressions of tyranny and cruelty against others. In lesser imbalances it can express as lack of control over irritability, as periods of violent temper, or as a tendency to engage in rash and impractical activities.

We want to develop the qualities of the Emperor, but we want to keep them in balance so that they give us power to attain true rulership. Note that the Sun, whose sphere of activity is in Tiphareth, is exalted in Aries. It is through the mental activities of insight and reason that the Solar Consciousness is finally brought into dominion through human personality.

To develop the qualities of the Emperor in a positive manner we need to watch our automatic reactions to things. For instance, by watching, you might come to realize that you have a tendency to get irritable and annoyed with certain people over their way of doing things or just the way they look. Reason has little to do with it, as anyone who takes the trouble to analyze such reactions and is truthful about them will admit. They are mostly responses below the level of reason. Even when we think we have a reason for them, such responses are a sad waste of energy. They dissipate dynamic energy which could be directed toward positive mental creation. Irritation, temper, meaningless activities or any of the other negative Aries traits use up power which could be directed toward activating the brain in ways that would make us a channel for receiving higher knowledge and guidance from above.

The Emperor is overseeing the stream of subconscious mental substance, symbolized as the river in Key 4. He has established dominion over this river by seeing into it. If we let the stream of subconscious mental images take us where it will, we become the victims of lower emotional patterns which are a part of the collective subconsciousness. On the other hand, if we direct the stream, the line of imagery becomes truly creative and we can direct it in ways that will build the vehicles of Adeptship.

The Emperor is our power source. He represents self-conscious qualities whose increasingly higher utilization is leading us to the dominion we seek. Just as the brain is the tool through which we receive thought, the eyes are the tools through which we develop true vision. They need skillful handling also. What we see needs to be analyzed in

an orderly, coherent manner so that we are able to distinguish things rightly, one from another. We never force nature into obedience. She reveals her secrets to us when we learn to work with her orderly laws and cycles of manifestation instead of in opposition to them.

A truer vision of reality is what distinguishes the adept from a tyro. The adept has a more inclusive, expanded vision of what man is and what nature is. He knows what is in man. He also knows, even though they may seem inimicable, that all the forces of nature work with man when he learns to understand them.

Key 4 is a portrait of the Real Self. Practice with this Tarot Key will help us to realize that the Real Self is not the personality. It will help us to stop identifying with the past mistakes, ignorant ideas and foolish behavior of personality. When we stop identifying with them we can dissolve these patterns more easily and thereby dissolve the cause of their incessant repetition.

As we learn to regulate, control and classify the images which rise from subconsciousness, we will begin to see that most of them are but automatic responses to subconscious patterns. They are not attributes of the 'I'. Our false identifications are what have been keeping us in bondage and tossing us here and there in response to unorganized wishes and chaotic, conflicting wants. All such behavior is a response to patterns imprinted in the subconscious substance; either our individualized portion of it from this and past incarnations, or that which we contact through the collective subconsciousness. They are patterns in the sheaths of the Self, but not the SELF.

When we begin to see how we have been wasting the power of attention by initiating mental, emotional or physical activities that are either unimportant or unwise, we must do something about it. The magical power of conscious attention can be directed toward initiating mental, emotional and physical activities that will promote an influx of Light from the level of the Ego in Tiphareth. We don't have to dwell on wrong actions or thoughts. As you know, that tends to nourish them. We need only to open the floodgate of love and light from the True Self in Tiphareth by continuously inviting it. Wrong patterns will disappear in a conflagration of insight, higher reason and true vision. Then the Emperor within will assume His rightful dominion because He will know who He is. When we know that, we unite with the True Self and all the workings of the personality Sephiroth become crystal clear vessels for the King, Melek, in Tiphareth.

As we activate the red vibration in connection with the imagery of Key 4, we will be increasing the activity of the physical brain. This will help to remedy any lazy-mindedness from which we might suffer. Often we attempt to avoid thinking things out by using up energy in pointless physical activities. This practice will also energize the eyes by increasing the circulation to them. Thus, in effect, we will be improving both physical and mental vision; both our ability to reason and our ability to see.

## TECHNIQUE

With this practice we are going to begin unfolding the positive qualities of the Aries nature so that we can utilize these attributes in ways which will make us more effective and fully developed instruments for the Hierarchy of Light.

We will again image ourselves within the planet earth. Remember, we perform these rituals for all of humanity, not just for ourselves. As we visualize the symbols that represent all the positive qualities of human expression, we are 'printing' them in the Collective Consciousness for all who are ready to receive.

For this practice, besides the seven planetary Keys, have ready Key 4, the Emperor, and Key 11, Justice. We need Key 11, related to Libra, in order to maintain balance and equilibrium in our work.

Always begin these practices with the twelve zones by first visualizing the colors and Keys and chanting the notes for the seven basic centers and the three higher octaves. This part of the practice should be almost automatic by now. We will not outline it each time, as we have been doing; but never neglect it, for the seven must be activated before we begin with the twelve. For the three higher octaves, continue to bring the three colors down together and intone Shemah on the sequence of notes C-G#-E.

After completing vibratory correlation for the seven centers and three higher octaves, image yourself within a globe of liquid light. As before, your head is above the North Pole and your feet are below the South Pole. Above this globe, visualize the Emperor. See him in detail. Be aware of the flowing river behind him; the cube upon which he is seated; the globe and scepter he holds in his hands. Don't miss any detail of the symbolism. Below this globe in which you are immersed, visualize Key 11, Justice. This is the reflective, balancing vibration for Key 4 which will maintain right equilibrium for us. At this point you need not visualize Key 11 in complete detail, just see it there.

Now, image the red vibration descending in whirling, cycling motion that originates from the Emperor above you. See it entering your globe of earth through the North Pole, then whirling in a clockwise motion and circling through your globe from front to back, round and round in a downward motion until it touches the South Pole below.

For the twelve areas we are going to intone a little differently than we do for the seven Planets. As you feel the red vibration whirling through your globe of earth, intone Ah - oo - mm seven times on one breath to the note C. Then give this meditation:

"I am Thy child, Oh Lord. Thou hast bestowed upon me a vehicle of thought so that I may unfold Thy reason and Thy insight. Even more, as an instrument of Thy creative power, Thou hast given me dominion over that which is below. All these glorious gifts, I offer back to Thy service, so that Light and Love may reign, ever more perfectly here on planet earth."

Again feel the whirling red light descending through your globe of earth. Now, visualize the green vibration entering counter clockwise

from Key 11, which is below your globe of earth. Image it whirling upward, upward, round and round, until it reaches the North Pole as an answering call to the Emperor. See this answering green vibration interlacing itself with the red in your globe of earth; the red whirling downward and the green whirling upward, so that they form an integrated circle of moving, continuous light. Now, intone Ah - oo - mm seven times on one breath to the note F#. Give this meditation:

"I am Thy child, Thy instrument, Oh Lord. Through me Thy scales of Justice temper reason and rulership with love and beneficence. I offer myself as Thy vessel so that Sovereign Reason and Divine Justice may reign as One Entity throughout the earth."

Once more visualize the red vibration whirling downward into the earth from above and the green vibration whirling upward from below, forming the circle of continuous, moving light. Again intone Ah - oo - mm seven times on the note C. Follow immediately by intoning Ah - oo - mm seven times on the note F#.

Now we must integrate all the forces and vibrations which we have aroused by bringing the colors down into our vehicles in the manner outlined in an earlier technique. For this part of the practice do not intone. The sound vibrations are already well established. Lift your arms above your head and feel and see the blue-violet vibration descending into and through and through your body; then the orange, the red, the violet, the green, the blue and the yellow. Bring down the three higher octave colors together as an interlaced stream of red, blue and yellow light. Feel them! See them! Now lift up your arms once again and bring down the red and the green together. As they descend through you, interweave one with the other; affirm your intention to activate positive Aries qualities in your personality complex in a manner that is in harmony and balance with those of its opposite and complement.

Finish as always with the tensing and relaxing of your physical body. ##

### Lesson Forty-six

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana, Key 4 and the Aries qualities of human expression are correlated with the Ace, 2, 3 and 4 of Wands. The forces represented by these Minor Keys are aspects of human consciousness, typified by Key 4, which we will be bringing into more active, balanced expression with our vibratory practices.

The Ace of Wands represents the whole first quarter of the zodiac, wherein the Life force begins a new cycle of growth and development. Aries is the first sign of this quarter, which begins the Spring Equinox. The Ace of Wands carries the further meanings of strength, force, vigor and vitality. It is also said to represent the primal force of concentrated Will.

As Kether in Atziluth, the Ace of Wands has its correlation in our microcosmic world. Here it manifests as will power and as the drive to set something new into motion. The key-word for the Ace of Wands is initiative. This is also a key-word for the Aries type of personality and for the Emperor. It is this initiating quality of Aries that corresponds particularly to the Ace of Wands.

In our meditational practices with Key 4 these qualities can help us to put real power behind the introduction of new patterns and thereby help us to become clearer channels for the Cosmic Will energy associated with it.

The 2 of Wands represents the first decanate of Aries, in which the Mars vibration is strong. On the Tree of Life it correlates with Chokmah, Wisdom in Atziluth. Chokmah symbolizes the Divine Masculine Principle. He is portrayed by all the Kings of the Minor Arcana as well as by the 2's. The relationship between the Kings and the Emperor is apparent. All are symbols of the ruling, projective masculine aspect of the Life-power; all are representations of Ab, 3%, the Father in Chokmah.

These royal figures intimate that the Aries qualities particularly represented by the 2 of Wands are those which develop rulership and dominion. This ruling quality is inherent in man. It becomes operative as he gradually perfects his ability to reason out to right conclusions and see into things, instead of being duped by outward appearances. Essentially, leadership is the result of a higher vision of reality, which leads to a better grasp of the archetypal principles behind outward appearances.

As the organ through which reason and insight find expression, the human brain represents this ruling quality within the physical body. The brain controls the activities of the body through its control of the muscular system.

The strong Martian influence in this aspect of Key 4 correlates with the Emperor as a warrior. Destruction of the old errors and patterns that bind us is essential before the new reign of self-dominion can

be established. In Alchemy, the Calcination stage of the Great Work is devoted to this mental purgation, wherein the vehicles of personality are cleared of error to make way for the dominion of Sovereign Reason.

Psychologically, Calcination is the fiery mental analysis which overthrows the false crown of belief in personal will (depicted in Key 16) and clears the way for a higher vision of reality; a vision that reveals the true source of will as rooted in the One Will of Kether.

In the practices to establish the positive qualities of Key 4 in our personal expression, the 2 of Wands can help us to unfold the ability to reason more accurately and 'see' with more penetrating vision. These are the mental qualities which lead to the dominion of the Ego over the workings of the Vital Soul nature.

The 3 of Wands, Binah in Atziluth, corresponds to the second decanate of Aries. The relationship with Binah intimates that this aspect of the Aries nature is particularly expressed through powers assigned to the letter Heh. In the division of the Tetragrammaton, and, the first Heh corresponds to Binah and to Briah, the World of Creation. Heh is called the letter whereby creation took place. In Hebrew, Heh is a definite article that distinguishes and particularizes. Binah is the Sephirah which does the same. The distinguishing, particularizing attributes of self-conscious mentation, symbolized by Key 4, are those whereby creative imagination is directed in ways that make us conscious co-creators with God.

These distinguishing attributes of the Emperor are those which name things. To name is to set boundaries, enter into details, define and understand. Our personal definitions of the meaning of events has a decided suggestive influence on the stream of mental images which are, as you know, the forerunners of the future events which we will experience in our lives.

These qualities of the Aries nature, related as they are to the finitizing Binah, intimate that the Emperor, although outwardly masculine, partakes of the Divine Feminine Principle. There must be something to classify, something manifest over which to exercise dominion, in order to develop the mental faculties of reason and insight. Thus Binah, Mother of form, is seen to be essential in the development of the self-conscious qualities symbolized by the Emperor.

The sense of sight is attributed to the letter Heh, to the element of fire, and to the whole suit of Wands. The defining, limiting quality of Binah is active in sight. Our sight is restricted by our scope of awareness and limited by the way we interpret mental, emotional and physical forms. As our understanding of the finitizing powers of nature increases, so does our ability to see larger vistas of truth and thereby participate constructively in the creative process.

As sphere of Saturn, Binah is the source of the restrictions which cause problems and conflicts in life. Yet these very restrictions

develop reason, develop insight, develop self-discipline, develop dominion. It is <u>self-restriction</u> which limits the activities of the Vital Soul impulses and leads to the dominion of the One Ego who is also Sovereign Reason.

In our practices with Key 4, the 3 of Wands can help us to see and thus <u>define</u> things more accurately. When we define accurately, we are better able to apply the self-disciplines which serve to clear the way for the dominion of Spirit over the activities of the personality Sephiroth.

The 4 of Wands, Chesed in Atziluth, corresponds to the third decanate of Aries. It is particularly related to Key 4 through its number and geometrical form. The relationship with Chesed is apparent in that Jupiter is the decanate ruler of this aspect of Aries and Chesed is the sphere of the activity of Jupiter.

The general meanings of the number 4 are <u>order</u>, system, regulation, measurement and control. It also relates to the classifying activity which self-consciousness applies to the stream of subconscious mental images. This orderliness must needs be applied in the systemitizing of our mental imagery, so that the stream of creative substance is directed toward perfecting our personality instruments as vehicles through which beauty, beneficence and bountiful supply can become manifest in Malkuth.

The 4th Path is called the Receptacular or Measuring Intelligence. Right measurement, mentally speaking, expresses as the ability to grasp some aspect of the order of nature and thus unveil the way the creative process manifests on the physical plane. Cosmically, the order of nature is rooted in memory, assigned to Chesed. When we are able to duplicate this cosmic quality of orderliness in our lives by tuning in on cosmic memory, we have unveiled the secret of dominion.

The 4 of Wands, as the sphere of Jupiter, implies expansion, just as Binah, sphere of Saturn, implies contraction. Mentally, expansiveness is the ability to grasp larger wholes. This necessitates previous knowledge of the related parts. Note in this connection that the 4 of Wands follows the 3 of Wands. The more truly and accurately we measure the forces and energies that express through us and through nature, and the more perfectly we comply with the universal principles and laws revealed by that measurement, the more expanded and allencompassing becomes our view of the nature of things. Perfect obedience to the way things really are is what gives us the dominion of the Emperor.

The highest expressions of the Aries nature are those which result in qualities of mercy and beneficence, the meaning of Chesed. When the self-conscious mind is utilized in ways that establish orderly thinking and orderly activity, we become attuned to cosmic cyclic activity and participate in the unity of life. When we experience this all-encompassing unity with every other creature on earth, we cannot help but express unfailing beneficence and loving kindness toward all.

## TECHNIQUE

For this practice, besides the seven Planetary Keys, have ready Key 4, the Ace, 2, 3, and 4 of Wands, and Key 11. Begin as always by visualizing and intoning for the seven Inner Holy Planets and their three Higher Octaves. Perform this part of the Technique immersed in the globe of earth. We want to impress these positive visualizations in the collective consciousness, so that all who are prepared may receive the beneficence.

Next, become the Emperor. Immerse yourself in a globe of brilliant red. Be sure to visualize this becoming in detail.

Hold this visualization of yourself as the Emperor while you meditate on the Wand Keys before you. Look at each one separately as you give the related meditation.

As you look at the Ace of Wands, give this meditation:

"The Emperor of me is in truth the One Self. He prepares me to become His radiant instrument through which new beauties, new glories, new magic may be fashioned here on earth."

Hold the visualization of the Emperor as you now look at the 2 of Wands. Continue the meditation:

"Oh Lord, I offer myself as Thy instrument. May Thy Divine Reason establish the dominion of Spirit over all the activities of my personal self."

Now look at the 3 of Wands and continue the meditation:

"The Emperor within applies the disciplines that restrict the flow of transitory images, thus revealing the Divine Mother at the heart of every form on earth."

Look next at the 4 of Wands and continue your meditation:

"The Emperor within shows me the true order in every aspect of life. He prepares me to unite with the ever-whirling cycles of transformation, so that I may experience the all-encompassing unity which embraces us eternally in unfailing beneficence."

At this point visualize the Emperor, with whom you have been united, as rising above the globe in which you are to remain immersed. Image him just above the North Pole, as we did in the Technique for the previous lesson. Next image Key 11 below the South Pole of the globe of light in which you are centered.

Now feel and see the vibrating brilliant red light whirling from the Emperor above you into your globe of light; whirling clockwise round and round from front to back until it touches the South Pole. <u>Intone</u> Ah - oo - mmm seven times on one breath to the note C.

From Key 11, which is below, you see and feel vibrating green light ascending through the South Pole counter-clockwise, round and round from back to front until it reaches the North Pole above. Once again you have formed a continuous whirling spiral of interlaced red and green light vibrations. Intone Ah-oo-mm seven times on one breath to the note F#. Give this meditation:

"The Emperor of reason and order stands not alone. The woman of Justice balances and complements him with her golden scales, so that any dominion that I may unfold will be harmonized and balanced with the lovingness and justice which she portrays."

Once again intone Ah - oo - mm seven times on one breath to the note C. Follow immediately by intoning Ah - oo - mm seven times on one breath to the note F#.

At this point we will perform the integrating ritual, wherein we bring all the vibrations we have activated into our vehicles of expression. We do not chant during this portion of the technique. Lift your arms high above your head and bring down the blue-violet light. Fill your body with its vibrating color. Lift up your arms again and bring down the orange, the red, the violet, the green, the blue and the yellow! Bring down the three higher octaves as one interlaced stream of red, blue and yellow light! Lift up your arms once again and receive the vibrating red and the luminous green together. Fill your body with their harmonious complementary vibrations. Pause to affirm that the positive Aries qualities are becoming harmonious, integrated aspects of your vehicles of expression.

Finish with the tensing and relaxing of the muscles throughout your body. ##

### Lesson Forty-seven

(from the transcripts of class lectures by Ann Davies)

The Hierophant, Tarot Key 5, portrays the second of the twelve variations of human consciousness. It is related to the sign Taurus; to the Hebrew letter Vav; to the 2nd stage of the Great Work called Congelation; and to zone 2 of the physical body, which includes the throat and neck, the thyroid and parathyroid glands, the ears as instruments for receiving sound and the related auditory centers in the brain. In our vibratory work the qualities of human expression related to Key 5 respond to the color red-orange and to the note C#.

In the last lesson we found that Key 4, the Emperor, had to do with the self-conscious ability to classify and direct the images created by the Empress. Note that he follows her in the Tarot series. The meanings attributed to the number 5 and to the Hierophant represent the outcome of this activity as that which ultimately leads to the reception of intuitional guidance from the Inner Voice.

Taurus is ruled by Venus and is the sign wherein the Moon is exalted. This means that two feminine or subconscious potencies are related to Key 5, and yet the Hierophant is a male figure, which associates him with self-conscious powers of personality. All this intimates that intuitional receptivity is the result of a harmonious interrelationship between conscious and subconscious activities. Intuition comes clothed in Venusian images, but only after they have been given direction and purpose by the reason and insight of the Emperor. Directed meaningfully, imagery is what refines our subconscious vehicles so that they are able to receive the higher sound vibrations of true intuition from the One Teacher.

The Hierophant, who speaks to us through the 'soundless sound' of the Inner Voice, is really the One Ego of all humanity. The wisdom he reveals always comes to us as archetypal principles. By this I mean the direct perception of a vast truth which can be applied to a whole series of related problems or enigmas. Because principle reveals inclusive wholes, the Hierophant is also called the "Revealer of the Mysteries". When you perceive the principle whereby transformation is effected, your personal mind will be able to work out the details through which personality is perfected.

The letter Vav has the meaning of nail or hook. This suggests a uniting agency. Intuition comes to us through the inwardly opened senses, which act as the mediating agency whereby the personal mind is united with the Ego. The reception of true intuition, however, is the result of spiritual development. It is not the same as most mediumistic clairaudience, which is usually confined to reception from the lower astral planes. The subconscious channels, however, are the same, so we do have to exercise caution and avoid being influenced by 'the voices', who originate from sources which are at best unreliable.

The Voice never flatters or cajoles or gives out details of instruction.

We should reject all such interferences and discourage any such attempts to influence us. True intuitions from superconscious levels clothe themselves in the symbolic or archetypal imagery of race experience. They come through subconsciousness, but they do not originate there. They reveal principles to those who have unfolded some degree of Ego contact. This contact is the union attributed to the letter Vav and to the number 5. Without this union we are unable to perceive the eternal principles hidden in the Archetypal images. It is when the personal mind is linked with the Central Self, even if only momentarily in meditation, that we hear the Voice within speaking Eternal Truth.

In Sanskrit the word for union is yoga, which relates to a system of practices designed to bring about the union of the Higher and lower natures in man. In Christian terminology this same idea is expressed by the atonement or at-one-ment. Our Qabalistic vibratory practices have essentially the same purpose and the same result. Since this union is related to Key 5 and the bodily area which includes the auditory centers and glandular activities which affect emotion, it should be apparent that the higher function of hearing and the higher expression of emotion are essential in bringing about union with the One Ego.

Interiorly perceived hearing is the channel through which this union is effected. Taurus rules the ears and the brain centers which translate sound into thought. These auditory centers receive sound vibrations from more than one level when the inner sensorium has been opened. Our practices are aimed at unfolding interior hearing in such a way that we are receptive to the higher frequencies of sound which originate on the plane of the Ego.

This means we must have a physical body that is sensitized for Tiphareth level reception. True intuition is unavailable to a human being until some transformation has taken place in his personal vehicles—mental, emotional and physical. They must be composed of 'substance' that is able to register faster, finer vibrations. These attenuated modes of vibration go right through gross bodies. They are too fine to be registered by bodies composed of material whose vibrations are relatively slow and heavy. On the cosmic levels examples of this super-fineness have been found by physicists. There are cosmic energies so fine, so rapid, that they pass right through the physical body of our planet with no apparent effect on either.

The practices we are doing with the twelve zones are designed to help us accelerate the vibratory rate of our vehicles of expression so that they can act as mediating instruments able to register the Voice of the Inner Teacher. At first our reception is usually infrequent and confined to high moments of meditation, but as we persevere in our spiritual aspirations, union with the One Teacher becomes more and more frequent until we are transformed, by following His instruction, into the New Image of liberated humanity.

Although our orderly practices in visualization are of utmost importance in this work, we must learn to be receptive all the time.

To be continuously receptive is to develop the attitude, shown by the ministers kneeling before the Hierophant, of intense listening. Contact with the Inner Teacher is the result of perseverance in listening and intense one-pointed determination to hear. These are positive attributes of the Taurus type. Just as Inner Vision comes after close attention to the details of form, so Inner Hearing comes after intense listening for every variation of sound.

For instance, anyone who loves great music knows that to appreciate its beauty and magnificence takes intense, attentive listening to every detail of sound and every variation of tone. Furthermore, real appreciation of what we hear requires emotional involvement. In appreciating great music, the emotions must soar with the sound and be intensely involved in the auditory images that are being created.

In the same way, if we are to hear what other people are saying to us we must give them our undivided attention. It also means that we must <u>care</u> about what they are saying. True listening is listening with our emotions, with our heart.

If we have learned to listen to others in this manner, when we listen for the One Teacher we will be able to do it with a powerful, emotionally charged desire to receive an answer. This need for emotional intensity is confirmed astrologically by the strong influence of Venus in the attributes of consciousness related to Taurus. The spiritually developed Taurian qualities are those which can help us to become receptive to the Hierophant. There must be a strong desire to be receptive and there must be perseverance in listening until we hear the Voice. Furthermore, Taurus is a fixed earth sign. This suggests that when we do hear we must obey by carrying out the instructions in our daily experience here on earth.

In our vibratory practices with Key 5 the emphasis, then, is on learning to listen by <u>caring</u> about what other people are saying to us and on developing perseverance and determination in practices until our goal is reached. These are all positive qualities of the Taurus nature. These are all attributes that can bring about the union of the personal ego with the Central Self.

## TECHNIQUE

Besides the seven planetary Keys and their three Higher Octaves, have ready Keys 4 and 11, and also Keys 5 and 13. We always work with the zones in connection with their opposites and complements to insure balance and maximum effectiveness. Each enhances and accelerates the power and purpose of the other.

Begin by going through the seven centers, intoning and visualizing for each one separately. As you do so, keep in mind that the basic intention for this particular practice is to establish within us the positive qualities of consciousness related to Key 5. Place yourself in the globe of earth as you visualize for each of the seven Centers and three Higher Octaves. Our work is always performed for Collective humanity and not just for ourselves.

After finishing this part of the practice we want to activate the pair of opposites red and green, Keys 4 and 11, before working with Key 5 and its opposite. Visualize yourself in a globe of liquid light with the Emperor above and Justice below, as we did in the last lessons. Image the red light descending from Key 4, entering through the North Pole of your globe, whirling clockwise round and round until it touches the South Pole below. Now visualize the green light ascending from Key 11, whirling counter-clockwise and blending with the red. Intone seven times on the note C. Immediately follow by intoning seven times on the note F#. Then give this meditation:

"Oh Thou, Initiating Will, help me to serve Thee by letting Spirit find dominion in all my ways. Then will all my acts express as perfect Justice toward all."

Next transform the figure above your globe into the Hierophant. Visualize the details of Key 5. Transform the figure below into the symbolism of Key 13, Scorpio, the opposite and complement of Key 5. Now visualize brilliant red-orange light entering your globe clockwise from the Hierophant. See it whirling round and round until it touches the South Pole. Intone seven times on the note C# and give this meditation:

"Oh Thou, who art the source of all, I aspire to be worthy of Thy Divine Wisdom. My aspiration is ever for Thee as I kneel before Thee in all humility and listen patiently for Thy Wisdom to reach my waiting ear."

Now visualize blue-green light rising from Key 13 through the South Pole and circling round and round as an answering, reflecting energy to that of red-orange. Intone seven times on the note G and give this meditation:

"Oh Thou, who art the power of change, I am ready to accept the dissolution of all that is keeping me from hearing Thy Voice, which speaks in the silence that follows the storm."

Again feel the red-orange light descending from the Hierophant and whirling around as before. Feel the answering blue-green ascending in the opposite direction. Again intone seven times on the note C#. Follow immediately by intoning seven times on the note G.

We will now perform the integrating ritual wherein we bring down all the colors without intoning again. Lift up your arms and bring down the blue-violet, the orange, the red, the violet, the green, the blue and the yellow. Bring down the three higher octave colors together. Again lift up your arms and bring down the red and green for Aries and Libra together. Fill your body with their activating, balancing energies. Now bring down red-orange and blue-green together in the same manner. As you do so, affirm inwardly your intention to assimilate the positive qualities of the Hierophant, balanced, enhanced and complemented by the qualities of Key 13.

Finish by tensing and relaxing your whole physical body so that the energies, tones, colors and vibrations can be impressed upon the cellular consciousness of your physical body. ##

#### Lesson Forty-eight

(from the transcripts of class lectures by Ann Davies)

Among the Minor Trump, the 5, 6 and 7 of Pentacles are assigned to the three decanates of Taurus. Thus they relate to qualities of consciousness we are unfolding in our practices with Key 5.

Astrologically, the 5 of Pentacles is attributed to the first decanate of Taurus ruled by Venus. Qabalistically it represents Geburah, the 5th Sephirah, as it expresses in Assiah, the material world. Geburah is the seat of human volition which is an aspect of cosmic will-force. Relative to Key 5, this volitional force expresses as perseverance or the determination to accomplish whatever is considered important. Directed toward spiritual unfoldment this positive Taurian attribute will keep us patiently and persistently working in ways that bring about Ego contact and the reception of guidance from the Inner Teacher.

Our will to accomplish does not originate in personality. All such qualities should be understood as expressions of the super-personal Will emanating from Geburah. Geometrically, the Pentagram, related to both Geburah and Key 5, has long been employed in the Wisdom Teachings to represent the dominion that human will can exercise over the forms of Assiah. The more perfectly we prepare ourselves to act as instruments through which the Will of the One can function freely, the more unlimited will be the flow of will-power through us.

As with all qualities of consciousness, the manner in which we exercise perseverance and determination makes a great difference. One of the personality problems attributed to the Taurus type is an inability to let go. When the fixity of earth and the will-force of Geburah are directed toward trying to preserve the transitory things of this world, the resultant pain and error are inevitable. We must rid ourselves of the desire to stay put, no matter what form it takes. Once the will-force of Geburah is turned toward spiritual aspiration, the qualities of persistence and determination keep us going in ways that make us receptive to the One Teacher who guides us unfailingly toward the completion of the Great Work.

Although the 5 of Pentacles is related to Geburah, sphere of Mars, it also partakes strongly of the Venusian quality. Venus is the power to care, to be concerned. She tempers the will to accomplish with the human need to love and to be loved. This yearning need becomes the emotional power behind the creation of mental images; the power which makes imagination the fashioner of physical forms.

The 6 of Pentacles correlates with the second decanate of Taurus under the sub-rulership of Mercury. Qabalistically it represents Tiphareth, seat of the One Ego, as it expresses in Assiah, the material world. To experience union with the Ego in Tiphareth is to be receptive to the

Inner Teacher. In essence, they are one and the same. Remember in this connection that Tiphareth is seat of the image-making faculty in human personality, which includes auditory and other sense 'images' as well as visual.

This Union, which makes intuition possible, is symbolized by the letter Vav, attributed to both Key 5 and Tiphareth. The 6 of Pentacles, in relation to Key 5, emphasizes those qualities of consciousness which bring about Union with the Ego. To hear the Inner Voice we must learn to listen with our heart.

The Voice, as we discussed earlier, speaks to us in vast principles that can be applied to many different situations in our lives.

Whenever we listen patiently and sincerely seek the answer to a problem, we are open to receiving the principle behind it. Intuitional guidance begins long before our union with the Ego is complete and consistent. Spiritual unfoldment is gradual and comes infrequently at first. It increases rapidly when we learn the importance of obeying the guidance we do receive and of putting the principles revealed by it into actual practice in our lives. Note in this connection that the reception of Inner Guidance is attributed to an earth sign and to Minor Keys of the Pentacle suit.

At this point I want to relate to you the experience of a true spiritual aspirant. His receptivity to the Inner Teacher woke him up, with a shock, to a personality problem that was inhibiting his further spiritual growth.

Prior to the experience I will relate, he realized that he had a tendency to irritability and lack of patience toward situations and people, but since it was usually mild and not too frequent, he did not think of it as a serious deterrent to his spiritual development. However, as the conflicts and problems in his personal life continued to mount, so did this tendency to become irritable and annoyed. Vaguely, he excused his impatience and increasingly frequent loss of composure as being caused by the heavier burdens and problems under which he was living. (We should all note this common transposition of cause and effect.)

Yet, and this is important, at the same time he sought earnestly for a solution to the many conflicts and relationship problems that seemed to plague him with increasing intensity. He did not know the answer and admitted it in meditation.

Finally a situation arose which was not really important in itself—just the proverbial last straw—wherein he really lost control and went into a directionless rage of frustration and despair. At precisely the same moment something else happened. He experienced a separation! Part of him watched while the other part acted. With the watching part of him he was aware that the other part was being taken over by uncontrolled inimicable entities. Within that split second, his Higher Self 'stood aside' and objectively watched the uncontrolled reactions of the lower personal vehicles of expression.

This objective view was the Inner Teacher showing him a vast principle through the devastating impact of the experience. The watching part of him was <u>utterly amazed</u> that he was capable of such abandoned action. As though it was <u>an object</u>, he watched and listened as the uncontrolled actions and sounds of his personality worsened. He saw that there was a goading and pushing from the attacking entities; goading him into giving up more and more control in a wild, screeching, violent maliciousness.

He was cognizant of a full principle at that moment. He knew that the seemingly minor tendency to irritability was like an open invitation to these lower level Vital Soul energies. Along with this he realized that these entities, who embody uncontrolled energy, were what insanity really is. He knew that insanity lay in the giving up of control; the very control which gives us our human qualities, our mind, our warmth, our love.

Experiences like this hold many vast realizations. While all this was going on he knew absolutely that the wayward personality, which was acting so shamefully, was not the SELF. But he also knew that this personality must be brought under control if the SELF was ever going to be able to use it as a channel for Light.

From this one experience he received several vast principles which will accelerate his spiritual development considerably if he continues to put them into practice. First of all, he realized that his seemingly unimportant lapses into little irritations had built a subconscious pattern that made irritation easier and easier to repeat; that is, automatic in certain situations. However, in his case, the same patternmaking power had also been preparing him to receive guidance.

Because he was highly developed in most ways and a true spiritual aspirant, he had made a pattern of seeking guidance... automatically, no matter what the situation. He had formed this pattern through the continuous practice of reaching for it in moments of conflict and turbulence. Therefore, at the same moment in which the personality went berserk, he automatically reached for guidance and understanding. This pattern of reaching for guidance formed a channel which enabled the Inner Teacher to get through and send direct realizations to his conscious mind.

In the moments directly following this experience he realized absolutely and without question that the reason such wild behavior was able to manifest through his personality was because of that area in his nature which was prone to irritation. He further realized that his highly evolved individuality vastly increased the power — for good or ill—that could be channeled through him. That was why control was so important. His tendency to irritation was like a tiny hole in a dam. In unguarded moments it could become the means through which a great flood of uncontrolled, destructive energies from the collective consciousness could find a channel for expression.

Furthermore, he knew that he must obey; he must put these realizations into practice in his life or the problems would indeed become an

insurmountable stumbling block to his further development in this incarnation. Dr. Case called this aspect of the Great Work "the rise of the scum to the surface so that it could be skimmed off."

The experience also made him aware of the way to transform the unwanted tendency. The force inherent in feelings of irritability could be directed so that it energized feelings of beneficence instead. By deliberately and quickly transforming impatience, as it began to rise, into a feeling of warmth and beneficence, the volitional force of Geburah and the emotional power of Venus would be directed into making a pattern of feeling compassion toward the same situation that formerly activated irritation.

This man is still learning and developing from his experience. Although the flash of insight was instant and encompassed several principles, the working out is always gradual, because it necessitates transforming the vehicles of personality, and that cannot be done overnight. He is gradually eliminating the tendency to irritation from his nature by replacing it with a pattern of blessing all situations and people and events, particularly those that formerly aroused his antagonism.

The persistence and devotion to truth of this aspirant are qualities which we will be unfolding in our practices with Key 5 and the 6 of Pentacles; qualities which will inevitably prepare us for the Union that brings unfailing guidance from the Inner Teacher.

Qabalistically the 7 of Pentacles symbolizes Netzach, sphere of Venus in Assiah. Astrologically it relates to the third decanate of Taurus, sub-ruled by Saturn. In reference to Key 5, the 7 of Pentacles emphasizes the strong desire nature and qualities of deep emotion associated with the Taurus type. The Saturnine influence refers to the need to set desire within due bounds in order to make it effective. Too many conflicting desires dissipate the power which vitalizes them. Taurians are usually one-pointed and singular in their expression of desire.

This aspect of consciousness emphasizes the ability to care enough and to be patient and enduring enough about what is desired to bring it into manifestation. This enduring quality, directed toward spiritual practices, builds the channel through which we receive intuitional wisdom. As you begin to receive higher wisdom your desire for it will increase. Eventually it will become your chief desire. When this is the case the greater part of your subconscious imagery will automatically begin to serve that desire, thus bringing about the Victory of Netzach.

This heightening of the quality of subconscious imagery is related to the second stage of the Great Work called Congelation, corresponding to Key 5. It is a stage of unfoldment wherein a new series of images are synthesized in subconsciousness. To congeal, alchemically, is to work out new patterns for the expression of the Life-power.

True intuition, wherein the personal mind takes the impress of

superconscious wisdom, results from union with the Ego. The way we prepare to receive this wisdom is shown by the ministers kneeling before the Hierophant. When we seek guidance we must symbolically kneel as the two ministers are doing in Key 5. Their position refers to a sincere dedication of all one's use of desire and knowledge to the service of the Hierophant. The ministers are expressing a willingness to give up any lesser desires and any personal ideas or attitudes that are not in harmony with His Teachings.

The kneeling ministers should also remind us that the way to approach the Hierophant is in a state of intense eagerness to listen. We must humbly admit that we do not know, if we are to be open to receiving an answer. The quality of consciousness emphasized by the 7 of Pentacles can help us to turn the power of emotion toward a singular aspiration in a manner that willingly subjugates all lesser desires to its fulfillment.

#### TECHNIQUE

Besides the seven planetary Keys and their three higher octaves, have ready Keys 4 and 11; Keys 5 and 13; and the 5, 6, and 7 of Pentacles.

As always, prepare yourself for further work by intoning and visualizing with the seven planetary Keys and their three higher octaves.

Before proceeding with the vibratory practices for Key 5 and its correlates, we will visualize and intone for Keys 4 and 11. We want to work with all the zodiacal pairs persistently, adding the one emphasized in any particular lesson to those highlighted in earlier lessons. Our goal is to make the vibratory practices with the zodiacal energies as familiar and eventually as automatic as we hope those with the planetary centers are for you by now.

Visualize yourself in the globe of earth, with Key 4 above and Key 11 below. Feel and see the red vibration descend from Key 4, enter the North Pole of your globe and whirl clockwise round and round until it touches the South Pole. Next, feel and see the green vibration ascend from Key 11 through the South Pole of your globe and cycle upward, counter-clockwise, interlacing with the red. Intone seven times on the note C; then intone seven times on the note F#. Give this meditation:

"Oh Initiating Life of me, I offer myself as Thy instrument, that I may serve in Thy Great Work of establishing the Dominion of Spirit and the Reign of Justice here on planet earth."

Now we are ready to activate the qualities of consciousness related to Key 5. Immerse yourself in a globe of red-orange light. Become the Hierophant! Become the ministers who kneel before Him! Become the whole Key! Visualize as much detail as possible during this part of the Technique. Hold this visualization of yourself as being the Hierophant while you look at the Pentacle Keys before you.

Look first at the 5 of Pentacles and give this meditation:

"Oh Thou, who art the Doer in all that is accomplished anywhere on earth, help me to let Thee work through me that I may come to hear Thy Voice speaking eternal Truth."

Look next at the 6 of Pentacles and continue the meditation:

"Thou art the Great Teacher who eternally watches and patiently waits for the moment when Thy fragments turn with singular devotion toward the goal of conscious Union with Thyself."

Look next at the 7 of Pentacles and continue the meditation:

"Oh Thou, Lord of Life, Thou hast bestowed upon me the great gift of a yearning heart. I dedicate that yearning to Thee, that I may someday be worthy of sharing in the glorious mystery of Thy Eternal Beingness."

Now visualize the Hierophant ascending until he is above the globe in which you are immersed. Image Key 13 below the South Pole of your globe. Feel and see red-orange vibrating light emanating from the Hierophant above, entering your globe in a clockwise, cyclic motion until it touches the South Pole. Next, image vibrating blue-green light ascending from Key 13, whirling upward in a counter-clockwise motion and interlacing with the descending red-orange. As the whirling motions continue to vibrate, intone seven times on the note C#; then seven times on the note G. Give this meditation:

"The Revealer of the Mysteries speaks from the center of a heart filled with love. He instructs us in the Changeless Truth which the Wise perceive in the ever-flowing, ever-changing garbs of Adonai."

Perform the integrating ritual in the manner outlined in the last lesson. As you bring down the red-orange together with the blue-green, affirm your intention to incorporate the positive attributes related to Key 5 into your personal field of expression in a manner that is in harmony and balance with qualities symbolized by Key 13.

Do not forget to finish with the tensing and relaxing of the muscles throughout your physical body. ##

### Lesson Forty-nine

(from the transcripts of class lectures by Ann Davies)

Tarot Key 6, the Lovers, is related to the zodiacal sign Gemini; the Hebrew letter Zain meaning sword; the color orange; and the note D. As a quality of consciousness, Key 6 portrays the self-conscious discriminative faculty; that in us which is able to distinguish, discern, deliberate and set things apart, one from another. As a bodily zone, Key 6 is assigned to the area which includes the hands, arms, shoulders and lungs. Note that the hands, arms and shoulders are the necessary tools of human dexterity and skill which are essential in the creative and cultural progress of civilization.

The Lovers of Key 6 are symbolic of all the pairs of opposites. In particular they are representative of self-consciousness and subconsciousness, the two modes of human expression. The title intimates harmony between the opposites. It therefore portrays the higher expression of the discriminative faculty, which is able to discern the single cause that harmonizes seemingly opposing expressions. Relative to the two modes of human consciousness, it is a higher use of discrimination that unveils them to the conscious mind as polarity expressions of a Single Consciousness, typified by the Angel above. When the dual personality is rightly perceived as the vehicle of the 'I' and the self-awareness of the 'I', the opposites become complements and complete each other. The man becomes the Transparent Intelligence pictured in Key 1; the woman becomes his beautiful garden filled with the flowers of wisdom and aspiration that transforms us into the New Image of perfected man.

The 3rd Stage of the Great Work called Fixation is related to Key 6 and Gemini. It refers to the actual method whereby this harmonious, enlightened relationship between the two modes of personal consciousness is brought into manifest expression. Before they can be harmonized, their functions must be keenly distinguished one from another so that we can detect their reciprocal relationship. For instance, through right use of the discriminative faculty we can discern any subconscious conflicts or negative response patterns that are interfering with the unfoldment of our consciously stated aspirations and goals.

Then, when we do uncover any such negative subliminal responses, keen discrimination must be continued until we can relate these unwanted responses to errors in our conscious thinking and speaking throughout the day. It is important to realize that our conscious acts and ideas have a powerful suggestive influence over the response patterns preserved in the realm of subconsciousness. These responses 'send back' elaborations of the suggestions which, in their turn, influence our conscious behavior.

Until this relationship is discerned through the discriminative faculty it can become something of a vicious circle of mutual negative influence. When you discover it you will realize that the intervention of a Higher Power than the personality duo must be invoked if we are to up-

grade the quality of this mutual influence so that it begins serving our spiritual aspirations instead of hindering them.

In Fixation, the woman (subconscious pattern nature) is to be released from the perpetuation of error by a deliberate conscious suggestion from the man (self-consciousness). By deliberate and reiterated suggestions, she is to be 'turned' so that she can receive the healing emanations from the Angel above. It is the intervention of the Angel that breaks the negative reciprocation pattern between the pair. When He becomes the Guide of the pattern-forming consciousness, alchemical transmutation begins. Remember, the woman in Key 6 is an aspect of the High Priestess, who is in charge of the body building processes. Her receptivity to the Angel influences this function and begins the accelerated transformation of the vehicles of personality that prepares us for entrance into the Fifth Kingdom of perfected humanity.

The woman of Key 6 portrays all of our subconscious powers. She is identical to the other female figures in Tarot. She is in charge of the body building processes; she is the memory inherent in form; she is the fruitful power of creative imagination; she is the Eve of Genesis; she is also Malkuth, the Bride and Queen of the Kingdom. When her powers are released from personal and race errors so that they can receive the perfecting emanations of the Angel, she becomes the flawless mirror that reflects to her mate the Higher Wisdom of His True Self.

Her mate represents the powers of our self-conscious mind portrayed by all the male figures in Tarot. He is our ability to give attention; to be aware, to concentrate, to reason, to discriminate. The Tree behind him is the Tree of Life with twelve triple flames; one flame for each of the twelve basic types of human expression which we are bringing into focus in our vibratory practices.

The 17th Path of the Disposing Intelligence attributed to Zain emanates from Binah, the primal separative Sephirah. It culminates in Tiphareth, the Sephirah which relates to awareness of unity. Thus it is from Binah that we receive our ability to distinguish, which is at the root of all self-conscious intellectual powers. To be aware of anything, including unity, one must first learn the meaning of distinctions through exposure to the pairs of opposites. Egoic consciousness, or conscious perception of the unity of life, is the fruit of experience gained in the realms of duality.

The Lovers are symbolic of the law of polarity which manifests throughout the Cosmos. Thus they are Adam and Eve of the Biblical parable. Their relationship with each other and, as a unit, with the Angel above, relates an eternal principle of human evolution. In the first chapter of Genesis, Adam, meaning Generic Humanity, is said to be made in the image and likeness of the Elohim and to have dominion over all the creatures. Here Adam (generic humanity) is endowed with capacity for 'I' consciousness; for discrimination; for understanding and for mental creativeness. The concept of man as an image of the Creative powers of God, the Elohim, implies that his capacity to consciously

create is inseparable from his unfoldment of self-conscious awareness. Note in this connection that Tiphareth, seat of the image-making faculty and the Sephirah which receives the emanations of the 17th Path, is the place of Adam on the Tree of Life.

Remember that Adam, in the first chapter of Genesis, refers to both sexes; Adam is a name for the human kingdom. When he was made in the image and likeness of the Elohim he was archetypal man, filled with potentials that had not yet been expressed or brought into actual manifestation.

It is in the 2nd chapter of Genesis that Eve is introduced. Since Adam refers to mankind in general, and Eve emanates from him, we should realize that Eve, his mate in the allegory, is also a generic name. Qabalistically we find that Eve is a name for Malkuth, the Kingdom, also called Kallah the Bride and Queen of Tiphareth. In order to unfold his potential as an image and likeness of God, Adam had to mate with Eve, who typifies human existence on the physical plane. His mating with Eve is the taking of a dense physical body in order to gain the experience that will make him consciously aware of his essential divinity.

Through this union he gains and holds detailed knowledge and experience that only incarnation in a dense physical body can bestow. This is what is meant by "eating the fruit of the Tree of the knowledge of Good and evil". Good and evil, in the allegory, refer to all the pairs of opposites; to all experiences on the planes of duality. What should be understood here is that only this separative existence can unfold man's latent capacity as a conscious co-creator with God and bring him, at last, to self-conscious awareness of his eternal union with the One Identity.

Eve was called the temptress because life, experienced through the physical senses, leads us astray at first on the byways of enchantment with the forms of things. But the pain which follows erroneous interpretation of the meaning of that which our outer senses report, unfolds self-awareness, unfolds discrimination, and finally unfolds our ability to unite the pairs of opposites and thereby grasp ever larger unities of which they were but the poles.

Eve was said to have been taken from Adam's rib because, in essence, she is from the same spiritual root. Eve's source from Adam's rib also refers to the fact that physical incarnation, which she typifies, is the end result, or the final phase of the creative process on its downward cycle toward involvement in form. All physical forms are projected from the subtler etheric and astral forms which, in turn, emanate from higher levels still. Eve, as Malkuth, is the fruit of the Tree. Through her instrumentality man is brought to knowing perfection. All personality development takes place through involvement in form, and, as you have been told before, the final liberation, the completion of the Great Work, takes place while we are incarnated in a physical body.

Thus we should see that from the beginning of the evolution of consciousness until our final liberation into the Fifth Kingdom, it is this

interplay between the man and the woman, and their gradual awareness of the Angel, that acts as the motivating principle. Until Adam mated with Eve and ate of the fruit of the Tree of the knowledge of good and evil, he was man in the making. His purity in the Garden of Eden was an empty purity, like a new and unused slate. The purity which he will regain through his mating with Eve is a full purity; a purity filled with the wisdom of experience and with conscious awareness of his union with the overshadowing Angel above.

#### TECHNIQUE

For this technique have ready the seven planetary and the three higher octave Tarot Keys. Perform the usual Technique with them in preparation for our practice with the zodiacal forces.

Now place before you in pairs: Keys 4 & 11; 5 & 13; 6 & 14. Immerse yourself in a liquid globe of light. Once again we are visualizing ourselves within Planet Earth so that the vibratory energies we invoke will, in effect, be dedicated to serving all of life.

Meditate for a moment on the first pair, Keys 4 & 11; then visualize Key 4 above you and Key 11 below. Image their colors, red and green, whirling through the globe in which you are immersed in the manner outlined in earlier lessons. Intone seven times on the note C for Key 4 and seven times on the note F# for Key 11; then give this meditation:

"Oh Thou, Lord of All, let me serve as Thy instrument for bringing the dominion of Sovereign Reason into manifestation so that Divine Justice will be everywhere evident here on planet earth."

Next, meditate for a few moments on the second pair, Keys 5 & 13; then visualize Key 5 above and Key 13 below. Image their colors, red-orange and blue-green, whirling through the globe in which you are immersed, as before. Intone seven times on the note C# for Key 5 and seven times on the note G for Key 13; then give this meditation:

"Oh Thou, Who art the Revealer of the Mysteries of life, let me hear Thy Voice, that I may know all deaths, great and small, as Thy beneficent transforming power which ever heralds a New Dawn, more beautiful than the one that has gone before."

Now meditate on Keys 6 & 14. Key 6 is emphasized in this practice; so immerse yourself in a globe of orange light and <u>become</u> Key 6. Visualize all its details. Hold this visualization as you intone seven times on the note D; then give this meditation:

"Oh Thou, Lord of Life, give me the capacity to express Thy Image and Likeness ever more perfectly. Give me the discrimination to love as Thou lovest, from within outwards in all directions, to encompass every creature who dwells on planet earth."

Now image Key 6 as ascending until it is above the globe in which you are immersed. Image Key 14, Temperance, below. It is the opposite and complement of Key 6. Visualize radiating orange light

emanating from Key 6, entering through the North Pole and whirling clockwise round and round within your globe of earth. Next visualize vivid blue light ascending from Key 14, entering through the South Pole and whirling counter-clockwise, harmoniously interweaving with the orange of Key 6. Intone seven times on the note D; then intone seven times on the note G#; give this meditation:

"Oh Thou, healing Angel of God, I dedicate this, my instrument, to Thee, that it may receive Thy Radiance. From Thee comes the light of discernment which reveals all my sense of conflict and toil as Thy tempering hand, preparing me to know Thee as my Real Self."

Perform the integration ritual as outlined earlier. Bring down the zodiacal color vibrations in pairs as before. As you lift your arms to bring down the orange and blue together, affirm your intention to incorporate the positive qualities of consciousness related to Key 6 into your personal expression.

Finish with the tensing and relaxing of your physical body, as always. ##

## Lesson Fifty

(from the transcripts of class lectures by Ann Davies)

Among the Minor Trump the 8, 9 and 10 of Swords are attributed to the three Decanates of Gemini and therefore typify qualities of consciousness associated with the Gemini type.

The 8 of Swords is the Hod of Yetzirah. It relates to human intellect on the Formative Plane of processes and continuous transformations. As the first decanate of Gemini ruled by Mercury, this minor Key typifies an unusually strong Mercurial influence which gives quickness and alertness in mental pursuits. However, in excess, this vibration can cause the kind of changeability that results in unstable effort and superficial learning.

The adaptability of the Gemini type gives him ease in intellectual perceptions, but this very ease can cause him to neglect deep concentration and self-involvement. It is <u>real caring</u> that provides the emotional fuel which links us to the Higher Knowing beyond the personal intellect. Without some degree of this intuitional receptivity, intellectual perceptions are but surface evaluations of things with resultant conclusions that are unbalanced on the side of the separative intellect.

In divination, the 8 of Swords carries a meaning that reflects this tendency toward instability and superficiality. These ineffective or negative Gemini tendencies are the result of hasty evaluations based on surface perceptions only. They do not include adequate mental synthesis, which is what enables us to grasp a larger whole. Synthesis is a unifying quality of mind. Because it leads to the discovery of principles, it always denotes some degree of intuitional receptivity, which comes to us only when we really care. We have to be genuinely concerned about what we are doing to partake of its higher Reality.

Relative to Key 6 and the Gemini qualities of consciousness, the 8 of Swords emphasizes the intellectual separative mind. This suggests a relationship in which the intellectual processes of Hod (the man in this relationship) are over-evaluated so that the emotional qualities of Netzach (the woman) are unduly repressed. It is just such an over-evaluation of intellect over emotion that results in materialistic superficiality.

Gemini is related to the 3rd House of the lower or concrete mind. As has been demonstrated in many human beings, a superior intellect can be either an aid or a detriment to spiritual unfoldment. If the concrete mind is too concerned with the material forms of things and looks no deeper for truth, it becomes a slave to appearances and, by suggestion, enslaves subconsciousness, too. Note in this connection that Key 15, which shows the man and woman bestialized and in bondage to appearance, is a travesty of Key 6.

Although the 8 of Swords does denote undue emphasis on the separative intellect, nevertheless, it holds qualities of expression that

we all need to unfold more adequately, so long as we keep them rightly balanced and harmonized with other attributes. We want to unfold a keen, distinct ability to separate and distinguish rapidly and effectively. Quick perception is a valuable attribute which enables us to differentiate decisively between seemingly similar things. It is essential to the subsequent synthesis which reveals the unifying whole. We can develop it through practice and attention, as we develop all desirable qualities of personality expression.

Thus our use of the 8 of Swords will help us bring the discriminative faculty into more sensitive operation. However, we will be careful to keep it in balance and harmony with the emotional nature. When discrimination is vitalized by love it brings us an intuitive grasp of truth which transcends the intellect, because it partakes of Higher Wisdom from the Ego within the heart.

The 9 of Swords is the second decanate of Gemini, sub-ruled by Venus. On the Tree of Life it symbolizes Yesod, sphere of the Moon, in Yetzirah, the World of Formation. The influence of both Venus and the Moon intimates that in this decanate the powers of subconsciousness (the woman) are emphasized, in distinction to the 8 of Swords which emphasized those of the man.

Relative to the Gemini type, the 9 of Swords relates particularly to the reciprocal influence of subconscious responses and patterns back on the self-conscious mind. It emphasizes the part that the automatic consciousness plays in the decisions made by the conscious mind. To become really cognizant of this back and forth influence is essential to the expression of true discrimination.

Before the Higher Discrimination, which is not personal, can express through us, we do have to be able to distinguish between selfconscious, or predominantly objective, thoughts and actions, and those which are overly colored by our subconscious emotional patterns. Such patterns tend to repress rationality, logic and reason to serve the subliminal desires that formed them. Remember well, in this connection, that all relatively enduring attributes of personality are the result of subconscious patterns to that effect. The ability to practice keen discrimination is just as much a patterned trait as is any automatic emotional response. If we want to benefit from the positive Gemini attributes of quick thinking, adaptability to change, and fine discrimination, we have to pattern them in subconsciousness through the suggestive power of persistent practice. The subconscious level can be programed to accept change, to perceive more quickly, and to discern more keenly, through deep, caring desire expressed in willing and persistent selfconscious practice.

Fine discrimination, like all other human qualities, is not a personal activity. It is really a quality of Superconsciousness. We do not acquire it; we unfold it as a faculty when our vehicles become increasingly more finely organized through reception of the healing emanations from the Angel. This unfoldment and finer organization begin

to manifest through us when the personal interaction between the man and woman in Key 6 is harmonious. As we have all probably experienced at times, our discriminatory faculty drops to a minimum when subconscious urges and conscious desires are at odds with each other. When such disharmony reigns, our decisions are either overly colored by emotional impulses or out of balance on the side of intellectual material appearances. In either case the results of such decisions are equally inharmonious.

In our work with Key 6, the positive Gemini qualities associated with the 9 of Swords are those which will help us to discriminate keenly between our conscious and subconscious motivations and thereby keep both aspects of our nature within due bounds. We do not want unconscious emotional patterns to repress reason and logic any more than we want the superficiality of the separative intellect to repress emotional power and deep caring. Only when the two work together, the man introducing truly positive patterns to his mate and she reciprocating by nourishing his higher aspirations, are they open to receive the beneficence of the Angel who transforms them, as one, into the New Image of perfected humanity.

The 10 of Swords represents Malkuth, the Kingdom, in Yetzirah, the Formative World. Astrologically it represents the third decanate of Gemini wherein Saturn and Uranus are the sub-rulers. The influence of Saturn and Malkuth in this decanate of Gemini identifies it with qualities which tend to earthiness, but also show more stability and personal involvement than some of the other attributions to Key 6.

Malkuth, the world of appearances, does conceal reality from us with her mutable and transitory forms. Our conscious thinking is more or less continuously misled by these appearances so long as we take them at face value and do not take time to correct them with whatever degree of knowledge about reality we presently possess. Unless we practice this continuous conscious correction of the real meaning behind outward appearances, race error will continue to perpetuate false ideas in our subconsciousness, which in turn, affects our conscious evaluations of experience. This is the vicious circle of mutual negative influence that we spoke of in the last lesson.

Relative to the symbolism of Key 6, the 10 of Swords suggests that the man (our self-conscious perceptive mind) must be continuously alert to the appearances in his environment, taking time to correct errors by discriminating keenly between the Reality and its appearance in the light of whatever level of knowledge he has so far attained. As this practice becomes impressed by suggestion in subconsciousness (the woman), she becomes increasingly receptive to the Angel and thus reflects increasing knowledge of reality back to her mate.

This is a practice we all want to establish in relation to Key 6 and the 10 of Swords, for it leads to the end of delusion and the overthrow of undue restrictions and limitations on our ability to think and our ability to love. These positive results are related to the divinatory meaning of the 10 of Swords.

Through this pattern of continuous discrimination we stop taking appearances at face value. We soon learn that all sense perceptions as to the meaning of appearances are colored by the harmony or lack of it between our conscious and subconscious minds. If we are miserable and unhappy, the same appearance which once gave us joy will be considered as filled with sorrow and pain. Appearances, or our perception of them, are always colored by this interaction. When it is harmonious, the Angel is able to intercede, transforming our very ideas of reality so that the physical world takes on an entirely different appearance.

The 10 of Swords, influenced as it is by Uranus, also relates to readiness to accept new ideas and changes in circumstance. As we continue our practice of discrimination, we begin to recognize the transitoriness and ever-changing quality of everything related to incarnate existence. Yet we also discern that this transitoriness is absolutely essential to the evolutionary process. As this ready acceptance of change becomes patterned in subconsciousness, it turns the woman toward the Angel so that He can initiate the changes in bodily structure which lead to the perfection of personality and the completion of the Great Work.

Recall that Gemini and Key 6 are related to the sense of smell, always correlated with mental discernment and discrimination. Actually, the Higher discrimination we are seeking to unfold is the awakening of the Superconscious counterpart of the physical sense of smell, which is able to discern rates and characters of vibration in octaves of manifestation beyond the range of the physical senses. It is the result of fulfilling the admonition in the Emerald Tablet, "Thou shalt separate the earth from the fire, the subtle from the gross, suavely and with great ingenuity."

Thus the 10 of Swords promises the end of delusion when, through discrimination, we realize that the Changeless Reality is never to be sought in material affairs, or things, or personalities. As we keep on discriminating, we begin to see the exterior world as an expression of interior powers directed from the level of the Ego.

#### TECHNIQUE

For this practice have ready the seven planetary Keys and the three higher octaves. Visualize and intone for these Interior Centers in the manner we have become familiar with. Remember, we are accelerating and balancing the activity of these vibratory powers for planetary evolution as well as for personal evolution. To this end, the imagery in which you immerse yourself in planet Earth is most effective.

For the Zodiacal vibratory correlations, have ready the three pairs of Keys: 4 & 11; 5 &13; 6 & 14. In addition, for this practice also include the 8, 9 and 10 of Swords.

Remain immersed in the liquid globe for planet Earth and visualize Key 4 above you and Key 11 below. See the red vibration whirling clockwise from above; the answering green vibration entering counter-clockwise from below, so that they interpermeate each other

in whirling motion. Intone Ah - oo - mm seven times on the note C for Key 4 and seven times on the note F# for Key 11. Give this meditation:

"Oh Thou, Emperor of insight and reason, fill me with the light of Thy Superior Reason that I may recognize the Eternal Justice of Thy ways in all the seeming imperfections of earth."

Next visualize Key 5 above your globe of earth and Key 13 below. See brilliant red-orange light whirling clockwise from the Hierophant and luminous blue-green light whirling counter-clockwise from Key 13. As the two vibrations whirl simultaneously in opposite directions through your globe of earth, they are filling you with a balanced disposition of their powers. Intone seven times on the note C# for Key 5 and seven times on the note G for Key 13. Give this meditation:

"Oh Illuminating Voice of Heaven, fill me with a willingness to accept Thy transformations of form, so that you may guide me toward the glory of conscious Union with Thee."

Now we are ready to establish the positive qualities related to Key 6 in our personality expression, duly balanced with the opposite and complementary qualities expressed by Key 14, Temperance.

Visualize your globe of earth as filled with brilliant orange light; image yourself within that globe as Tarot Key 6. Be sure to image Key 6, which you have become, in as much detail as you can manage. Hold this image of yourself as Key 6, immersed in the orange globe, as you look at the three Sword Keys before you. Meditate for a few moments on the 8 of Swords and give this meditation:

"Oh benevolent Angel of God, bestow Thy blessings upon me that I may express Thy true discrimination in all my use of mind."

Next meditate on the 9 of Swords and continue your meditation:

"Oh Light that glows from the center, fill me with Thy discerning Ray, that all my use of desire may be a true reflection of Thy Great Desire."

Look next at the 10 of Swords and continue your meditation:

"Oh Raphael, Glorious Healing Angel of God, let Thy emanations fill me with the light of Truth which pierces the veils of illusion and reveals the Divine Spirit in every form on earth."

Next visualize Key 6 rising until it is above your globe of earth. Image Key 14 below. Visualize brilliant orange light emanating from Key 6, entering into your globe clockwise and whirling through it as before. Ascending from below see a brilliant stream of blue light emanating from Key 14, entering your globe counter-clockwise and interweaving its light with the orange light from Key 6. Intone Ah - 00 - mm seven times on the note D for Key 6 and seven times on the note G for Key 14. Then give this meditation:

"Oh Thou, glorious Angels from on High, heal the disharmonies of my soul with Thy tempering Fire; unite that within me that is now discordant, that I may unite with the Christos and know His eternal Love."

Proceed with the integration Technique. Through uplifted arms bring down the vibratory colors of the seven planets, the three higher octaves and the zodiacal pairs. As you lift your arms to bring down the orange and the blue, affirm your intention to impress the positive qualities related to Key 6 into your personal sphere of expression.

Finish with the tensing and relaxing of your whole physical body.

#### Lesson Fifty-one

(from the transcripts of class lectures by Ann Davies)

Tarot Key 7, the Chariot, is attributed to the zodiacal sign Cancer; to the color yellow-orange and the note D#; to the 4th bodily area which includes the stomach, mammary glands and chest. Its opposite and complement, Key 15, is attributed to Capricorn, the color blue-violet and the note A.

Cheth is the Hebrew letter printed on Key 7. Its general meaning, fence or enclosure, suggests ideas of protectiveness, inclusiveness and cultivation. These ideas tie in with interpretations of the Cancer personality type who are said to be maternal and protective. This protective emotional quality is the result of their inner sensitivity and receptivity which makes them more readily aware of the needs and feelings of others.

Cancer is the cardinal water sign. The cardinal aspect gives added intensity to the telepathic sensitivity attributed to all water signs. Unless this sensitivity is understood and controlled, it can cause much distress. The Cancer type is particularly susceptible to morose worry over loved ones and to digestive problems which negatively oriented sensitivity can bring.

We want to unfold this receptivity towards others but we want to make certain that we do not leave ourselves too open and defenseless. As we work with Key 7 we will be balancing it with the more earthy qualities of Key 15. In this way we will avoid over-sensitizing ourselves to astral awarenesses. As we unfold inner sense perceptions we must keep our personal field protected by the very necessary fence of Cheth.

The receptivity of which we speak is experienced within the subconscious substance wherein we are continuously in telepathic rapport with other centers of life whether we are consciously aware of it or not. Note in this connection that Cancer is ruled by the Moon, attributed to Key 2, symbol of subconsciousness.

The symbolism of Key 7 is said to depict synthesis. It is a synthesis which reconciles the discriminative faculty of Key 6 which makes us keenly aware of our personal self as separate from the self of others. Synthesis rescues us from our feeling of lonely separation and alienation by uniting us inwardly with larger areas of life. The Cancer type has more ease in perceiving beyond the fence of his own personality. His subtle sensitivity makes him aware that his larger self includes other people, other creatures and other forms of life and consciousness.

Thus Key 7 depicts a quality of consciousness wherein the fence of personality distinction is not so impenetrable as it is in most human beings. It brings a feeling of inclusiveness that encompasses others and makes us aware of their needs, their joys, their sorrows. When you truly feel with others you cannot help but feel protective toward

them, like a mother toward her child. We want to shield those we love from pain; we want to nourish them with our concern and help them to grow steadily toward their own awakening.

The Ego within the heart, pictured in Key 7 as the Charioteer, feels this concern, this caring, this need to nurture and protect, toward His instrument, human personality, pictured in Key 7 as the chariot. But <u>HE</u> is the real you! Your personality is the beloved child of your Higher Self. You are growing your personality toward ultimate perfection in manifestation. The Charioteer, the true 'I', is the Real Self of you and the source of all feelings of volition and will.

This is how we should feel and act toward our own personality as well as toward other centers of life. We should love, protect, nourish and care for our personality. It is precious and valuable beyond description! It is the indispensable vehicle through which we are growing toward conscious awareness of the Divine Self within.

The synthesis of personal ideas, emotions and feelings that awakens us to our larger beingness helps us to realize that will power is not personal. Like all other attributes, it flows into the field of personality from superconscious levels and flows out again. To become responsive to the True Will force of the Charioteer is the highest expression of Cancerian receptivity. He frees us from our false belief in personal will and awakens us to our larger beingness that extends beyond the fences of personality. When the Charioteer guides the chariot it cannot get lost in astral illusions and delusions. It proceeds unfalteringly towards its goal of entrance into the Fifth Kingdom of perfected humanity.

To know the Charioteer as the source of all our volitions is associated with the 4th Stage of the Great Work called <u>Separation</u>. That the stage of Separation is associated with Key 7 which symbolizes <u>synthesis</u> is an important key to the whole understanding of will.

The Separation Stage of the Great Work is a stage wherein the vehicles of personality are distinguished from the True Self. This distinction cannot be made until after we have become aware of our inclusiveness with life. The preliminary synthesis makes us aware of our telepathic rapport with life. It unifies personal expression so that the subconscious and self-conscious minds work more in harmony. Yet this synthesis is itself a preparation for a higher separation.

In alchemical Separation the personality complex, as a unit, is distinguished from the SELF. The chariot is rightly perceived as the vehicle of the Charioteer.

This Separation is of another order than the intellectual, discriminating faculty of Key 6, which distinguishes keenly between separate objects and attributes. Alchemical Separation cannot take place until the dual personality is synthesized in action and aspiration toward becoming a vehicle for the True Self. The Separation of Key 7 refers

to a firsthand realization of personality as distinct from the SELF. It is a direct experience of the truth that the power of will is not an attribute of personality; that it flows into the field from a higher source and flows out again, like the river in Key 7.

Furthermore, it gives one a transcendent understanding of the great value of personality as the field of cultivation, wherein we gather, through the impacts and pressures of incarnate life, the qualities, experience, wisdom and talents which eventually transform us into active, self-conscious centers of expression for the Primal Will.

Thus Separation is called the stage wherein the personal purpose of the individual is established. When you are no longer deluded by identity with the chariot, it becomes all the more valuable. At this stage there is possible the formulation and definition of the specific work of the Charioteer which is to be accomplished through the agency of your personality. The Charioteer is able to impress upon you distinct ideas as to your part in the accelerated evolution of this planet.

Note in this connection that Key 7 is attributed to the function of speech. Speech puts ideas into specific definite form. Separation enlightens one as to the specific work that is his to do as an instrument of the One Self. Esoterically this stage is referred to as the "utterance of the magical word", whereby a new name is bestowed upon the Alchemist. The new name is the new understanding of personality and carries with it a conviction as to the special work that can be brought into manifestation through the instrumentality of your personality.

Separation, then, makes us realize that the instrument is not the Self. At the same time, it makes us aware of the special qualities and experiences inherent in personality that fit it for special work. All this should help us to realize that the final victory does not destroy distinct personal identity. What it does is purify personal consciousness so that it is almost continuously aware of the true source of all volitions, all will, all desire, all everything.

When we know and remember that separate autonomous personality is an <u>illusion</u> and never the source of free will, the illusion itself becomes greatly increased in value to the Higher Self. Thus we see that the synthesis which makes us aware of our oneness with other forms of life is what prepares us for a higher and vaster responsibility and service to life.

### TECHNIQUE

Begin this Technique as always with the visualization and intonation for the seven Inner Holy Planets and their three higher octaves. Be sure to image yourself within the globe of planet earth during this procedure.

Have ready the pairs: Keys 4 & 11; 5 & 13; 6 & 14; 7 & 15. Begin this part of the Technique by visualizing Key 4 above the planet in which you are immersed and Key 11 below. Receive the red vibration

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#### Lesson Fifty-two

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana, the 2, 3 and 4 of Cups are assigned to the three decanates of Cancer. The Ace of Cups encompasses the entire second quarter of the Zodiac which begins with Cancer, so it also expresses principles related to Key 7.

Qabalistically the Ace of Cups corresponds to Kether, the Prinal Will in Briah, the Creative World. Relative to Key 7 it has to do with a level of intuitive reception that directly experiences the true source of Will. The direct experience of being a vehicle for super-personal Will is a sublime expression of the mystical, psychically aware Cancer type who feels inner truths rather than arriving at conclusions through analysis and intellection.

Self-identification with the Charioteer comes through a raising of telepathic receptivity to a higher power; it comes through intensity of emotion and through a personal mind <u>suspended</u>. Note that Key 12, the Hanged Man, who portrays this suspension of the personal mind, is directly attributed to the element of water and thus to the whole suit of Cups. The higher experience of will is a note from the same chord as emotion, as love, as yearning, as desire. It is the flower of their supernal expression. Thus, in our work with Key 7, the Ace of Cups can help us to unfold the quality of emotional intensity and intuitive receptivity that will reveal its fountainhead in the Crown of Creation.

Qabalistically the 2 of Cups portrays Chokmah in Briah. Zodiacally it corresponds to the first decanate of Cancer, ruled by the Moon. In Tarot the Moon and Key 2 are attributed to the Hebrew letter Gimel, 721, 73. This is also the value of Chokmah, 700, Wisdom. The receptive, retentive qualities associated with Gimel and the Moon are suggestive of Chokmah in its relationship to Kether. The Wisdom of Chokmah reflects the Primal Will of Kether just as the Moon reflects the Sun. To reflect outward there must be some measure of form to receive. In this sense Chokmah is the vehicle of Kether just as personality is the vehicle of the Charioteer.

In number symbolism, 2 prolongs, elaborates, extends 1. As the number 2, Chokmah suggests that which carries on the initial impulse of 1, Kether. Macrocosmically the extension of the purpose of 1, Primal Will, is expressed in the sphere of the Zodiac attributed to Chokmah, 2. Kether manifests in Chokmah as the Vast Consciousness that directs the stars in their courses and maintains the orderliness of the universe. Furthermore, Chokmah is seat of the life force, chaiah, \$\pi^n\$, which enters into and vitalizes everything in the universe.

That life force, chaiah, is filled with the Divine Purpose of Kether. It flows into all portions of the earth as the Holy Masloth, מסלכו, or influence concentrated in the stars of heaven. It fills all with its life and light. Our reception of the Divine Influence from Chokmah is continuous,

for it is our very life. However, the purity and intensity of our reception can be vastly increased by altering the structure of the instrument through which it is received.

In our practices with Key 7, the 2 of Cups emphasizes the 'work of the chariot'. That is, the process whereby our vehicles are reorganized for greater receptivity of Super-personal Will. As we receive in ever greater abundance we become a body of wisdom that is able to reflect light outward for the increased illumination of all that is below. The degree of wisdom you are able to reflect outward is in direct proportion to the degree of Super-personal Will you are able to receive. The symbolism of the 2 of Cups shows one cup turned upward receiving from above while the other is turned downward, pouring out to the below. It is this receiving from above and giving to the below that transforms us into unobstructed vehicles for the expression of Primal Will.

The 2 of Cups intimates that giving out is imperative to receiving. This idea is the same as that expressed in the occult admonition that we must project light to make room for more. The more we dedicate our lives to giving of ourselves for the benefit of evolution in whatever way we are capable at this time, the more we increase our receptivity to the Charioteer. Make yourself a reflecting medium! a light giver! a luminary! Thus will you open an inner chamber through which the Illuminating Intelligence of Chokmah can fill you with the light of Wisdom in ever greater measure.

The 3 of Cups corresponds to Binah in Briah. Astrologically it refers to the 2nd decanate of Cancer sub-ruled by Mars. Its relationship to Binah, the Great Mother, emphasizes the encompassing, shielding qualities of the Cancer type. In relation to Key 7 this protective quality refers to the seemingly restrictive fences of personality. In truth they are for our protection. They shield us from too much inner sense reception until our vehicles are structured to receive from Supernal levels.

The Cancer type is said to be intensely responsive to his surroundings. It is a responsiveness that sees and feels the atmosphere of places, that receives definite impressions about people and situations. These so-called psychic qualities can help us to realize the interdependence of all forms and aspects of life. They can help free us from the limitations of the outer senses. Indeed, they are the base upon which the highest intuitional reception of wisdom is built.

However, until our telepathic awarenesses are under the guidance of the Charioteer, we need the limiting fences of Binah to protect us from undue receptivity to the astral images which can inundate us in impressions and reflections that are not really from our own center of beingness. Without the protective fence that encompasses our field of personality we would be too open to the feelings, emotions and thoughts of others. Yet, as we gradually unfold subtle receptivity through our spiritual practices, the fences inevitably become less impenetrable, as they must. That is why it is important for us to guard against accepting feelings, emotions and thoughts that are not in harmony with our central core of individuality.

For instance, if we experience nameless depression or sadness, our natural tendency is to seek a reason for the feeling in our experiences or relationships with others. If we keep in mind that the accelerated evolutionary process which we are traveling does bring extra sensitivity to the feelings and emotions of others, we can refuse to accept them into ourselves. We can strengthen our fence against unwanted invasions by constructing a subconscious habit pattern that automatically rejects all feelings, ideas and emotions that are out of harmony with our highest aspirations. Through such use of discrimination and imagination we can retain the protection of Binah while we gradually transform our chariot into a vehicle that is consciously guided by the Charioteer.

But the fence of personality is more than just a shield against excessive telepathic receptivity. It is the mapped-out area that encompasses us within a concentrated field of cosmic energies so that we can unfold special qualities, unique attributes and individualized talents through which the One Life can express Its Divine Purpose in ever greater diversity and splendor. This specialized value of personality is related to the 4th Stage of the Great Work called Separation which we discussed in the last lesson.

To rightly understand the value of personality is to understand also the need for its continuous transformation. The 3 of Cups is subruled by Mars, attributed to the force that destroys outworn forms. Only through continuous transformations in vibratory rate and structure can the forms of personality be brought to their ultimate perfection.

The qualities of the Cancer nature emphasized by the 3 of Cups are those which protect, nurture and shield loved ones from harm. This is how we should feel and act toward our own personalities, as well as toward others. When we stop attributing to personality the false value of personal will, which it does not possess, we are free to love it, value it, nurture it, grow it as the indispensable vehicle of Will that will carry us to conscious union with Yekhidah in Kether.

Qabalistically the 4 of Cups corresponds to Chesed in Briah. Astrologically it relates to the 3rd decanate of Cancer co-ruled by Jupiter and Neptune. The influence of Jupiter is unusually strong in the 4 of Cups. Besides sharing in the rulership of the 3rd decanate, Jupiter is also exalted in Cancer. Furthermore, Chesed is the sphere of the activity of Jupiter. Thus the Key 7 qualities emphasized in the 4 of Cups are those which express this strong Jupiterian influence.

When sensitivity to the feelings of others is combined with deep unselfish lovingness, the true compassion of Chesed flows out from the human heart. It is the nurturing, protective, maternal quality of Cancer in its loftiest expression. It is the need to extend personal caring to encompass all of life.

The quality of inner receptivity that unfolds true compassion is that which is received through the expanded conscious awareness and high grasp of truth related to Jupiter and Key 10. Inner receptivity

receives knowledge from the great universal storehouse associated with the Jupiter Center. When this knowledge is received through a vehicle perfected by the Charioteer, it becomes a direct participation in the total memory of nature; a memory that experiences this entire cycle of the Life-power's self-manifestation.

Because we are part of the total cosmic ALL, we can share in cosmic memory. When it is received from the level of Chesed, it includes perfect comprehension of how to apply it in works for the benefit of mankind. The deepest remembrances of nature are experienced through a realization of unity and a quality of love that transcends the separative state. Those who receive the Great Abundance of Chesed are nearing the state of an Exempt Adept, who is also called a Master of Compassion because of his unfailing love and beneficence toward all that is.

## TECHNIQUE

As always, visualize and intone with the seven planetary Keys and their three higher octaves before proceeding with the zodiacal pairs.

Have ready the following pairs of Keys: 4 & 11; 5 & 13; 6 & 14; 7 & 15. In addition, for this practice, include the Ace, 2, 3 and 4 of Cups.

Begin this part of the practice by immersing yourself in a liquid globe with Key 4 above and Key 11 below. Visualize the red vibration whirling in from above and the green vibration ascending from below. Intone Ah-oo-mm seven times on the note C for Key 4 and seven times on the note F# for Key 11. Remember, as you visualize these whirling light vibrations circulating through your globe, that you are pervading the spirit of earth with light, wisdom and love. Now give this meditation:

"Oh Thou, who hast dominion over all, lift me to Thy Higher Vision that I may express Thy Divine Justice in all my ways."

Now image Key 5 above and Key 13 below. Feel and see the redorange and the blue-green vibrations whirling through your globe of earth. Intone seven times on the note C# for Key 5 and seven times on the note G for Key 13. Give this meditation:

> "Oh Thou, Revealer of the Mysteries, Thou hast shown me that the way to eternal life is through an understanding of the true meaning of death."

Next image Key 6 above and Key 14 below. As the orange light circles down from above and the blue light whirls up from below, intone seven times on the note D for Key 6 and seven times on the note G# for Key 14. Give this meditation:

"Oh Thou, who bestowest Thy blessings on all, heal me with Thy love and temper me with Thy fire that I may serve as an instrument for Thy all-discerning Mind."

The emphasis for this practice is on enhancing the positive qualities of consciousness related to Key 7 in our personality complex. Therefore, at this point, visualize the globe of earth in which you are immersed as filled with brilliant yellow-orange light. Back yourself

into Key 7 and <u>become</u> it; be aware of every detail. Hold this visualization as you meditate on the minor Keys of the Cup suit before you. Look at the Ace of Cups for a few moments and give this meditation:

"Oh Thou, Crown of Creation, fill me with Thy Limitless love and light."

Look next at the 2 of Cups and give this meditation:

"Oh Thou, Supernal Light of Wisdom, I receive Thy living stream of influence and reflect it outward to all that is below."

Look next at the 3 of Cups and give this meditation:

"Oh Thou, Supernal Mother, Who hast nurtured and shielded me throughout the endless ages, transform me into a fitting vessel for Thy Understanding Love."

Look next at the 4 of Cups and give this meditation:

"The Rider in the Chariot is the True Self of me. The more I remember His presence and His love, the sooner will He guide me to the Place of overflowing abundance."

Next image Key 7 ascending until it is above your globe of earth. Image Key 15, Capricorn, which is its opposite and complement, below. Visualize vibrating yellow-orange light pouring out from Key 7 above and whirling clockwise into the globe wherein you are centered. Visualize a stream of glowing blue-violet light ascending from Key 15, whirling counter-clockwise in balanced motion with the yellow-orange light. Intone Ah-oo-mm seven times on the note D# for Key 7, and seven times on the note A for Key 15. Give this meditation:

"Oh Divine Charioteer, awaken me to that Larger Self of me beyond the fence of personality. Let me see 'this world' through Thine eyes and thus will I break the delusive chains that bind me."

Finish in the usual manner with the integration ritual, wherein you bring down all the vibrations through your upstretched arms, and the physical tensing and relaxing exercises. ##

#### Lesson Fifty-three

(from the transcripts of class lectures by Ann Davies)

Key 8, Strength, is the Tarot symbol for qualities of consciousness associated with Leo, 5th sign of the zodiac, ruled by the Sun. In our vibratory correlations the color is yellow the the note is E-natural. The corresponding bodily area — zone 5 — encompasses the heart, spinal cord and the dorsal region of the spine. Teth is the Hebrew letter printed on Key 8 and its meaning is snake or serpent. The path of Teth on the Tree of Life is called the Intelligence of the Secret of all Spiritual Activities. It joins Chesed to Geburah through the second of the three reciprocal Paths that link the Pillar of Mercy to the Pillar of Severity.

Psychologically, Key 8 symbolizes the qualities of human expression which enable us to gain command over the circumstances of our life through right direction of a power within us which breaks the chains of bondage to outer appearances. The letter Teth intimates that the power referred to is the Serpent Power or Kundalini energy. Its right direction is brought about through intelligent use of the law of suggestion.

This law is portrayed in Key 8 as the woman taming the lion. It is the predominant law of subconsciousness and functions throughout nature. Every kingdom of nature is shown in Key 8, because the law of suggestion is that whereby command is exercised over subordinate expressions of the Life-power by those superior in evolutionary development. The animal nature is subordinate to the human; the vegetable to the animal; and the mineral to the vegetable. This control does not need to be established; it simply is.

The reason most human beings do not seem to have command over circumstances is because their utilization of this law actually brings about their own bondage. Their negative suggestions result in similarly negative experiences. There are many aspirants who accept the fact that subconsciousness responds automatically to the predominant suggestions which originate at the conscious level, but they do not act after this idea to the extent that they are continuously careful in the suggestions that they give. Do you realize that, right now, your predominant conscious suggestions are building the situations and circumstances that you will experience in the future?

The seeming slavery of natural man to circumstances is not for lack of control over the subconscious forces. His control by suggestion, all the way down to the mineral kingdom, is always in effect whether his suggestions are constructive or destructive. What we are learning to do is to use this law intelligently so that the reactions from the kingdoms of nature below us will work out favorably. The law, whether beneficent or inimicable, is the same; the great difference is in the way it is used! It is the difference between freedom and bondage, joy and misery, success and failure, health and disease. Note, in this connection, that Key 8 corresponds to the 5th Stage of the Great Work called Digestion. It is the

stage wherein the Alchemist learns how to direct the Serpent Power through right use of the law of suggestion.

How do the attributes of the Leo nature correspond to right use of the law of suggestion? The Leo nature is said to combine the stability and persistence of the fixed quality with the vitality and self-assurance of fire signs. These add up to characteristics that enable one to utilize the law of suggestion in a more positive manner than most. Our practice with Key 8 will be aimed at helping us to incorporate the positive qualities of the Leo nature into our personal sphere of expression.

The persistence, self-assurance and optimism associated with Leos make their suggestive influence naturally more on the positive side. For this reason they seem to have better control over themselves and their lives than most other human beings. Their type of personality suggests a confidence in their own abilities and a courage to express it that automatically asserts a better command over the forces of nature, symbolized by the red lion in Key 8.

The Sun rulership of Leo intimates that their optimism is the result of some measure of contact with the Solar consciousness in Tiphareth. They seem to reap courage and confidence from the influence of the Sun. It is this same influence, as it becomes more predominant and consciously realized, that tames the animal nature and makes it a servant of the Light. It is equally true that control of the lower nature is what makes the human unit able to become consciously aware of his union with the One Ego of all humanity.

The vital energy of the level of consciousness we share with all of life is the serpent power of Teth. When a human personality understands his natural command over this power and exercises it intelligently, he can lift it upward and bring about his personal freedom from the bonds of matter. Self-mastery begins with an intellectual recognition that the human ego is essentially one with the Ego of all humanity. This recognition must be acted out in our mental, emotional and physical activities so that we demonstrate our reliance on that Central Self. When such demonstrations become the predominant suggestion to subconsciousness, that level begins to re-form our vehicles, right down to the cellular consciousness, into eager vessels of higher guidance.

To incorporate superconscious receptivity into the very cells of our body is to use the law of suggestion on its highest level. This is what will eventually bring about the direct experience of union with the Ego, called by Alchemists the "confection of the Philosopher's Stone". Right suggestion is the means through which the lower nature is brought under more and more control so that its essential power, the Kundalini energy, is lifted up to where it completes the organ of spiritual vision in the Pineal Gland. This is part of the 'secret' of the 19th Path of Teth.

The association of the Path of the Intelligence of the Secret of all Spiritual Activities with Leo intimates that the secret of control is not in negative denial or severe repression. Control is exercised through optimism, through self-assurance, through courage and through eager expectancy of success.

The woman in Key 8 portrays human subconsciousness. Her domain includes the automatic habit patterns of that level. When she becomes receptive, through conscious suggestion, to guidance from the Higher Self, she in turn guides the vital soul energies below her into habit patterns that lift the formative energy upward and transform our vehicles into receptacles of wisdom from above.

When the personal ego acts as a ray of the Central Sun, the form nature automatically begins to serve the higher spiritual nature. Through the magical power of suggestion, our personality becomes a more and more unobstructed channel through which the love and light of the Central Self can be reflected downward into all the kingdoms below.

The natural command that human personality has over the forces of nature is pictured as a woman because it becomes consciously and constructively operative only after the intellectual idea of dominion has become impressed in the pattern level of subconsciousness. When that idea becomes automatic, so that it colors everything we do, the positive effects of dominion begin to manifest in our lives.

Note the 8 over the woman's head. It is the same as that over the head of the Magician. Her dominion is to be understood as the result of prior corscious attention applied repeatedly. Until our self-conscious intellectual conviction that we are a vehicle for the One Ego becomes established as a habit pattern and colors all our subsequent imagery, responses and activities, it is not yet strong enough. It does not have the needed Strength to bring about the Alchemical transmutation which will make us a conscious vehicle for the Central Self.

Realize, then, that it is through persistent reiteration, with the Leo type's courage to carry out his convictions, that we strengthen the subconscious patterns which complete the Great Work. When the image is strong enough, it begins to reproduce the idea it holds in the organs of the body and the chemistry of the blood. New cell structure is developed of a vibratory rate that is able to receive impulses from superconscious levels of wisdom and insight. The new cell structure is primarily formulated in the brain through the lifting up of the power of Teth. There it completes the organ of spiritual vision and makes one aware of his continuous union with the One Reality.

#### TECHNIQUE

Prepare yourself as usual by intoning and visualizing with the seven planetary Keys and their higher octaves. Perform this part of the operation immersed in planet earth so that the harmonious vibrations you arouse will benefit all of life.

You are now ready to balance and harmonize the zodiacal vibrations. For this practice have ready the pairs: 4 & 11; 5 & 13; 6 & 14; 7 & 15; 8 & 17. As you remain immersed in the globe of earth, visualize Key 4 above and Key 11 below, with their colors, red and green, interweaving through the globe in which you are centered. Intone seven times on the note C for Key 4 and seven times on the note F# for Key 11; then

give this meditation:

"Oh Thou, Emperor of light and life, impel me onward with Thy brilliant fire, that I may bring the scales of Justice into balance and thus see Thy eternal harmony in all the forms of earth."

Now visualize Key 5 above and Key 13 below your globe of earth. Image red-orange and blue-green lights interpenetrating therein as you intone seven times on the note C# for Key 5 and seven times on the note G for Key 13. Give this meditation:

"Oh Thou, Voice of Eternal life, let me be the messenger of Thy wisdom; let me send it forth into the vital life of earth, multiplied therein by the power of Nun, so Thy glory will reign supreme in the Kingdom."

Now visualize Key 6 above and Key 14 below. As you image their colors whirling through your globe in interweaving streams of light, intone seven times for Key 6 on the note D and seven times for Key 14 on the note G#. Give this meditation:

"Oh Thou, Angels of the Most High, fill me with Thy supernal powers, that I may first separate, and then unite, all that is meant by Water and by Fire."

Now visualize Key 7 above and Key 15 below, with the yelloworange and blue-violet vibrations coursing through your globe of earth. Intone seven times on the note D# for Key 7 and seven times on the note A for Key 15. Give this meditation:

"Oh Thou, who art the Real Self within, take the reigns of this Thy servant, and lead me safely out of the darkness of delusion into the Light Divine."

Now meditate for some moments on Keys 8 and 17. We want to unfold within our personality the qualities of consciousness symbolized by Key 8, balanced by those symbolized by Key 17.

Immerse yourself in a globe of brilliant yellow light and become Key 8. Visualize it in careful detail and then intone seven times on the note E. Give this meditation:

"Oh Thou, Light within my heart, illuminate me with Thy love that I may pour it forth into the soul of life for the fulfillment of Thy Purpose here on earth."

Now image Key 8 as ascending until it is above your globe of earth. Image Key 17 below. Visualize brilliant, vibrating yellow light whirling into your globe from above, as the violet of Key 17 rises in like manner from below. Intone seven times on the note E for Key 8 and seven times on the note A# for Key 17. Give this meditation:

"Oh Thou, Divine Ego within my heart, let me feel Thy allembracing love, that I may pour its purifying fire into the pool of living waters from whence rise all the forms of earth."

Proceed with the integration ritual wherein you bring down all the colors in streams of vibrating light through your uplifted arms. Finish with the tensing and relaxing of your physical body. ##

## Lesson Fifty-four

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 5, 6 and 7 of Wands relate to the three decanates of Leo. Qabalistically the 5 of Wands corresponds to Geburah, sphere of Mars, in Atziluth, the Archetypal World. Geburah means strength, which is also the title of Key 8. As a quality of consciousness, strength is that which makes one courageous in the sense of being able to cope well with the situations that life presents to us. Geburah is the seat of human volition and will. Strength of will gives self-assurance and a better command over personal actions and circumstances than most human beings express. Thus, relative to the Leo type, the 5 of Wands emphasizes a strength of will that is able to bring about the intended result in whatever project is undertaken.

From ancient times, the Pentagram, pictured on the 5 of Wands, has been a symbol of man's dominion over all that is below. It is called the sign of the Microcosm because the proportions used to draw it correctly represent man's place in the scheme of nature. The proportion referred to is the extreme and mean proportion of mathematics shown in the numerical series 5-8-13-21-etc. This proportion is defined as division of any quantity into two such parts or proportions that the measure of the lesser part shall bear the same relation to the measure of the greater part as the measure of the greater part bears, in turn, to the whole quantity.

This proportion, inherent in the lines of the pentagram (see Tree of Life lessons on the Root of Power), is the basis for its great significance as a symbol of the dominion of human personality over that which is below. All the activities of nature are the lesser part; human personality is the greater part; the One Self, Yekhidah in Kether, is the Whole.

We are in the same relation of control over natural forces as the One Self in Kether is in control over us. Our self-conscious awareness is an instrument for the expression of the wisdom and purpose of the One Reality. When we are prepared to act consciously as such an instrument, then all the powers below us become the instruments through which we can bring that wisdom and that purpose into objective reality here on planet earth.

Because of its magical symbolism, the 5 of Wands can help us establish command over circumstances and over ourselves. Meditation on this symbol gives the powerful suggestion to subconsciousness that you recognize your personality as absolutely under the direction of Yekhidah in Kether. This relationship of your personality to the One Self is an aspect of unchanging law. As an aspect of the same unchanging law, all forms of life expression below the level of human intelligence are absolutely under the direction of man. We are meant to control and guide the lesser entities of nature through intelligent use of volitional will. We are mediators! We are agents! Through you the One Reality can bring some portion of His Divine Purpose into manifest expression here on earth.

In Key 8 this law of dominion is portrayed by a woman taming a lion. Our practices with Key 8, in conjunction with the 5 of Wands, will be aimed at helping us to establish a better command over outer circumstances by first establishing a better command over our personal actions.

The Sun rulership intimates that true self rule is Egoic rule. Command over the responses, emotions and images of personality is brought about by increasingly more conscious guidance from the Ego level of us. We can increase our awareness of this level by focusing the volitional force of Geburah, which expresses through us as seemingly personal will, on the idea that we want to act as an instrument of the True Self. We want to impress this idea on the subconscious mind, portrayed by the woman in Key 8.

She, in turn, will direct the body building forces to transform the structure of our vehicles to harmonize with this idea. The true 'I' has unfailing supremacy over the actions, responses and urges of your lower nature. This command comes into actual expression as you begin to receive Egoic guidance; as you become increasingly aware of the Sun of Light and Love seated within your heart.

The 6 of Wands corresponds to the 2nd decanate of Leo sub-ruled by Jupiter. Qabalistically it relates to Tiphareth, sphere of the Sun, in Atziluth, the Archetypal World. Tiphareth is the Ego center of Love. The sphere of the activity for Jupiter is in Chesed, Mercy and Beneficence. This suggests that the 6 of Wands emphasizes the kindly, magnanimous, loving qualities of the Leo type. In the symbolism of Key 8 these are the qualities pictured by the garland of roses that tames the animal nature.

The dominion which man can exercise over his lower nature is accomplished through the desire nature, cultivated and beautified by love. Love refines the selfish desires and untempered urges of natural man. The symbolism of the 6 of Wands, as Tiphareth in Atziluth, will increase your receptivity to the love and wisdom ever flowing from the Ego center in Tiphareth. It is this influx that refines our desires and alters our bodies to receive more and more superconscious influence from above.

The more we practice beneficence in every situation and relationship of life, the more rapidly will transformation take place. This practice of beneficence suggests the kindly paternal qualities related to the Leo nature. Kindliness and thoughtfulness are qualities of strength. The kind, loving man is the strong man. The beneficent, compassionate leader is the <u>true leader</u> because love alone brings all things into harmony; love dispels chaos and uncertainty; love is the transformer, the cultivator, the beautifier. Remember, however, that true lovingness is strong; it knows when severity is the greater beneficence.

By remembering to practice lovingness in everything you do and say, love will become the predominant suggestion to subconsciousness. It will wash away all the patterns of separateness, of selfishness, of error, of hostility that keep us in bondage to the delusive, separative patterns in the collective subconsciousness.

Birth into the Fifth Kingdom, which completes the Great Work, is the result of a new way of thinking, of feeling, of acting. It is a way that has been permeated with expressions of love and unity. The practice of these qualities, related to the 6 of Wands aspect of Key 8, are powerful suggestions which impress awareness of unity, awareness of love, awareness of beauty into the automatic level of our consciousness. When we automatically respond with love and with awareness of the unity of life, we automatically become more and more receptive to the wisdom and light from the Central Self. As we receive from that Self, we automatically send it outward and downward and thus, with love, we transform all that is below.

The 7 of Wands correlates with the 3rd decanate of Leo, subruled by Mars. Qabalistically it relates to Netzach, sphere of the activity of Venus, in Atziluth. The Mars influence relates this decanate of Leo to the expression of courage in the face of difficulties.

Treading the Path of Return takes courage. We must be able to hold fast to our aspirations in the face of seeming obstacles and setbacks, over and over again. As you well know, in the accelerated evolutionary process, problems and errors seem to get emphasized and worsen before they improve. Furthermore, our practices make us more sensitive to the feelings, problems and impacts of others. We cannot give up. Courage to keep going in the right direction, like all other qualities of consciousness, can be developed.

The 7 of Wands is Netzach, sphere of desire, in Atziluth. It is through right use and understanding of our desire nature that we can develop the courage which is not daunted by the fluctuations, disappointments and depressions of incarnate existence. When the whole force of your desire nature is pointed toward the goal of liberation, then no matter what adverse situations may arise in your personal life, you will always receive the strength and help that will see you through to the Victory of Netzach.

However, the courage of which I speak is not refusal to acknowledge the problems of life. One of the sins attributed to the Leo type is over-optimism and a tendency to look away from unpleasant situations as if they would disappear on their own. We do not overcome problems in that way. When we face them with courage and seek to understand them, our inner adversaries can become our allies. That is, the vital power that is locked up in negative habit patterns can be released and changed over into nourishing patterns that will impel us toward our goal.

The changing over will be easier if we remember that the substance of everything in manifestation is identical in essence. The world that surrounds us is living, radiant energy. All the things, objects and appearances that surround us are made up of this one conscious energy. This same living energy enters into the composition of our bodies — mental, emotional and physical. Everything is a form of consciousness! Everything is alive! Nothing is blind mechanical force. All this livingness, below the level of our self-conscious awareness, is subject to our control.

This vital, living consciousness, symbolized by the power of Teth, by unchanging law, is automatically responsive to suggestions originating at the self-conscious level of man. Our strongest suggestions, and therefore those which have the greatest effect on these subliminal forms of living energy, are those vitalized by desire. Powerful desires generate equally powerful images which always tend to arrange this vital living energy after their likeness.

Let's relate this knowledge of the formative power of our thoughts and desires to the means whereby we can overcome the unwanted patterns, which are forms, that are at the root of most of our problems. Since we have undeniable influence over the living energy out of which all things are made, and since our vehicles of expression are made up of this living energy, we can reform them by directing the full force of desire into visualizations of being a channel for the Central Self.

This knowledge that all forms can be altered — mental, emotional or physical — should give you the courage to persist in your positive visualizations no matter what the seeming contradictions of the present moment. We should do what we can to solve the problems of today, for that, too, increases our strength and courage. When we understand that they are the outworkings of yesterday's desires and imagery, we can learn much from them. The important thing is to continue your practices that picture you as an instrument for the Central Self. Guidance from that level will reveal to you the principles behind the formation of any situation. When you realize fully that the most predominant desires and images of yesterday were responsible for the situations of today, you can put this knowledge into use and set energies into motion that will bring about more beautiful, fulfilling and productive situations in the future.

As the full force of your desire nature becomes directed toward the singular aspiration to be an unobstructed channel for the wisdom and love of the Higher Self, the living conscious power of Teth begins to ascend and activate centers within your body which transform you into a member of the Fifth Kingdom. Leo and its natural Fifth House of astrology are related to pleasure and joy in living. To be a conscious channel for the Central Self is the <u>superlative</u> of pleasure and joy. It is the height of ecstasy and true fulfillment in living.

### TECHNIQUE

Begin as always with the visualization and intonation for balancing and activating the seven Inner Holy Planets and their three higher octaves.

Immerse yourself in a globe of liquid light for planet earth as you prepare to activate and balance the Zodiacal Pairs. First visualize Key 4 above and Key 11 below. Image the red and green vibrations whirling through your globe. As you feel the motion of these vibrations, intone seven times on the note C for Key 4 and seven times on the note F# for Key 11. Then give this meditation:

"Oh Thou, Who art the source of all Reason, all Vision; help me to see with Thine eyes, that I may balance the scales of action with the perfect equilibrium that leads to liberation."

Next visualize Key 5 above and Key 13 below. See the red-orange and the blue-green vibrations whirling through your planet earth as you intone seven times on the note C# for Key 5 and seven times on the note G for Key 13. Then give the meditation:

"Oh Thou, Voice of my Higher Soul, teach me to die daily that I may continually be reborn into a more perfect image of Thee."

Next visualize Key 6 above and Key 14 below. Image the orange and blue vibrations whirling through your liquid globe of earth as you intone seven times on the note D for Key 6 and seven times on the note G# for Key 14. Then give this meditation:

"Oh Thou, Archangels of God, show me Thy heavenly vision, that I may become an ever more valuable servant of the Light."

Next visualize Key 7 above and Key 15 below as you image the yellow-orange and blue-violet vibrations whirling through your globe of earth. Intone seven times on the note D# for Key 7 and seven times on the note A for Key 15. Then give this meditation:

"Thou alone, Oh Dweller within my heart, hast the power to discern the Real from its shadow and thus lead me out of the darkness of delusion into the light divine."

As you remain immersed in your liquid globe, visualize it becoming filled with brilliant yellow light. Become Key 8 in all its details. Hold this visualization as you meditate on the Wand Keys before you. As you look at the 5 of Wands give this meditation:

"Oh Thou, Who art the One in All; Thou hast given me dominion in the Kingdom that I may transmit Thy light to all the creatures below."

Continue the meditation as you look at the 6 of Wands:

"The true Self of me is the center of love within my heart. From that center flows a ceaseless stream of love for the blessing and redemption of all the creatures here on earth."

Continue the meditation as you look at the 7 of Wands:

"Oh Thou, Who art eternally present in all things; Thou art my strength! Thou filleth me with the courage to meet all obstacles as I aspire ever toward union with Thee."

At this point image Key 8 as ascending above your globe of earth. Image Key 17 below. Visualize the brilliant yellow light of Key 8 flowing into your globe and whirling round and round clockwise as the answering complementary violet vibration whirls upward counter-clockwise from Key 17. Intone seven times on the note E for Key 8 and seven times on the note A# for Key 17. Then give this meditation:

"Oh Thou, Son of Life and Light, I aspire only to Thee! Let my singular desire for Thee lift the power of Teth and balance the Interior Stars. Then will I stand face to face with Thy ever living Presence within my heart of hearts."

Finish with the Integration Ritual. As you bring down the yellow and violet together, affirm your intention to incorporate the positive qualities of consciousness related to Key 8 into your personal sphere of activity. Complete this practice with the physical tensing and relaxing of your entire body. ##

## Lesson Fifty-five

(from the transcripts of class lectures by Ann Davies)

Tarot Key 9, The Hermit, corresponds to the zodiacal sign Virgo; to the Hebrew letter Yod; to the Intelligence of Will; and to the Distillation stage of the Great Work. In our vibratory correlation the color is yellow-green and the note is F. As a bodily area, it is attributed to the 6th zone which includes the assimilative organs that supply our bodies with the materials necessary for proper growth, function and repair.

The qualities or characteristics we want to unfold in our practices with Key 9 are those related to the positive Virgo type, who is said to be serving, studious, truthful and discriminating. The serving quality of Virgos is expressed particularly through their careful accuracy and thoroughness in whatever they do. Because of their alert and active minds, they do not overlook details and slight differences that other types might miss. This careful discrimination is particularly effective in discerning the pertinence and relative importance of the details they collect to the object of their research or labors. Thus they are able to effectively synthesize diversified ideas into larger wholes.

These are all qualities of the scientific, scholarly mind which is well suited to the kind of mental work where care and accuracy in detail are of utmost importance. When these careful, discerning, synthesizing qualities of mental activity are dedicated to the performance of the Great Work, they will help us to reach the summit of the mountain whereon the Hermit stands.

The Hermit is the One Identity. He is Yekhidah, the Only One in Kether. Conscious, continuous awareness of Yekhidah is the goal of the Great Work. The Hermit also represents the Masters and Adepts who have unfolded that awareness; who have reached the mountaintop of attainment and ray out Their wisdom to light the path of the aspiring ones toiling wearily up the mountain. Those who watch and guide us up the path with Their light are the Compassionate Ones, the True Servants of humanity. Their love holds them here in selfless service to guide us safely up the mountain to conscious union with Yekhidah.

The process of assimilation, attributed to the Virgo area of the physical body, is directly related to the Alchemical process. Assimilation of certain vital essences from food is part of the preparation for adeptship. These vital essences, called Potable Gold by the Alchemists, alter the chemistry of the blood and the function of certain organs and glands in the body. With their aid, structures in the brain that are unfinished in natural man are completed. These transformations adjust the personality vehicles so that they are able to respond to the high tension vibrations of superconsciousness.

Thus it is said that the difference between an adept's body and that of an ordinary man is determined in the Virgo region. Virgo is

ruled by Mercury, Key 1, the self-conscious mind. It is also the place of Mercury's exaltation. First of all, we need to give due attention to the seemingly unimportant details of right diet and thorough elimination of waste. This is the gross work that must be attended to before the subtle work is begun.

In the assimilative process the food we eat is transformed into chyle, or Virgin's Milk. At the point where the chyle is taken up by the lacteals, the Potable Gold, which is always present to some extent, can be extracted in greater abundance. In ordinary assimilation most of it is rejected. All of us have some of it or we would not be alive. Digestion and assimilation volatilize the fixed or earthy substance of food. From it can be extracted the vital substance needed for alchemical transmutation. When this vital substance from food is present, the aeration of the blood in the lungs can fixate subtle elements present in the atmosphere. Unless the substance taken from food is present in the bloodstream, there is no base to hold or fixate the equally vital and and extremely volatile essences taken from air. Assimilation is completed only by the elements taken from the air. When the two are combined they form the subtle substance symbolized by the six-pointed star in the Hermit's lantern. The continuing light from that star completes the organ of spiritual vision in the brain and one becomes a member of the Fifth Kingdom.

In essence, this subtle substance of regeneration is the sublimated reproductive energy that is present in all things. It is the life-force symbolized by Yod, the letter which is part of every other letter in the Hebrew alphabet. In Hebrew Yod means the open hand; the tool by which we bring our mental concepts into actual physical form. Thus it is a symbol of mental, emotional and physical creativity. Through the lifting up of this energy in mental creation, man develops his brain consciousness. The more this energy is turned upward, the more we are preparing our brains to become instruments for higher consciousness.

In the Divine Name IHVH the upper tip of the letter Yod is attributed to Kether, the Primal Will. The rest of the letter is attributed to Chokmah. What this intimates is that the Primal Will, the Divine Purpose behind this whole cycle of manifestation, is inherent in the life-force of Chokmah which pervades everything in the universe. Thus every atom of space holds the Primal Will of Kether and the Wisdom of Chokmah within its core. It is in the food we eat! It is in the words we read! It is in the love we give and receive! The Alchemical process is concerned with a more thorough and careful extraction and assimilation of special forms of this living light for use in the accelerated evolutionary process.

Note that the Path of Yod, the Intelligence of Will, links Chesed, Mercy, to Tiphareth, seat of the Ego. The higher remembrance of Chesed fills the egoic level of awareness with knowledge of the unity of life, which cannot help but express in loving service to others. It is this beneficent willingness to serve life which we shall unfold in our practices with Key 9; a willingness to serve in small ways as well as in large;

to serve whether it is noticed or not, appreciated by others or not. In advanced humanity the dedicated research scientists and scholars are brilliant examples of this quality of integrity that gives full measure of labor to achieve accuracy in whatever they are doing.

This quality of service, which is typified by the highly evolved Virgo type, includes a willingness to do whatever is necessary to prepare for effective service; to do tedious mental or physical work in order to acquire the needed skills for the chosen field of endeavor. This is the kind of dedication we want to unfold with Key 9, a dedication to do whatever is necessary in order to become a virtuoso of life. We must be willing to labor diligently in practices and studies that are aimed at preparing our mental, emotional and physical vehicles for adeptship.

This is the mental condition that extracts the Potable Gold from studies and experiences. Through our conscientious, exacting labor we will master our art and achieve the state symbolized by the Hermit in Key 9. Aspiration is important; a loving and beneficent nature is essential; but there must also be concentrated mental effort. You must think out the hints and relationships given in these lessons so that you can carry them out in actions and practices. You must persist in your labors, even when there seem to be no spectacular results.

Keep always in mind that you are preparing your bodies—
mental, emotional and physical— to become instruments that are able
to intercept superconscious energies. These lessons are not just to
read! They are filled with jewels of inestimable value! They shed
light on the Path! If you ponder them with the mental alertness and
attention to detail of the Virgo nature you will assimilate their wisdom
into your personality nature. The gold of knowledge, assimilated
through careful, discriminating study and contemplation, must be
present in the personal memory record if the vibratory frequencies of
higher wisdom are to be fixated, and thereby made available to the
conscious mind.

Right nourishment and adequate elimination — mental, emotional and physical — are the result of having formed positive habit patterns. They must be given conscious attention until they become automatic. Of course, we should realize that conscious attention to details can be overdone. Some of the negative traits attributed to Virgo express this imbalance. When concern for the health of the body is carried to extremes, a morbid hypochondria can result. Overconcern for right diet results in the attitude of the 'diet freak' who loses sight of the goal in his detailed concentration on the means. In the same way, overconcern with details and insistence on perfection in mental work can be out of all proportion to their relative importance. This overconcern for the insignificant also results in the undesirable emotional reaction of the dour critic who is always looking for the imperfections and mistakes in everybody and everything.

Our vibratory work with Key 9 will be aimed at helping us to unfold the mental quality of care in detail, but always in a balanced and

positive manner. If our personality vehicles are to serve us adequately in our search for the Stone of the Wise, we must give them enough loving, concerned attention to see to it that they get the supplies they need.

We prepare ourselves on the emotional level by eliminating any response patterns that inhibit our ability to assimilate the creative energy on that level. This is dependent upon developing the right attitude toward the reproductive energy. The function assigned to Key 9 is coition, which is the word for sexual union. If we have emotional response patterns that are negative or distorted in relation to it, there will be a blockage to the assimilation of the vital essences that complete the Great Work. On the positive side, Virgos are said to have a naturally pure and reverent attitude toward sex. However, in negative expression Virgos can be tediously puritanical or flagrantly promiscuous. Review the lessons on Virgo in the course on Esoteric Astrology for elaboration of this aspect.

It is the creative energy of God that gives life to our images. The assimilation of the Potable Gold on all levels, which is an aspect of the life-force attributed to the letter Yod, is essential in the performance of the Great Work. It is what prepares our personality complex for response to the vibratory frequencies that Confect the Stone and make us a Master of life consciously united to Yekhidah in Kether.

# TECHNIQUE

Begin as always with the vibratory awakening of the Inner Holy Planets and their three higher octaves. Have ready the pairs of Keys: 4 & 11; 5 & 13; 6 & 14; 7 & 15; 8 & 17; 9 & 18.

Visualize Key 4 above your globe of earth and Key 11 below. Whirl the red and green vibrations through your globe as you intone Ah-oo-mm seven times on the note C for Key 4 and seven times on the note F# for Key 11. Give the meditation:

"Oh Thou, who art the Source of all, fill me with the assurance of the Emperor that I may serve as an instrument for bringing Thy perfect justice into expression here on planet earth."

With Key 5 above and Key 11 below, whirl the red-orange and the blue-green through your planet earth as you intone seven times on the note C# for Key 5 and seven times on the note G for Key 13. Give this meditation:

"As I lift my heart to heaven, I hear Thy Wondrous Voice, awakening me to life eternal beyond the shores of worldly death."

With Key 6 above and Key 14 below, visualize brilliant orange descending from above as vibrant blue rises from below. Intone seven times on the note D for Key 6 and seven times on the note G# for Key 14. Then give the meditation:

"I feel the healing light of Thy Radiant Angels; tempering and perfecting me with love and experience; preparing me to serve Thee in ever greater measure."

Visualize Key 7 above and Key 15 below. See the yellow-orange and blue-violet vibrations whirling through your globe. Intone seven times on the note D# for Key 7 and seven times on the note A for Key 15. Then give the meditation:

"Oh Thou, Divine Self within, take the reigns of my soul and lead me out of the ignorance of delusion into the place of perfect peace."

Image Key 8 above and Key 17 below as you whirl their colors through your globe. Intone seven times on the note E for Key 8 and seven times on the note A# for Key 17. Give this meditation:

"Oh Thou, who dost tame my rebellious nature with Thy love, I kneel before Thee in silent meditation and seek the star of my own awakening."

Now fill your globe of earth with vibrating yellow-green light and become The Hermit. Feel yourself holding the staff in your left hand and see the lantern glowing with the six-pointed star in your right hand. Hold this visualization as you intone Ah-oo-mm seven times on the note F. Then give this meditation:

"Oh Thou, who art the One Reality throughout the endless ages, I see Thy light guiding me and I feel Thy hand leading me safely up the path to conscious union with Thee."

Visualize Key 9 as ascending until it is above your globe of earth. See Key 18, representing Pisces, opposite and complement to Key 9, below. Image the yellow-green and red-violet vibrations whirling together through your globe of earth as you intone seven times on the note F for Key 9 and seven times on the note B for Key 18. Give this meditation:

"Each time I strive and yearn toward Thee with singular devotion, Thy light shines anew in the darkness, lighting another portion of the Path that leads to the summit of the mountain, the place of final liberation."

Perform the Integrating Ritual wherein you bring down through uplifted arms the seven planetary colors, the three higher octaves and the zodiacal pairs. As you bring down the yellow-green and red-violet, affirm your intention to incorporate the positive Virgo qualities into your personality expression. Finish with the usual physical tensing and relaxing exercise. ##

### Lesson Fifty-six

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 8, 9 and 10 of Pentacles represent the three decanates of Virgo. Thus they have a relationship to the qualities of consciousness we are working to unfold with Key 9.

The 8 of Pentacles corresponds to the first decanate of Virgo, ruled by Mercury, Key 1. Qabalistically it is attributed to Hod, sphere of the activity of Mercury, in Assiah, the material world. The strong Mercurial influence in this Minor Key emphasizes the studious, discerning qualities of Virgo that make for success in all kinds of mental work where careful gathering of detailed knowledge is important.

This quality of dedicated mental effort is required in order to gather the necessary occult knowledge which prepares our mental vehicle, represented by Hod, for response to superconscious wisdom. It also takes mental effort to eliminate the errors in our thinking that block our ability to assimilate these higher levels of truth.

Virgo is an earth sign. The 8 of Pentacles, as Hod in Assiah, suggests that the basic knowledge we need in order to assimilate superconscious wisdom is knowledge of natural forces and phenomena gained through right use of the physical senses. The divinatory meaning of the 8 of Pentacles corroborates this idea. It is said to indicate gain through the skillful management of material affairs; also skill in writing. It is easy to see that skillful management in any department of life is based on gathering adequate information about it. This attribution also indicates that mental preparation for adeptship is practical. We should be able to relate the knowledge we gain in occult studies to the problems and experiences of everyday life. Skill in writing suggests the ability to recombine seemingly diverse bits of information into synthesized ideas that are definite enough to be expressed in terminology which is comprehensible to others.

Essentially all these skills are expressions of the assimilative process at work on the mental plane. They are the outcome of a mind that has been trained, through practice, to assimilate the valuable and discard the relatively unimportant or inapplicable. In Alchemical terminology the 8 of Pentacles could be said to symbolize the assimilation of the gold of essential knowledge from studies and experiences which must be present before the higher frequencies of superconscious wisdom can be fixated (or apprehended) by the conscious mind.

Higher wisdom would be unintelligible to the conscious mind without this practical knowledge we assimilate through careful, discriminating studies and practices. At the same time this 'earth' aspect of knowledge is incomplete and never true wisdom until it unites with superconsciousness, symbolized in Tarot by the Fool. The function of coition, attributed to Key 9, is symbolized by the interlaced triangles in the Hermit's lantern. Assimilation of the necessary knowledge makes possible

the union of personal consciousness with universal consciousness. When the two unite the Star is formed that illumines the personal mind with higher wisdom.

Our work with the 8 of Pentacles, together with Key 9, will be aimed at helping us to acquire the kind of industrious, careful habits of study and mental reflection that prepare us to be responsive to superconsciousness. The knowledge we must have includes an understanding of the basic laws and processes that have brought man to his present stage of development. Natural man, as you have often heard, is the seed of spiritual man. Through careful study and practice of the methods set forth for you in the B.O.T.A. curriculum you will discover these basic principles of human unfoldment that prepare you to receive the Inner Teaching which relates them to the accelerated evolutionary process. Remember, the Great Work does not change the natural laws of human unfoldment, it merely accelerates them.

Astrologically the 9 of Pentacles relates to the 2nd decanate of Virgo, sub-ruled by the Saturn of Capricorn. Qabalistically it corresponds to the influence of Yesod, sphere of the Moon, in Assiah, the material world. The Virgo qualities emphasized by this Key are prudence, and also caution and judiciousness in practical affairs. As a divinatory Key the 9 of Pentacles is said to signify gain through careful investment and exacting labor; also harvest, completion.

The relationship of the 9 of Pentacles to Yesod, seat of the automatic consciousness, intimates that this practical success is the result of good habits of self-discipline and cautious investigation before making important decisions. The establishment of good habit patterns is equally important for spiritual unfoldment. We can learn to utilize the automatic level of consciousness to establish patterns of response and reaction that continuously upgrade our personal vehicles of expression.

We accomplish this control over subconscious mental processes by intelligent use of the law of suggestion. In natural man, the Yesod level of consciousness tends to respond automatically to old patterns from earlier life experiences and those in the collective consciousness of humanity. By deliberately introducing suggestions that check this unwanted tendency we can upgrade the quality of our subconscious responses. The knowledge we acquire about the powers of human consciousness can be applied to the formation of habit patterns that reflect this knowledge and thereby change our reactions and responses to everyday experiences.

Nine is the number of basis or Foundation! Nine is also the number of completion! The intelligent formation of habit patterns serves as the foundation for the physiological transmutations which complete the Great Work. The Saturn influence in the 9 of Pentacles indicates that it takes patience, self-discipline and a practical application of theoretical knowledge to concretize the mental image of personality as a vessel for superconscious wisdom. When this image is clear and definite enough, it begins to influence the body building forces that reproduce it in the cellular consciousness of our physical body.

Nine is the number of Yesod, symbol of the reproductive processes inherent in all of life! Nine is also the number of The Hermit, symbol of union with Chokmah, Divine Wisdom! The reproductive force of Yesod and the life force of Chokmah are essentially one and the same. The way we respond to the reproductive process is of utmost importance in our search for liberation. Your attitude toward sex decidedly affects your ability to proceed along the Path of Return.

Our responses must be free from the influence of ancient patterns of error about the sexual function in the race consciousness of humanity. We can free them by continuously introducing suggestions that build up a reverential attitude toward the creative energy of God. Sex is sacred! We must remember this, no matter how appallingly the function has been misused and degraded by centuries of ignorance and folly. Yesod is the Pure Intelligence! Our work with Key 9 and the 9 of Pentacles will be aimed at helping us to build a foundation of love and reverence for the creative powers of life.

As love begins to pervade all our responses, Yesod becomes a flawless mirror that reflects the Beauty of Tiphareth, undistorted, into the conscious mind. This foundation of love must be present before we can respond to the high tension vibrations of superconscious love that transform us into a Master of Compassion, symbolized by the The Hermit in Key 9.

The 10 of Pentacles correlates with the 3rd decanate of Virgo, sub-ruled by the Venus of Taurus. Qabalistically it is assigned to Malkuth, the Kingdom, in Assiah, the Material World. As a symbol of Malkuth, the 10 of Pentacles emphasizes the Virgo qualities which are concerned with the health and proper nourishment of the physical body. In divination this minor Key is related to matters of health, nutrition and the preparation of food. The 3rd decanate Virgo type is said to be selective, discriminating and chaste.

The esoteric meaning behind these attributions relate them to the Distillation Stage of the Great Work, which has to do with assimilation of the right proportions of the four elements. The selectiveness and discrimination of Virgo are here concerned with intelligent selection of the right materials for spiritual transmutation. Virgo is ruled by Mercury, Key 1, and is also the place of its exaltation. On the Magician's table we find the essential tools he requires for the performance of his magic. In this sense the pentacle refers to food, the sword to air, the cup to water and the wand to sunlight. Every one of these materials are forms of the One Universal Substance. Distillation is concerned with their assimilation in the right proportions and quantities.

For the performance of the Great Work a specific chemical balance must be established within the body. This means that certain minerals must be present. We can see to it that these essential minerals are offered to the body-building forces by seeing to it that we consume adequate amounts of raw vegetables and fruits. We must also offer our bodies enough water. Most people do not drink enough of it to fulfill the

needs of Alchemical Distillation. Here I suggest that you re-read the instructions for the Water-Color Ritual outlined earlier in this course, and perform it several times a day.

You will be offering your body an adequate supply of air if you are performing the practices outlined in this course with the deep, rhythmic breathing we have explained elsewhere. As for the sunlight, try to spend some time in the sun each day. During the time of year when this is not possible, remember that sunlight is stored up in the form of Vitamin D. If you see to it that your body does get these suplies, you are giving the subconscious processes, which build and maintain and heal your body, a strong suggestion that you want optimum health and expect perfect function.

The influence of Venus in the 10 of Pentacles indicates another facet of selectiveness and discrimination. When the offering of these supplies is accompanied by appropriate imagination, the extraction of the vital essences for transmutation is tremendously enhanced. Begin to see everything you take into your body as made up of fiery, scintillating points of electric light.

Before each meal decide, with a positive mental statement, that assimilation of the subtle essences is to be decidedly increased; that you are providing materials for Alchemical Distillation. As you begin each meal, actually visualize vibrating, scintillating light being assimilated into your whole body. The images that accomplish this must be visualized over and over again in order to eventually become automatic. Image everything you eat as composed of vital points of electric light! See yourself eating Cosmic light! drinking it! breathing it! bathing in it! See your bloodstream and nerve currents charged with radiant energy! Key 9 is the Intelligence of Will! Will-power and light-power are essentially one and the same. We shape the vital energy of the One Life by knowingly participating in the Will of that One.

Our work with Key 9 and the 10 of Pentacles is aimed at helping us to select the necessary materials for Distillation and see that they are assimilated in abundance by the right use of imagination. Thus will we transform our Guph into a body of living light that is able to receive and express the high tension vibrations of Adeptship.

### TECHNIQUE

Begin this practice by visualizing the colors and intoning the notes for the seven Inner Holy Planets. Remember to intone Shemah for the three higher octaves. At this time I want to again remind you of the importance of deep, rhythmic breathing in all of these practices. If you want to refresh your memory on the right procedure, re-read Lesson 4. I also mentioned the efficacy of the Water-Color Ritual for helping you to assimilate one aspect of the 'materials' needed for Alchemical transmutation. The detailed explanation for it will be found in Lesson 19.

Remember, always, that the globe represents earth. Our work is for the benefit of humanity and all the Kingdoms of nature, not just

for ourselves. It is important to offer yourself as a servant of life in every technique you perform. This dedication to service is one of the qualities related to Key 9 that this practice is aimed at unfolding.

Now immerse yourself in a globe of liquid light as we begin to activate and balance the zodiacal energies. Visualize Key 4 above and Key 11 below with their colors of red and green whirling through your globe. Intone seven times on the note C for Key 4 and seven times on the note F# for Key 11. Cive this meditation:

"Oh Thou, Emperor of Light; fill me with the fire of Thy True Vision that reveals the eternal harmony in every form on earth."

With Key 5 above and Key 13 below, image the red-orange and the blue-green colors vibrating rapidly through your globe of earth. Intone as usual and then give the meditation:

"Oh Thou, Who art my beloved Teacher, reveal to me Thy Eternal Stability in the ever-moving, ever-changing garments of Malkuth."

Next visualize Key 6 above and Key 14 below. Whirl the orange and blue vibrations together through your globe of earth. Intone seven times on the note D for Key 6 and seven times on the note G# for Key 14. Give the meditation:

"The Radiant Angels who bless me with Their love are my True Self. Through test and trial They lead me out of the dark valley of ignorance up to the ever-shining light of Truth on the moutaintop of attainment."

Transform the images above and below into Keys 7 and 15 as you whirl the yellow-orange and blue-violet vibrations through and through it. Intone seven times on the note D# for Key 7 and seven times on the note A for Key 15. Then give the meditation:

"Oh Thou, Who art always near me, I lift my heart to Thee! Help me to remove the chains of delusion that are keeping me from conscious union with Thee."

Visualize Key 8 above and Key 17 below as you see the yellow and violet lights permeating your globe of earth. Intone as usual and then give the meditation:

"Oh Thou, Who art the source of all Strength; Thou hast shown me the way to subdue the storms of my lower nature and transform them into expressions of love and aspiration. That way is the way of meditation that lifts the creative energy and awakens all the seven Stars within."

As you remain immersed in the globe of earth, see it becoming filled with brilliant yellow-green light. Become the Hermit! You are that One, holding the lantern aloft that lights the path leading to the top of the mountain. Meditate on the three Pentacle Keys before you as you retain the image of being The Hermit. As you look at the 8 of Pentacles give this meditation:

"Oh Thou, Who art the Sovereign Will, illumine my mind with a fragment of Thy Divine Purpose, that I may serve as Thy instrument for bringing light to the minds of men."

Continue the meditation as you look at the 9 of Pentacles:

"Oh Thou, Who art the Ancient of Days, illumine my heart that I may serve as Thy instrument for bringing love to the hearts of men."

Look at the 10 of Pentacles and continue the meditation:

"Oh Thou, Who art the Only One, illumine my body with Thy purifying fire, that I may serve as Thy instrument for bringing perfection to the bodies of men."

At this point image Key 9 above your globe of earth with Key 18, Pisces, below. Visualize the yellow-green vibration blending with the red-violet of Key 18 as you intone seven times on the note F for Key 9 and seven times on the note B for Key 18. Give this meditation:

"Oh Thou, Who art the One in All, help me to experience Thee in all things; to taste Thee in the food that nourishes me and the water that cleanses me; to breathe Thee in with every breath and feel Thy warmth in the rays of the Sun. The more places I experience Thy presence the more rapidly will I ascend the Path of Return to conscious union with Thy all-encompassing Love."

Finish with the Integration Ritual. Bring down the yellow-green and red-violet lights together as you affirm your determination to incorporate the positive qualities of Key 9 into your personality complex. Finish with the physical tensing and relaxing of your entire body. ##

### Lesson Fifty-seven

(from the transcripts of class lectures by Ann Davies)

Justice, Tarot Key 11, portrays the seventh of the twelve variations of personality expression. The general qualities of this type, related to the sign Libra, include an ability to recognize and maintain harmony; thus, artistic ability, grace, appreciation of beauty and ease in getting along with other people; also, a distinct sense of justice. The bodily zone includes the kidneys, the adrenals, the lumbar region of the spine and the skin as an organ of elimination. In our vibratory practices the color is green and the note is F#.

Lamed, the Hebrew letter printed on Key 11, means ox-goad. It suggests a device for inciting to action or impelling into motion; also a harness for teaching or controlling. The figure for the letter Lamed symbolizes the uncoiled serpent. It is the active Kundalini power behind sensation that arouses desire. The actions man engages in to satisfy his desires involve him in the experiences that educate him and teach him the advantages of self-control.

This relationship between our actions and subsequent experiences is an aspect of the law of cause and consequence. The function assigned to Key 11, Work or Action, refers to the workings of this law, and the title of Key 11 refers to its undeviating justice. The Hebrew Work or Action is akin to the Karma of Hindu philosophy. Both relate to the balancing of the scales of action and reaction and to its educative value in the evolution of human consciousness. The uncomfortable results of actions based on error finally teach us how to act more in harmony with Cosmic Law. When we do act in harmony with that law we begin to reap the fruit of human dominion over all that is below.

True education requires actual experiences in Malkuth and necessitates the impact of close relationships with other people. Even intuitional guidance remains but theory until we act it out with other human beings. The importance of human relationships in unfolding human consciousness is intimated by the correspondence between Key 11 and the astrological 7th House of marriage, partnerships and dealings with other people. Our experiences with others teach us responsibility, lovingness, understanding and tolerance. They finally teach us the reality of the unity of life.

Our painful experiences are not the result of some higher power seeking to punish us for wrongdoing. They are the natural result of the universal striving for equilibrium. When our actions — mental, emotional or physical — are based on error, they cause an imbalance in the harmony of nature. The pain we feel is the result of the inevitable adjustments that work incessantly to keep all things equilibrated.

The woman in Key 11 holds the scales that maintain this equilibrium throughout the manifest world. The law of cause and consequence is ever <u>Just</u>. When we learn to detect its workings in our lives we can

control our actions so that the consequential reactions will be in harmony with our spiritual goals and aspirations.

This means that we must see today's experiences as the natural consequence of mental, emotional and physical activities that originated in the past. Here the rulership of Venus, creative imagination, is enlightening. The ideas and desires that dominated your mental imagery in the past are the key to your present situation in life.

To discover this line of occurrences takes careful weighing and measuring of early attitudes, ideas and behavior patterns. Even if you are still very young in years, you can detect some phase of the law of cause and consequence at work in your life. This discovery builds faith in the acutal working of the law. Note that the Path of Lamed on the Tree of Life is called the Faithful Intelligence. It links Geburah, seat of will, to Tiphareth, seat of the Ego and of the image-making faculty in man.

With faith in our unlimited access to the source of true willpower we can more easily control our actions and initiate imagery that is in harmony with the true place of man in the scheme of things and with the true purpose of manifest existence. When the main portion of our imagery is tinged with these primal truths, we are coming into harmony with universal law.

The title of Key 11, Justice, suggests the establishment of law. In any organization laws are set up to assure that justice is kept. Even though many of the present laws of humanity do not fulfill this objective, the intention behind them was ostensibly to establish harmonious relationships between human beings. In this intention, human laws are replicas of universal law which ever strives to bring harmony between the various activities in manifestation. This continuous striving for equilibrium, inherent in the whole evolutionary process, is the means through which all things unfold toward their ultimate perfection.

In manifestation, equilibrium is the motion that results from alternate preponderance of two contending forces. Psychologically it is the ability to recognize the value of more than one viewpoint or state of being; to recognize the value of cold as well as warmth, of severity as well as mercy, of separation as well as synthesis. To operate always on one side is to destroy equilibrium and court fanaticism. Any activity can be carried too far in one direction. Key 11 and the positive Libran type portray this ability to weigh and measure relative truths with more accuracy than most. Thus they are said to have a wonderful sense of justice.

However, equilibrium is not absolute balance, for that would negate all action and prevent unfoldment through experience. If both sides of an issue were considered absolutely equal in merit, one would be unable to make any decision at all. This would result in the indecisiveness and vacillation said to be negative Libran qualities. We want to unfold a true sense of justice and still be able to make definite decisions. This requires the keen discrimination symbolized by the sword in Key 11. Careful discrimination is absolutely essential if we are to measure rightly the relative value of seemingly opposing ideas.

As we have seen in earlier lessons, the sword is also a symbol of elimination. This ties in with the bodily processes related to Key 11 which are eliminative in function. The kidneys and skin maintain the proper balance of body chemistry by eliminating toxins and waste which accumulate from bodily activities. If the toxins are not removed, as they normally are by the rest which follows activity, the body suffers pain and can even be brought to death. In this instance the ill effects, or bad Karma, are the result of an imbalance between action and rest which has interfered with the eliminative process and disturbed the proper chemical balance within the body.

Mental and emotional health are just as dependent upon proper elimination as is physical health. They also require elimination of toxins to maintain proper equilibrium. We need to eliminate the errors in our thinking and feeling by careful weighing and measuring of what we accept as true. Many of our ideas and emotional responses are influenced by the delusion of separateness that is still so strong in the collective consciousness of humanity. If our consciously formulated images are to bring harmonious results they must be based on fact, not fancy; on truth, not on what we think is true or what we wish were true.

The basis of successful action is the mental state of agreement with the nature of things as they really are. It is because we still interpret situations and relationships too much from their outward appearance that we bring pain to ourselves. The scales give us the key as to how we may best eliminate traits and behavior patterns we do not want. To destroy an undesirable rate of vibration we must concentrate upon its opposite pole. By thus utilizing the principle of polarity we bring contending forces into harmony. Eventually they unite and become one side of a higher pair of opposites that reveals to us a new dimension of universal truth.

The 22nd Path of the Faithful Intelligence intimates that this work of equilibrium leads to a conviction that nothing in the cosmic order is really inimical to man. Through accurate weighing and measuring we will realize that what appears that way is but the temporary consequence of our ignorance in some department of life. Right weighing and measuring can also show us what is really valuable in the larger picture. Action, in its broader sense, relates to the entire evolutionary learning process which encompasses our whole line of rebirths and deaths. This process eventually brings us to the point where we begin to consciously participate in our own evolution by deliberately applying the ox-goad of control to our mental, emotional and physical actions so that they bring about the intended result.

We do this by taking a more accurate measurement of the place of human personality in the scheme of things. When our desires and subsequent imagery are based on the true purpose of human existence, they come into harmony with universal desire, and the work of equilibrium proceeds toward the final goal of the Great Work.

#### TECHNIQUE

Begin as always by intoning and visualizing for the seven planetary Keys and their three higher octaves. Be sure to watch your breath control as you go through this procedure.

Now place yourself in a globe of brilliant green light and <u>become</u> Key 11. In your right hand you are holding the sword of discrimination; in your left hand are the scales of justice. As you feel yourself permeated with the green vibration, intone Ah-oo-mm seven times on the note F# and give this meditation:

"Oh Thou, Who dost strive incessantly to bring Thy works into balance, I welcome the experiences which Thou dost bestow upon me. In truth Thou art the Self within every human heart, perfecting through action Thy instruments of Light."

In our practices with the zodiacal pairs we are now going to be emphasizing the second group of six, so we will reverse the positions of the pairs of opposites. This will serve to maintain the proper balance of energies while we work toward unfolding the positive qualities related to the rest of the zodiacal signs.

You have been immersed in the globe of brilliant green and have visualized yourself as being Key 11. Now float Justice upward until it is above your globe of earth. Visualize Key 4, its opposite and complement, below. With Key 11 above and Key 4 below, image the brilliant green light descending from above, entering through the North Pole of your globe and whirling through it in a clockwise motion. Now image the red vibration of Key 4 entering through the South Pole from below and whirling upward through your globe in a counter-clockwise motion. The two vibrations whirl simultaneously and interweave through your globe. Intone Ah-oo-mm seven times on the note F# for Key 11 and seven times on the note C for Key 4; then give this meditation:

"Oh Thou Who art ever just, Thou art also ever loving. Thy instruction awakens the Emperor of dominion within that brings me into harmony with the perfect law."

In this lesson we are going to outline another special practice for bringing greater harmony and equilibrium to all the world. To this end we will direct vibrations of harmony and love to all the peoples on earth. We are particularly desirous of directing positive energies toward the leaders of the world. In this you will be participating in a farreaching effort to align the consciousness of those who influence world policy with the emanations of Divine Purpose.

For this practice we will again emphasize the power of the Sun. First we will charge ourselves with its vital energy and then emanate it outward to all of humanity in general and to those who are in leadership positions in particular.

As before, visualize yourself within the globe of earth. See it filled with brilliant light. As you breathe deeply and rhythmically in and out, let go of all your personal thoughts and problems for the time being. Our purpose right now is to focus our consciousness on spiritual work for the world.

Image the Sun above your head. See it as a brilliant yellow, rather than orange. We are herein emphasizing the Tiphareth aspect of the Sun. Within your heart visualize another Sun. It is above you and within you at one and the same time. With every inbreath, breathe in the yellow from above; breathe it into the Sun within your heart! It flows from the Sun above to the Sun within through a tube of yellow that links them together. With every outbreath emanate this vital love energy out in every direction. Send it outward to all beings, all things, all mankind! Send it out to those who influence world harmony; send them the vibrations of love, of brotherhood and of peace!

You are the Son, indissolubly linked with the Sun, the Divine Ego centered in the heart of every human being. As you radiate it out you increase your capacity to receive. Inhale it! Drink it in! Saturate yourself with it! Then radiate it out in all directions!

As you visualize the Sun within your heart being filled with light from the Sun above, say:

"I charge myself with the love of God that I may send it forth to all creatures in ever greater measure."

Now visualize another solar globe encompassing your head area. As you see it being charged with light from the Sun above through a tube that links them together, say:

"I charge myself with the wisdom of God that I may radiate it out to fill the minds of men with its beautiful Truth."

Now visualize a third Solar globe extending from just below your heart Sun down to your hip area. Fill it with the yellow light from the Sun above through a connecting tube and say:

"I charge myself with the life of God that I may send radiance to encompass all the earth."

Finally visualize a globe extending from your hips to the bottom of your feet. Fill it as before with yellow light from the Sun above and say:

"I breathe in the infinite harmony of the Most High and send it forth to charge all beings with joy and peace."

Now, having filled your entire body with love, light, harmony and wisdom, we will intone the word Shalom. It signifies peace, harmony, perfection and completeness. It refers to a vibratory quality that brings forms to completion. For our intonation it is pronounced Shahlow-mmmm. The sequence of notes is C-F#-G#. Thus we will finish this special meditation for world harmony by intoning a word that sends it forth with its every meaning. Intone Shalom on the notes shown above seven times, holding the hum sound until all the breath is emptied. As you intone this word each time, send out love, peace, harmony and perfection for all creatures who dwell on earth.

Finish with the integration ritual as usual and the tensing and relaxing of the physical body. ##

#### Lesson Fifty-eight

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the Ace of Swords is attributed to the entire third quarter of the zodiac initiated by Libra. The three decanates of Libra are represented by the 2, 3 and 4 of Swords.

Qabalistically the Ace of Swords corresponds to Kether in Yetzirah. Both the sword in Key 11 and the Ace of Swords refer to conquest in the Formative World. This conquest is achieved through equilibrium which Alchemists call "the basis of the Great Work".

Psychologically, equilibrium is a kind of mental weighing and measuring which is able to perceive that seemingly opposite ideas can both hold partial truth. It leads to a perception of the one basic principle which unites them. This careful evaluation of apparent opposites helps us to discover the <u>right measure</u> needed to bring balance back into expression. Thus it is the basis for true justice.

Discerning the right measure needed for balance in any given situation is related to the Sublimation Stage of the Great Work attributed to Key 11. In Sublimation any mental, emotional or physical forms that are interfering with balanced personality expression are dissolved and the energy thus released is directed into new forms that are more in harmony with the goals of the Great Work. When we have grasped the reconciling principle between any pair of opposites, it shows us which side to put the weight of attention on to bring things back into balance. When we learn to direct our mental imagery towards bringing harmony into expression through our personality, we are learning the secret of dominion over the formative forces of Yetzirah.

It is important to notice that in Sublimation the erroneous patterns are not merely suppressed, they are eliminated. Various energies previously locked up in negative responses or habit patterns are released and changed over into forms of activity that serve the aspirations of the Higher Self. This ties in with the eliminative functions assigned to Key 11 and Libra. Sublimation eliminates discordant and inharmonious forms of mental, emotional and physical expression by transferring the power that nourished them into new forms, rightly measured to bring the personality complex into balance.

The 2 of Swords corresponds to the first decanate of Libra, ruled by Venus. Qabalistically it represents Chokmah, Wisdom, in Yetzirah, the Formative World. The Venus rulership emphasizes the creativity and artistry attributed to Librans and also their wonderful powers of visualization. The ability to create clear mental images is the basis for all effective transmutational work. As we improve our ability to visualize clearly through practice, we are increasing our value as an instrument for serving in the accelerated evolutionary process for all of humanity.

There is also suggested by the Libran qualities related to the 2 of Swords an unusual awareness of beauty, harmony and symmetry; an ability to create and appreciate the beautiful in all manner of forms. These are qualities that refine the senses and bring cultural appreciation into expression. The balanced position of the units in the 2 of Swords suggests this aesthetic harmonious relationship between forms.

As we give our attention to things of beauty and learn to fashion images filled with love and harmony, we are helping to strengthen those qualities for collective humanity. We want to lift its level of expression with vibrations that refine the emotions and intensify awareness of brotherhood. When unifying and harmonious forms finally predominate in the collective consciousness, the distorted and ugly forms, based on ancient errors of separation and selfishness, will be eliminated. They will be eliminated because they will no longer be nourished with attention and reiteration by the greater part of humanity.

Through the visualizations outlined in this series of instructions you are participating in the Work of Sublimation for the whole human race. We are helping to dissolve its patterns of evil, hatred and misery by giving strength to opposite images of goodness, love and joy. Remember the occult admonition that unwanted behavior patterns, whereever they reside, are to be overcome by concentration on the opposite pole.

By participating in work that is to bring the Brotherhood of man into actual manifest existence, we are accelerating our own evolution. As we unselfishly give our attention and creative powers to help liberate others, we are bringing the scales of our personality expression into balance more rapidly. This is, in truth, how we pay our Karmic debts in higher coin. Our vibratory work for the planet earth coincides with the esoteric significance of the 2 of Swords. Its divinatory meanings include unselfishness, justice and the restoration of peace.

The 3 of Swords corresponds to the 2nd decanate of Libra, subruled by Saturn and Uranus. Qabalistically it represents Binah, sphere of Saturn, in Yetzirah. There is an unusually strong Saturnine influence in this decanate, since Saturn is also exalted in Libra.

As the concretizing, limiting principle, Saturn represents the energy which precipitates any given situation into manifestation as the result of activities which originated in the past. As long as our understanding and responses to life are unduly limited by appearances, we cannot help but think and image and act in ways that result in painful situations. Yet nothing seems to educate us quite so effectively as the unhappy experiences that result from wrong use of our mental and emotional powers. Thus Saturn, who represents the power which brings the consequences of past mistakes into concrete form, is called the Great Teacher.

Binah, sphere of Saturn, is Understanding on the Tree of Life. Some of the situations that pained us the most also brought us the greatest understanding. Saturn crystallizes and brings things to com-

pletion! Any situation has to come to its term before it can be finally eliminated! The accelerated evolutionary process does not leave anything out. It merely <u>compresses</u> experiences closer together.

So long as our underneath motivations are unclear and the ideas and images we dwell upon most of the time are insufficiently defined, we cannot really do anything decisive about changing them. We have to ripen to the place where we are able to recognize the unifying principle involved before we can bring the opposite to bear on any situation with enough precision to rid ourselves of the erroneous thinking, acting and feeling patterns that are keeping it alive.

So we find the restrictive Saturn exalted in Libra, symbol of justice and equilibrium. When one side of a scale receives its optimum weight, the only motion possible is through activation of the other side. As each of us ripens to the level where we truly seek reality, the consequences of error bring things into such unmistakable form for us that we are forced to seek an answer. That is one reason why spiritual aspirants, definitely on the Path of Return, seem to go through periods of such intense turmoil and readjustment. They have reached the place in the evolution of their eternal selfhood where they are able to begin consciously participating in their own evolution.

In the scheme of evolution man is the mediator for Superconscious energies. The purpose of human self-consciousness is to bring the higher energies to bear upon the things below it in nature. 'That which is below' includes man's lower nature which he shares, as the Vital Soul, with all forms of life. If we are to consciously receive from above we must know our True Identity.

The base angles of the triangle in the 3 of Swords represent Hod and Netzach. At the apex is Tiphareth, seat of the Eternal Ego. Identity with the Ego in Tiphareth becomes possible to the personal consciousness when the mind and emotions unite in quiescent stability. When the scales are so equally balanced that they become perfectly still for a moment, the consciousness soars upward to unite with the Christos. Then it knows absolutely its true identity with the Indivisible One.

Thus, the liberation and freedom we long for is a gift from Saturn. This is shown by the symbolism of Key 21. When the fluctuations of the mind and emotions are stabilized, the Reversal of Key 12 reveals the True Self in all its perfect Freedom.

The 4 of Swords corresponds to the 3rd decanate of Libra, subruled by Mercury. Qabalistically it is a symbol of Chesed, sphere of Jupiter, as it expresses in Yetzirah. The Libran qualities highlighted in this decanate are enumerated as impartiality, perceptiveness and logic. All of these attributes are necessary to good judgment. The influence of Chesed intimates that these qualities of good judgment are the result of using the scales of measurement and the sword of discrimination from the more expanded vantage point associated with Jupiter.

When we are able to measure relative values free from the confines of present appearances, we are measuring more in harmony with Reality. It is in this way that we begin to free ourselves from dependence on temporal things and begin putting our reliance on the Higher Self within.

I have often suggested that you ask yourself how much importance some seemingly momentous situation of today will have one hundred years from now. Of course, this is not suggested to give you an excuse to avoid dealing with any problem. It is meant to help you judge the importance of things with better perspective. We unfold the ability to judge impartially and with true perceptiveness by expanding our consciousness outward and evaluating things against a vaster background.

Chesed is the seat of Cosmic Memory. The expanded view is really a recollection. It is the result of becoming receptive to the deeper memory levels which retain knowledge of the whole evolutionary journey through which we, as individualized rays of the One Self, have traveled. This does not necessarily mean that you will remember details of past lives. The deeper remembering gives you an intuitive perception that your present existence is but one chapter in a vast story. This helps you to evaluate things, people, events and relationships free from the usual personality level prejudices, attachments and errors.

The expanded view is one secret of finding inner peace; of remaining serene in the midst of seeming chaos. As we learn to view all situations from the vantage point of our eternal selfhood, we are able to judge the relative importance of whatever is happening to us with more accuracy and remain at peace through many situations that would once have thrown us into a desperate turmoil. This ties in with the divinatory meaning of the 4 of Swords, which is said to indicate peace or rest after strife.

As we begin to judge things within a larger framework of Reality, we unfold within us the compassion, sympathy and beneficence associated with Chesed. When we remember the unity of life we cannot help but feel compassion for the sorrows, disappointments, mistakes and miseries of others. We know that we, too, have thought, felt and experienced all of these and more. Deep within us we remember. Thus do we finally unite with the One Ego who is the Self, centered within every human heart.

# TECHNIQUE

We are going to begin our technique this week with a more detailed visualization for the seven Inner Holy Planets. Our intention, once again, will be to dedicate the energies we intensify toward helping lift the consciousness of collective humanity. After we outline this special practice we will give the one for Key 11.

Place yourself within the planet earth; your head above the North Pole, your feet below the South Pole, your arms stretched out across the equator. As you breathe deeply in and out let go of all personal

problems and considerations. For now we are dedicating ourselves to service for the world.

Visualize the Magician, Key 1, above your globe of earth. We will bring each of the seven planetary colors through his wand where they will become intensified. Then, through the pointed finger of his left hand each of the vibrations will be sent forth into the globe in which you are centered. Think of this globe as your microcosmic earth of personality and also the macrocosmic earth. Instead of intoning the notes with each color, this time we will chant Shalom, which we introduced in the previous lesson.

Meditate for a few moments on Key 21; then visualize blue-violet light being drawn into the Magician's wand, where it is concentrated. Through his pointing left forefinger, see this concentrated blue-violet light descending in a clockwise, spiral motion, round and round, back and forth, until it reaches the South Pole of your globe. At this point reverse the motion to counter-clockwise and image the blue-violet light spiraling back upward, until it returns to the Magician above your head. Now, form the blue-violet into an encircling band around the earth in which you are centered. Chant Shah-low-mmmm seven times on the notes C-F#-G#. Send out peace and love and blessings to all on earth!

Next meditate for a few moments on Key 19, The Sun. Visualize the brilliant orange vibration being drawn into the Magician's wand, where it is intensified. Through his left forefinger the light descends in a clockwise spiral motion, filling your globe of earth. When it reaches the nadir point, reverse its motion! See it ascending counter-clockwise until it reunites with the Magician above your head. Now form the orange light into a band just outside the blue-violet one. Chant Shah-low-mmmm seven times as before. Once again send out peace and love and blessings to all the earth!

Next meditate on Key 16 briefly and visualize the red vibration entering through the wand, becoming intensified and then pouring out through the pointed left forefinger into your globe of earth, where it descends in spiral clockwise motion until it reaches the South Pole at your feet. Then it reverses itself and begins its counter-clockwise ascent, back to complete itself in the Magician. Form the red band outside the orange one and chant Shah - low - mmmm seven times. Send out peace and love and blessings to all the earth!

Look next at Key 10, then bring down the violet light as before. Image it spiraling downward through the earth in which you are centered. When it reaches the South Pole reverse the motion so that the vibrating violet light spirals back upward to the Magician. Form the violet into the encircling rainbow of colors and chant Shah-low-mmmm seven times on the notes C-F#-G#. Send out peace and love and blessings to all the earth!

Meditate next on Key 3, then visualize the luminous green Venus vibration entering through the Magicians wand, and becoming intensified and then pouring out through his left forefinger to permeate the earth. As the green vibration reaches the nadir point, reverse its motion

and send it upward counter-clockwise to complete itself in the Magician. Form the green into the encircling rainbow around your earth and chant Shah - low - mmmm seven times. Send out peace and love and blessings to all the earth!

Meditate next on Key 2; draw the brilliant blue vibration in through the wand to be intensified and poured out through the pointed left forefinger. See it enter your globe of earth spirally clockwise to the nadir point, where the motion is reversed and it re-ascends back to the Magician above your head. Form the blue into the encircling rainbow and chant Shah - low - mmmm seven times. Once again send out peace and love and blessings to all the earth!

Meditate finally on Key 1. Visualize the yellow light vibration being drawn in through the wand, concentrated and sent forth to radiate all the earth. See it spiral downward and re-ascend as did all the other colors. Form the yellow into the outermost band of the encircling rainbow around your globe of earth as you chant Shah - low - mmmm seven times. Send out the vibrations of love, peace, perfection and good of every kind to every direction of space! Finish this part of the practice by chanting Amen (Ah - meh - nnn) on whatever one note is easiest for you.

Now place before you Keys 11 and 4; and the Ace, 2, 3 and 4 of Swords. Remain within the globe of earth and become Key 11! Take time to bring up as many details of this Key as you can. Now look at the Sword Keys before you. Hold the visualization of yourself as being Key 11 and look at the Ace of Swords; then give this meditation:

"Oh Thou, Who dost give life to all things, balance the forces within this Thy vehicle, that it may harmonize with Thy Primal Will"

Look next at the 2 of Swords while you continue the meditation:

"Oh Thou, Who art the perfection of harmony and grace, let me serve as an instrument for bringing Thy wondrous beauty into expression here on earth."

Look next at the 3 of Swords and continue the meditation:

"Oh Thou, Who dost teach through alternating tears and joy, I welcome Thy lessons, ever rooted in love, that lead to perfect Union with Thy Self."

As you look at the 4 of Swords complete the meditation:

"Thou, Oh Lord of Love, expand my heart and mind outward, that I may serve as Thy instrument for sending beneficence to all the earth."

Now float Key 11 above your globe of earth and place Key 4 below it. Whirl the green vibration downward clockwise until it reaches the South Pole. Visualize the red vibration ascending from Key 4, whirling upward counter-clockwise and blending with the green. Intone Ah - oo - mm seven times on the note F# for Key 11 and seven times on the note C for Key 4. Then give this equilibrating meditation:

"Oh Thou, Lord of All, let me share Thy perfect judgment that I may unite with the Sovereign Reason which gives dominion over all the earth."

Finish as usual with the integrating ritual and tensing and relaxing.

#### Lesson Fifty-nine

(from the transcripts of class lectures by Ann Davies)

Tarot Key 13, Death, corresponds to qualities of consciousness attributed to Scorpio, the 8th sign of the zodiac. Astrologically, the related 8th House is that of death and inheritance. Alchemically, the related 8th stage of the Great Work is called Putrefaction, which further suggests ideas of dissolution and death.

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Tarot Key 13 actually symbolizes not death, but the way death is overcome. When we really understand what it is, we will no longer fear it. Death is a natural process that is absolutely essential to growth and unfoldment. To see it in this light is the first step toward knowing immortality.

You have been told that although your bodies may die a thousand times, you remain. We know that the physical body on the cellular level dies daily and is just as continuously reborn. This process is at the very root of the body's ability to grow, to function, to move and act. Note in this connection that the function assigned to Key 13 is locomotion.

However, to be truly free of death requires more than an intellectual grasp of these truths about the essentiality of death to life. Our vibratory and visualization practices with Key 13 will help us to unfold the inner perceptiveness, attributed to the Scorpio type, that senses the truth of immortality and eventually is able to directly experience the eternal 'I' within the temporal personality.

As the power that is essential to growth and change, we are talking about the evolutionary power which is essentially the same as the reproductive power. Death is the result of activities of the same power which also results in birth.

As a bodily zone, Scorpio is attributed to the reproductive functions in man. Scorpio is ruled by Mars, the Inner Holy Planet wherein the nerve force required for reproductive function is concentrated. The spiritual insight which will enable us to perceive the immortal within the temporal — and thereby free us from fear of death — is unfolded by turning the Mars force in a new direction.

The new direction for the reproductive drive transforms the scorpion of death into the eagle of aspiration. It opens inner senses that perceive human individuality as a synthesis of energies functioning on several planes. This awareness gives absolute conviction that the personal ego survives the dissolution of the physical body.

The inner perceptiveness that can lead to a personal conviction of immortality is a quality of consciousness related to the Scorpio type. They are said to be mystical, magnetic and resourceful. As a water sign they have a natural tendency toward psychic perceptions, but it is the Mars influence that gives strength and direction to the mystical ten-

dencies. It also gives them magnetic and influential qualities of personality that are easily adapted to practices of genuine magic. They have a tendency to be what is sometimes called "natural magicians".

Scorpions have a powerful emotional nature. Developed types, who direct and control this nature, are able to give reproductive power to mental imagery. There is an inner sense of power involved here. When it is directed toward vivifying specific imagery, we have the key to transforming the things around us. Note in this connection that the Path on the Tree related to Key 13 is the Imaginative Intelligence which links Tiphareth, seat of the image-making power, to Netzach, seat of desire and emotional power.

We have seen that the reproductive energy is the evolutionary energy. It is the One Power at work in the increase and growth, the dissolution and change, inherent in the evolutionary process. It has a face of life and a face of death. You are now at the point in your development where you can participate in this process and accelerate your cycles of individual progress. This means that you must understand the evolutionary power which expresses through natural humanity as the urge toward sexual union. As we reach this point we must learn to revere the energy that is to be directed toward bringing about the death of the old personality and the birth of the higher consciousness that knows itself to be immortal. This is the Rebirth into the Fifth Kingdom; this is the birth of the Christ child; this, indeed, is the goal of the Great Work.

The true nature of the power which is growing us toward perfection is shown by the Key number. In Hebrew, 13 is the number of both THK, achad, unity, and THK, ahebah, love. The One Power which expresses throughout the evolutionary processes is the Love Power. It is the attractive-magnetic power that is behind all affinities and unions. It is unifying in essence and forms things through the power of attraction. It progresses its forms by means of dissolution, which is the opposite-complement expression of the same attractive power. It re-forms the energy released by dissolution into new forms.

Evolution of form thus proceeds through the operation of the same power in two directions. When we grasp the principle, we can consciously direct the energy in ways that accelerate the evolutionary process within our individualized personality complex.

Thus it is this power inherent in growth and increase, in dissolution and death that we must come to revere. It is the power that impels men and animals to act through the compulsive sex urge. We must know its powers and direct them if we are to experience the mystical death of the old personality which must take place before the New Creature can be born within the heart!

Notice that the skeleton in Key 13 is distorted by two twists. One is in the spinal column at the neck, the other is at the pelvis. They mark the location of the Mars reproductive center and the Venus center of creative imagination. The twists indicate that the activity of these two centers must take a new direction for utilization in the Great Work.

The reproductive energy is to be directed toward a higher usage than its ordinary outlet in physical plane sex release. Furthermore, creative imagination must be deliberately directed and controlled. The forms fashioned in mental imagery determine the direction that the reproductive energy takes. Note in this connection that Scorpio is ruled by Mars, and that Taurus, its opposite and complement, is ruled by Venus. The compulsive aspect of sex is controlled and directed through intelligent, deliberate mental imagery. Imagination can make a new pattern of expression for the reproductive energy.

This kind of controlled and directed imagery toward regeneration and consciousness of immortality demands first of all a total transformation of our attitude toward sex. At least, a total change from the attitude held by most human beings at this time. Only when we have succeeded in forming an automatically reverential response to sex as an expression of the universal love energy, will we be ready to direct the reproductive energy in ways that lead to spiritual transformation.

As we discussed in the earlier course on love and marriage, the important thing to alter is our attitude. To experience the spiritual levels of union we must free ourselves from adverse responses to any expression of union. Throughout long ages, distorted patterns of usage and attitude have become imprinted in the collective consciousness of humanity. We must dedicate ourselves to the difficult task of controlling our responses in such a way that we are no longer influenced by these false patterns. The most effective way is to nourish and develop feelings of sacredness toward the creative energy of God. Something held sacred is never defiled! We may feel sad and pained at the many appearances of degradation and debasement of the sacred drive to union, but we must not judge the energy by the forms it has become imprisoned in. The wrong forms in Yetzirah are the result of men having turned their intelligent mental powers downward to form patterns that serve and elaborate the urges we share with the animals. This is what is meant by man being capable of more beastly action than any beast.

Yet the distorted Yetziratic forms do not alter the purity and spiritual qualities of the energy itself. Immature forms of expression do not affect the purity of the energy they hold captive. Thus, when we stop equating the power with some of the forms it takes, our attitudes will be brought into harmony with truth. Then only will we be ready to direct the Mars energy in spiritual practices that lift it upward to serve the Higher Self.

Direction of the Mars energy upward, in preparation for Spiritual Re-birth, is related to Alchemical Putrefaction. As the Mars force is turned upward, it activates the inner senses and reveals to us the inner planes upon which we also dwell. This revelation throws us into confusion as our old conception of personality is shown to be false. Before we can reintegrate a new conception on a higher level, we have to let the old one die! Remember, you cannot become an adept and remain as you are.

Putrefaction separates personality qualities into parts, so to speak. We become aware of the fact that what we thought of as persona-

lity is just a complex of various energies. Key 16 shows the destruction of the microcosmic world. It is not the physical body that is destroyed, but the ignorant idea of what personality is. This is the real meaning of self-denial. It is the denial, the total repudiation of ignorant interpretations of selfhood. It is a repudiation of the idea that personality originates any state of consciousness, any act of the body, any word uttered, any condition of external circumstance.

When the old idea of personality is destroyed by Putrefaction, there comes out of the darkness of chaos a new awareness of the immortal Self — The Rider in the Chariot. Then one knows absolutely that the Self who resides equally within every human heart is the True Identity. We are released from the fear of death because from that moment on we know that we are immortal.

# TECHNIQUE

For the practice this week begin by performing the special practice with the seven centers that we outlined in the last lesson. With it we send vibrations of peace, love and blessings to all the earth. Be sure to chant Shalom as instructed in order to send out all that this word implies as an active influence in the collective consciousness of humanity. When you have completed this special practice with the seven centers, visualize and chant for the three higher octave planets.

We are now ready to proceed with the activation of the zodiacal pairs. We are now working with the second six of the twelve zodiacal vibrations. We will begin with Keys 11 and 4, and proceed to Keys 13 and 5. The emphasis in this lesson will be on activating the positive qualities related to the Scorpio type.

Remain within the globe of earth wherein you activated the seven planetary energies. Now image Key 11 above and Key 4 below. Visualize the green vibration descending from Key 11 into your globe. The red vibration rises upward from Key 4 below. Intone seven times on the note F# for Key 11 and seven times on the note C for Key 4. Then give this meditation:

"Oh Thou, Who art the Lord of Justice; open my eyes to the Sovereign Reason that I may express Thy harmony in all my ways."

Remain within the planet earth and become Key 13! You are the rising sun; you are the skeleton Reaper; you are the scythe that reaps Wisdom and Understanding. You are the seed in the corner and the river that flows and turns. You are the red sky and the white rose. All of these are aspects of your total selfhood. Knowledge of them will eventually lead you to knowledge of the immortal Self. Intone Ah - oo - mm seven times on the note G and give this meditation:

"Oh Thou, Who art the life in all that lives and moves, Thou art also the power that brings forms to death. All that manifests is born, sustained and dissolved through the power of Love which moves ceaselessly toward conscious union with the SELF."

Now float Key 13 upward until it is above your globe of earth. Visualize Key 5, the Hierophant below. See the blue-green vibration whirling downward and the red-orange whirling upward as before. Intone Ah-oo-mm seven times on the note G for Key 13 and seven times on the note C# for Key 5. Then give this meditation:

"Oh Thou, Who art the fire of life, fill me with Thy power, and open my inner ears that I may hear Thy instructions which reveal the mystery of immortality."

Finish as usual with the integrating ritual and the tensing and relaxing of the whole physical body. ##

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#### Lesson Sixty

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 5, 6 and 7 of Cups are assigned to the three decanates of Scorpio. Therefore they have a relationship to the positive qualities of expression related to Key 13.

The 5 of Cups correlates with the first decanate of Scorpio, ruled by Mars. Qabalistically it symbolizes Geburah, sphere of Mars, in Briah, the Creative World. The strong Mars influence in this aspect of Scorpio emphasizes ability to form definite goals and bring them to completion. Mars gives plenty of power and vigor to carry through. When this strength is directed toward a specific goal, in a controlled and deliberate manner, it makes for real accomplishment.

This strength to accomplish is one result of the Scorpio type's willingness to accept change. In fact, they will actually introduce changes in their thinking, emotions or circumstances if they believe that any of these have become a hindrance to the accomplishment of their intended goal.

Most of humanity dread change because a fear of the unknown is strong in the collective consciousness as yet. Key 16 depicts the false tower of problems and encumbrances that eventuate from the vain attempt to arrest the flow of change. It is the driving energy of Mars, depicted by the lightning flash, that can destroy the tower built of an attempt to keep things as they are. When some definite goal is sought strongly enough, the Scorpio type's zeal to accomplish is able to overthrow the influence of the usually prevailing fear of change.

One cause of this attempt to keep things as they are stems from the erroneous notion that natural man has reached his ultimate stage of unfoldment. This idea is out of harmony with the truth that natural man is but the seed of perfected man. To subconsciousness, it suggests that there is no room for change. Thus it impedes the pace of transmuting change, although, of course, it cannot stop its continuous flow.

Hindrance to progressive change also results from wrong attitudes and guilts about the Mars energy as it expresses in the sex function. The evolutionary energy and the sex energy are one and the same. Attitudes of shame, guilt and repression inhibit the flow of this powerful transmuting energy into our personal sphere of influence. Equally harmful to progress is the dissipation of vital energy through misuse, irreverent attitudes and lack of control. This dissipation of energy can result from emotional excesses, such as anger, hatred or self-pity, as well as from sexual promiscuity.

When the strengthening, vitalizing, reproductive energy is understood and revered, it flows with increased power into the personality complex. There can be no misuse then, because the need to conserve and direct it is recognized as the way that leads to the accomplishment of

chosen goals. When the goals are spiritual, the direction of the Mars energy transforms the physical body and brings about the completion of the Great Work.

The first decanate Scorpion represents, then, qualities of consciousness that are able to recognize the value of change and the value and sacredness of the vital fire of life. These are qualities we will be unfolding in our practices with Key 13 and the 5 of Cups.

The 6 of Cups corresponds to the 2nd decanate of Scorpio under the combined sub-rulership of Neptune and Jupiter. Qabalistically the 6 of Cups is a symbol of Tiphareth in the world of Briah. Unusual insight and perceptiveness are attributed to this Scorpio type. They are able to analyze the true condition of any situation so accurately that their evaluation of future consequences seems almost prophetic.

The relationshp to Tiphareth is enlightening here. Tiphareth corresponds to the image-generating faculty in man and to the coordinating mental activities that classify and clarify them. When these activities are directed by a penetrating insight they result in the seemingly magical ability to bring intended goals into manifestation.

The deep and strong emotions attributed to Scorpio are also emphasized by the 6 of Cups. Strong emotions impart equal strength to mental imagery. They also give one a magnetic personality that is influential over other people. These qualities point to a need for the highest motives and principles. If the attributes here outlined are not aligned with the Center of love and unity in Tiphareth, they can be used in ways that are selfish and harmful to others.

The magnetic and magical qualities here attributed to Scorpio and Key 13 are qualities which automatically develop with occult practice. Through our vibratory techniques we are unfolding a deep emotional nature, a powerful image-making faculty and a prophetic insight into the consequences of actions. They result from the greater influx of evolutionary Mars energy which in-pours with occult work. Yet Mars is power, remember, neither good nor bad in itself. It is our responsibility to see to it that we direct it toward vitalizing goals that are guided by the Higher Self.

As we unfold powers which give us greater personal influence over others and a deeper insight into the methods that bring our goals into manifestation, we must be certain that those goals are grounded in the compassionate love and beneficence toward others of Ego level awareness. So long as we are consciously dedicated to serve the Central Self, there would never be any utilization of the powers which flow through personality, for personal gain, for self-aggrandizement or for advantage over another human being.

Thus these capacities, which the Scorpio type has a natural tendency toward unfolding, are the very ones which will lead us to liberation. As you continue with this work and thereby become increasingly a more potent 'magician', it behooves you to see to it that your goals

are in harmony with the love, awareness of unity, and undeviating beneficence of the Ego within the heart.

The 7 of Cups relates to the 3rd decanate of Scorpio, sub-ruled by the Moon. Qabalistically it corresponds to Netzach, sphere of desire, in Briah, the Creative World. The qualities attributed to this aspect of Key 13 emphasize inner receptivity and adaptability to change.

The Lunar influence makes the naturally psychic tendencies of Scorpio particularly receptive to impulses from the inner planes. It is this inner awareness of the subtle planes of existence that makes us realize that the individualized ego is not dependent upon the physical body for survival. Thus it frees us from the fear of death which is at the root of all resistance to change. Inner sense receptivity prepares us to experience the higher awarenesses from superconscious levels that lead to absolute knowledge of immortality.

However, the awakening of the inner sensorium requires that we exercise great caution and discrimination in what we accept as true from the realms of inwardly perceived images and ideas. Subtle perceptiveness opens us to the planes of illusion, delusion and snare, so we must be armed with a knowledge of principle and an unrelenting desire to know Reality as the inner senses awaken to increased activity.

The influence of Netzach, sphere of desire, intimates that it is in the realm of desire that care must be taken. Alchemy expresses this idea as the need to turn 'copper' into 'white'. What is meant is the need to analyze our desires until we can relate them to some principle of universal law that gives them a cosmic as well as a personal significance.

Inner plane receptivity, combined with the added personal magnetism which unfolds with occult practices, can also make us more open to telepathic reception from others. We have to become aware of this and learn how to distinguish between our individualized emotions and ideas and those we receive from other people.

A true spiritual teacher of my acquaintance, who had great personal magnetism and powerful emotions, learned the importance of such discrimination through very difficult experiences. The spiritual power he emanated attracted many women so profoundly that they felt certain he must be their soul-mate. At that time he had not yet learned to safeguard himself from accepting as personal the desires and emotions projected toward him by others. Over and over again he experienced some woman's strong attraction to him as his personal feelings. Thus he decided over and over again that each one must indeed be the one woman for him. Needless to say, the consequent problems, disappointments, conflicts and bitter accusations finally taught him how to discriminate between his own emotions and those projected toward him by others. It also taught him his grave responsibility to protect others from their own delusive, personalized interpretations about what they experienced from him.

The qualities and attributes related to the 7 of Cups will help us to bring desired things into manifestation. They suggest the correlating

need to seek Reality no matter how many personal towers of illusion may fall. We are all susceptible to having our desires colored by the many illusions in the collective consciousness, especially in the realm of personal love. The images related to it are strong and vital because they have been vitalized by powerful emotions and fiery passions.

It is not that personal love, in itself, is in error. All love is integrating in essence and flows down from a pure source. What we need to watch out for is the human tendency to project our personalized image of what a love should be on another human being. Then, when they do not act as we imaged they should act, we are disappointed and unhappy. This is the way 'undying and eternal' loves so often turn sadly to hate and disgust.

Here again there is a greater responsibility that comes with greater development. We must take care that we do not use the power of suggestion, which is strengthened in us through occult work, to influence others in our favor, even when our motive is love. For until love is purged of its attachment and illusions, it is not the expression of the all-encompassing love that flows down from its source in Briah.

#### TECHNIQUE

Once again begin with the special technique for the seven Inner Holy Planets and the chanting of Shalom. Intone and visualize for the three higher octave planets as before.

For this lesson have ready the pairs: 11 & 4 and 13 & 5, together with the 5, 6 and 7 of Cups.

Remain within the globe of earth that you visualized for the seven Holy Planets. Image Key 11 above and Key 4 below. Whirl the colors through the globe and intone as usual. Then give this meditation:

"The scales of Justice and the sword of discrimination are the means through which Thou dost prepare me to become the Emperor and wield the Scepter of Dominion over all that is below."

Remain within the globe of earth and become Key 13 in all its details. Hold this visualization as you meditate on the Cup Keys before you. As you look at the 5 of Cups, give this meditation:

"Oh Thou, Who art the source of all strength and power to do, I welcome Thy ever-changing forms that are transforming me into an ever more perfect instrument for Thy Will."

Look at the 6 of Cups and continue the meditation:

"Oh Thou, Who art the source of all perceptions, help me to unfold the inner vision that sees Thee as the Central Presence within my heart of hearts."

Look at the 7 of Cups and continue:

"Oh Thou, Who art the source of all desire, I dedicate mine to help fulfill Thy purpose for all who dwell on earth."

Now float Key 13 above your globe of earth and image Key 5

below. Whirl the complementary colors through the globe as you intone Ah - oo - mmmm seven times on the note G for Key 13 and seven times on the note C# for Key 5. Then give this meditation:

"Oh Thou, Who art the vital strength that impels things onward, Awaken me!, that I may hear Thy Voice and live by Thy instructions."

Finish with the integrating ritual and the tensing and relaxing of the physical body. ##

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#### Lesson Sixty-one

(from the transcripts of class lectures by Ann Davies)

Tarot Key 14, Temperance, corresponds to the zodiacal sign Sagittarius; to the 9th House of the higher mind; to the 9th bodily zone which includes the hips, thighs and iliac arteries; and to the 9th stage of the Great Work called Incineration. In our vibratory work the color is blue and the note is G#.

The qualities of expression related to Key 14 are those which invite greater conscious influence from the Higher Self, pictured by the Angel in Key 14. They are qualities which help to strengthen and define our spiritual aspirations, our philosophical turns of thought and the idealistic convictions we yearn to fulfill but are not able to 'act out' all of the time.

Sagittarians are said to have a cheerful, optimistic and genial nature. Their predominantly optimistic outlook on life tends to vitalize and give strength to the positive ideas and states of mind that are basically in harmony with reception of Higher Self influence.

Sagittarians are considered to be great lovers of freedom and adventure. These are also physical plane out-workings of an intuitional reception to impulses from the Higher Mind. In the early years of life or in the early stages of unfoldment this influence is usually expressed as a love of sporting competitions and a daring to do things that others pass by. Always there is an optimistic self-confidence that ultimate victory will be achieved. All in all, the way the impulse to freedom and adventure is expressed depends upon the level of unfoldment one has achieved or upon the condition of the reflecting mirror in some particular area of personal expression.

Nevertheless, on whatever level these qualities may be expressing, the urge to freedom and the love of adventure are tinged with a realization that release from restriction is the goal of incarnate life and that its attainment comes through courageously facing the trials and frustrations of life with a spirit of confidence in ultimate attainment. When the spirit of adventure and the yearning for freedom are turned toward the Great Work they lead to the conscious reception of continuous guidance from the Angel in Key 14.

The bodily area corresponding to Key 14 is in harmony with these qualities of expression. The hips, thighs and lower back area give man his upright posture which distinguishes him from all the animals below. A firm upright stance symbolizes a courageous, self-confident nature; one who dares to act after his convictions. It portrays the influence of the Higher Self in man; that which makes him a potentially Divine Being.

It is the Angel who unfolds this confidence and courage within us. In Key 14 the tempering process is being performed by Michael, archangel of the Sun. The subjects acted upon are shown as an eagle and a

lion to symbolize our animal nature. He strengthens our spiritual nature through the tests and trials of life that gradually wake us up to increasingly higher realizations of truth. Eventually this clears away enough errors so that the Angel can assume direct control over the actions of personality and thereby bring the Great Work to completion.

The Jupiterian rulership of Sagittarius is enlightening here. Its influence is responsible for the optimistic nature we spoke of earlier. Recall also that Jupiter and Key 10 relate to an ability to perceive the cosmic cyclic activities in everyday life. As an Interior Star, Jupiter corresponds to the center at the solar plexus which is said to be the storehouse of our deepest memories. From this level of remembering one realizes that all evolutionary progress comes through the continuous tests and trials of actual experience. This rapport with the vast memory record of nature also accounts for the prophetic capacity attributed to Sagittarius. Their intuitive knowledge of the way things have gone in the past makes them able to more or less accurately forecast the logical next step or cycle.

As a natural House, Sagittarius is said to rule religion, philosophy and ceremonial of all kinds. In less developed types these qualities may express as a love of ceremony for its own sake, a devotion to some set religious dogma or an adherence to some conventionally acceptable form of pursuit. But no matter on what level aspiration and idealism may express, the urge to be more noble than we seem to be is from the Higher Self.

From the Angel within we receive an intuitive awareness of the importance of verifying idealistic thoughts by carrying them out in the relationships and activities of everyday life. Most people will agree in theory to the desirability, for instance, of Brotherhood, of honesty, of beneficence toward others. They agree because these ideas sound a note that touches a response from the Higher Self within. It is this response that we want to develop, elaborate and enhance by verifying its marvelous effects in everyday life. We verify it by trying it, by testing it and by practicing it with others. We strengthen its expression in the deeper portions of our permanent selfhood and thereby prepare ourselves to receive ever clearer and more definite guidance from the Angel within.

The thing we particularly want to unfold in relation to Key 14, then, is the zeal and spirit of adventure that is ready to try out the idealistic impressions received in moments of meditation and inspiration. We verify the truth and purge out any distortions that may have crept into our idealistic conviction through firsthand trial and error. This is how we strengthen the kind of automatic responses that purify the vital soul level and prepare us to act as transparent channels for the Will of the One.

The stage of the Great Work which refers to the purging of the deeper levels of memory is called Incineration. To incinerate is to consume by fire. The Alchemical process of Incineration is accomplished by what the Bible calls a Refiner's Fire. In one sense the Refiner's Fire is the mental state of zeal or wrath associated with Key 14. It is a fiery

determination to sacrifice whatever is necessary to the goal of purification. It always follows Putrefaction, the stage where the Alchemist is able to acknowledge the fact that none of his acts have a personal origin. This prepares him for the deep purging out of old ways of thinking and responding that interfere with clear reception from the Angel. Incineration consumes the residue of erroneous interpretations of experience that are still influencing our personal actions and desires. It purges them from the deeper levels of subconsciousness related to the Jupiter center.

Self-consciousness cannot penetrate into these deepest levels alone. In this center are included remembrances and impressions accumulated through many life experiences over vast periods of time. The Angel must be invoked! When the dross of error at this level is purged with the aid of the Refiner's Fire, the wisdom also stored in that center is able to be recalled, free from any distortions that alter its purity and truth.

Incineration requires that you acknowledge the Angel as the only real Actor in everything you do. All the testing and tempering of your personality is the work of the Angel within. The way to invite Him is summed up in the words: "I will look upon every situation in my life as a particular dealing of God with my soul." God, here, is the Higher Self within. The soul refers to our whole psychic nature pictured in Key 14 by the lion and the eagle.

The Angel is performing the work that strengthens the steel of your personality nature. The tests and trials of life are the means through which he accomplishes this tempering process. They wake us up to error and verify truth. These trials are not just a matter of learning to withstand some difficult experience without going to pieces. It is more than that. We pass a test each time we emerge from a difficult situation with a better understanding of its probable causes. Often we pass a test most triumphantly when we are unaware that it was a test at all. What is important is that we learn to grasp the relativity of what right action is; that certain actions and ideas that previously seemed righteous and constructive may no longer be progressive for us.

In the manifest world our grasp of truth, and subsequently that which is the highest expression of it for us, progresses along with our level of unfoldment. We invite the Angel to temper us by first doing all we can to perceive the truth or error of some situation or idea or desire. Then we must acknowledge that we do not know the whole answer and invite the Angel to verify its truth or show us its error. When we receive the inspiration from within we must act after it. This is the way to assure yourself of continuous progress and to ready yourself for ascent to the next level of spiritual unfoldment.

## TECHNIQUE

With this technique we want to help prepare the consciousness of humanity for greater reception to the One Ego who is the Higher Self in all of mankind. Within the globe of earth intone and visualize for the seven Inner Holy Planets. In this practice intone Ah - oo - mmmm three

times on the proper note and visualize the correlating color and Tarot Key for each center. Finish this part of the technique by chanting Shalom seven times (C - F# - G#).

Remain within the globe of earth and visualize Key 11 above and Key 4 below. In cyclic motion whirl the green vibration down and around yourself as you remain centered in the globe of earth. From below whirl the red vibration upward counter-clockwise. Feel the two motions and the two colors going round and round as you intone Ah - oo - mmmm seven times on the note F# for Key 11 and seven times on the note C for Key 4. Give this meditation:

"Oh Thou, Lord of Divine Justice, I am the world soul! Strengthen me with Thy lessons of love that all my centers may express their birthright of dominion over all that is below."

Next image Key 13 above your globe of earth and Key 5 below. Whirl the blue-green vibration downward and the red-orange upward and then intone Ah-oo-mmmm seven times on the note G for Key 13 and seven times on the note C# for Key 5. Give this meditation:

"Oh Thou, Lord of beneficent change, I am humanity! Transform me into Thy instrument; that I may hear Thy Voice and know my unity with all."

Now, still remaining within the globe of earth, become Key 14. You are the Angel Michael, pouring water on the lion and fire on the eagle. Surrounding your head is the Rainbow of Promise. At the summit of the path behind you is the Crown of Primal Will! Feel yourself as the Angel in a globe of vibrating blue light as you intone Ah - oo - mm seven times on the note G. Then give this meditation:

"Oh Thou, glorious Angel within, I lift my heart, my soul, my life to Thee! Thou alone canst temper me! Thou alone canst perfect me! I open myself to Thy benevolent guidance! I invite Thee with all my heart! Show me the Path of harmony that reunites us with Thy all-pervading love!"

Next visualize Key 14 as ascending until it is above your globe of earth. Visualize Key 6, The Lovers, below. Whirl the brilliant blue vibration downward clockwise in the usual manner. Then whirl orange upward. Feel the two vibratory motions interpermeating and then intone Ah - oo - mmmm seven times on the note G for Key 14 and seven times on the note D for Key 6. Give the meditation:

"Oh Thou, Angel of the glorious Sun, illumine my heart with Thy love! Oh Thou, Angel of the Radiant East, illumine my mind with Thy Wisdom! I invite Thee! Thou art the messengers of God, sending Thy love and wisdom to perfect Thy images here on earth."

Finish as usual with the integrating ritual and the physical tensing and relaxing exercise. ##

#### Lesson Sixty-two

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 8, 9 and 10 of Wands correlate with the three decanates of Sagittarius and, therefore, to the variations of consciousness represented by Key 14. The 8 of Wands represents the 1st decanate of Sagittarius, ruled by Jupiter. Qabalistically it symbolizes Hod, sphere of the intellect, in Atziluth, the Archetypal World.

The qualities of human expression emphasized by the 8 of Wands are those which particularly express the Jupiterian influence. Key 10, The Wheel of Fortune, is concerned with the universal cyclic activity and its relationship to the evolution of consciousness. Nothing is more fortunate, in the larger picture, than the ability to grasp the significance of personal experiences in the light of universal principles and laws.

With our practical work we are awakening the higher functions of the Jupiter center. We are awakening to a deeper remembrance of the entire evolutionary process and to the cosmic basis for every personal activity. From the realization this gives, there arises within us a feeling of true confidence in the Universal Life; a confidence that helps us to maintain an optimistic attitude no matter what the present circumstances in our life may be.

From this deeper remembrance we further experience a wonderful sense of the beautiful symmetry and the perfect orderliness of the cosmos, despite all its vastness and expanse, that tinges our philosophy of life with a larger sense of identity; an identity with all that lives and moves and has its being.

We begin to experience the continuous inter-relationship and interdependence that exists between all creatures. Our feeling nature expands
and deepens with love and compassion. We know that we share each
other's experiences, each other's needs, each other's joys and sorrows.
We know that liberation from ignorance, liberation from sorrow, liberation from error must come to all before any single one of us is truly free.
This is the unfolding of the quality of benevolence and compassion; the
yearning aspiration to serve others expressed by the Chasidim, corresponding to Chesed, sphere of the activity of Jupiter.

The aspiration to serve is always admirable, but if we are to be valuable servants of life we must be equipped to serve. We must be willing and eager to do whatever is necessary to learn how to be of service. Qabalistically the 8 of Wands corresponds to Hod, self-conscious intellect, and the sphere of Mercury, Key 1. The realization of the responsibility of all human beings for each other must become more than a beautiful ideal. By directing our Mercurial attention toward careful observation of the situations we are experiencing now, we will see how some aspect of our idealistic philosophy can be applied to better that situation. The testing, the trying and the ultimate verification of the truth in our idealistic beliefs is to be accomplished through practical application.

Thus, the ability we want to unfold in our vibratory work with the 8 of Wands and Key 14 is that of learning to relate the sweeping, all-encompassing inspirations we receive in meditation and study to the actual situations in our everyday existence. The expanded comprehension of Jupiter becomes useful in this world when we employ it, through the instrumentality of self-conscious attention, to distinguish between outward appearances and the inner motive power. From this there eventually unfolds a clear and unshakeable realization that all personal activities are individualized expressions of a Vaster Whole.

The 9 of Wands correlates with the 2nd decanate of Sagittarius, sub-ruled by Mars. The quality particularly emphasized in this aspect of Key 14 is the adventurous spirit that dares to try. Mars activation combined with Jupiterian expansiveness gives the audacity and self-confidence that wants to verify inspirational ideas by testing them out in actual practice.

Qabalistically the 9 of Wands relates to Yesod in Atziluth. It symbolizes the principle inherent in the functions of the automatic consciousness. When we have grasped the principle whereby habit patterns are formed and transformed, we are in a position to actively take up the work of purifying the automatic consciousness. The testing out of our loftiest ideals in actual situations is far-reaching in effect. Even if we are not able to hold to them continuously at first, the conscious effort forms a powerful suggestion to subconsciousness and indicates that we are ready, willing and eager to purge out whatever there is below the surface of consciousness that is keeping us from expressing our highest goals.

In its relationship to the 9th House of Astrology, Key 14 suggests that the dominion of the Higher Self is related to the power of ceremony and ritual. When rightly executed, ritual has the power to reshape the patterns in subconsciousness to where the personality is better able to receive directly and clearly from the level of the Higher Self. In connection with verification and testing we should consider seemingly routine everyday activities in this light. They can act as potent little rituals if we perform them with an awareness of their potential influence on the automatic consciousness.

Alchemical Incineration of the deeper levels of subconsciousness becomes possible only after we have done what we can from the self-conscious level to verify our higher ideals in actual practice. It is this spirit of daring to try that invites the Angel, who alone can purge out the deep unconscious habit patterns that are keeping us from acting always after our highest ideals.

The relationship between Mars and Yesod is enlightening here. In the Magical Language, Yesod, 710°, adds to 80, which is also the number of peh, 5, the Hebrew letter attributed to Mars. Mars is a symbol of the reproductive energy and Yesod is attributed to the reproductive organs of the Grand Man. Key 14 intimates that this reproductive power, symbolized by the eagle, must be consecrated by fire. That is, for purposes of the Great Work, it must be directed toward the reproduction of patterns that hold the Wisdom we receive from the Higher Self.

By right comprehension of how the reproductive process works on all planes, we can begin to modify not only our automatic responses, but the very organic structure of our bodies, so that they form patterns which invite the Angel to guide us. Thus do we begin to actively and knowingly participate in our own evolution.

Purification of the automatic consciousness does not necessitate the dissolution of all patterns, an impossibility while we are incarnate in a physical body. What we want to accomplish through the testing out of occult theories is to unveil the reality behind the illusions of physical existence. Some patterns will be acknowledged as useful illusion; others will be identified as overstrong and in need of subduing, so that their hypnotic spell over us is broken. When any pattern is seen to be a dangerous obstruction to the free influx of superconscious wisdom, we must courageously apply methods that will purge it out and set us free.

All patterns hold energy compressed in form. The more compelling the habit pattern — good or bad — the more energy it holds. The spiritual inspirations we receive inwardly can serve as a waiting receptacle for the energy released from patterns of error. As these begin to dissolve we want to take up the reproductive energy in patterns of truth and unity; patterns that rightly identify all actions, all thoughts and all emotions as the work of the Angel in Key 14.

The 10 of Wands relates to the 3rd decanate of Sagittarius, subruled by the Sun. The qualities of expression especially emphasized by this Key are devotion to truth and leadership abilities. The desire to verify occult knowledge is really a desire to know the truth by experiencing it directly. Leadership is a quality which unfolds as a result of self-confidence and optimism. It is therefore an expression of some measure of receptivity to the Angel in Key 14.

Qabalistically the 10 of Wands corresponds to Malkuth in Atziluth. Malkuth is the Kingdom of actual manifestation. One title of Tiphareth, sphere of the Sun, is Melek, the King, derived from the same root as Malkuth. It is the influence of the Angel of Key 14, who is one with the Sun in Tiphareth, that makes man a king and ruler of Malkuth, the kingdom. The qualities of leadership and dedication to truth begin to unfold in a human personality as he becomes aware of the Ego as the True Self within.

The earnest search for truth prepares us to assume our kingship. The search is undertaken in order to verify our inner convictions in the outer appearances of Malkuth. It leads to a view of this world from the enlightened level of the Higher Self. It reveals the truth about how forms come into appearance, and this knowledge is the basis for exercising dominion in Malkuth.

In divination the 10 of Wands is said to indicate <u>fullness of power</u>. As we clear the way for Egoic level guidance, more and more spiritual strength begins to flow into our sphere of activity. This fullness of power is important in the spiritual work we are doing together. Our work for planet earth is a work for Malkuth. The qualities of expression related

to Key 14 help to make this work truly effective. If we hold an optimistic and confident view, we are able to function spiritually despite the appearances of evil, sorrow and discouragement in the world at this time.

As servants of the light, the optimistic attitude is our grave responsibility. It is up to us, who know the creative power of consciousness, to hold positive images for the benefit of all mankind. In this way we are acting with the Angel in Key 14 and sharing in the transformation of the pool of collective consciousness for the whole human race. With the fullness of power we receive in our work together we are more and more able to lift our mind and heart to spiritual concepts. We have the strength that refuses to nourish appearances of evil and sorrow by becoming unduly pessimistic about them. We want to keep our consciousness on the thought forms that are in harmony with love and unity and joy. We are being trained to act as the Higher Self vanguard; to hold up the beacon of light that illumines Truth and gives strength and reproductive power to forms which express the Highest ideals in every human heart. It is up to us to hold these images and nourish them with our attention, not just during set periods of study and practice, but all through the day in every activity and encounter. Thus are we helping to bring the reign of the King into every human life; the King who will transform Malkuth into the perfected Kingdom of Adonai.

#### **TECHNIQUE**

We want to direct our practice toward strengthening the influence of the Higher Self for the entire human race. We will again chant Shalom as we activate and balance the energies for the seven Inner Holy Planets. As we do our exercises to help bring the Brotherhood of Man into manifestation in Malkuth, our personal evolution and liberation are being accelerated many-fold. Your active concern for others is the test of your readiness for higher Truths. All enlightened methods for treading the Path of Return carry this test. So remember, as you participate in sending love and compassion to all phases of life, so are you participating in the strength and knowledge that is accelerating your progress toward the goal of the Great Work.

After balancing the seven Inner Holy Planets and the three higher octave energies in the usual manner, chant Shalom seven times and send peace, joy and blessings to all the earth.

For this practice have ready the pairs: 11 & 4; 13 & 5; 14 & 6; together with the 8, 9 and 10 of Wands.

Visualize yourself, as before, within the planet earth, with Key 11 above and Key 4 below. Whirl the appropriate colors through the earth, intone as usual, and give the meditation:

"Oh Thou, Who dost ever preserve the equilibrium of life, guide me with Thy strength that I may see through the apparent chaos of appearance to the truth of Thy ever perfect justice."

Next visualize Key 13 above and Key 5 below. Whirl the bluegreen and red-orange vibrations through the globe in which you dwell. Intone Ah-oo-mmm as usual and give the meditation:

"Oh Thou, Who art the Self within the heart, I welcome Thy transforming power that I may serve as a receptacle for the revelations of Thy Divine Utterance."

Now, in accordance with our usual procedure, <u>become</u> Key 14 immersed in a globe of vibrating blue light. Visualize the rainbow over your head; hear and see the water pouring from the urn you hold in your right hand; see the flame from the torch in your left hand; feel the cool water bathing your right foot. Hold this image as you look at the Wand Keys before you.

Look first at the 8 of Wands and give this meditation:

"Oh Thou, Glorious Love within, Thy beneficence hast tempered my soul that I may share in the perfect memory of Thy Eternal Being."

Look now at the 9 of Wands and continue the meditation:

"Oh Thou, Glorious Strength within, Thy zeal hath filled my soul with courage, that I may serve as a fitting receptacle for Thy Will."

Look at the 10 of Wands and continue:

"Oh Thou, Glorious Sun within, Thy light hast sent me on the quest for truth that I may reign as a King in the perfected Kingdom of peace and love."

Now float Key 14 above the globe in which you are centered and see Key 6, The Lovers, below. Whirl the brilliant blue and orange vibrations through the globe of earth as you intone Ah - oo - mmmm seven times on the note G# for Key 14 and seven times on the note D for Key 6; then give the meditation:

"Oh Thou, Angels of the Most High, temper me with Thy might and heal me with Thy love that I may knowingly share in the glory of Thy eternal Being."

Finish with the integration Ritual and the tensing and relaxing of the physical body. ##

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#### Lesson Sixty-three

(from the transcripts of class lectures by Ann Davies)

Tarot Key 15, The Devil, corresponds to the zodiacal sign Capricorn and its natural 10th House of material gain and success. The related bodily areas include the knees and the skin. In our vibratory work the color is blue-violet and the tone is A. In the performance of the Great Work the corresponding 10th Stage is called Fermentation.

With Key 15 we want to emphasize the thoughtful, deliberative mental quality of Capricorn. It is a cautious and careful way of approaching problems and goals that takes time to think things through before entering into action; that ponders the details of a situation before deciding on the best course of action to take in order to insure ultimate success.

Capricorn is ruled by Saturn. The serious Capricorn nature utilizes the limiting, concretizing Saturn energy positively in order to slow down impulsive actions and strengthen self-discipline and control. Relative to Capricorn, self-discipline is particularly evident in the business or professional life. They realize the value of caution and orderliness in bringing about the successful materialization of predetermined goals.

As a cardinal earth sign, with Mars exalted, the Capricorn vibration makes for a strong motivation toward actual concrete results. The cardinal drive gives dynamic impetus so that the usual Saturnine inertia is activated into cautious and careful, but determined, action. This combination of vibrations makes for success in situations that have to do with mastery of material goals.

There is an important consideration shown here for all aspirants. In our search for the spiritual we tend to turn too far away from the things we consider material. Too strong a renunciation of material success is based on false values just as surely as is too much dependence on them. As ever, the enlightened middle way is the correct one. More often than not, a too radical repudiation of all things material is based on feelings of inadequacy and repressed envy of those who have the things that are secretly desired. Usually there is also involved an unconscious desire to avoid facing the responsibilities of success as the world defines it.

In other words, the <u>reasons</u> most people have for the renunciation of physical possessions is just as much based on error and ignorance as the reasons that drive other people toward an insatiable desire for more and more material wealth. The enslavement that results from belief in false appearances, as symbolized in Key 15, springs equally from both.

We need to understand material objects for what they are. In the slower, denser frequencies of physical plane existence the <u>same power</u> is at work that is perceived with subtler senses on the inner planes.

"That which is above is as that which is below." The power behind all appearances is the One Power. To understand the purpose of objectification is to understand the purpose of personal existence on the physical plane.

Key 15 represents the earthiest earth sign and the Saturnine densifying energy. The earthy and practical quality of Capricorn is particularly important for us as spiritual aspirants. We need to keep a right balance with earth as we work to open our inner awareness to the subtler planes of existence. We must realize that the physical level is a part of the whole universal creation. The One Law works on every plane; it is present in nature for all to see. We can perceive truth in the material appearances of Malkuth so long as we do not make the mistake of thinking that what we see and perceive here is all that there is.

A true adept is able to function keenly and accurately on whatever plane is necessary in order to carry out his intended purpose. We should be able to hold our own in the management of mundane affairs if that is the need of the moment. So long as we remember that any appearance is only a partial truth, we can give attention to such things for a time without letting them assume an importance or a causative function that they do not possess.

Ayin, the Hebrew letter printed on Key 15, means eye, fountain, or the outward appearance of anything. The Devil represents the way the One Power appears when we look only at the surface. When the outward show is taken as a reality in itself, it appears as a group of incongruous elements put together without apparent purpose. Essentially, The Devil represents belief in the domination of adverse appearances.

Even though we may know better, we all tend to get hypnotized by appearances at times and let our actions and thoughts be controlled by them. We let the thought germinate that conditions rule us, that compulsions rule us, that other people are responsible for our misery. We turn things around and blame outside circumstances for the problems that confront us. This is how we let The Devil put chains around our necks.

The greatest lie is the lie that slanders man to himself; that makes him think he cannot help being dominated by the elements, by lower passions and appetites, by all the base drives he shares with the animals. Through the law of suggestion, this lie has formed erroneous patterns in the collective consciousness that appear to make man a slave of the vital soul drives. Belief in this lie precipitates circumstances that make it so, temporarily, on this level and this plane.

But it is not really so! As soon as we change our way of thinking about things, the chains that bind us begin to loosen; the hoofs and horns of belief in the domination of compulsive behavior fall away; the Devil's mask disappears. Then we see that, in truth, He is the Angel of Key 14. He is the Self, teaching us through adverse appearances, to wake up to Truth. His real Beauty has been concealed behind a mask of terror that humanity fashioned for itself through long eons of ignorance and misinterpretation of experience. The mask is a lie! a slander! a falsehood!

The lie identifies the self in man with the urges of the lower nature instead of with the True Self in Tiphareth!

The great error from which all other errors spring is belief in the appearance of self-autonomy and separation. From this error springs the selfish desire to possess things or persons or to gain by another's loss. These add up to the negative expressions of Capricorn that misuse the integrating power of earth for self-seeking ends. Such expressions keep us from acting after the truth that we are a ray from the One Sun, an integral part of a unified whole.

Yet Capricorn qualities, just like all other personality level expressions, can be turned toward spiritual unfoldment. With Key 15 we want to unfold the careful mental discipline, the deliberative mind that is best exemplified by the modern scientific approach to knowledge; an approach that is careful not to infer anything on insufficient evidence. This cautious attitude, even when materially approached, can lead to the unveiling of Truth. It has forced many physical scientists away from the strictly material view into a more spiritually oriented philosophy of life.

What causes their change of view is a superconscious experience. Their close and careful attention to a subject and their yearning for an answer is the kind of concentration that leads to deep meditation and the unveiling of Inner Truth. It attunes them to the superconscious level of knowledge related to the subject under observation. Thus many scientists who began with a strictly materialistic point of view have turned away from it, because they have touched on an inner reality which will not fit within the narrow bounds of its outward phenomena on the physical plane.

Note in this connection that Saturn, ruler of Key 15, is also the co-ruler of Key 17 which refers to the revelation of truth in meditation. The unveiling of truth comes through close, careful observation. Bear in mind that it is not the material form of anything that enslaves us; it is our wrong interpretation of what it means.

Another Key 15 quality we want to unfold is a keen sense of timing in material affairs that seems to know when to act and when to put on the brakes. This ability can help us to stay within practical bounds as we work to unfold higher levels of awareness. It can help keep us on a direct path of achievement that is able to bring about the manifestation of predetermined goals. When we understand the integrating power of earth, we can direct it toward manifesting physiological and psychical structures within our vehicles that are able to receive and transcribe conscious and continuous guidance from the Higher Self.

#### TECHNIQUE

Immersed in planet earth, begin with the practice for activating the seven Inner Holy Planets. Intone and visualize for each one on its particular note; then activate the three higher octaves as usual. Finish this preliminary practice by intoning Shalom in the usual manner and sending out peace and love and blessings to all corners of the earth.

Have ready the pairs of opposites: 11 & 4; 13 & 5; 14 & 6; and 15 & 7. Remain immersed in the liquid globe of earth as you first visualize Key 11 above and Key 4 below. Whirl their colors through your earth and intone in the usual manner. Give this meditation:

"Oh Thou, Who dost ever maintain perfect justice, weigh me in Thy scales that I may learn true balance in expression and share in Thy dominion over all the earth."

Visualize Key 13 above and Key 5 below as you whirl the appropriate colors through your earth. Intone as usual and give the meditation:

"Oh Thou, Transforming power of God, eliminate with Thy fire all that is keeping me from hearing The Voice of eternal Wisdom."

Visualize Key 14 above and Key 6 below. Whirl the blue and orange vibrations through the globe of earth as usual. Intone as usual and give the meditation:

"Oh Thou, glorious Archangels of God, strengthen me with Thy might and shield me with Thy love, that I may serve in The Great Plan for perfection here on earth."

Now visualize yourself immersed in a liquid globe of blue-violet light. Look at The Devil and visualize yourself as the human figures therein. As those figures, turn around and laugh at the Devil! He is ridiculous, impossible, unreal! Have the two figures (who represent your conscious and subconscious mind) remove the chains around their necks and, together, reach up and turn the pentagram right side up! Now see their horns and hoofs fall away! Look at The Devil once again! You can see right through him! His form is only a surface illusion; behind it is the Angel of Key 14.

Now, having seen through the outward show and released the figures from bondage to the lower nature, once again flood your globe of earth with vibrating blue-violet light and intone Ah - oo - mmm seven times on the note A. Give this meditation:

"Oh Thou, Divine Self within, open my eyes that I may see Thy Beauty in all things; that I may see through the outer veil and stand face to face with the One Reality."

Float Key 15 above your globe of earth and see Key 7, The Chariot, below. Whirl the blue-violet vibrating light down from above and whirl the yellow-orange vibrating light up from below. As you visualize the two vibrations interpermeating, intone Ah - oo - mmmm seven times on the note A for Key 15 and seven times on the note D# for Key 7. Then give the meditation:

"Oh Thou, Inmost Light of God, equally dost Thou dwell in the forms of earth and in the formless fire. With Thy integrating power perfect my vehicles of outward expression, that they may serve as Thy Chariot and bring glory to all the earth."

Finish with the integration ritual and the tensing and relaxing of the physical body. ##

#### Lesson Sixty-four

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the Ace, 2, 3 and 4 of Pentacles have a relationship to Key 15. The Ace of Pentacles encompasses the entire fourth quarter of the zodiac, initiated by Capricorn, while the 2, 3 and 4 of Pentacles correspond to its three decanates of 10 degrees.

The Ace of Pentacles, Qabalistically representing Kether in Assiah, is a symbol of will-force functioning on the physical plane. It is the aspect of will which is the cause of every appearance in the phenomenal world. The pentagram within the pentacle relates to human will as the microcosmic reflection of the One Will; as the direct agent through which the appearances in Assiah are altered and evolved.

Pentacles are symbols of magic, as well as symbols of the material plane. What is meant by magic is the conscious utilization of the natural dominion human will has over the elemental forces. The object of magical practices is to bring about transformations in Assiah. Thus magic is integrative, concretizing; it partakes of the Saturnine quality.

The dominion of human will is always in operation, but, as shown in Key 15 by the reversed pentagram, in most human beings it operates to enslave them because of their misinterpretations of the world and of themselves. All appearances are really the Great Magical Agent taking form under the influence of will. Long eons of belief in the lie that man is subject to circumstances and to blind drives has filled the material world with effects that seem to make this true. A legion of errors have been incorporated into the very vehicles of mankind so that he acts, under the power of his own deluded suggestion, like the slave he thinks he is. The gross figure in Key 15 is a result of wrong identification and subsequent wrong use of the power of will. The 'I' consciousness has been linked to the animal nature instead of being identified with the One Ego, the True Self in Tiphareth.

With our studies and practices we are learning to grasp the principles behind the manifestation of any appearance. As we perceive this principle the magical will begins to express through us; begins to direct universal forces in ways that bring about beautiful and harmonious effects. Magical practice links the operator with currents of the universal integrating energy. The magician becomes an agent for Primal Will; an instrument through which forms that are in harmony with the Real World, in harmony with unity, love and the Brotherhood of Man, can become manifest here on earth.

Qabalistically the 2 of Pentacles corresponds to Chokmah, Wisdom, in Assiah, the material world. Astrologically it relates to the 1st decanate of Capricorn, ruled by Saturn. The 1st decanate Capricorn is said to be cautious, judicial and executive. These are all qualities of expression that reflect the serious, pensive Saturnine influence.

Yet Key 15 is assigned to the mental state of mirth! A serious, cautious nature is not necessarily dour or morose. When concern and caution are combined with Wisdom there is always room for humor. In the very midst of dire problems we find those who are able to relieve the tension for everybody concerned by bringing up something really funny and laugh-provoking.

Actually, a sense of humor is a sign of evolutionary development. To be able to laugh when things look like the Devil shows some measure of inner perceptiveness; some measure of freedom from the hypnotic spell of the surface show.

This freedom comes with Wisdom earned through careful contemplation. When we have reached the point where we are earnestly and seriously searching for the meaning behind outward appearances, we come to realize how transitory such appearances are. Those who partake, even partially, of the inwardly perceived Wisdom acquire a new set of values for themselves and for the events of day to day existence. They are aware, to some extent at least, of the vast difference between the Real World and the superficial surface appearance.

They are able to laugh, no matter what the circumstance may be, because they have perceived the incongruity between the way things appear to be and the beautiful reality that is above and within that appearance. There is cause for real laughter when we perceive the ridiculous discrepancy between what we truly are and what we have been thinking we are! We are so much more! All the time we have been stumbling, bungling, trying to feel important and preserve the dignity of the little self, the glorious truth about the SELF was beyond our wildest dreams!

The laughter of which I speak, which is a mark of spiritual unfoldment, is never deriding or cruel toward others. It is the warm and kindly humor that is healing in effect. It helps relieve pain and tension by taking the consciousness away from the painful appearance with word images of joy and delight. It is associated with Chokmah because it is through receptivity to the Inner Wisdom that we begin to unfold the ability to perceive relative values from a higher vantage point.

Essentially it has to do with knowing, or in the earlier stages sensing, the difference between the SELF and the personality. That awareness frees us from too close identity with the ignorant behavior of our personality. It helps us to think of personality as we would our baby or our pet; to see its mistakes and unlovely behavior as essential aspects of the maturing process. When we are not too closely focused on personality as the 'I', we are able to accept its imperfections with good humor, just as we are able to enjoy the outrageous behavior, by adult standards, of a toddler or a pet.

Too close an identity with the personality is what makes people unable to acknowledge its faults and mistakes; is what makes people avoid owning up to them by blaming others or circumstances or providence. This inability to accept personality faults hinders their trans-

mutation. It pushes guilts and shames deep down into subconsciousness, where they are multiplied and elaborated and continue to pain us and enslave us. When we face them and learn to laugh at them as ridiculous parodies of the True Self, we are on the way to becoming free from them. They will no longer enslave us when we see them for what they are; when we acknowledge them as appearances over which it is our responsibility to gain dominion.

The 3 of Pentacles relates to the 2nd decanate of Capricorn, ruled by the Venus of Taurus. Qabalistically it represents the influence of Binah in Assiah. Both Binah and Venus are associated with qualities that bring new forms into expression. The forms that will transform us are those which attune us to Neshamah, the Divine Soul in Binah.

We have been told that the collective consciousness holds patterns of our misinterpretation of experience. It also holds vibratory patterns of Understanding. We can partake of that Understanding of Superconscious Wisdom by fashioning an affinity for the records of the sages; by building structures in our vehicles that so attune us. Until we get this higher attunement built into our very bodies, truth comes to us distorted and our misinterpretations cause our unwise actions and judgments.

The stage of the Great Work associated with Key 15 is called Fermentation. It is concerned with the gradual building up, through multiplication, of subconscious forms that attune us to Neshamah. This stage is related to Venus, ruler of the 2nd decanate of Capricorn, through the attribution of creative imagination. Conscious mental imagery, such as we do together in this work, impresses the subconscious substance with the quality of images that, when multiplied throughout the cellular consciousness, transforms us into a receptacle for the Higher Understanding of Neshamah.

Alchemically, Fermentation is associated with the multiplying action of leaven in meal! In divination the 3 of Pentacles indicates constructiveness, increase, growth. The leaven that is to be multiplied in this activity is the realization of the Higher Self; the realization of human dominion over all that comes into appearance through the activity of the elemental forces. With a clear mental image of personality as a channel for superconsciousness, the leaven of this truth becomes mixed with the chaotic mass of sense experience that seems to deny it. The image must be continuously repeated until it transforms the chaos into perception of the Real Order that underlies all.

The leaven of superconscious realization is made to grow by remembering continuously that the responses, actions and mistakes of personality are not the Self. By denying the appearance of personal autonomy, superconscious realization of the SELF begins to permeate the vehicles and tinge the cellular consciousness with Truth.

In Fermentation the Saturn energy is combined with the Mars energy, just as the forces of Saturn and Mars are combined in Capricorn. In its subconscious action Fermentation stirs up the emotions and

temporarily brings some of the base drives and animal emotions to the surface so that they can be driven out of our lower personality nature. Alchemically, the chains on the man and woman refer to the necessary mental and emotional control needed at this point. This control is related to a positive use of the Saturn energy.

In this process the Yetziratic vital soul energy that has been locked up in erroneous identification with lower drives is transformed into patterns of truth about the Self. In this way the personality vehicles are purified so that they can act as receiving stations for the higher vibrations from Neshamah; for the understanding and love that will transform this world into a perfect mirror of the Real World.

Qabalistically the 4 of Pentacles represents Chesed, sphere of Jupiter in Assiah. Astrologically it is attributed to the 3rd decanate of Capricorn, ruled by the Mercury of Virgo. On the Tree of Life the 26th Path attributed to Ayin and Key 15 links Tiphareth, seat of the human Ego, to Hod, seat of intellect and sphere of the activity of Mercury.

Note that the 15th Path is really an extension of the 20th Path, which links Chesed, seat of cosmic memory, to Tiphareth. The 20th Path is attributed to Yod, assigned to Virgo, ruled by Mercury. These Qabalisms intimate that the unfoldment of human intellect by the Ego in Tiphareth comes through an increasing receptivity to the cosmic level of memory in Chesed.

The development of human intellect by the Ego is begun through the impact of concrete appearances corresponding to activities of the 26th Path. The phenomenal world arouses our interest; it excites us into activity; it prods us into looking for answers to the many enigmas it presents. At this stage, even though appearances may delude us, they take us out of inertia into active investigation. They sharpen our intellectual powers and prepare the mental body for perception on a higher turn of the arc. As the search becomes really penetrating and attentive, we begin to realize that things are not what they seem to be from our first look.

From this we should realize that the Saturn energy is absolutely essential to the evolution of consciousness. Without the separative activities of Saturn our consciousness of 'I' could not be unfolded. This is how human centers of individuality are developed; centers able to participate in the cosmic administration through development of self-conscious Mercurial powers.

The world of appearances is not in itself a world of deception. When we learn to use our mercurial powers to look for the One Thing in every object, attribute and circumstance on earth, we begin to live in the Real World. As our perceptions of the Real World unfold, the Higher Self is able to impress the conscious mind with the cosmic level of memory from Chesed.

Thus does the Path of Key 15, which first confronts us with the problems of belief in false appearances, become the Path of Renewal.

After our struggles with the world of appearances have sufficiently prepared the mental body in Hod, the Ego in Tiphareth begins the Renewal that transforms the Mercurial intellect into a transmitter of the Wisdom and beneficence stored in the cosmic memory of Chesed.

This truth is shown in the Magical Language by the like numeration of three words. One of the names for the Devil of Key 15 is Neshash, while, the serpent of sensation whose number is 358. This is the number of nwa, Messiah, the Redeemer. 358 is also the number of makhodash, wind, the word for Renewing in the name of the 26th Path.

Renewal leads to more than mystical awareness. It prepares us to utilize energies and hidden powers in ways that help bring about a better world situation and more harmonious appearances for all. We align ourselves with the Deliverer who renews the world by unveiling the Devil as essentially one with the Angel of Key 14.

#### TECHNIQUE

Begin with the visualizations and intonations for activating and balancing the seven Interior Stars and their three higher octaves. As usual, perform this part of the practice within a globe of earth and complete it with the intonation of Shalom as you send peace and love and blessings to all who dwell on earth.

Remain in the globe as we proceed with the balanced activation of the pairs of opposites: 11 & 4; 13 & 5; 14 & 6; 15 & 7. Also have ready the Ace, 2, 3 and 4 of Pentacles.

Visualize Key 11 above and Key 4 below; whirl their green and red vibrations through the globe in the usual manner and intone for both; then give this meditation:

"Oh Thou, Lord of All, help me to find the center within where darkness and light are One. From that center I am Thy instrument for establishing the dominion of Spirit over all the earth."

Visualize Key 13 above and Key 5 below. Whirl their complementary colors through your globe as you intone in the usual manner. Now give the meditation:

"Oh Thou, Who art the Changeless One; prepare me through Thy ever changing forms, that I may hear Thy Voice revealing the Way of release from every earthly delusion."

Visualize Key 14 above and Key 6 below; whirl their colors as usual and do your intonations. Then give the meditation:

"Oh Thou, luminous Angels of God, prepare me with Thy tests! Awaken me with Thy light! That I may see the Real World behind the outward show."

Now, remaining within the globe of earth, become Key 15 in all its details. Now meditate on the four Pentacle Keys before you. Look first at the Ace of Pentacles and give this meditation:

"Oh Thou, Lord of All, let me share in Thy magical work! Let me serve Thee in the renewal of all the forms of earth."

Look next at the 2 of Pentacles and continue the meditation:
"Oh Thou, Who dost create through the interplay of darkness

and light, as I see Thy true Beauty, all the masks of sorrow become a laughing face."

Look next at the 3 of Pentacles and continue the meditation:

"Oh Thou, Who dost teach through "that which appears to be"; let me share in Thy Understanding that it may multiply throughout the forms of earth."

Look next at the 4 of Pentacles and continue the meditation:

"Oh Thou, Who art the One Redeemer, prepare me with Thy Mercy, that I may serve in Thy work of redemption for every creature on earth."

Remain within the globe as you now visualize Key 15 above and Key 7, The Chariot, below. Whirl the blue-violet and yellow-orange vibrations through the globe and intone Ah - oo - mmmm seven times on the note A for Key 15 and seven times on the note D# for Key 7. Then give this meditation:

"Oh Thou, Who art in all things, let me see Thy radiant face! Let me see Thee as Thou truly art! Then will the 'Work of the Chariot' come to completion, filling the World to overflowing with Thy joy and delight!"

Finish with the integrating ritual and the tensing and relaxing of the physical body. ##

### Lesson Sixty-five

(from the transcripts of class lectures by Ann Davies)

In our Color and Sound correlations, violet and the note A# are attributed to Key 17, The Star. The related 11th bodily zone includes the calves of the legs and ankles. Note that this zone is part of man's lower extremities, which keep him in an upright position and set him apart as a thinking, self-conscious entity. Incidentally, all the Tarot Keys corresponding to bodily areas from the hips to the feet relate to psychological and physiological qualities directly involved in treading the accelerated evolutionary Path of Return. The Keys we refer to are Key 14, hips; Key 15, knees; Key 17 calves and ankles; and Key 18, feet.

The qualities of personal expression emphasized by Key 17 are those attributed to Aquarius, the sign of the New Age of Brotherhood. Aquarians are said to be inventive, humanitarian and independent. They are distinguished as forward-looking thinkers, ready to embrace new ideas and innovations. Their open-mindedness takes the form of real concern for ways to improve the lot of humanity. This innate social conscience comes from an inner awareness of the actual brotherhood of the whole human race.

Tzaddi, the Hebrew letter printed on Key 17 means fishhook, a means for lifting fish out of water. It relates to meditation, the mental function assigned to Key 17, which is the means by which we lift some specific type of knowledge out of the Great Sea of All Knowledge. The inventiveness attributed to Aquarius is a personality level outworking of an innate tendency toward the meditative state. When there is a real desire to find new and better ways of doing things or a real yearning to discover answers to the many enigmas of existence, the meditative state comes naturally and tends to attune us to the superconscious level of related knowledge.

Yet open-mindedness and eagerness for new ideas alone is not effective in attuning us to receive superconscious wisdom. There must be a deliberate limitation of the field in which knowledge is sought. We have to bait the hook of the mind with some specific question or theme that will attract knowledge of a related kind.

The co-rulers of Aquarius, Saturn and Uranus, suggest this open receptivity within controlled limits. The Uranian influence gives the open-minded willingness to consider new ideas and innovations. When we permit ourselves to become too bound by 'what has been', we keep ourselves from receiving the vibrations of the new cycle. Note that Key 0, Uranus, portrays a youth looking eagerly upward toward new heights to explore!

The ability to keep within a specific framework of related ideas is an expression of the Saturnine influence. Saturn focuses attention and holds the consciousness steadily on one object of thought at a time. It stabilizes the fluctuations of the mind and slows down the associative

processes in order to give strength to a single idea. Key 12, wherein the central figure is shown suspended from the letter Tav, portrays the mental stillness which makes us receptive to new revelations of truth.

Another correlation between the meditative state and the Aquarian personality type is expressed by a quality of freedom from over-concern for conventions and patterns of the past. Aquarians are said to have a marked capacity for the objective approach. That is, they are better able than most to consider new ideas free from the restricting emotional responses that hold on to old values and notions of how things ought to be. Usually the refusal to consider new ways of doing things is based on fear of change and the unknown. Such negative emotional responses keep us from being open to the flow of the New Age vibrations in our periods of meditation.

As with all personality expressions, Aquarian attributes out of balance with other qualities can cause more problems than they solve. A personality level penchant for objective truth carried to extremes becomes unaware of the subtleties of feeling and emotion, with a resultant tactlessness and brusqueness in expression. In close relationships this tactlessness, combined with the Aquarian love of independence and preoccupation with the acquisition of some new aspect of truth, can make them appear indifferent and thoughtless on the personal level.

Furthermore, when we mention the desirability of being able to ponder new ideas free from the restricting emotional responses of the past, this does not mean that emotion and desire are to be suppressed, as we have often discussed. Indeed, it is the power of desire that links us to the planes of superconscious truth. You have to desire truth with all the strength of one-pointed concentration in order to attune your consciousness to the vibratory keynote that participates in the Eternal and Continuous Meditation of the Universal Mind.

The active figure in Key 17 is a woman. Receptivity to higher wisdom in meditation is basically a subconscious function; an expression of focused desire. On the Tree of Life the Path of Key 17 links Netzach, sphere of desire, to Yesod, the pattern-making consciousness. In successful meditation your focused attention on some specific question must be charged with strong desire for an answer. You have to care about the central theme you have chosen or your conscious attention will not remain focused as it must.

Desire is the real secret behind successful meditation. Yearning to understand! Yearning to know! For this reason meditation on abstract ideas that do not excite your real interest usually lead to disappointment. Choose something you care about! Remember that truth lies veiled behind all things! No one has any problem meditating on their beloved when they are in love. On the negative side, no one has any trouble holding their mind steadily on a problem that worries them or that they fear. Indeed, they find it impossible to let go! It is the power of desire that focuses attention whether it is a desire for something or, as in the worried state, a desire to avoid something.

Patanjali called meditation an "unbroken flow of knowledge in a particular object". Since we all know how to hold unbroken attention on something, whether we have recognized it or not, what we want to begin doing is directing that focused attention on specific ideas that are in harmony with our spiritual aspirations.

The higher meditation which reveals universal truth is simply a focusing of consciousness on higher desires! Instead of personal, material desires or negative fears holding our attention, we come to where our desires are no longer concerned with purely personal considerations. They begin to partake of the Uranian eagerness for the new, that has sensed the inadequacy of things as they appear to be and looks upward toward new levels of Truth to unveil.

As we participate in meditations, such as we work with in this course, we are participating in the Hierarchical efforts for accelerating the time when the full expression of the Age of Brotherhood becomes manifest on earth. We must master the art of meditation, not just for our own unfoldment, but so that we can become fit instruments for serving in this Great Plan that is bringing more beauty, harmony, love and fulfillment to all creatures.

Within the Universal consciousness the truth you seek is already there. By holding your attention steadily on some specific idea you wish to understand more fully, some new aspect of Reality relative to that idea begins to dawn on your conscious mind. The mood that is successful in unveiling truth is the expectant, confident mood portrayed by the Fool; a confidence that the One Life will impart to you just exactly the kind and amount of knowledge you can grasp and utilize at this moment.

As Higher Truth about the object of your meditation is unveiled, there comes with it a realization that all the various and seemingly separate appearances of the external world are really aspects of a Single Reality. As your meditations become deeper and clearer, you will begin identifying your personal consciousness with the Universal Consciousness; you will realize that the operations of your mind are aspects of the One Mind. This leads to the direct experience of non-separateness.

As realization of the unity of life begins to permeate all your activities — mental, emotional and physical — your personality complex becomes an instrument through which the One Life can impress patterns of unity and love upon the collective consciousness of humanity. As the united efforts of Spiritual Aspirants succeed in pouring the New Age energies into the subconscious pattern level of humanity, the old erroneous forms will be gradually dissolved.

As the images of unity begin to predominate in the Astral Light, more and more units of the human family will be touched by these impressions and begin responding to ideas of benevolence, ideas of unity with all of life. When these impressions of non-separateness reach a certain volume and strength, the Age of Brotherhood will become a manifest reality here on planet earth.

### TECHNIQUE

Begin as always with the visualizations and intonations for balancing the seven Inner Holy Planets and their three higher octaves. Perform this vibratory ritual within the globe of earth so that you will be symbolically dedicating its harmonizing and unifying effects to help lift the collective consciousness of humanity to a higher level of expression. Complete this part of your practice by intoning Shalom (C-F#-G) seven times while sending love, peace and blessings to all directions of space.

For this practice have ready the pairs: 11 & 4; 13 & 5; 14 & 6; 15 & 7; 17 & 8. Keep in mind that the emphasis in this lesson is on Key 17 and its complement, Key 8.

Remain within the globe of earth as you first visualize Key 11 above and Key 4 below. Whirl the green and red vibrations through the earth as we have been visualizing it and intone in the usual manner. Then give this meditation:

"Oh Thou, Who dost balance the scales of justice with Thy eliminative sword, I am ready to let go of the old that I may become a fitting channel through which Thy Sovereign Reason can send forth the New Age energies to glorify all the earth."

Visualize Key 13 above and Key 5 below. In a clockwise motion whirl the blue-green vibrating light downward through your globe of earth as the red-orange light whirls upward, counter-clockwise, to complete the cyclic motions. Intone as usual and give this meditation:

"Oh Thou, Who dost perform Thy magic of Light with the transforming power of Nun... Open my inner ears! Still the turbulence of my thoughts!... that I may hear the Voice of Eternal Truth and send it forth anew to benefit all the earth."

Image Key 14 above and Key 6 below. Whirl the colors through your globe of earth as before and intone Ah - oo - mmm seven times on the note G for Key 14 and seven times on the note D for Key 6. Give this meditation:

"Oh Thou, luminous Lights of God, I yearn to partake of Thy knowledge and might that I may serve more fully the Brother-hood of Man."

Visualize Key 15 above and Key 7 below. Whirl the color vibrations and intone the notes as usual; then give this meditation:

> "Oh Thou, Lord of darkness and of light, lift the veil of how things seem to be that I may see the SELF at the center, guiding the chariot of expression to its New Age destiny."

Still within the globe of earth, become Key 17 in every detail. See the stars above you vibrate with light; feel the moving water under your right foot; hear the sound of the water pouring from the vases in your hand. Now feel yourself immersed in a globe of vibrating violet light as you intone Ah - oo - mmm seven times on the note A# and give this meditation:

"Oh Thou, beautiful Goddess of Truth, as I still the outward clamor, the veil of illusion lifts to reveal Thee as the Self for all humanity."

Now float Key 17 up until it is above your globe of earth. Visualize Key 8 below. Whirl vibrating violet light downward from Key 17 and yellow light upward from Key 8. Intone Ah-oo-mmm seven times on the note A# for Key 17 and seven times on the note E for Key 8. Give this meditation:

"Oh Thou, Divine Mother of all that is; Thy love transforms the lion of strength into the quiet pool that reflects unveiled Truth to all who are ready to see."

Finish with the integrating ritual and the tensing and relaxing of the physical body. ##

## Lesson Sixty-six

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 5, 6 and 7 of Swords correspond to the three decanates of Aquarius and therefore to qualities of expression attributed to Key 17. The 5 of Swords represents the first decanate, ruled by Saturn and Uranus. Qabalistically it refers to Geburah, seat of volition, in Yetzirah, the Formative World.

The units in the 5 of Swords form a pentagram, symbol of man's dominion over the Astral Light. That which gives man dominion is mind. The word man comes from a Sanskrit root, 'to think, to measure'. As entities endowed with mind, we can measure; we can distinguish truth from falsehood; we can separate the subtle from the gross.

The operations of mind, symbolized by the number 5 and by the pentagram, give us natural dominion over the formative forces of Yetzirah. It is man's superior mental equipment that gives him the potential capacity to understand nature and direct its forces in ways that bring new combinations of form into manifestation. However, until man understands his true place in nature, his natural dominion over the formative forces is exercised in ways that make him a slave to the appearances he should rule.

Partial understanding of the laws whereby natural forces are controlled can be considerably more dangerous than the unconscious, ignorant control exerted by the greater part of humanity. Those who discover some of the secrets of nature, but remain in ignorance of the unity of life, base their attempts at direction on separative error.

To direct the forces of nature for separative advantage, whether on the personal or national scale, is to enter into the realm of evil magic, which inevitably brings defeat and destruction in its wake. The divinatory meaning of the 5 of Swords intimates this danger. In material matters it is said to indicate just such destruction and defeat. Whenever we direct the forces of nature to serve selfish ends we place ourselves in opposition to the Primal Law of the Universe — the law of Unity and Love. Inevitably, then, we must reap the repercussions of being in conflict with Universal Law.

For us as spiritual aspirants dedicated to serving the Light, the need is to perfect ourselves as instruments so that we can exercise dominion more knowingly and effectively. We are vehicles for the Universal Mind. The Life-power must work through its instrument, man, in order to bring the Great Enterprise to completion here on earth.

It is man's destiny to exercise dominion over the elemental entities that bring all things into manifest form. Through meditational practices we begin to participate in the higher mental processes of the universe. As we become proficient we begin to recognize the formative process in nature and the way human will exercises dominion over it. This knowledge prepares us to act as receivers for some new expression of Divine Law that we can help bring into physical expression here on earth.

Although meditation enables us to participate in the thought processes of the Sages, it should not be thought of as a substitute for the reasoning mind. Before entering into meditation for light on some problem or enigma, we should first subject it to careful reason and discrimination. In this way we enter meditation with a more distinctly stated question circumscribed within a specific framework of just what we want to know. Meditation, remember, partakes of both Saturn and Uranus. It is not an empty mind! It is a mind free from fussiness and meddlesome meanderings about what we think the answer should be, but it is intent upon receiving some special aspect of truth. Because the mind is contained within due bounds it is not open to anything that might come along from the astral levels. This is another safeguard!

To the first decanate Aquarian is attributed the scientific mind. The dedicated scientist, intent on unveiling some special aspect of truth, typifies the quiet but determined and eager qualities that reveal higher Truth to the personal mind.

The 6 of Swords corresponds to the 2nd decanate of Aquarius, ruled by the Mercury of Gemini. Qabalistically it corresponds to Tiphareth in Yetzirah, the Egoic influence in the Formative World. As Tiphareth in Yetzirah, this minor trump refers particularly to man as the mediator between superior and inferior planes or beings. It is meditation, the function attributed to Key 17, that establishes man as this mediating link.

Tiphareth is the Intelligence of Mediating Influence. In the letters of the Tetragrammaton, Yetzirah is attributed to Vav, meaning nail or hook. Furthermore, Yetzirah is the plane of man, who, because he is endowed with formative mental powers, is the link between the higher creative plane of Briah and the Assiatic plane of dense physical appearances. Note in this connection that Aquarius on Keys 10 and 21 is pictured as the creature with the face of a man.

The astrological symbol for Aquarius, two wavy lines one over the other, is also the Alchemical symbol for dissolution. Man, the link between the causative forces above and the dense physical results below, is necessarily also the dissolver. Evolution takes place through the continuous construction, preservation and dissolution of form.

Dissolution is the name for the 11th stage of the Great Work attributed to Key 17 and the meditative state. True meditation results in a kind of dissolution. The discovery of the First Matter is really a dissolution of all apparent differences into the One Substance out of which all things are made. True meditation reveals the unity of human life by dissolving all thoughts based on the separative Mercurial mind back into the One Consciousness from which all mental processes arise.

In divination the 6 of Swords is said to indicate success after difficulty or after patient, laborious effort. The relationship between this minor Key and Key 17 indicates that the esoteric significance of the divinatory attribution has to do with the patient, persistent practice required in the early stages of meditational work. The fluctuations, asso-

ciative processes and separative functions of the Mercurial mind need to be brought under control and stabilized, as pictured in Key 12. Then, only, can the unifying Ego consciousness ray through and illumine the personal mind with the eternal principle behind the specific question in any meditation.

As with all aspects of the Great Work, the stage of Alchemical dissolution has its physiological correlates that stabilize and complete the spiritual insights which are received at first in occasional flashes. If we are to serve as a truly valuable mediator between 'heaven and earth', a link must be fashioned within our vehicle between the Sun Center near the heart and the Mercury Center in the upper brain. When a current of energy flows freely between them, the Mercurial mind is able to receive and hold impressions from the Central Self.

Here again the idea suggested by the divinatory meanings of the 6 of Swords is significant. In the early stages of meditational practice it can seem that we are having little success in unveiling higher truth. The tiny flashes we receive at first are so subtle and unfamiliar that the separative Mercurial mind tends to dismiss them as unreal and illusionary! There must be patient, persistent and faithful meditational practice during this relatively barren period, while obstructions are being dissolved and new structures are being built that establish a distinct link between the two inner centers mentioned earlier.

In the higher revelations of truth about the SELF, all personal differences are dissolved. There is no awareness of being an individualized entity. From this revelation comes a firm, stable conviction that all human egos are expressions of the One Ego. After one has experienced this dissolution of all seeming separation into One eternal unity, the Brotherhood of man becomes a fact. The person who experiences this directly then turns all his efforts toward bringing Brotherhood into actual manifestation in the worlds of name and form.

Astrologically, the 7 of Swords corresponds to the 3rd decanate of Aquarius, ruled by Venus. Qabalistically it corresponds to Netzach, sphere of Venus, in Yetzirah, the Formative World. There is in this decanate an emphasis on the Venusian aspect of meditation. Venus is associated with loving emotions, with desire and with creative imagination. It is emotional power, that which usually serves personal desires, that gives the strength of formation to meditative concentration.

Spiritual aspiration, that yearning which seeks Truth in meditation, is desire freed from purely personal concerns and wants. The 3rd decanate Aquarian is said to be brotherly and humane. When a human being begins to sense the unity of life, his desire nature begins to turn away from merely personal wants and is directed toward concerns aimed at benefiting others who are in some kind of need.

Creative imagination, related to Key 3, Venus, clothes the abstract Truth received from the higher formless planes in images that are intelligible and useful to the personal mind. It is the Venusian influence that translates the Universal principle of Brotherhood, received in meditation,

into concrete images that embody it in a form that can be utilized to bring about its manifestation here on planet earth.

Venus gives the lovingness and warmth to desire that is always concerned for others. In meditation this quality gives desire that universal aspect which attunes us to the Briah levels of love and wisdom. It is the quality that gradually concenters all personal desire with universal desire, giving personal desire its universal significance. Although it may still feel like personal desire, the difference is in the objective which expands outward to embrace the welfare, not just of ourselves or our personal dear ones, but the welfare of the whole human race.

Our humanitarian concerns begin to purify the desire body so that it is able to receive higher impulses and mirror images to the conscious mind that are based on the instructions received from the Benevolent Ones ahead of us on the Path. Then one knows that there is no real freedom or joy or happiness for anyone until all share in the realization of unity that cannot help but express in brotherly love and harmony.

As meditation is nourished by Venusian love and warmth, the activities of the seven Inner Stars, shown in Key 17 grouped around a Central Star, come into harmonious relationship. The meditational process synchronizes the activities of these centers into a rhythmic alignment that attunes the personal level of consciousness with the Great Macrocosmic Rhythms.

Through this vibratory attunement we become receptive to the inner secrets of nature and cognizant of the real essence of the forms that surround us. As we vibrate in harmony with the Eternal Meditation, nature lifts Her veil for us and reveals Her incomparable beauty and inevitable Victory.

The woman in Key 17 is Venus fashioning images of Truth for those who learn the secret of balance in meditation. The divinatory meanings of the 7 of Swords is said to indicate partial success. Esoterically this relates to the stage where we are not yet making the most of the forces at our disposal. This suggests the need to keep the emotional yearning and desire, related to Venus, duly balanced with reason and discrimination. As mentioned earlier, to receive from the higher levels of wisdom we must first prepare ourselves by subjecting our questions to reason and analysis. In meditation, emotional aspiration alone can bring the ecstasies of the mystic, but without proper knowledge it is not very valuable in the manifest world.

To be a valuable instrument through which Divine Purpose can elaborate and grow new forms of procedure and new innovations for the bringing in of the New Order of the Ages, one must be duly prepared with knowledge. The scientific type study, related to Aquarian qualities, which goes about learning all there is to know about a subject of interest, exemplifies the preparation which opens up to receive new ways through which eternal divine principles of truth can be expressed in manifest existence.

#### TECHNIQUE

Begin as always with the vibratory attunement of the seven Interior Stars and their three higher octaves. For this practice have ready the pairs of opposites: 11 & 4; 13 & 5; 14 & 6; 15 & 7; 17 & 8. Also have ready the 5, 6 and 7 of Swords.

Place yourself within the liquid globe of earth and visualize Key 11 above and Key 4 below, remembering that the emphasis in this practice is on qualities expressed by Key 17. Whirl the green down from above and the red up from below in the usual manner as you intone for both. Give this meditation:

"Oh Thou, Goddess of undeviating Justice, separate the true from the false in me, that I may serve as an instrument for Thy Sovereign Reason."

Visualize Key 13 above and Key 5 below. Whirl the vibrations through your earth and intone as usual. Give the meditation:

"Oh Thou, Lord of Beneficent Change, open my inner ear that I may serve as a transmitter for bringing Thy instructions into expression here on earth."

Visualize Key 14 above and Key 6 below. Whirl the blue and orange vibrations through the earth and intone as usual. Give the meditation:

"Oh Thou, Angels of the Living God, temper and balance the forces of my vital soul that I may Unite with the Self centered within the heart."

Visualize Key 15 above and Key 7 below. Whirl the colors, intone as usual, and give the meditation:

"Oh Thou, Lord of All, open my eye that I may see Thee as Thou really art, and thus seeing, become a Chariot for Thy All-seeing Wisdom and Light."

Now immerse yourself in a globe of violet light and become Key 17 in all its details. Hold the visualization as you look at the Sword Keys before you. Look at the 5 of Swords and give this meditation:

"Oh Thou, Lord of All, touch my mind with Thy light, that it may become a transparent vessel for bringing Thy Purpose to earth."

Look next at the 6 of Swords and continue:

"Oh Thou, Lord of Love, touch my heart with Thy light, that it may overflow with love and bring Thy beneficence to all creatures here on earth."

Look next at the 7 of Swords and continue your meditation:

"Oh Thou, Lord of desire, touch me with Thy yearning that my lesser desire may reflect Thy Divine Desire to bring perfection to all creatures here on earth."

Now float Key 17 above your globe of earth and visualize Key 8 below. Whirl the violet vibration down from above and the yellow vibra-

tion up from below. Intone Ah - oo - mmm seven times on the note A# for Key 17 and seven times on the note E for Key 8, and give this meditation:

"Oh Thou, luminous Central Star, balance the stars of my little world that they may express Thy True World for the glory of all the earth."

Finish as usual with the integrating ritual and the tensing and relaxing of the physical body. ##

#### Lesson Sixty-seven

(from the transcripts of class lectures by Ann Davies)

Tarot Key 18 corresponds to Pisces, the 12th sign of the zodiac; to the feet and toes, the 12th zone of the physical body; and to Multiplication, the 12th Stage of the Great Work. In our vibratory correlations the color is red-violet and the note is B-natural.

The qualities of personality we want to unfold with Key 18 are those attributed to the positive Piscean type. Devotional, sacrificial, sensitive and kindly are key-words used to describe them. When a devotional nature is expressed through a developed personality it is one of the most beautiful and valuable of all attributes for treading the accelerated evolutionary Path of Return. The summit of that Path, pictured in Key 18, is reached when spiritual illumination permeates every cell of every body in the total personality complex.

Qoph, the Hebrew letter printed on Key 18, is called the Path of the Corporeal Intelligence. It refers to the body consciousness which is in charge of the continuous building, maintaining and transforming of every vehicle through which the Life-force expresses. When our devotion is such that we are willing to sacrifice everything to the service of the One Self, we have reached the section on the Path where receptivity to the more rapid vibratory rates is becoming incorporated into our physical body.

True devotion, directed toward reaching Liberation, raises the vibratory rate of the cellular consciousness. When that consciousness is sufficiently raised to where it is able to respond to superconscious impulses more or less continuously, we have reached the end of the Path. The connection between body consciousness and completion is further emphasized by the attribution to Key 18 of the 12th and final stage of the Great Work.

We should be able to see the connection between the devoted, sacrificial Piscean nature and the lifting up of the Corporeal Intelligence. Devotion and sacrifice suggest total commitment... suggest intense dedication to a single cause! When such total dedication is turned toward the performance of the Great Work it tinges our every thought and every image. And when it does that, through the workings of the law of suggestion, it cannot help but begin transforming every cell of the physical body!

The sensitivity and kindliness attributed to Pisceans are the result of their unusual responsiveness to the feelings of others and their emotionally intense capacity for caring deeply about whatever they consider important. This sensitivity and emotionally involved concern about the welfare of others makes them more subject to emotional suffering and pain than any other personality type. This sensitivity, however, does not always bring sorrow. It can also attune them, more easily than any other type, to the Universal Love vibrations that bring the sweeping ecstasy and joy of mystical experience.

In Hebrew the letter Qoph means back of the head. This is the physiological location of centers that control the building, maintenance and eliminative processes of the body. The title of Key 18, the Moon, refers to this subconscious intelligence that is in charge of all bodily processes. The title also refers to the psychic sensitivity of Pisceans that gives them such intense emotions and makes them telepathically receptive to the feelings and moods of others.

Through this center at the back of the head, self-conscious suggestions make their impression on the subconscious body-building processes. Because self-consciousness always has dominion, these suggestions tend to change the behavior patterns of groups of cells, organs and structures throughout the body. The alterations follow the mental patterns formed by the central suggestion resulting from the combined thoughts, emotions and activities of the total personality.

When the sacrificial devotion of which Pisceans are capable is dedicated to the completion of the Great Work, the body consciousness responds by awakening inner senses and completing inner structures that link one consciously and more or less continuously to the guidance of the SELF within. The plane of the Self, the One Ego of all humanity, is the plane of love and compassion. United continuously with That, we cannot help but dedicate and devote our every aspiration and thought toward helping others experience the incomparable joy and ecstasy of union with the SELF.

Zodiacally, Pisces is ruled by Jupiter and Neptune. Venus finds its exaltation in this sign. Always remember that these rulerships and exaltations give keys to the psychical and mental forces at work in the related stage of unfoldment and qualities of personality expression attributed to the zodiacal Keys.

Venus, Key 3 in Tarot, refers to creative imagination and to the emotional warmth and desire of Venus. These functions are exalted, that is, they find their highest level of expression, through the devotional and sacrificial qualities attributed to Pisces. Our creative imagery, both conscious and subconscious, directly affects the condition of our bodies. When our predominant mental imagery is tinged with the aspiration to be an instrument for the SELF, it begins to transform our body into just that.

A strong, consuming desire to be an instrument of God, that is willing to sacrifice all lesser desires to it, lifts creative imagination up to where it becomes receptive to the superconscious levels of Truth and Wisdom. Then we are able to formulate the kind of images that embody this wisdom. If we keep the image clear with attention, nourish it with love and devotion and remember it with reiteration, inevitably it will multiply throughout the body consciousness and bring about the completion of the Great Work.

The area at the back of the head also holds the sight center. Our ability to visualize is associated with this center. What we see when we look at anything is conditioned by our perceptiveness; by our reasoning ability; and by our capacity to discriminate differences keenly and intel-

ligently. In other words, what we see is conditioned by our knowledge about it and by our emotional responses to it. Broadly, this means that what we see is qualified by our place on the Path of evolution. To see rightly is to reason and discriminate rightly. Up to a certain point these qualities are developed in human beings by the natural processes of evolution.

No one is prepared to tread the accelerated Path of Return until he has reached a certain place on the natural path of evolution. Before one can begin the Path that leads up to the mountain height in Key 18 he has to have reached the location of the towers. They suggest the level of an integrated, thoroughly individualized human being. Until that level is reached one is not prepared for the sharper, steeper ascent up the accelerated evolutionary Path.

This readiness for the Path of Return is intimated by the ruling planets of Pisces (Jupiter and Neptune). Jupiter is assigned to Key 10. Through the letter Kaph it is associated with a grasp of universal laws that embody eternal principles of truth. The influence of Jupiter when not coupled with this grasp of truth is said to express as bad judgment and lack of discrimination. Neptune, the other ruler of Pisces, is said to give spiritual intuitiveness on the positive side; but in lesser developed types its influence can indicate susceptibility to hallucinations, negative psychism and an inclination toward escapism in unrealities.

What does all this indicate? The qualities of devotion, sacrifice and intense emotional dedication to a cause are those which lead to the completion of the Great Work when expressed by one ready for the accelerated Path of Return. But, just as all qualities express in two directions, these same qualities, when expressed through unripe personalities who are still under the domination of race error, are among the most dangerous and destructive of any qualities attributed to any type in the whole zodiac.

When the vision is narrow and the devotion is blind, unreasoning and based on an irrational attachment to some idea, creed, belief or cause, the outcome is always the intolerance of the bigot with his equally blind and unyielding judgment against those who do not share his beliefs. This is the intense devotion of the fanatic that is always separated from intelligent discrimination. Because he is oblivious to anything that might contradict his belief, he refuses to weigh and measure relative values. Thus he is utterly deluded and unbalanced. Intensity of conviction, coupled with the Piscean's psychic sensitivity, makes such a fanatic wide open to the most deluded and error-ridden levels of astral receptivity.

From these considerations we should realize that a human being must be sufficiently free from the dominations of race error before he begins occult work aimed at opening the inner sensorium. Key 18 shows the whole of the evolutionary path. Every human center of expression is somewhere on that path. Only after he has reached the place where he is capable of keen mental discrimination and careful reasoning is he ready to enter the accelerated Path of Return. From this place the Corporeal Intelligence can begin the work of spiritual transformation that leads away

from the keen separation of the individualized consciousness back to conscious realization of Eternal Unity that completes the performance of the Great Work.

# TECHNIQUE

Begin with the balancing exercise for the seven Inner Holy Planets and their three higher octaves in the usual manner. Have ready the pairs: 11 & 4; 13 & 5; 14 & 6; 15 & 7; 17 & 8; 18 & 9. The emphasis this time is on the qualities of expression related to Key 18.

Visualize yourself within the planet earth as you see Key 11 above and Key 4 below. Image the related color vibrations whirling through your globe and intone in the usual manner. Then give the meditation:

"Oh Thou, Who art my True Self within, help me to keep aspiration ever in balance with reason, that I may prove to be a fitting instrument for Thy Wisdom and Love."

Image Key 13 above and Key 5 below. Whirl the colors through your globe, chant the intonations, and then give the meditation:

"Oh Thou, Who dost work through continuous change, open my ears to Thy instructions that my devotion may be in harmony with Thy eternal Truth."

Next image Key 14 above and Key 6 below. Whirl the blue and orange vibrations through your globe, intone and give the meditation:

"Oh Thou, Archangels of God, temper me with Thy tests that I may learn to discriminate the true from the false in all the forms of life."

Next visualize Key 15 above and Key 7 below. Image the colors, intone the notes and give the meditation:

"Oh Thou, Lord of All, open my eyes that I may see Thee behind the myriad veils of form, and thus seeing become a conscious vehicle for Thy All-knowing Self."

Visualize Key 17 above and Key 8 below. Whirl the violet and yellow vibrations through your globe of earth, intone the notes and give the meditation:

"Oh Thou, beautiful Star of Heaven, reveal Thy truth to me, that I may weave it into aspirations that bring harmony to earth."

Now immerse yourself in a globe of red-violet vibrating light. Visualize yourself within Key 18. See the Moon over your head as you walk up the Path that leads to the mountain height. Feel yourself filled with dedication and faith that you will surely complete the Journey. Intone Ah - oo - mm seven times on the note B and give this meditation:

"Oh Thou, Who hast guided me from the beginning, I dedicate all my thoughts, all my yearnings, all my actions toward reaching the goal of conscious union with Thee."

Now float Key 18 over your head and visualize Key 9, the Hermit, below the globe in which you are immersed. Whirl the red-violet light down from above and the yellow-green light up from below. Intone Ah-

00 - mm seven times on the note B for Key 18 and seven times on the note F for Key 9. Give this meditation:

"Oh Thou, Who art the Creator of all, build Thy love into my body, that I may unite with the Hermit at the end of the Path of Lives."

Finish with the integrating ritual and the tensing and relaxing of the physical body. ##

### Lesson Sixty-eight

(from the transcripts of class lectures by Ann Davies)

Among the Minor Arcana the 8, 9 and 10 of Cups correspond to the three decanates of Pisces. The 8 of Cups relates to the first decanate, ruled by Jupiter and Neptune. Qabalistically this Minor Key is attributed to Hod, sphere of Mercury, in Briah, the Creative World.

The qualities of expression related to the first decanate emphasize the sensitive, mystical, mediumistic tendencies of Pisces. Where extrasensory awareness is more or less natural, as exemplified by the Piscean type, there is a tendency to let the intellect serve the emotions and to be overly concerned with psychic phenomena.

This easy availability of the subtle planes requires a balance with keen Mercurial discrimination and self-conscious alertness. Psychic receptivity, to be an aid in our spiritual growth, must be balanced with enough knowledge and understanding of the basic universal laws and principles so that we are able to distinguish the delusive from the real. As we all know by now, just because something is received through some one of the psychic senses does not assure us that it is grounded in truth. Indeed, extra susceptibility to astral impressions can be the source of so much delusion and escapism that spiritual development is seriously hindered.

However, we also know that higher plane perceptions must come through the astral levels, where images based on error and delusion are present along with the images of truth and reality. Remember here that 'images' include those related to all the subtle senses, not just to those visually perceived. So we do want to unfold the ability to respond to subtle vibrations, but we must be prepared to evaluate what we receive with keen discrimination. The wisdom of spiritual truth has distinguishing marks that set it apart from the folly of psychic delusion.

Through our practices and studies together we are preparing our consciousness to become receptive to the vibrations of truth and light, but we must not neglect the need for careful self-conscious discrimination which enables us to discern the quality of what we receive no matter what the medium through which we receive it.

In connection with the qualities highlighted by the 8 of Cups we should come to realize that true dedication to serving the Light includes a willingness to prepare ourselves for such service. Developing keen discrimination and acquiring the requisite knowledge are part of that preparation. Key 12, the Hanged Man, symbol for Neptune, is a portrait of the total surrender of the personal self to the Central Reality. When our devotion to God is such that we are able to surrender all thought of 'owning' personality attributes, we can willingly and humbly go about equipping ourselves with those that will make us a better servant of the Light.

To become receptive to the sure guidance of the Central Ego our personality vehicle must be equipped with keen discrimination and right

reasoning. The Higher Arc expression of inner receptivity can be received only through a Higher Arc body. When the Piscean qualities of inner awareness and intense devotion are expressed through a well-equipped personality, surrender to the Central Self is easier to accomplish. Because the Piscean nature is able to see, more readily than most, that objects do not have the solidity or resistance that they appear to have from the reports of the physical senses, they are also able to accept more easily the non-physical basis for every form in the universe. When this awareness is unfolded with intelligent discrimination it leads to the Reversal and to conscious, continuous guidance from the Central Self.

The 9 of Cups corresponds to the 2nd decanate of Pisces, ruled by the Moon. Qabalistically it represents Yesod, sphere of the activity of the Moon. These attributions, together with the title of Key 18 which is also The Moon, refer to the workings of subconscious powers which build, maintain and transform our bodies of expression. Sincere devotion and dedication to spiritual unfoldment influence this body-building intelligence into accelerating the transformations which lead to the culmination of the Great Work.

Key 18 pictures the Path of Return that is leading mankind back to its Divine Source. It is also a symbol for the accelerated Path which takes those who complete it to perfection ahead of the general norms. In truth there is only one path, for nothing can really be left out. We must go through all the experiences, become aware of all the principles, and gradually incorporate these awarenesses into our vehicles.

What the accelerated Path does is to help us comprehend spiritual truths more rapidly, so that we are able to eliminate some of the endless repetitions of identical experiences based on the same ignorance of truth. However, we should remember that the accelerated Path is a Way that is artificially induced. We perform specific practices and meditational imagery in order to perfect our vehicles more rapidly. We do this by having a better understanding of the same forces and laws through which all forms are evolved and transformed.

Here we need to be on guard. Note that the Path in Key 18 is between a wolf and a dog, representing Nature and Art, respectively. The Path which leads to the heights of attainment is between extremes. It is a Way that balances the natural processes of evolution with intelligent human artifices that utilize the transforming forces more knowingly and intentionally. What needs emphasis here is that even this accelerated transformation is gradual from our time and sense point of view. We must not force too much or we run into the dangers to which many passages in Alchemical writings refer. One such quoted in The Great Work cautions: "It (the First Matter) is often broken prematurely by the miner and tortured by ignorant workmen."

Ignorant workmen refer to those who try to proceed too fast and do not allow each vibratory level of unfoldment to become incorporated into the body before proceeding with work directed toward unfolding the next higher rate of attunement. Those who do this are said "to break

the substance". That is, they use wrong methods of practice which cause short circuits in the energy flows throughout the body. Such attempts at forcing natural growth too rapidly are dangerous, because rates of vibration and currents of energy are introduced into the body before it is prepared to handle them.

This type of haste does not exemplify the quiet, patient faith in Higher Guidance that is essential to finishing the Great Work. The ground in Key 18 is undulating. When we reach a goal we should take time to rest awhile before proceeding on. Even the accelerated Way must obey the law of cyclic evolution. We cannot always be climbing, always seeking knowledge. Sleep is the function assigned to Key 18. The transforming work of the Corporeal Intelligence takes place while our conscious efforts are at rest. That which we have actively worked toward during the 'day' of our activity is built into our bodies during the 'night' of our relaxation from it.

The Moon suggests periodicity, alternation, flux and reflux, waxing and waning. This law of cyclic progress must be obeyed. We only injure ourselves and hold back progress by attempting a continuous climb. It is the attitude of the fanatic and it is unbalanced, as you well know. We are working to transform our vehicles into structures that hold spiritual wisdom in form. We must give time for the Corporeal Intelligence to reorganize structures in our bodies so that they are able to receive and transmit increasingly higher rates of vibration.

The 10 of Cups corresponds to the 3rd decanate of Pisces, subruled by the Mars of Scorpio. Qabalistically it relates to Malkuth, the Kingdom, in Briah, the Creative World. Mars is the Exciting or Activating Intelligence. Its influence makes 3rd decanate Pisceans the most active and the least prone to psychical delusion. Thus they are unusually apt at bringing their spiritual aspirations to fruition. We have to back up our aspirations with activities in Malkuth that give them the strength to reproduce themselves.

Note that the Path of the Corporeal Intelligence links the desire nature in Netzach to Malkuth, the fruit of the Tree. The devotional, sacrificing Piscean qualities, combined with the strength of will associated with Mars, activate processes which bring desires into actual manifestation. The more consistently and powerfully we hold the image of our personality as a vehicle for the One Reality, the more rapidly does the Corporeal Intelligence transform this desire into an actuality.

The stage of the Great Work assigned to Key 18 and Pisces is called Multiplication. It has to do with the process whereby every cell in the body is altered to conform with our predominant desire. It is aptly related to the Mars force assigned to reproduction. In the Alchemical process, that which is multiplied throughout the body is receptivity to the Higher Self. In this process the Mars force is turned to a higher usage than in ordinary man. Multiplication tinges the whole body with the Light of the Central Self.

It is subconsciousness that renews the vehicles, physical and subtle. Self-consciousness is not the direct builder of forms. This is another

reason why the work of the Corporeal Intelligence is associated with sleep, the time when the self-conscious mind is at rest. During sleep, Multiplication builds into the cellular consciousness an ability to intercept and transform rates of the Life-power's electro-magnetic vibrations which have no effect on an ordinary body. When these transformations are complete, the Adept is able to directly utilize currents of the universal energy whereby every form in his environment may be changed if there is good reason for such change. This body of higher intensity is the spiritual body of adeptship. When it is finished we have completed the final stage of the Great Work.

Remember, however, that unfoldment is cyclical and the stages of the Great Work, like all other matters, are repeated many times before one arrives at the final cycle and enters the Fifth Kingdom. The Multiplication which tinges the body with higher levels of awareness progresses in cycles, as shown by the undulating path in Key 18. When a peak is reached the path must go down the other side before it can begin the climb up to the next peak. To our sense-bound perceptions, downward cycles may seem to be periods of inertia and lack of progress. Know them to be essential! It is during such times that the height of spiritual enlightenment we experienced on the previous peak is being built into our bodies.

Remember that the symbols in Key 18 include the whole line of evolution through which we have evolved. In our subtle bodies we carry from one life to the next the rates of vibration we have achieved and the level on the Path we have succeeded in incorporating into our bodies. The lifetime in which we become a Spiritual Being of the Fifth Kingdom is the one in which the final Multiplication is completed and every cell of the physical body is filled with the consciousness of Union with the SELF. Keep pointed always toward the Goal and patiently rely on that SELF to guide you all the Way.

### TECHNIQUE

Begin with the balancing of the seven Interior Stars and their three higher octaves. Have ready the six pairs: 11 & 4; 13 & 5; 14 & 6; 15 & 7; 17 & 8; 18 & 9. For this practice include the 8, 9 and 10 of Cups.

Immersed in the liquid globe of earth, visualize Key 11 above and Key 4 below. Whirl the colors, intone as usual, and give the meditation:

"Oh Thou, Who art ever just, perfect me through the action of Thy scales that I may reign with the Emperor of Life."

Next image Key 13 above and Key 5 below. Visualize and intone as usual and give this meditation:

"Oh Thou, Lord of beneficent change, let Thy fire consume all the personal error that mutes the Voice of Eternal Truth."

Visualize Key 14 above and Key 6 below. Whirl the colors through the earth, intone the notes and give this meditation:

"Oh Thou, Archangels of God, pour out Thy healing love that dost bring all things to wholeness and perfection."

Image Key 15 above and Key 7 below. Visualize and chant in the usual manner, then give the meditation:

"Oh Thou, Lord of the shadow as well as the Light, take the reigns of this Thy chariot and guide me on the Path that leads to the final goal."

Image Key 17 above and Key 8 below. Whirl the colors, intone the notes, and give the meditation:

"Oh Thou, Luminous Star of Love, reveal Thy blessed Trum that I may tame the lion of my lower nature and make him a servant of the Light."

Now immerse yourself in a globe of red-violet light and become Key 18. See yourself quietly and confidently walking upward on the Path. Keep vision in mind as you look at the three Cup Keys before you.

As you look at the 8 of Cups give this meditation:

"Oh Thou, Eternal Self within, perfect this Thy vehicle of mind that I may discern the Real from its shadow on all the planes of earth."

Look next at the 9 of Cups and continue the meditation:

"Oh Thou, Luminous Self within, perfect this Thy vehicle of desire that true aspiration will keep my feet firmly on the Path to liberation."

Look next at the 10 of Cups and continue the meditation:

"Oh Thou, Lord of All, perfect this body that it may serve as a vehicle for the Light."

Next visualize Key 18 above the globe of earth. See Key 9, The Hermit, below. Whirl the red-violet light down from above and the yellow-green light up from below as you intone Ah - 00 - mmmm seven times on the note B for Key 18 and seven times on the note F for Key 9. Then give this meditation:

"Oh Thou, Eternal Self within, I face ever toward Thy light, confident that it will guide me up the Path of Glory to Union with the Ancient of Days."

Finish as usual with the integrating ritual and the tensing and relaxing of the physical body. ##

## Lesson Sixty-nine

(from the transcripts of class lectures by Ann Davies)

So far in this course we have been concerned with practices that awaken and balance the activity of the ten Planetary vibrations and the twelve symbolized by the Zodiacal Keys. In our Techniques with those which portray the twelve types of human expression we have been careful to keep the opposite force balanced while our emphasis was directed toward a better understanding of each one separately.

Now, in more detail, we want to understand these twelve variations as six dualistic forces. We will learn to reciprocate the qualities of these so-called opposing pairs so that they complement and complete each other. With a better realization of their reciprocal activity we can start bringing all the personality forces into harmonious relationship so that their expression through us will reflect the highest attributes related to every one. Eventually, as this harmony becomes perfected, we experience the Egoic level consciousness which is the One Consciousness in all variations of human expression.

In essence, any two forces that seemingly express in opposite ways are extremes of one vibration. We can see this in the color spectrum where the after-vision is always the exact opposite color. When one color is apparent, the other is present in a latent, but potent, form. The polar opposite of Key 4, Aries, red, is Key 11, Libra, green. Just as red and green are opposites and complements in the color scale, so are the qualities of expression attributed to Aries and Libra.

Let's see how this would be. To Aries, for example, is attributed the quality of initiative; the motivation to begin new things and carry them out in activities. To Libra is attributed the awareness of right proportion that insists on weighing and measuring relative values before deciding on the best course of action. In this instance the Libran insistence on carefully balancing pros and cons before acting would help to keep the initiative and drive of Aries from entering into rash and compulsive action. Conversely— for the interchange is always in both directions— the Aries motivation and mental assertiveness would help to push the Libran's tendency to indecisiveness out of its stalemate.

We need to understand this reciprocal activity between opposite tendencies in order to bring out the best in both. The highest expression of any human attribute unfolds through its interaction with the attribute which, because it is opposite, brings about an increasingly more balanced and harmonious expression. The Path that leads to liberation is ever between extremes.

If the Aries drive to rulership is to be beneficent and unfold the dominion portrayed by the Emperor, it must be balanced with the Libran sense of justice and appreciation for harmony and peace. Otherwise it would remain the tyrannical and cruel despotism of its lowest form of expression. On the other hand, the Libran quality that strives for peace

and harmony must be balanced with enough drive and assertiveness to war against the evils that stand in the way of peace. Otherwise it becomes the weakness of appearement that allows evil to prevail unchecked.

Let's investigate further into the opposite but complementary nature of Aries and Libra and see how their alternate preponderance can help us to achieve a higher level of realization. Remember, all the qualities attributed to all the signs are available to us. We are the whole zodiac. The work we have been doing together in this course has prepared us to utilize them more knowingly and effectively by bringing them into more harmonious relationship.

The Emperor, Aries, and its ruler Mars, are masculine, projective, initiating. The woman in Justice, Libra, and its ruler Venus, are feminine, receptive, fulfilling. Aries initiates spring, the time of new growth; the period when the Sun begins to increase in strength. Libra initiates autumn, the time when fullness of growth has been reached; when the consequences of spring planting come to fruition and the Sun begins to lessen in strength.

On an Astrological chart, Aries is at the beginning, the place of inception — the source! Libra is opposite, the place of completion — the result! Aries is ruled by Mars, the forceful vibration; the Exciting Intelligence that stirs things into action. Through Geburah it is associated with cosmic will-force. Libra is ruled by Venus, the elaborating imagination that works out initial ideas to their logical conclusion. Venus is associated with desire and emotion through its sphere of activity in Netzach.

To Key 4 is attributed the self-conscious reasoning mind whereby we put our ideas and thoughts into an orderly sequence, so that we can project them outwardly with assurance and strength. This mental orderliness and reasoning faculty should be understood as a consequence of an interplay between the Aries initiative and the Libran sense of right proportion. What is introduced by self-consciousness, the Emperor in us, is elaborated by imagination and given back to the conscious mind as a more fully developed idea.

In essence, the Aries need to be first, to lead, to initiate, is an expression of Mars will-force. This will, that we feel within us as the urge to accomplish, is an expression through our personality of the ruling Power in the Universe. When this urge is ripened to its highest level of expression, the dominion of the Self becomes manifest through us and we exercise our Rulership over all that is below.

The ripening of the will-force proceeds through experience. We learn increasingly better ways to utilize it by reaping the consequences of unwise drives and demands. Key 11 is related to Karmic retribution. The consequences of our previous acts come into existence through the workings of Venusian imagination. It elaborates what we will into the situations that teach us where our ideas and demands were in error.

If the Emperor in us initiates lines of activity that are out of

harmony with Truth, the adjustment we experience as a consequence is painful and disruptive. There is a relationship between what we initiated with our ideas 'then' and what we are experiencing as a consequence 'now'. Here we should see how the careful mental balancing of Libra can lead to a more enlightened evaluation of the probable past causes of present problems. When we discover this relationship we have the magical key for bringing about results in the future that are more beautiful and fulfilling because they are more in harmony with Reality and Truth.

Lamed, the Hebrew letter printed on Key 11, means ox-goad and refers to a device that teaches and instructs. In order to achieve true dominion, the Emperor in us must heed the instructions set before him by the workings of the law of cause and effect. There is no greater teacher than the consequences of wrong action, if we are open to learn the lesson. The Emperor in Key 4 must be open to the instruction of the woman in Justice in order to assume his rightful place as the Sovereign Reason united with the One Ego in Tiphareth.

The increasing awareness that unfolds through the interplay between Aries and Libra is also shown by the relationship between their natural Houses in Astrology. The First House, attributed to Aries, is said to indicate a strong sense of individuality and initiative. The opposite Seventh House, attributed to Libra, has to do with marriage and partnerships. A strong individuality that enables us to rule ourselves and our circumstances is unfolded through interrelationships with others, especially through the give and take of marriage. In an ideal marriage, or even one that is not so ideal, the husband and wife make each other aware of responses, viewpoints and ideas they could not have realized alone. Mental and emotional interplay with others enhances our personal awareness and helps us to achieve a better balance in our responses and a consequent broader scope of perceptiveness.

Libra qualities, just as definitely as Aries qualities, cannot express constructively until they have been brought to life by polarity interchange. The artistry of Libra that is able to create beauty because it perceives and appreciates balance in form, needs the Aries drive and initiative in order to bring it into outward expression. Without the Aries will to accomplish, the Libran receptivity to the higher creative planes tends to remain ephemeral and therefore useless so far as actual manifest appearances on this plane are concerned.

As we learn, with increasing precision, to reciprocate and balance the Aries and Libra qualities within, we will become a vehicle for the Sovereign Reason and High Vision of the Emperor and for the expression of Perfect Justice and Beauty related to Key 11. As we bring a pair of opposites into balanced expression, the Light of the Real Self is able to shine through — that Self Who unites all variations into awareness of the Universal One.

### TECHNIQUE

Begin as you have in the previous practices with the balancing and intoning for the seven Interior Centers and the three higher octaves. In this practice we want to blend and harmonize the qualities attributed

to Keys 4 and 11 by blending and harmonizing the color vibrations and tones attributed to them. Besides Keys 4 and 11, have ready their ruling planets, Keys 16 and 3, Mars and Venus.

Image yourself within the globe of liquid light that represents planet Earth. We always want to direct the energies aroused through our spiritual practices to benefit anyone who is ready to receive them.

Visualize yourself at the center of the globe as we have done previously. Your head is above the North Pole; your feet are below the South Pole; your arms are extended outward across the equator. You form a cross within a globe. Now, instead of visualizing the pair of Keys above and below as we have been doing, visualize Key 4 to the right of your globe of earth and Key 11 to the left. See the central portion of each at about the level of your outstretched arms. Now, just above Key 4 in your imagery, place Key 16 for Mars; just above Key 11, place Key 3 for Venus.

In meditational Technique No. 9 in Lesson 30 of QABALISTIC DOCTRINES ON SEXUAL POLARITY we imaged energy flowing between two figures in the form of a horizontal figure 8. This figure 8 energy direction is going to be the basis for our Techniques with the pairs of opposites in which our aim is to reciprocate, interchange and balance the polarity energies.

We will now proceed. You are standing at the center of the globe of earth with Key 4 to the right and Key 11 to the left. Your body forms a cross therein. The center of that cross is about at the locality of your heart center. It is to serve as the crosspoint of the figure 8. It is at this point that the energies from all directions blend together.

Now, beginning at a point just outside Key 4, which is to your right, visualize a brilliant red vibration moving clockwise, arching downward, then up to the central point of the figure 8 at your heart center, then arching upward from that point and then down to circle Key 11 at your left, then back up through the central point, continuing round and round, encompassing both the Emperor and Justice in a clockwise motion.

After you have the red figure 8 moving freely, start a green vibration counter-clockwise just outside Key 11. Arch it downward, then up through the same central point at your heart center, up and around Key 4, back through the central point again, round and round.

As you continue to whirl the vibrations round and round, begin this special intonation: Intone Ah - oo - mm seven times, alternating on the note C and F#. Intone this group of seven intonations twice. The first group will begin with C, so it will be C - F# - C - F# - C. The second group of seven intonations will start with F#, so it will be F# - C - F# - C - F# - C - F#.

As you continue to feel the vibrations going round and round, affirm that the highest qualities attributed to this pair of opposites will express through you. Then give this meditation:

> "Oh Thou, Who art the Perfection of all things, let Thy Divine Reason express through me that I may balance the scales of Justice and reign with the Emperor over all that is below."

Finish with the integrating ritual and the tensing and relaxing of the physical body. ##

#### Lesson Seventy

(from the transcripts of class lectures by Ann Davies)

Key 5, The Hierophant, Taurus and Key 13, Death, Scorpio comprise the second pair of opposites which we are going to bring into harmonious relationship in our personality expression.

The Hierophant is the Inner Teacher, the Revealer of the mysteries. We begin to hear His Voice when our vehicles have become sufficiently refined to intercept the vibratory level on which He speaks continuously. This refinement is brought about through the unfoldment of qualities and bodily structures related to the highest expression of Key 5. It is a level of unfoldment that can eventuate only after reciprocal activity with Key 13 and Scorpio qualities have brought balance and harmony into expression.

The balancing of energies related to Keys 5 and 13 is itself dependent upon a previous balancing of energies represented by Keys 4 and 11. In each cycle of our unfoldment, harmonious activity between one pair of opposites prepares the way for harmonizing the next. Recall from earlier lessons that the Hierophant is said to combine masculine and feminine attributes. He represents qualities which blend the self-conscious powers of the Emperor with the subconscious consequences of the Empress.

Through the impact of experience garnered in the cause and consequence interchange between Keys 4 and 11, the level of personality expression is gradually raised to that of a thoroughly individualized human being who is able to control and direct imagination in ways that subtilize and refine the personal vehicles. From this point of readiness the unfoldment of intuitional receptivity on its highest level is effected through the interaction between qualities represented by Key 5 and 13.

Note that the pair of opposites Taurus and Scorpio have the same ruling planets (Mars and Venus), as do Aries and Libra, but in reversed relationship. That is, in the Taurus-Scorpio pair, Venus rules the first sign while in the Aries-Libra pair, Mars rules the first member of the pair. It is also interesting to note the color reversal. The red-orange of Taurus, ruled by Venus (green), is closer in color to the red of Mars, while the blue-green of Scorpio ruled by Mars (red), is closer colorwise to the green of Venus. It is as if the second pair of opposites were tinged in their vibrational expression by the previous reciprocal activity between the first pair.

From this we should see that, in essence, the same energies are at work but combined differently for another phase of human expression. With Taurus and Scorpio we are concerned with a

further synthesis of essentially the same forces that we worked with in synthesizing Aries and Libra. This further synthesis is aimed at unfolding our ability to hear the Voice of the One Teacher and to know directly that we are immortal beings who will never, never die!

Let's pause here to recall some of the qualities attributed to Taurus and to Scorpio and see how their interaction can bring about the highest expression of both.

In general the Taurus type is said to show strong emotions; perseverance; devotion to a purpose; appreciation of beauty and art; a kindly and affectionate nature. They are further said to have a great need for love and affection from others and an equally great dislike for dissention, argument and strife.

In essence these Taurean qualities are integrating. Taurus is an earth sign and fixed! It is ruled by the loving Venus! Vav, the Hebrew letter printed on Key 5 means nail or hook, suggesting an instrument which unites one thing to another. On the mental plane this uniting quality is what links us to the Inner Teacher and enables us to 'congeal' the abstract principles thus received into ideas and images that are useful and productive on the physical plane.

To Scorpio is attributed the same strong emotions, the same strength of purpose and perseverance as are assigned to Taurus. Both are fixed signs and both are said to have magnetic, influential personalities. Scorpio, however, belongs to the more flowing water triplicity and thus does not have quite the fixity of earth. Scorpions are not so dependent on others or things for their well being and are said to enjoy argument, debates and even an occasional fight!

The influence of the water triplicity further gives the Scorpio nature an inner awareness of the subtle forces behind physical forms and situations. This awareness frees them from the Taurean tendency toward over-dependence on the outer forms of things.

Scorpio is ruled by the dynamic, disrupting Mars! This influence, combined with their inner awareness of subtle forces helps them to realize more readily than most that the dissolution of forms is essential to all progress.

Because this Scorpio perceptiveness is the basis of all magical practice they are often called 'natural' magicians. Developed types are able to direct subtle forces in ways that release energy from outworn or erroneous forms of expression so that it can be re-integrated into higher forms. Thus they are able to let go or to dissolve forms — mental, emotional or physical — that seem to stand in the way of the realization of their intended goal.

In excess, Scorpio qualities can be destructive in expression. Unbalanced or undeveloped types can use their inner perceptiveness to give them advantage over others or to destroy the self-esteem of others through a destructive, cutting use of words.

In essence, Scorpio qualities express the polar opposite of the integration related to Taurus. Key 13, as the Tarot Key and the zodiacal house assigned to death and change, is primarily an expression of the <u>dissolution</u> aspect of the Great Work. It partakes of the principle which releases us from our bondage to form and prepares the way for the death of the old personality that must take place before we can be re-born into the Fifth Kingdom of liberated, consciously immortal humanity.

From this we should see that the major polarity principle expressed by the Taurus-Scorpio pair is that of integration and dissolution. In many ways we found the two signs to show qualities that are identical. Both are fixed and express equal strength, intensity and magnetism. Furthermore, earth and water are considered harmonious since earth is a mixture of fire and water, with water predominating. It is interesting to note here that all astrological opposites belong to triplicities that are harmonious to each other. Except in the case of these opposites, which need to be brought into balance, water and earth signs sextile each other as do fire and air. (A sextile is considered to be a favorable aspect with much potential for accomplishment.)

Through the alternate preponderance of integration and dissolution the continuous evolution of form takes place. This basic alternation underlies unfoldment toward perfection on every plane and in every kingdom of nature. We can see its expression in the unfolding of the highest qualities related to Keys 5 and 13.

The highest expression of the qualities and energies attributed to Key 5 is that of becoming continuously receptive to the Voice of the Inner Teacher. Taurus and Key 5 exemplify the aspect of the Emerald Tablet that is said to be "integrating if it be turned toward earth." The Venusian influence refers to the ability to take abstract ideas and fashion them, through creative imagination, into distinct thought forms that have manifesting power. The integration influence is also expressed by the Taurean's appreciation for harmonious relationships and their need for actually expressed beauty, love and comfort.

However, this tendency toward integration, this appreciation for unity of ideas and emotions, is unable to reach its highest expression through us until it has been sufficiently interchanged and balanced with the Scorpion understanding of the importance of dissolution of form. Through their reciprocating activity the Taurean tendency to over-involvement in form is mitigated by a realization of the necessity for continuous change. The ministers

kneeling before the Hierophant refer to a need to offer up personal desires and personal knowledge for correction by the Hierophant. We have to be willing to let go of lesser desires and ideas and subject them to Scorpion dissolution so that the energy they hold is free to be reintegrated into higher desires and ideas that have been revealed to us by the Teacher within.

When the wonderful Taurus ability to clothe abstractions in finite imagery is balanced with the equally wonderful Scorpion awareness of the continuous transformations of energy that underlie all form, then there can be evolved the refined vehicle of adeptship that is able to receive abstract principles of truth, concretize them into tangible forms and also is able to continuously progress them. When a principle is grasped through interior instruction, we are no longer dependent upon any one form because we know that universal principles express in infinite ways.

In like manner the subtle perceptiveness and dissolving powers of Scorpio are perfected through inter-action with Taurus qualities that attune us to the Voice within. The Revealer of the Mysteries instructs us in methods of transformation which make us consciously immortal, liberated human beings.

The bodily transformations which refine our vehicles cannot however be accomplished all at once. It requires a series of gradual changes brought about through a new direction of the Mars-Scorpio energy. This is the reproductive energy through which bodies are formed, reproduced and finally destroyed to make way for the new. Note that the skeleton Reaper in Key 13 is reaping the heads of a man and woman who symbolize the Wisdom of Chokmah and the Understanding of Binah. They are reaped by the Eternal Self within, even while death of the forms we are evolving through continues to take place.

The Reaper in Death has two twists in his skeleton which refer to a new direction in the usage of reproductive energy. It directs the Mars force toward vitalizing higher centers within us. As it ascends upward it destroys obstructions to the energizing of the organ of spiritual vision in the brain. When this organ is awakened, superconscious vibrations are able to make an impression on the physical brain.

Through reciprocation with the more integrating Venus-Taurus vibration, the Mars energy that destroys becomes the energy that transforms us into a perfected vehicle able to hear the Voice of the Hierophant awakening us to realization of the immortal, undying SELF within.

#### TECHNIQUE

Begin as always with the balancing and activating of the seven Interior Centers and their three higher octaves. Intone Shalom seven times as you send peace and love and blessings to all directions of space.

For this practice have ready the pairs Keys 4 and 11, and Keys 5 and 13, and their mutual ruling planets, Keys 3 and 16.

As we did in the previous practice visualize yourself in the globe of earth, forming a cross, with your head above the North Pole, your feet below the South Pole and your arms stretched out through the equator.

The emphasis in this practice is on the second pair of polar opposites represented by Keys 5 and 13, but we will begin by bringing the first pair, Keys 4 and 11 into balance.

Visualize Key 4 to the right of your globe of earth and Key 11 to the left. In your imagery place Key 16 above Key 4 and Key 3 above Key 11. Now begin to visualize the red vibration of Key 4 flowing in the figure eight energy motion. Begin just outside Key 4 at the level of your out-stretched arms. See the brilliant, vibrating red moving clockwise down and around Key 4, up through your heart center which is the cross point of the figure eight, continuing up and around Key 11 at your left and back up through the cross point, around and around.

Next, begin the green figure eight energy, starting just outside Key II at your left. This time the motion is counterclockwise, down and around Key II, up through your heart center and around to encompass Key 4, then continuing the motion around and around.

Now chant Ah-oo-mm in two groups of seven intonations each. With the first group of seven intone alternately C - F# - C - F# - C. With the second group of seven begin with the F# so that the sequence this time is F# - C - F# - C - F# - C - F#.

As you continue to feel the vibrations going round and round affirm that the highest expression related to this pair of complementary Keys will manifest through you. Now give this meditation;

"Oh Thou, who art the source of all reason, all will; balance me in Thy scales until I become a fitting instrument for the outpouring of Thy Wisdom."

Now, remaining within your globe of earth, place Key 5 to the right of you and Key 13 to the left. Above Key 5 visualize Key 3 and above Key 13 visualize Key 16. Note that the ruling planets have changed sides in this second visualization. Now begin the figure eight motion with the color vibrations for Keys 5 and 13.

Starting at the level of your outstretched arms, just outside Key 5 which is to the right of you, visualize the red-orange vibration whirling clockwise down and around Key 5, up through the central point at your heart, continuing upward and around to encompass Key 13 at your left; then round and round in a continuous clockwise motion.

Now, visualize the blue-green vibration beginning just outside Key 13 to your left, proceeding counter-clockwise down and around and up through the central point; continuing around in the figure eight motion to encompass Key 5 to your right, and so on.

Continue to visualize and feel the two vibrations going in opposite directions for a few moments and then begin the alternating chants. We will again intone Ah-oo-mm seven times, twice. The first group of seven intonations will be on the alternating notes of C# - G - C# - G - C# - G - C#. The second group of seven intonations will begin with G and continue C# - G - C# - G - C# - G.

As you continue to feel the vibrations going round and round, give this meditation;

"Oh Thou, who are the One Creator; not less art Thou the One Destroyer! Throughout all Thy transformations Thy goal is to perfect this Thy Earth!"

Finish in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

### Lesson Seventy-one

(from the transcripts of class lectures by Ann Davies)

Key 6, Gemini, The Lovers, and Key 14, Sagittarius, Temperance, comprise the third pair of opposites which we will be bringing into harmony. They are ruled respectively by the discriminating, concentrating Mercury and the inclusive, expanding Jupiter.

Discrimination or differentiation is the keynote of Key 6. All its images and attributions carry a separative connotation. Key 6, itself, portrays the relationship between distinct levels of human consciousness. The correlated physiological zone includes our arms and hands, which we use for fine, close physical work. Zain, the related Hebrew letter, means sword, an implement which cuts apart. In Astrology, Gemini is associated with the 3rd House of the concrete or lower mind. This is the separative level of consciousness which underlies the unfoldment of human intellect. Only after differences have been keenly perceived can ideas and objects be put into right relationship and thereby add to our storehouse of knowledge.

Gemini is a mutable sign of the air triplicity. Those who are influenced by this vibration have a marked ability to adapt and adjust ideas and objects one to the other. Adaptability originates from the same separative, distinguishing faculty as does discrimination. When we are able to recognize slight differences between similar things we can move from one idea or situation to another with the quickness and mental precision attributed to the Gemini type.

In relation to the Great Work, Gemini qualities give us the ability to distinguish between the different levels of expression within our own personality. Direct knowledge of the all-encompassing SELF is not possible until we have succeeded in this fine separation, which enables us to adjust and adapt the levels of personal consciousness in such a way that their interrelationship invites guidance from above.

Key 6 portrays this harmonious personality adjustment which enables the superconscious Angel to discriminate through us. This is the highest expression of discrimination and it unfolds after the Gemini differentiation faculties have been refined and perfected through interaction with the opposite and complementary qualities attributed to Key 14 and Sagittarius.

Let's pause here to recall some of the Sagittarius attributions and see how they express in polarity relationship to those of Gemini. As a personality type, Sagittarians are said to be optimistic, idealistic, philosophical, religious and freedom-loving. Astrologically the association is with the 9th House of the Higher Mind.

What is meant by the higher mind level refers to those qualities in mankind which seek higher ideals which respond to lofty concepts and which feel empathy and concern for life in general. All such expressions

as kindness, unselfishness, compassion, the yearning for freedom and the inspiration to be better than we are show a response to the inclusive, synthesizing, unifying energies and are based on an inherent perception of the truth that all life is One. All such are 'touches' from the Angel in Key 14. He is the Higher Self, continuously united to the Ego who dwells inclusively within the heart of every human being.

The Angel works through the inclusive, expansive vibrations which give Sagittarians an unusual capacity for grasping vast concepts. It is this expansive influence which impels us to seek bigger horizons, which in turn gives us the courage to do more than wish for better conditions in the world. The Angel within inspires us to verify the truth of Brotherhood, the truth of Universal Love, by acting as a channel for these truths to the fullest of our present capacity.

The highest expressions of this inclusive, expansive quality bring us under direct testing by the Angel within, as shown in Key 14. The aspect of the Great Work portrayed by this Key is that wherein the Higher Self purges out the deep subconscious errors; which purging the self-conscious discriminating mind cannot perform alone. The conscious presence of the Angel is necessary for this phase of the tempering work. It is not possible until interaction with the discriminating, differentiating Mercurial influence has brought the conscious mind to the capacity for full cooperation.

We could say from these considerations that the basic polarity principle expressed by this third pair of opposites is that of distinctiveness and inclusiveness. Let's first see how the Gemini ability to make fine distinctions requires reciprocation with the inclusive Sagittarius before discrimination can bring about the ideal relationship, pictured in Key 6, between the personality levels of consciousness and the superconscious Angel above.

The particularized knowledge we gain through keen awareness of differences remains within narrow bounds unless we are able to synthesize it into progressively more inclusive wholes. The attributions alloted to the negative or partially developed Gemini allude to our separative mental capacities before they have been properly balanced with the capacity for synthesis.

Although they learn quickly, partially developed Gemini types have a tendency to be content with superficial knowledge. Because they do not synthesize their keen perceptions into broader concepts they miss any significance beyond the immediate application to the concern of the moment. Thus their comprehension is limited and tends to bind them to small areas of observable association.

The broader universal concepts which come to us through the higher mind give us a scope of understanding into which we can place the particulars of concrete knowledge and perceive them as integral parts of a larger whole. Just as we know that our one physical body is made up of separate organs with distinctly differentiated forms and functions, we need to know our individualized selfhood as made up of distinctly dif-

ferentiated modes of consciousness. We need to discriminate accurately between these levels of expression so that we can resynthesize their activities in ways that bring about the harmonious relationship portrayed in The Lovers.

The advanced levels of discrimination bring us to the realization that the intellectual mind is not the highest level of human consciousness. If we depend upon its workings we limit our understanding to levels of awareness that are tinged with race error. Part of the work of advanced discrimination is to discern the difference between ideas, impulses and information which comes from the personal levels of consciousness and those universal principles of truth which emanate from the superconscious Self.

This higher discrimination begins to express through our personality when we have succeeded in fashioning it into a precision instrument through the alternate preponderance of qualities related to this pair of opposites.

In like manner the expansive, inclusive Sagittarius—Jupiter vibration must be brought into balance with the discriminating, differentiating Gemini—Mercury quality before it can express its highest potential.

The negative and partially developed Sagittarius attributions show the need for this balance. The Sagittarians' feeling for freedom expresses as a desire to be free from responsibilities or to roam the vast outdoors. Their sense of inclusiveness is limited — by lack of understanding — to narrow religious loyalties and incomplete philosophical ideals. Their feeling for vast concepts can result in indefiniteness of thought and in the formation of conclusions that are little more than impractical generalities. Without the balance of discrimination, the expansive, optimistic Jupiter influence works out as bad judgment and its consequent painful repercussions.

In order to bring the higher mind expansiveness into focus and relate it to life on this plane, we must have unfolded enough of the Gemini capacity for handling particulars so that we can adapt the higher mind principles to practical concerns.

The ability to correlate a macrocosmic principle to its counterpart within the microcosmic personality is the basis for the verification attributed to Key 14. Through this correlation philosophical ideals can be adapted to actual practices which verify their truth here and now. Universal principles are thereby taken out of the realm of unworkable ideals and applied to mental, emotional and physical practices that prove them out by the transformations they bring within our own personality.

In essence, the work that brings our personalities to perfection is performed by the Angel. Yet to participate in the accelerated evolutionary process pictured in Key 14, the personality must be able to cooperate. The Angel must be invited to temper us so that our vehicles can respond to increasingly higher and more intense energies. The Angel must be in control in order to purge out the deep affinities to ancient error in our vital soul level. Only then can the power of that soul (pic-

tured in Key 14 as the lion and the eagle) be safely directed upward in ways that complete the organ of spiritual vision and set us free from the restrictions of three-dimensional existence.

During the tempering process the 'inviting' of the Angel has to become habitual. That is, it has to become incorporated into our subconscious responses as well as into our conscious thoughts. In Key 6 this part of the preparation is shown by the woman looking upward to the Angel. It is this subconscious habitual attitude toward inviting guidance that sets processes into motion which incorporate the light of higher truth into the very cells of our body. As the light increases, our consciousness expands outward to embrace increasingly more all-encompassing wholes.

Thus it is through interaction with the discrimination of Gemini that the inclusive consciousness of Sagittarius is able to prove out spiritual principles by becoming a living verification of their eternal truths.

#### TECHNIQUE

Begin with the vibratory correlations for the seven Inner Holy Planets and their three higher octaves. Then intone Shalom (C-F#-G#) as you send love and peace and blessings to all directions of space.

Our emphasis in this practice will be on harmonizing the pair of opposites represented by Keys 6 and 14, but we will begin by reiterating our balancing of the two preceding pairs.

Place yourself within the liquid globe of earth wherein you form a cross. To the right of your earth is Key 4 and to the left is Key 11.

Whirl the red vibration clockwise round and round in the figure 8 formation as before. Then whirl the green vibration counter-clockwise. Feel and see these vibrations! The two energies blend together in the area of your heart! Intone Ah - oo - mm seven times, beginning with the note C and alternating with F#. Then intone seven times again, this time beginning with F# and alternating with C. Now give the meditation:

"Oh Thou, Divine Ruler within, bring this Thy instrument into balance that I may serve Thee in Thy works of Justice for all of planet earth."

Remain within the liquid globe as you visualize Key 5 to the right of you and Key 13 to the left. Beginning just outside Key 5 whirl the redorange vibration round and round in the figure 8 motion that centers itself in your heart. Visualize the answering blue-green vibration whirling around from the left in the counter-clockwise motion. Pause to feel the vibratory energies whirling and blending through your globe of earth. Intone alternately on the notes C# and G as before instructed and then give the meditation:

"Oh Thou, Divine Voice within, instruct me in Thy ways that I may aid in the transformations toward perfection here on planet earth."

Still within the globe of earth, visualize Key 6 to your right and Key 14 to your left. Above Key 6 image Key 1; above Key 14 image Key 10. Now visualize the vibrating orange light beginning just outside Key 6,

moving clockwise in the figure 8 motion which encompasses Key 14. Next visualize the blue vibration beginning just outside Key 14 to the left of you, making the figure 8 energy motion counter-clockwise. Feel and see the two energies whirling and blending and circling as before. Give the intonations of Ah - oo - mm. For the first seven chants alternate D and G#, beginning and ending with D. For the second seven chants alternate the same notes, this time beginning and ending with G#.

Whirl the two vibrations round and round once again and then give this meditation:

"Oh Thou, Angel within my heart! I feel Thy love, Thy blessings, Thy healing rays. Guide me! Temper me! Make me whole! that Thy glorious light may shine, ever more brightly, through me."

Finish as usual with the integrating ritual and the tensing and relaxing of the physical body. ##

## Lesson Seventy-two

(from the transcripts of class lectures by Ann Davies)

The fourth pair of opposites which we will bring into balance are represented by Key 7, The Chariot, and Key 15, The Devil. Key 7 is attributed to the sign Cancer, ruled by the Moon; to the color yelloworange; and to the note D#. Key 15 is attributed to the sign Capricorn, ruled by Saturn; to the color blue-violet; and the note A-natural.

The Chariot represents our personality. It is symbolized here as a moving vehicle to express the truth that our individualized Ego has incarnated over and over again through a series of changing abodes. The eternal Self of us is the Driver of the Chariot, strengthening and perfecting His vehicle through incarnate experience so that it can eventually serve as a conscious instrument for cosmic Will.

The emphasis in Key 7 is on understanding the personality levels of consciousness. Knowledge of the lower self and its functions prepares us to know the SELF within. To the Cancer type are attributed qualities of expression which help us to understand personality in right reference to the cosmic order and thus begin the work of fashioning it into a vehicle for cosmic Will.

Cancer natures have the mediumistic quality of the water triplicity, combined with the intensity of cardinal influence. Their emotional focus and subjective awareness give them a marked sensitivity to the feelings, moods and thoughts of others, which they express with a protective and maternal concern. Except in the highly developed this concern is mostly directed toward those whose welfare is important to their own happiness; those who are, in a sense, extensions of their own personality.

The Cancer type is not particularly concerned with the problems or values related to the world in general until his nurturing, protective nature expands and his idea of family extends outward to embrace all of life as aspects of his larger Self.

The receptive and protective qualities attributed to Cancer typify the purpose of our personality vehicles in relation to the eternal evolving Self. That is, Cancer receptivity on the emotional level corresponds to our personality as a receiver of influences from outside its bounds. Just as the Cancer nature is receptive to telepathic vibrations, so is every personality a receiver of extra personal energies that flow in from outside.

While incarnate in a body, the isolation of seemingly separate personality is for the cultivation of a specialized unique expression of the One Self. The stage of the Great Work related to Cancer, called Separation, has to do with the personal realization of one's unique, specialized work as a center of expression for the Life-power.

Cheth, the Hebrew letter printed on Key 7, means fence or en-

closure and is another symbol for the same idea. Personality is an enclosure set apart for a particularized expression of super-personal Will. The more perfectly cultivated the area within, the more perfectly can Divine Will express through it.

Yet as the individuality reaches toward perfection, the enclosure must be extended; the fence must be known for the temporary device that it is. Through cultivation of the Cancer ability for telepathic rapport with others, corresponding to the Moon rulership, we can reach beyond the fence of separated isolation and open our inner senses to the unity of life.

Then we begin to realize that personal expressions and responses do not originate within the fence; that they are the result of a resistance set up to cosmic energies which flow into the enclosure from outside and then flow out again. From this realization there finally emerges a higher realization of the True Self as the Cultivator of the personality field and the Harvester of its experiences. He is pictured in Key 7 as the Charioteer who has guided the chariot of changing personalities throughout our whole line of incarnations from the very beginning of the present cycle of cosmic expression.

The fence is associated with protectiveness as well as with an area set apart for cultivation. The inner psychic awareness of essential unity that we sense on the subjective level (Key 7) is subject to delusions and illusions until interchange with its opposite and complement (Key 15) has enabled us to receive from the level of the Higher Self.

The fence acts as an insulation to keep us from too much receptivity until we are prepared to handle it. Negative expressions of the Cancer nature typify this over-sensitivity to telepathic vibrations. Through interchange with the Capricorn objective focus the personality is strengthened and upgraded so that it can receive and interpret from the level of the Charioteer.

Key 15, The Devil, and Ayin, the eye, relate to the objective world that we perceive through our outer senses. Both Key 7 and Key 15 correspond to the direction of will-force through personality which follows the focus of our attention. In contrast to the Cancer type, who is turned inward and concerned with subjective personality values, the Capricorn type is turned outward. His main concern is with objective goals and with values and attainments recognized as such by the outside world. The 10th House, which corresponds to this Key and sign, is attributed to big business, world finance, material gain, success and fame.

Through their cautious, carefully objective observations of the interplay between phenomenal forces, the Capricorn type gains knowledge and experience that sharpens the intellect. We must realize that the conflicts and drives which are aimed at acquisition of material success are necessary steps on the evolutionary path. This objective focus is what develops the concrete mind and eventually leads to Renewal through satiety.

The symbolism in Key 15 relates to the fallacy and bondage that eventuate when the things of this world are considered all that there is, the only goals, the only powers. Our attributing of causation to the physical plane makes us imperfect creators responsible for the gross appearances that veil Reality with the incongruous Devil of Key 15. But the unhappy, unsatisfactory results of this wrong focus are what bring is to the point where we seek relief by looking in a new direction. This is the point where the Capricorn's overly material focus begins to be balanced with the Cancer quality that perceives the reality of worlds and forces not apparent to the physical senses.

Thus we should see that the Capricorn objective view is just as essential as the Cancer subjective view to unfolding the ability to bring about the goals of the Higher Self. The Cancer inner awareness gives us the direction toward which we must turn for spiritual guidance; but this channel is not discriminating or knowledgeable enough until keen awareness of the objective universe has made it possible for us to grasp higher wisdom with the conscious mind and perceive its value and usage here on the physical plane.

Furthermore, the Capricorn focus on the world of appearances, which develops the concrete mind, helps to stabilize the emotional levels so that the psychically receptive Cancer qualities can be brought to their highest level of expression. The Capricorn-Saturn vibration brings a sober, cautious and practical viewpoint into play that tends to equilibrate an overly emotional focus. Intense emotional fluctuations prevent the influx of higher energies. As the practical and objective influence of Capricorn balances out the psychic receptivity of Cancer, the emotional body is quieted and intellectually upgraded to where the personality vehicles are prepared to receive and utilize the influx of will from the Charioteer.

Then the Cancer concern for the feelings of others begins to expand outward. Harmonized with the Capricorn vibration his inner awareness of unity blends with a sharpened mental perception, and his love and protectiveness enlarge in scope to embrace his true family, which includes every person in the world.

Just as Key 7 qualities reach perfection through reciprocation with Capricorn, so do those expressed by Key 15 become the qualities that Renew the manifest world when they are brought to perfection through interchange with Cancer.

Because they tend to have less intuitive or instinctual perception of the inner planes than any other type, the Capricorn nature is more bound than any other to a material orientation. That is why Key 15, which symbolizes bondage to outward appearances, is correlated with the Capricorn type. Yet, as we know, the physical plane is just as spiritual as any other when we understand it rightly.

The Capricorn's inability to sense the subtler planes gives him an intense focus on this one and accounts for his superior grasp, awareness and manipulation of things related to the physical plane. That is why he is so successful in material concerns and organizations. This is

a phase of unfoldment that every incarnating ego must acquire. It is not a matter of less development at all. Every sign has unevolved and evolved types equally. In undeveloped types the Capricorn is bound by the narrow reports of his physical senses. The more developed types often have superior intellects in relation to objective goals, but need the balancing of the opposite and complementary Cancer qualities to complete them and make them fitting channels for Super-personal will.

The materially-oriented phase of unfoldment develops intellectual perception and intense ambition. Then as the material forms, values and goals cease to satisfy and fulfill, it leads to the serious search for something higher. When the Capricorn's intensity of will and mental development are directed toward this higher search, the inner senses begin to awaken. As their keen understanding of the objective world blends with inner receptivity, they become a powerful channel through which inwardly perceived spiritual principles can be brought into actual manifestation here on planet earth.

Thus we should see that it is through the alternate preponderance of subjective concerns (that make us aware of our emotional life) and objective concerns (that make us aware of the world of appearances) that we gain understanding of the true function of personality and its relationship to the outer universe. The polarity interchange expressed by this pair of opposites is that wherein the will force that flows through us is brought to its highest potential. As we submerge the will of the personality to the will of the Higher Self, the work of the Chariot proceeds towards its glorious consummation.

#### TECHNIQUE

Perform the visualization and intonation for awakening and balancing the seven inner Centers; then intone Shalom seven times as you send peace, love and blessings to all the earth.

Visualize yourself within the globe of earth wherein you form a cross. Image Key 4 to the right and Key 11 to the left. Whirl the red and green vibrations in the figure 8 motions; intone Ah - oo - mm on the alternate notes of C and F# as before, and give this meditation:

"Oh Thou, Lord of All, develop my Sovereign Reason that I may balance the scales of inner perception and come to Thee."

Next visualize Key 5 to the right and Key 13 to the left. Whirl the red-orange and blue-green vibrations in the figure 8 motions and intone Ah - oo - mm with the appropriate notes as before; then give this meditation:

"Oh Thou, Divine Voice within, reveal the perfecting transformations that will make me one with Thee."

Next visualize Key 6 to the right and Key 14 to the left. This time whirl the orange and blue vibrations in the figure 8 motions; intone Ah-oo-mm seven times twice, as always, on the alternate notes D and G# and give this meditation:

"Oh Thou, Angels of God, harmonize my bodies that I may receive Thy tempering fire."

Now place Key 7 to the right and Key 15 to the left. Visualize Key 2 above Key 7 and Key 21 above Key 15. Start the yellow-orange vibration whirling clockwise round and round in the figure 8 motion. Proceed with the counter-clockwise whirling of the blue-violet figure 8. Intone Ah - oo - mm seven times on the alternate notes of D# and Anatural. Intone Ah - oo - mm seven times again, this time starting with A and alternating with D#. Now give this meditation:

"Oh Thou, Luminous Light within, guide me through the travels of existence that I may know Thee as Thou art."

Finish in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

## Lesson Seventy-three

(from the transcripts of class lectures by Ann Davies)

The fifth pair of opposite-complements is represented by Tarot Keys 8 and 17. Key 8, Strength, correlates with the sign Leo ruled by the Sun; the color yellow; the note E; and the Hebrew letter Teth, a symbol of the serpent power. Key 17, The Star, correlates with the sign Aquarius ruled by Saturn and Uranus; the color violet; the note A#; and the Hebrew letter Tzaddi, meaning fishhook.

On the Tree of Life, Teth is the 19th Path of the Secret of All Spiritual Activities. It is the second reciprocal Path joining Geburah, will-force, to Chesed, mercy and beneficence. This suggests that the qualities represented by Key 8, which combine Will and Love, are those which bring spiritual forces into actual manifestation.

The woman in Key 8 portrays intelligent, developed personality. Her white robe (purity and love) and the figure 8 over her head (Hod, intellect) refer to a level of human unfoldment that must be achieved before anyone is qualified to utilize the lion power of Strength for higher spiritual unfoldment. The lion represents the vital force we share with all the levels of consciousness below us. This force is brought under control through an intelligent, organized use of the desire nature (the figure 8 of roses).

Desire is the dominant force in the creation of mental images. When our predominating imagery reflects confidence in the fact that human consciousness commands the subhuman forces, this dominion begins to express through us as control of our lower animal nature.

What this is, really, is confidence in the law of suggestion and man's place in the scale of descending influence. We need to understand that the power of suggestion is a principle of nature and is always in effect. Through the descending scale of influence, higher forms of life automatically influence, utilize and thereby aid in the unfoldment of those forms that are below its level of consciousness and development.

The qualities and attributes related to the Leo personality type correspond to this law of suggestion because the Leo type has an inherent tendency to utilize, more positively than most, this natural command that human consciousness has over every form of consciousness below it in the universal scheme.

Leo encompasses the area of the heart wherein the solar influence enters personality. Because Leos absorb this radiance in abundance, they sense man's essential unity with the ruling principle of the universe. It gives them a feeling of adequacy and of strength to accomplish. It pours out vibrations that influence the body-building activities of subconsciousness. Structures begin to develop and new functions come into activity that eventually make possible the firsthand, conscious realization of union with the True Ruler within the heart.

Leo, a fire sign, partakes of the fiery will-force that breaks down form. The Sun rulership blends in the attractive, loving vibrations that bring things together into unified wholes. The power of suggestion effects changes by release and subsequent reunification of energies into new lines or channels of expression. Our bodies, physical and finer, are made up of subhuman intelligences which change form and function under the suggestive influence of our predominant imagery. When our imagery suggests confidence in the Dominion of the Self, our bodies of expression begin to build that dominion into form.

Thus the way to begin using the law of suggestion to effect our liberation is best exemplified by qualities of expression related to the Leo type. Leo is a fixed sign ruled by the Sun. Its natives are said to have a persistence that stems from abundant solar vitality and assurance in their own ability to accomplish. They do not so easily as most lose heart over defeat or get weighed down by fears or feelings of futility. Because of this they actually do assert a better control over the circumstances of their life than most.

The Sun influence also gives them a loving concern for others that is akin to fatherliness. This warmth of feeling, combined with their natural self-confidence, expresses as an interest in helping to strengthen those with less assurance and less ability to control things than they have themselves. They want to guide others toward developing the strength and courage they need for a successful life. Leos are called commanding. In essence, their ability to influence others is a response to their strength of will and loving, compassionate concern.

What we have just outlined is, of course, attributable to the most admirable and highly developed expressions of Leo. Unless they are brought to an advanced level through interchange with the meditational attitude attributed to Aquarius, the Leo qualities can express as excessive pride, bombastic show of authority and the petty tyranny that is used by the unevolved to bolster their sense of self-importance.

The highest expression of the Leo ability to influence others toward greater unfoldment through emanations of love and strength is exemplified by the Hierarchy of Light. This level of beneficent influence is reached through the alternation of Key 8 qualities with the Key 17 meditational receptivity that brings down light and love and wisdom from above.

Let's now bring to mind some of the attributes of Aquarius and Key 17 and see how they contrast with and yet complete those attributed to Leo and Key 8. The symbolism of Key 17 depicts the method whereby higher intuitional knowledge is brought into conscious realization. Grasp by the self-conscious mind of universal truths comes through the quiet, questing, thoughtful attitude attributed to the Aquarian type. The developed Aquarian's determined search for the essential nature of things eventually reveals Truth.

Aquarius is a fixed air sign. Those influenced by air are basically mental in focus. This influence, combined with the rulers of

Aquarius, intimate the nature of the Aquarian qualities. Saturn is the limiting, stabilizing vibration. In the realm of thought it limits and concentrates the focus of attention on a narrow band of ideas. Uranus, Key 0, The Fool, portrays the active, questioning, enthusiastic expectancy that expresses confidence in receiving something not yet known.

Note that both Aquarius and Leo have this assurance and expectancy, but with Aquarius it is more directed toward receiving inspiration and ideas from above the level of self-consciousness.

Because they are less tied to traditions of the past than perhaps any other type, the Aquarians' thinking is free to receive the New Age ideas and innovations that mark the beginning of the new cycle of planetary expression. It is an Age where mental unfoldment will make possible the grasp of higher truth, and thus the unveiling of the fact of the Brotherhood of Man. In contrast, the Leo nature feels Brotherhood, so that his influence on others is unifying and compassionate. The Aquarian grasp of Brotherhood is more mental. His interest is directed toward bringing in ideas, plans and formations that will help humanity awaken to its essential unity of purpose.

Aquarius is the sign of man, The Thinker. Through mental preparation we fit ourselves for reception of Higher Spiritual Truths. Active quest describes the right mental attitude. We must patiently absorb and weigh knowledge accumulated through outer methods of study so that we have a clear idea of what we are searching for in meditation. The meaning of Tzaddi, the fishhook, suggests this idea that we must enter meditation with a specific question as bait if we are to attract a definite answer.

To express on its highest level, the Aquarian's focus on receiving from above must be balanced with the Leo qualities that pour out influence to levels below. From an understanding of the contrasts and similarities expressed by this pair of opposites, we should be able to see how they do indeed complete and perfect each other. When the Leo influential qualities have been unfolded through interchange with Aquarius, our suggestions are filled with the higher Truth received in meditation. We pour out influence that lifts the life below. As the quality of our radiating influence increases in brilliance, the serpent power ascends to the Crown and we enter the Fifth Kingdom of perfected Adepts.

In like manner the Aquarian ability to receive new ideas through concentrated thought must be balanced with the Leo qualities before we can receive from the Supernal levels of Truth. As you have often heard, the more we give, the more we are able to receive. The Aquarians' penchant for close, concentrated thought needs to be balanced with the magnanimous Leo, or their ideas can be eccentric and their knowledge unrelated to practical concerns. Too much avoidance of human relationships, and too much concentration on intellectual achievements for their own sake, can render ideas sterile so far as benefit to others is concerned.

Blended with the solar influence, the circuit is complete. We receive from above and give out to the below! We alternate our attention between periods of meditative thought to bring down revelations from

above, with periods of active sending out to influence all that is below. Note that in this pair of opposites the giving out precedes the initial reception of Truth. Before we can consciously receive from above, there must be enough of the preliminary work of suggestion to get the baser drives and appetites of the lower nature under control. Before a human center of expression can act as a transmitter for superconsciousness there must be sufficient development in the vehicles so that the attention is beginning to reach toward the Ego within the heart.

As we prepare ourselves through the purification of our responses and through the accumulation of knowledge, we become a conscious instrument through which the New Age vibrations can be transmitted. We are learning how to influence, through love, all that is below; we are learning how to attract, through love, influence from above. We must now dedicate all that expresses through us to the service of Those Who are responsible for bringing in the New Age of the Brotherhood of Man.

#### TECHNIQUE

Start with the visualization and intonation for the seven Interior Stars and their higher octaves. Intone Shalom seven times, as usual, sending peace, love and blessings to all the life on earth.

Visualize yourself within the globe of earth, forming a cross therein. The earth in which you are centered is filled with radiant liquid light. Pause for a few moments to make sure that your breathing is deep and rhythmic before proceeding. Now visualize Key 4 to the right of your earth and Key 11 to the left. Whirl the red and green vibrations round and round in figure 8 formation; intone appropriately and give the meditation:

"Oh Thou, Emperor within, wield Thy purifying sword that I may be poised for service to Thy Will on earth."

Next visualize Key 5 to the right and Key 13 to the left. Whirl the red-orange vibration clockwise and the blue-green vibration counter-clockwise; intone on the appropriate notes and give this meditation:

"Oh Thou, Beneficent Father of Light, let me hear Thy Voice that I may share in the transformations which bring joy to all the earth."

Next image Key 6 to the right and Key 14 to the left. See the orange and blue vibrations as before and intone the related chant. Then give the meditation:

"Oh Thou, Archangels of God, illuminate the dark corners of my soul that I may serve as a luminous center for Thy descending influence."

Now image Key 7 to the right and Key 15 to the left. Image the yellow-orange and blue-violet vibrations whirling in opposite directions; intone the related chant and give this meditation:

"Oh Thou, Divine Charioteer within, open my inner vision that I may see Thee and let Thee guide me all the Way."

Now image Key 8 to the right and Key 17 to the left. Over Key 8 visualize Key 19; over Key 17 visualize Keys 21 and 0. Pause to make this visualization as clear as possible as you breathe rhythmically. From just outside Key 8 to your right begin whirling the brilliant yellow vibration around clockwise through your heart center, round to the left to encompass Key 17, and back through the heart in the figure 8 formation. Start the violet vibration from the left just outside Key 17; whirl it around counter-clockwise in the same figure 8 formation. Pause to feel these motions and then begin the Ah-oo-mm chant on the alternate notes of E and A#. Pause again to feel the highest and most positive expressions of these two Keys as being impressed in your sphere of influence. Then give this meditation:

"Oh Thou, Divine Self within, let me partake of Thy strength and Thy Truth that I may be a focus for their radiation outward to all that lives."

Finish in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

## Lesson Seventy-four

(from the transcripts of class lectures by Ann Davies)

The sixth pair of opposite-complements is comprised of Key 9, The Hermit, and Key 18, The Moon. Key 9 relates to the sign Virgo; the color yellow-green; the note F; and the Hebrew letter Yod. Key 18 corresponds to the sign Pisces; the color red-violet; the note B; and the Hebrew letter Qoph.

The assimilative organs are included in the physiological zone attributed to Virgo. We should remember that the bodily functions related to any sign give us a clue to the mental and emotional functions also. Our subtle bodies are nourished through the assimilation of forces and energies just as our physical bodies are nourished through the assimilation of food. How rapidly we develop and how adequately we function depends upon the quality of nutrients available.

Virgo is both ruled by and is the place of exaltation for Mercury. This suggests that Mercurial faculties are essential to proper assimilation on all levels. The Virgo type is said to be selective, discriminating, practical, fastidious and serving. We need to use discrimination in the selection of the thoughts and emotions that we take into our subtle bodies just as we need to use discrimination in the selection of food for our body.

On the mental level we can learn to be selective in the ideas and lines of reasoning we allow to occupy our mind. On the emotional level we can use discrimination in what we let our emotions respond to. Physically these qualities refer to the intelligent selection of proper supplies for the body and, therefore, include the interest in health and hygiene attributed to the Virgo type.

Mercury is exalted in Virgo! The practice of selectiveness and discrimination brings our self-conscious faculties to their point of greatest unfoldment. It is in this way that we prepare our mind, our emotions and our body to act as a channel for the Superpersonal Light from the Hermit's lantern.

Virgo is mutable earth! Mercury exalted in an earth sign suggests that practical intelligence is an indispensable part of this preparation. Before we can channel light to others we have to know how to apply that light to the solution of practical concerns. The Virgo ability to discern subtle differences between similar things helps us to perceive the relationship between higher knowledge and the problems of everyday life.

The Hermit who holds out the Light for us is the One Self, Yekhidah in Kether. He also represents the Adepts and Masters of the Inner School, Who have achieved conscious union with Yekhidah. They are the true Servants of humanity who exemplify the serving Virgo nature at its most exalted. The radiating light from His lantern is the Light of Divine Wisdom. It radiates continuously from Those Who Know; held out for all without distinction. Our ability to assimilate that Light and share in

some portion of Divine Purpose is accelerated by the unfoldment of Virgo qualities which symbolically put us in the position of the Magician and make us a transmitter of the ever radiating light.

The Virgo nature is called serving. It is this quality of willingness to serve others that relates Virgo to the advanced consciousness portrayed by the Hermit. They are said to willingly undertake detailed work and exacting forms of labor that others find dreary and tedious; work that has no apparent resemblance to most people's beglamoured idea of service to the Light. It is this willingness to perform the very necessary, but not very exciting, work of the world; the work that does not command much notice or praise or personal glory that exemplifies the quality of service that is 'like unto' that of the Hermit.

This serving quality, together with the studious Virgo mentality that is continuously adding to the personal store of knowledge, is what fills the body with Potable Gold and makes possible the assimilation of ever more Light from the Hermit above.

What we have said about Virgo refers, of course, to its most positive expression. Through the lowly evolved or through those who have not yet attained sufficient balance with the qualities represented by Key 18, the Virgo qualities can express as over-emphasis on trivialities; as the kind of mentality that looks carefully for the faults and failings of others; or as the exaggerated concern for health, hygiene and diet that defeats its own purpose.

Key 18, attributed to Pisces, portrays the Path of Return that leads to the height whereon the Hermit stands. On the Tree of Life, Qoph is called the Corporeal Intelligence. This refers to the bodyconsciousness inherent in the very cells of our body. It is through the instrumentality of this level of consciousness that all physiological changes take place.

These associations to Key 18 intimate that the Pisces nature expresses qualities that are particularly influential on the cellular consciousness and therefore influential in effecting the bodily transformations that permit us to accelerate our climb up the Path of Return.

The Pisces type is said to be devotional and sacrificing. With the other water signs they share a mediumistic, subjectively aware nature. The devotional quality, combined with inner awareness, makes them deeply emotional in their reactions and very intense in the way they feel about things that matter to them. The title of Key 18, The Moon, refers, among other things, to the Pisceans telepathic receptivity to other people and forms of life. They sense the continuous communion that exists on subconscious levels more distinctly that any other type.

Because of their sensitivity to the emotions of others, Pisceans are almost always kind, compassionate and tender. This feeling with others makes them susceptible to much suffering and pain. They suffer not only for those close to them, but also experience as personal pain the sorrow and depression that are part of the World Soul.

The planets that rule Pisces carry out these ideas. The sphere of activity for Jupiter is Chesed, the Sephirah of Mercy and Beneficence. The Jupiter rulership also relates to the solar plexus center, which holds the memory of the form side of life and thus the memory of our body consciousness. Neptune, the mystic planet, emphasizes the extreme emotional sensitivity of Pisces. When this intense feeling nature is directed toward a cause they believe in, Pisces becomes the symbol, par excellence, of the devotional nature. They turn the full flood of emotion, of desire and of love toward a cause that inspires their yearning to serve.

Like Virgos, Pisceans have a need to serve, but their need has a different basis than that of Virgo. With single-hearted devotion Pisceans serve that which has stirred their emotions and aroused their feelings. The Virgo need to serve is based more on a mental conviction that service, in some form or another, is necessary to give meaning and purpose to life.

Venus is exalted in Pisces! The emotional intensity of Pisces is what gives manifesting power to imagery. As we know, it is our predominant imagery that affects the Corporeal Intelligence most directly. The devotional Piscean nature typifies the single-minded focus that is willing to sacrifice everything to the fulfillment of a purpose. This is the quality that keeps the imaginative faculties, both conscious and subconscious, focused and therefore tremendously strengthened in their power to transform.

What we want to grasp relative to the Pisces nature is that their emotional intensity and devotion to a cause are qualities that directly influence the body-consciousness. In highest expression these qualities transform the body so that it is able to receive the intense vibrations which lift the level of consciousness and lead to the completion of the Great Work.

Again we should realize that the highest expression of Pisces cannot come into expression until the evolutionary process has balanced their devotional nature with the discriminating Virgo. Devotion, inner sensitivity, and even love, can be destructive and dangerous when expressed through one who has not yet developed the ability to discriminate.

It is ever through balance that perfection emerges. Pisces expresses the emotional intensity that gives manifesting power to desire. Virgo expresses the selective faculty that improves the quality of desire. But the illumination represented by The Hermit is not the consequence of discrimination and knowledge alone. The intellectual selectiveness of Virgo remains cold and theoretical unless infused with the inspirational warmth of Pisces. Although care in diet, control of thoughts and emotions, and the acquisition of knowledge are certainly important, we have to add something more if we are to reach the heights of adeptship.

The necessary bodily transformations are brought about through an intensity of yearning, a strength of love, and a power of imagery related to Pisces. Our intellectual qualifications are lifted out of a material

focus by reciprocation with the consuming aspiration and sacrificial nature of Pisces. We have to hunger and thirst for Liberation with an intensity that is willing to sacrifice everything to the needs of the Great Work.

The Piscean qualities are equally unable to lift us to the heights of spiritual perfection until they have been raised in expression by reciprocation with the more intellectual Virgo. Mystical awareness can be sadly misinterpreted without some measure of the practicality of Virgo. Intense devotion is dangerous without the discrimination gained through acquisition of knowledge. Pisceans are not very selective in their consuming passions until interchange with Virgo has improved their ability to rightly interpret the source and meaning of the inspirations they receive so easily through their naturally devotional nature.

In this pair of opposites Virgo exemplifies the thoughtful, fact-gathering approach to carrying out some line of endeavor; while Pisces represents the intense, loving and devotional approach. The Virgo qualities give us an intellectual perception of the necessary steps and stages we must take to reach illumination. The Piscean qualities supply the power that gives imagination its formative power. Strong emotion is the agency through which higher wisdom is built into the body. When we enter into the spirit of the Great Work with the desire to serve life that is basic in both poles of this pair of opposites, and instill that service with the positive qualities of each, we can rest assured that we will surely reach the height and know the joy and rapture of union with the Self.

#### TECHNIQUE

Activate and balance the seven Planetary Centers in the usual manner. Visualize and intone for the three higher octaves and then chant Shalom seven times as you send peace, love and blessings to all the lives on earth.

Place yourself within the globe of earth in the form of a cross. Visualize the first pair of opposites — Keys 4 and 11 — to the right and left of you. Whirl the colors and intone in the usual manner; then give this meditation:

"Oh Thou, Ruler of all that lives! Help me to harmonize all apparent opposites that I may serve as a channel for Thy Will."

Visualize the second pair of opposites — Keys 5 and 13 — to the right and left of your globe of earth. Whirl the red-orange and bluegreen vibrations in figure 8 formation; intone appropriately, and give this meditation:

"Oh Thou, Divine Voice within! Instruct me in the transformations that will make me a better servant of the Light."

Next visualize the third pair of opposites — Keys 6 and 14 — on either side of your globe of earth. Whirl the colors; intone the notes, and give this meditation:

"Oh Thou, Glorified Angels of God! Heal me with Thy love that I may know the joy of union with the Self."

Next visualize the fourth pair of opposites — Keys 7 and 15 — on either side. Whirl the colors; intone the notes, and give the meditation:

"Oh Thou, Self within the heart! Take the reigns of this Thy vehicle and lead me out of the mist of illusion into the Light Divine."

Visualize the fifth pair of opposites — Keys 8 and 17 — on either side of your globe of earth. Whirl the colors; intone the notes, and give the meditation:

"Oh Thou, Lord of Life Eternal! Let me partake of Thy Strength and share in Thy Wisdom that I may better serve Thy Will on earth."

Now we are ready to bring the sixth and final pair of opposites into balanced expression. Centered within your globe of earth visualize Key 9 to the right and Key 18 to the left. Above Key 9 image Key 1, The Magician; above Key 18 image Keys 10 and 12. Whirl the yellow-green light around clockwise in the figure 8 formation! Feel it and see it! Then whirl the red-violet light around counter-clockwise! Intone Ahooo-mm seven times twice, alternating on the notes F and B.

Affirm your intention to express the positive qualities related to this pair of opposites and then give this meditation:

"Oh Thou, Lord of Life! I yearn for Thy Presence! Nought else will do! Show me the way to serve Thee! Let me see Thy guiding Light! Lead me to the Glory of union with Thee!"

Finish in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

#### Lesson Seventy-five

(from the transcripts of class lectures by Ann Davies)

Throughout this course we have outlined practical methods of color and sound correlation for bringing balance and perfection to our personality. We have worked to emanate these healing-perfecting vibrations to the whole of humanity in order to help lift its level of expression. By now you should be able to visualize and intone for the Planetary forces and the Zodiacal pairs almost automatically. These practices and their continuous reiteration will inevitably bring your personality to a higher level of expression. As you send them out for the benefit of all others you will be contributing, more than you possibly realize, to bringing the Brotherhood of Man into actual existence here on earth.

In these concluding lessons we will group the color vibrations after another fashion in order to summarize all we have learned and add further depth and dimension to our knowledge and insight. By perceiving the basic principles inherent in each color we will be in a better position to temper or intensify their influence in any given situation and thereby establish the balance of forces that is essential to the performance of the Great Work.

The grouping in these final lessons will be by color. We will bring to mind the thread of relationship that ties together the Tarot Keys, Paths and Sephirah which share the same color and tone. This should add considerably to our ability to utilize these forces for bringing about specific results.

In this lesson we will summarize the qualities and attributes which express through the three primary colors — red, blue and yellow. They portray three primary ways in which the Life-power expresses Itself. Red is hot, dry; inciting to action; disruptive; initiatory; generative. Blue is cool, moist; quieting to the body, emotions and mind; sedative; receptive; preservative. Yellow is the midway vibration between the extremes of red and blue. Its effect is balancing; unifying; mediating; synthesizing.

Qabalistically these three colors, as a group, are assigned to the three Mother letters, Aleph, Mem and Shin. In Tarot they are portrayed by Keys 0, 12 and 20. They correspond respectively to air, water and fire, and to the higher octave planets, Uranus, Neptune and Pluto. In this primary grouping they express three states of Superconsciousness:

Key 0 — superconscious awareness of life; Key 12 — superconscious awareness of substance; Key 20 — superconscious awareness of activity. They have a relationship to the three principles of Alchemy: yellow to Alchemical Mercury; blue to Alchemical Salt; red to Alchemical Sulphur.

Among the seven Interior Stars or Chakras, those which carry the primary colors are: Mercury, Key 1, yellow; Moon, Key 2, blue; Mars, Key 16, red. Among the signs of the zodiac those with the primary colors are: yellow, Leo, fixed fire; blue, Sagittarius, mutable fire; Aries, red,

cardinal fire. It is of value to note that among the Zodiacal signs the primary colors are all assigned to the triplicity of fire, the element related to the Atziluthic world of causation.

Let's now investigate each of these primary colors separately and see how the qualities attributed to the Tarot Keys, Paths and Sephirah assigned to each color express the outworking of one basic cosmic vibration.

Among the elements, red is attributed to fire. We can expect to find the Tarot Keys, the Paths on the Tree and the Sephirah which carry this color to partake of the quality of fire. We can further expect them to express some aspect of the initiatory, energizing, disruptive activity related to the red vibration.

Geburah, seat of volition, is the Sephiratic representation of the color red. Volition is an exercise of will; the act of deciding on a course of action. The exercise of will and the formulation of a goal are expressions of the initiating red vibration. Geburah means severity! It suggests the disruptive aspect of red that incites to action in order to overcome adversity. Because will-power is always directed toward bringing about change, the red vibration is destructive to outworn forms that obstruct the actual expression of predetermined goals.

Among the planetary forces, Mars, Key 16, carries the red vibration. It correlates with the Chakra that energizes and activates the generative organs, the entire muscular system, and the motor centers of the brain which have charge of both voluntary and involuntary muscular activities. Thus, through this center the red vibration initiates life and action on the physical plane.

On the Tree of Life, Key 16 is the Path of the Exciting Intelligence. It is the reciprocal path between intellect and desire. Through its energizing influence desire and intellect act upon each other and thereby unfold in their level of expression.

When the red vibration is a strong influence in the personality it gives the energy and the will to act associated with Aries and Key 4. The influence of this vibration through a personality not only impels to action, but incites others to act. Thus Aries is associated with qualities of leadership and dominion. Through its influence spiritual teachers lead others to their own awakening. They are able to inspire others to take action and begin doing something positive about their spiritual unfoldment. It is also a vibration common to true healers. They have the capacity to direct the dynamic red vibration so that it destroys obstructions that inhibit the free flow of vital life force which brings the body back to health.

The zone for Key 4 includes the brain as a motor. The red vibration energizes the brain by supplying the will to think, to reason and to put ideas into an orderly sequence. Key 4 is also related to sight. Our ability to see truth is restricted by the structures of error we have built in our vehicles of expression. The lightning flash in Key 16 is the

flash of insight that destroys some personal miconception and frees us from some error in our personality expression.

On the Tree of Life the Path of Heh and Key 4 is that of the Constituting Intelligence which joins Chokmah to Tiphareth. The 15th Path expresses the cosmic generative force rooted in Chokmah, which gives birth to the human Ego. It is also the path through which the human Ego reunites with the Father in Chokmah.

The highest expression of the red vibration is portrayed by Key 20, Judgement. Through a developed human instrument the more intense octaves of red, related to Pluto, can find expression. These higher octaves, which are too intense for natural man, are those which can free us from the structures, subtle and gross, that hold consciousness within the bounds of three-dimensional awareness. This intense vibration gives superconscious insight into the true nature of activity by releasing the personal mind from the restrictions of Assiah, the plane of action. Through this realization one is able to function consciously in the fourth dimension and know, directly, the immortality of the human Ego.

The Path of Shin is called the Perpetual Intelligence and joins Hod to Malkuth. Here the red vibration is the agency through which intellectual perception of immortality becomes impressed in the body consciousness of Malkuth. Through this Path the physical organism partakes of the influence descending from Kether through the Pillar of Severity. It is this aspect of the red vibration that finally completes the transformations which make Divine Will manifest in actual states of realization here on the physical plane.

Pre-eminently the red vibration is the will force of Kether working through the various levels of expression. On all planes — mental, emotional and physical — it energizes and intensifies activity. In practical use the red vibration can be applied when we seem to be plagued with mental, emotional or physical sluggishness. We can use it beneficially during cycles when lethargy and inertia seem to deter our ability to act, to feel, to think! As you go through your practices, a bit of extra mental concentration on the three Keys of the red vibration can help give you the energy you seem to lack. Remember, no matter what forces are at work in the world at any given period, we can express above their level by deliberately introducing vibrations that bring about a better balance.

We should also learn to recognize periods when we need to temper or subdue the red vibration for a time by putting more emphasis on the cooling blue. This actually helps to bring the ascendancy of the balancing yellow that makes us more receptive to the higher vibrations of the Universal Mind.

The second primary color is blue. Among the elements it is attributed to water, the fluidic substance aspect of the Life-power. In the science of colors blue is sedative, quieting; the coldest color. Its soothing, stabilizing influence relieves pain and helps to quiet the nervous system so that restful sleep is possible. To blue is further attributed ideas of retention, preservation and co-ordination. It has a co-ordinating effect

on body functions so that the trillions of cells can work together efficiently as an organic whole. These ideas of co-ordination and association have to do with the telepathic communication we all share within the substance aspect of the Life-power.

Psychologically the blue vibration expresses as sensitivity, deep emotional feelings for and with others, and as a sense of the harmony and rhythm of life. Its quieting influence subdues over-activity so that the conscious mind is able to be impressed with our mental observations. Thus it gives an unusually retentive memory.

Too little of the blue vibration expresses as lack of co-ordination and disposes to such things as abnormal growths in the body. Emotionally, too little blue inclines toward an inability to sense the relationship that exists between seemingly separated lives and events. It can express as a lack of concern for others; selfishness; insensibility.

Too much of the blue vibration causes the over-emotional, over-psychic type who is unhappy, uncertain and dependent upon others for everything. It can express as fearfulness, melancholy and depression. It can cause a lack of drive because there is too little of the more dynamic red.

We can expect the Sephirah, Paths and Tarot Keys which carry the blue vibration to partake in some way of these basic qualities attributed to the color blue.

Among the Sephiroth, Chesed, Mercy, is blue. Chesed is the seat of cosmic memory and therefore expresses the impressibility related to this vibration. In order for anything to impress us so that we remember it there must be some degree of emotional involvement. The things that we remember from the past most vividly are those which made a deep emotional impression on us. On the level of Chesed this sensitivity expresses as the all-encompassing love and compassion of the Chasidim.

Among the Interior Stars the blue vibration is attributed to the Moon center. In the body it corresponds to the pituitary gland, which is called the master gland because it regulates and co-ordinates all bodily activities. In Tarot, The High Priestess, Key 2, is a symbol of this subconscious intelligence which performs its marvels through the agency of the co-ordinating, associating blue vibration. Upon this substance aspect of consciousness, patterns of function are impressed that serve as the memory of form.

The High Priestess is calm, passive and receptive. Good recollection requires that we slow down the fussy searching and straining
to remember. We need to relax and let remembrance rise to the selfconscious level. The blue vibration is not so much related to the making
of clear images as it is to their accurate preservation and association
so that they are readily available for recall.

On the Tree of Life the Path of Gimel, Key 2, is the 13th path

of the Uniting Intelligence which links the Egoic level in Tiphareth to Yekhidah in Kether. This intimates that the quiet receptivity of the High Priestess is a quality that allows awareness of the True Self to be impressed on the conscious mind.

Among the zodiacal signs, Sagittarius, mutable fire, carries the blue vibration. The mutable quality suggests the influence of water combined with that of fire. The inspiration and idealism attributed to this sign is the result of an ability to 'remember' the true divinity of man. Sagittarius is ruled by Jupiter, whose sphere of activity is in Chesed, cosmic memory. To Sagittarius is attributed the higher mind and its influence. Higher mind intuitions, as we have learned, are really a remembrance of the True Self. It is also through the subconscious substance that the tests and trials of existence eventually transform personality into a reflection of the Solar Angel.

On the Tree of Life the 25th Path of Samech joins Yesod to Tiphareth. It is through the associating blue vibration that the Higher Self tempers and perfects the vital soul by impressing it with images that finally let the Angel take conscious control of personality.

The highest expression of the blue vibration is symbolized by Key 12. The Hanged Man symbolizes an adept in Samadhi whose perfect receptivity to higher levels of consciousness is the result of mental, emotional and physical quiescence. His perfect receptivity partakes of the quality of Neptune, the mystical planet. His attitude expresses that of Jesus, "I do nothing of myself, the Father within me doeth the works."

The Path of Key 12, The Stable Intelligence, is on the side of the arresting, restricting Binah. It stems from Geburah, Severity, and brings the will-force into intellect through the agency of the blue vibration.

In practical matters the blue vibration can help us to balance out too much drive, rashness and materialistic ambition. It can help us unfold that quiet receptivity and retentiveness that impresses higher wisdom in the subconscious memory scroll. A bit of extra emphasis on the three Keys of the blue vibration can help us to experience directly the true nature of substance.

Yellow is the mediating vibration that is neither hot and driving like red nor altogether cold and sedative like blue. As the mediator between the extremes of activity and inertia, yellow is a stimulant to mental unfoldment, tempering over-activity on the one hand amd immobility on the other. It helps to develop mental alertness and discrimination. It aids in establishing emotional balance by equilibrating any tendency to either over-enthusiasm or despondency. Because of this balancing effect on the emotions, yellow establishes the mental poise that is necessary for effective intellectual analysis and concentration. In excess, this vibration can lead to indecisions and a tendency to substitute thinking and and talking for action.

Among the Sephiroth, Tiphareth, Beauty, carries the yellow color. Beauty is ever the result of balance and harmony in form and

expression. Tiphareth is called the Mediating Intelligence, thus emphasizing the intermediary function of this vibration. As the central point of the personality complex, Tiphareth receives influences from above, synthesizes them and then emanates the influence to the Sephiroth below. This relationship to Tiphareth, seat of the Ego, associates the yellow vibration with consciousness and its unfoldment toward union with the SELF.

Among the Inner Holy Planets, Mercury, Key 1, represents yellow. This planet correlates with the bodily center through which the highest spiritual forces enter into personality. The position of the Magician again suggests the mediating function of human consciousness which blends forces from above to those from below. As we unfold toward greater identity with the above we become a channel for perfecting that which is below.

On the Tree of Life the Path of Beth is called the Transparent Intelligence. It links Kether to Binah, the finitizing Sephirah. On all levels that intelligent conscious awareness, of which human self-consciousness partakes, is the means, the Word, through which Primal Will projects its purpose into manifestion.

Among the Zodiacal signs, Leo, fixed fire, carries the yellow vibration. Leo is the only sign ruled by the Sun. This links it to Tiphareth, sphere of the activity of the Sun. Leo qualities express the mediating function of human consciousness more specifically than any other type. Their vitality and optimism suggest adequate reception from above; their altruistic, influential nature exemplifies beneficent outpouring to the below. Thus Key 8 is associated with the law of suggestion operative throughout nature, whereby higher forms of consciousness influence and upgrade those below its level.

The Path of Key 8 on the Tree of Life is called the Intelligence of the Secret of all Spiritual Activities. Its reciprocating position between Geburah, Severity, and Chesed, Mercy, emphasizes again the truth that equilibration is the secret of the Great Work.

The highest expression of the yellow vibration is portrayed by Key 0, symbol of the Superconscious Life-breath. The Fool symbolizes the ultimate attainment of freedom from all restrictions of form. He is ready to embark on levels of experience unknowable to those who have not yet attained to His level of awareness. Through this highest expression of the yellow vibration all the pairs of opposites are equilibrated so that the consciousness can soar upward to union with the Crown.

The Path of Key 0 is that of the Scintillating Intelligence which links Kether to Chokmah. It symbolizes a supernal quality of awareness, of which human self-consciousness is but a dim reflection. At the beginning of a cycle of manifestation Primal Will projects Its purpose into Chokmah through the medium of the Cosmic Life-breath.

We will continue our summary of color principles in the next lesson, During this period continue the practice outlined in the last lesson, wherein we balance the seven Inner Holy Planets, the three higher octaves and the six zodiacal pairs. ##

#### Lesson Seventy-six

(from the transcripts of class lectures by Ann Davies)

In this lesson we will summarize the secondary colors, orange, green and violet, along with their Tarot and Qabalistic correspondences. Blue-violet will also be included because its attribution to Saturn completes the color assignments for the Seven Inner Holy Planets. Furthermore, blue-violet and Key 21 relate to the element of earth, thus completing, along with the three primary colors, the quaternary of the elements.

Just as the three primary colors are assigned to fire signs, the secondary colors are assigned to the triplicity of air — Gemini, Libra and Aquarius. Among the elements air is considered the most harmonious to fire. It is said to combine the two basic elements, fire and water, with fire predominating. Thus, in the secondary colors, we should find some qualities similar to those attributed to the primaries.

Place a colored diagram of the Tree of Life before you and notice that orange, green and violet are assigned to the three Sephiroth of personality — Hod, Netzach and Yesod. Notice further that this personality triad of secondary colors duplicates, on a lower level, the Egoic triad of primary colors. The orange of Hod blends the colors of Geburah and Tiphareth. The green of Netzach blends those of Chesed and Tiphareth. In Yesod, the colors of Chesed and Geburah are blended in violet, which is the opposite and complement to the yellow of Tiphareth.

It should be remembered, however, that even though the secondary colors are pigmentary blends of the primary three, their effect is not identical to the mere combination of two primaries. In the light scale of colors each one represents a unique vibration with distinct effects of its own.

Although blue-violet does not appear as a Sephirah, it is the color for Saturn whose sphere of activity is in Binah. The black of Binah is often substituted for blue-violet in color assignments for Saturn. Need I mention that there is much value to be gained from meditation on these color relationships.

In our vibratory work, orange is the color of the Sun! In the science of color therapy it is found to be vitalizing to the body and cheering to the emotions. It is a specific for bringing relief from depression, no matter what the cause. The stimulating, uplifting effect that this vibration has on the mind aids in the unfoldment of keen discrimination and provides the mental alertness necessary for acquiring knowledge and understanding of the world around us.

In the body the orange vibration is a stimulant to the entire nervous system and to the higher centers of the brain. It helps us to absorb subtle forces from the atmosphere that increase our receptivity to the Egoic level of consciousness.

Those in whom the orange vibration is strong and well-balanced are usually generous, honest and considerate of others. They express a quality of givingness and lovingness that is essential for all spiritual unfoldment. During periods when you seem unable to feel your aspirations, the orange vibration can help you regain enthusiasm and a more optimistic frame of mind.

Like the Sun, the orange vibration is essentially radiating. In excess its outpouring quality can lead to wasteful dissipation of vitality and resources; to over-optimism; excess ambition; spiritual pride. It can also express negatively as a need to dominate others.

Among the Sephiroth, Hod, seat of human intellect, represents orange. Herein the solar vibration of undifferentiated consciousness is specialized in the unfoldment of self-conscious intelligence. In Hod the radiating quality of this vibration is expressed as the outpouring of thought-forms that influence and alter the vital soul in Yesod. Note that the Path of Resh, which links Hod to Yesod, is also orange.

Among the Interior Stars the Sun Center situated near the heart is attributed to orange. Key 19 depicts the conscious, intelligent, purposeful nature of the Sun in whose vibrations we live and move and have our being. This living solar energy finds self-conscious expression through human intellect; thus the color identity between the Sun and Hod.

As it expresses through the heart center the influence of orange is unifying, inspiring and loving. When this center is fully functioning, the Ego within the heart is able to pour out its loving, expansive influence more abundantly to perfect its instrument, the human personality.

On the Tree of Life the Collective Intelligence links Hod to Yesod. Through this path the orange vibration carries the intellectual concept of unity and love, formulated in Hod, into Yesod where its influence purifies that level and makes possible a direct realization of the unity of life. When this realization is built into the Foundation, the birth of the New Creature, who belongs to the Fifth Kingdom of Regenerated humanity, takes place.

Among the zodiacal signs Gemini, mutable air, is attributed to orange. Geminis are said to have keen discrimination and to be unusually adaptable to change of any kind. Their easy acceptance of new situations shows the optimistic influence of the orange vibration. Not only do Geminis accept the inevitability of change, but discriminate rightly as to its basically beneficent outcome.

The mental stimulation of orange gives Geminis a quick and agile mind. Their curiosity indicates the mental alertness which seeks answers to enigmas and thereby develops the intellectual faculties.

On the Tree of Life the Path of Zain joins the Divine Soul in Binah to the Son in Tiphareth. Herein the orange vibration is the means through which the specializing Binah establishes the innumerable human centers of expression for the One Ego in Tiphareth. In the Great Work

the Path of Zain indicates a level of discrimination wherein the seemingly personal consciousness is realized as identical with the Sun in Tiphareth. This realization is made possible through the influx of true Understanding from the Divine Soul in Binah.

The secondary color green is the vibration of artistry and desire! In the science of colors its effect is found to be mildly sedative and depressant. This relaxing effect tends to quiet the nerves and correct overconfidence or over-optimism. In general it helps to establish the right emotional and mental environment for creative work of all kinds. When the emotions are in right balance with the mind, artistic ideas are more easily received and the creation of mental images is stimulated.

Those who are strongly influenced by the green vibration have grace and symmetry in form and action; artistic ability; good taste; appreciation for the beautiful and cultural; attractiveness to others. In the body green has an effect on the skin, especially the sensitivity of touch; the kidneys as organs of elimination; the lumbar region of the spine.

Overstrong, the green vibration can make for emotional excesses; sensation-seeking and time wasted in a search for mere amusements. In our color work it is a specific for stimulating the flow of mental imagery and helping us to improve its clarity and control.

Among the Sephiroth, Netzach, seat of the desire nature, expresses the green vibration. Note that the green of Netzach combines the blue of Chesed with the yellow of Tiphareth. This suggests that human desire results from memory combined with the image-making faculty of Ego consciousness.

On the Tree of Life desire is on the same level as intellect. Their reciprocal expression is essential to the unfoldment of Egoic consciousness through human personality. As the Tree indicates, desire is rooted in the higher love and remembrance of Chesed just as intellect is rooted in the volitional will of Geburah. It is desire that stirs the imaginative faculty into activity. When our desires begin to express the all-encompassing love of Chesed, then imagination proceeds to transform personality into an instrument for the outpouring of that love.

Key 3, The Empress, symbolizes the Venus center which receives the green vibration of creative inspiration and fashions it into forms through imagination. Note that the green Venus vibration expresses through Netzach, a Sephirah of the same color. This is also true of red, opposite and complement to green. Only Mars and Venus of the planetary forces have a sphere of activity whose color correspondence is the same.

On the Tree of Life the Path of the Illuminative Intelligence links Chokmah to Binah; Wisdom to Understanding. Here the green of creative imagination links the abstract wisdom of Chokmah to the substance of Binah. In this 14th Path, The Empress represents the primal attractive force through which Father unites with Mother to give birth to the forms which express the Will of Kether.

Libra, cardinal air, expresses the green vibration among the signs of the zodiac. Librans are said to be artistic; fond of beauty; affectionate and attractive to others. In this sign the green vibration makes them receptive to the harmonies of nature which express outwardly as artistic and cultural achievements.

Note that in Key 11, ideas of balance, justice and the workings of Karma are evident. As our desires work out into effects through imagination we finally learn to purge them of selfishness and separateness. This redirection of desire brings equilibrium into expression, which is called the Secret of the Great Work. Since Libra is an air sign it is basically mental in focus. The quality of creativeness that results in equilibrium blends a developed mind with the lovingness of a developed emotional nature.

On the Tree of Life the Path of Lamed is called the Faithful Intelligence. It links the volition of Geburah to the Ego in Tiphareth. Through the cultivating, harmonizing green vibration the volitional strength of Geburah becomes the loving and beautiful purpose of the Son.

The secondary color violet is the vibration of attunement to cosmic law. In color therapy it is found to be antiseptic and regulative. It is a mild stimulant that promotes the normal flow of fluids in the body and relieves congestions in the nerve currents. Violet is associated with the Jupiter center which directs the activities of the entire sympathetic nervous system. The activities of this center influence our ability to recall past cycles of the Life-power's self-expression.

Those particularly influenced by this vibration have a sense of rapport with all the other kingdoms of nature, which expresses outwardly as a fondness for outdoor life and activities. In other ways, the violet vibration, and the subtle awareness of past cycles which it gives, expresses as a love of ceremony; good manners; charity; respect for law and order and interest in established forms of religion and philosophy. In general, the influence of this color gives a rather conservative attitude toward life based on a sense of reverence for things of the past.

Among the Sephiroth, Yesod, the vital soul of life, carries the violet vibration. Herein the automatic consciousness records the patterns that regulate the natural processes of life. Yesod is the sphere of the activity of the Moon, the retentive quality of form. It is called the Pure Intelligence because its essential nature remains unstained throughout the long periods wherein man's misconceptions have impressed it with error. When the Great Work is completed the violet of Yesod will become the perfect complement to the yellow of Tiphareth above.

Of the Inner Holy Planets, Jupiter is assigned to violet. This center is called the abdominal brain because it works with the Moon center in regulating all the activities of the body. Note here the color interchange between the sphere of activity for the Moon and Jupiter. This suggests a relationship and a mutual activity that we also found between Mercury and the Sun.

The influence of Jupiter in personality is said to bring good fortune. Through the abdominal brain the violet vibration holds patterns of remembrance that link us subconsciously to all the past periods of planetary unfoldment. When the cosmic laws they unveil are rightly grasped and obeyed, natural forces are directed in ways that are the basis of success in any aspect of human endeavor.

Overstrong, the violet vibration, as it expresses through Jupiter, can cause too much dependence on past patterns and an inability to translate their import into meaningful ideas related to the present. This leads to conventionalism; refusal to look at the new and the pompous veneration of old values related to negative Jupiterian influence.

On the Tree of Life the Path of Kaph, called the Intelligence of Desirous Quest, links Chesed to Netzach. When there is true comprehension of the laws of nature and the cycles of cosmic activity, the Path of Kaph is 'open' and the downpour of influence from Chesed transforms personal desire into a perfect reflection of its cosmic counterpart.

Among the zodiacal signs Aquarius carries the violet vibration. The qualities of expression for Aquarius are seemingly at variance with the reverence for the past attributed to those influenced by Jupiter. Yet the New Age consciousness is necessarily based on a right comprehension of that which has gone before. In Aquarius the violet vibration attunes us to the wisdom of the past through quiet meditation. Then the Uranian influence helps us to relate that wisdom to the needs of the new cycle and apply it in ways that make full use of the forces that are coming in. The human consciousness that is able to look forward with confidence does so because it has learned from the past.

The Path of Tzaddi, called the Natural Intelligence, links Netzach to Yesod. Note that this path balances the orange path of Resh, which links Hod to Yesod on the other side of the Tree. Here the violet vibration of the New Age sign is that which purifies the patterns in Yesod and brings them into harmony with the needs of the New Cycle.

The blue-violet vibration is attributed to Saturn and Key 21. As the concretizing, finitizing vibration it is also a symbol for earth. On the Tree of Life, Binah, sphere of the activity of Saturn, is colored black. Its position among the Supernals corresponds to the principle behind all finitization. Binah, Malkuth and Assiah, the material world, all have a relationship to the finitizing blue-violet and are sometimes represented by this color. Among the seven fundamental colors, blue-violet represents the one which most specifically 'turns toward earth'.

In color therapy, blue-violet is a strong antiseptic and slightly stimulating. Its slowing down effect halts degenerative tissue changes; helps to promote clean healing of wounds and skin eruptions. Its antiseptic effect inhibits bacterial growth. This color affects the skin, especially the sweat glands; knees, ankles, kidneys and bones. It works primarily through the center at the base of the spine, where it regulates the reproductive function and the excretion of bodily wastes.

Basically, the effect of the blue-violet vibration stabilizes, slows down, concretizes, conserves and concentrates power. It is the power in us which puts on the brakes, controls, confines, restricts and limits. In mental realms its effect is beneficial when rightly balanced with other vibrations. It gives a thoughtful, deliberative, careful mental attitude and the ability to concentrate and therefore intensify the power of thought. In balance it also helps establish emotional control. Overstrong, the control of emotions tends to cause painful inhibitions and anxieties. Mentally, an over-strong blue-violet influence causes fearfulness, suspiciousness and a conniving attitude toward others. Negatively expressed, this vibration can result in too much concentration on the outer appearances of things and a consequent materialistic viewpoint of life.

Among the Interior Planets the Saturn center at the base of the spine conserves the blue-violet energy like a storage battery. It becomes charged with the residual energy left over from various bodily functions. This tremendous reserve supply of force is the Kundalini or coiled up Serpent Power. Its right direction and sublimation is the principle work of Alchemy.

When this vibration is raised through the Alchemical process the results are akin to qualities related to Binah. The organ of spiritual vision is completed, so that it becomes receptive to the understanding and love of the Divine Soul. It leads to the cosmic consciousness and freedom portrayed in Key 21. The blue-violet vibration brings the Divine Man into actual expression on earth by finitizing a vehicle that is able to express it.

On the Tree of Life the Path of Tav links Yesod to Malkuth. Through this Path the Saturn energy, concentrated and controlled, leads to a direct experience of the spiritual essence of all physical forms. From this we learn the true nature of the materializing process and how to build structures within that will invite guidance from the Higher Self.

Among the zodiacal signs, Capricorn, the earthiest earth sign, carries the blue-violet vibration. Capricorns are distinguished by their deliberative intellects; their stable and serious attitudes, and their ability for success in worldly concerns. In excess, the blue-violet influence causes the fearful, anxious, suspicious, materialistic attitudes of the negative Capricorn type. It should be pondered here that the understanding and control of material matters, related to this personality type, is essential to the performance of the Great Work.

The Path of Ayin, called the Renewing Intelligence, links Tiparreth to Hod. Through the finitizing blue-violet influence the Ego sets up the manifest problems that develop the mental body in Hod. On the way of return this same concretizing force fixates the structures that permit the One Ego to express freely through the intellect in Hod.

### TECHNIQUE

Now that we have completed our summary of the seven basic colors, let's review our practice with the seven Inner Holy Planets.

Their balanced expression, remember, is what is preparing you to become an increasingly more serviceable instrument for aiding in the work for humanity. Our main focus will be on transmitting these energies to the collective consciousness of mankind in order to help it become more receptive to the New Age concepts and energies.

First, place before you the blue-violet color card and Keys 21 and 15. Visualize yourself within the globe of earth filled with liquid blue-violet light. Intone Ah - oo - mm three times on the note A and give this meditation:

"Oh Thou, Divine Soul within, free me from the fetters of error that I may see all the garments of existence in the light of Thy understanding and love."

Next, place the orange color card and Keys 19 and 6 before you. Visualize your globe of earth filled with vibrating orange light. Pause to feel the love force within the heart radiating outward to unify all the earth. Now intone Ah - oo - mm three times on the note D and give this meditation:

"Oh Thou, Divine Self within, pour out Thy love that I may send it forth to all who dwell on earth."

Place before you the red color card and Keys 16 and 4. This is the vibration that gives you drive and will to accomplish. Intone Ah - oo mm three times on the note C and give this meditation:

"Oh Thou, dynamic will of God! Let Thy lightning flash! Let me see the errors of ignorance that have kept me from conscious union with Thee."

Place before you the violet color card and Keys 10 and 17. Fill your globe with the violet light that helps attune us to the cosmic ebb and flow. Intone Ah - oo - mm three times on the note A# and give this meditation:

"Oh Thou, Who dost keep the universe in order! Let me share in Thy etenal meditation that I may serve Thee in Thy Plan for earth."

Next place before you the green color card and Keys 3 and 11. Intone Ah - oo - mm three times on the note F# and give this meditation:

"Oh Thou, Divine Self within, let me share in Thy harmonies that I may help to bring Thy beauty and love to all who dwell on earth."

Place before you the blue color card and Keys 2 and 14. Fill your globe with the vibrating blue of peace and aspiration! Intone Ah-oo-mm three times on the note G# and give this meditation:

"Oh Thou, unifying water of life! Help me to feel Thy peace and learn from Thy trials that I may ascend the middle path to union with Thee."

Place before you the yellow color card and Keys 1 and 8. Fill your globe of earth with the vibrating yellow light of superconsciousness. Intone Ah - 00 - mm three times on the note E and give this meditation:

"Oh Thou, conscious divinity within! Prepare me to serve as a messenger of Thy love to all that live on earth."

Now place before you, from left to right, the red, blue and yellow color cards. Under them place Keys 20, 12 and 0. Image your globe of earth filled with interlacing streams of red, blue and yellow light. Intone Shemah (Sheh - mm - ah) three times on the notes C, G# and E; then give this meditation:

"Oh Thou, Who art within all things! Let me share in Thy knowledge of motion, of substance, of life; that I may transmit some measure of Thy Wisdom to all the creatures of earth."

Finish this practice by intoning Amen (Ah-mm-en) three times on the notes E, G# and G, followed in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

## Lesson Seventy-seven

(from the transcripts of class lectures by Ann Davies)

The intermediate colors red-orange, yellow-orange, yellow-green, blue-green and red-violet and their correspondences will complete our review of the twelve basic colors. Along with blue-violet, these five vibrations, which are mixtures of primary and secondary colors, are assigned to the triplicities of water and earth. Among the elements, water and earth are most compatible with each other.

Before proceeding, let's get a clear understanding of the nature of these intermediate colors. Red-orange, for instance, does not have the effect of just the combined attributes of red and orange. In the light spectrum each color has a distinct effect, number and identity of its own. We can see this principle exemplified in chemistry, where the uniting of two elements results in a compound that is unique in itself. Common salt is a good example. It is not identifiable as a mere combination of sodium and chloride. As a compound it becomes a stable and entirely distinct substance with attributes of its own.

This holds true with the color combinations as well. Although red-orange partakes of qualities identifiable with red and with orange, it also expresses distinct qualities that are not the result of the mere addition of the two.

In our work with the zodiacal pairs we discussed the interaction between complementary colors. With the intermediate colors this reflective influence is particularly marked. When red-orange is aroused, for instance, blue-green is aroused also. Much of the healing and perfecting work for a zone, or its corresponding personality expression, is found to be just as effective, or even more so in some instances, through the utilization of the opposite color to the one that is directly attributed. Keep this in mind as we complete our discussion of the intermediate colors.

In color therapy red-orange is said to be only slightly less stimulating than red. The bodily areas directly affected include the ears, throat, thyroid and parathyroid glands, neck, and the auditory centers in the brain. By reflex action red-orange has a decided effect on the genito-urinary zone of Scorpio and blue-green.

The red-orange vibration affects the brain centers and glandular activities that are involved in both physical hearing and telepathic reception, its subtle plane counterpart. The medulla oblongata is the part of the brain which acts as a receiving station for telepathic vibrations. Redorange stimulates this area into more intense activity. In this connection recall that the Moon, Key 2, related to telepathy, is exalted in Taurus, Key 5, wherein the Hierophant portrays the highest expression of telepathy, which is the intuitional reception of guidance from the Inner Teacher.

Let's see how the colors combined in red-orange are associated with the Taurus personality type. The Taurus type is said to have strength

of purpose; persistence and determination. These qualities show the influence of the dynamic red vibration through fixed earth. The earthy influence tempers compulsive drive into persistence and determination.

Taureans are said to be affectionate, loyal, honest and basically good-natured in expression. Here we should detect the influence of the Solar orange vibration. The Taurus ability for reception of inner guidance and its practical interpretation is attributable to the influence of red-orange as a unique vibration of its own. In spiritual work red-orange helps to arouse and unfold the intuitive faculty by stirring the Venus-Mars interplay of Taurus-Scorpio into increased activity. This intensifies the creative force that is necessary to complete the organs of intuitional reception.

The complementary colors involved in red-orange would be green, blue and blue-green. Green is emphasized in its influence in red-orange because it is the color of Venus, ruler of Taurus. In Taurus the Venusian green is more practical and steadfast than in Libra. Blue, the color assignment for Key 2, The Moon, is active in the telepathic receptivity assigned to red-orange. Blue-green, the direct complement, is related to the reproductive energy. Its influence, rightly directed, is what destroys any obstructions — mental, emotional or physical — to higher guidance. Blue-green is also active in rebuilding or completing the structures that permit conscious, continuous guidance from the Inner Teacher.

We should also be able to recognize the undeveloped expression of the various color influences involved in each of these intermediate colors. The red influence in the unevolved Taurus is evident in their capacity for uncontrolled rage and violence when aroused to it. The reflected green, in adverse expression, permits sensuous self-indulgence. The orange influence expresses through Taurus adversely as possessiveness, over-attachment and excesses in things concerned with comfort and pleasure.

The reflected blue, adversely expressed, accounts for inertia and laziness in the Taurus type. The reflected influence in undeveloped types is usually adverse because interchange and balance have not yet brought harmony. Thus the blue-green Scorpio force reflected into undeveloped Taurus can express as grossness and over-emphasis on the physical, sensual aspects of sex.

Red-orange is the color assigned to the 16th Path of Vav which links Chokmah to Chesed on the Tree of Life. Intuition reveals Wisdom through the deeper remembrance of Chesed. When the red-orange vibration is strong and well balanced with other colors, the bodily centers involved in inner hearing are positively affected. The combined activity of these centers results in a special function of the auditory center that enables us to hear the Voice of the Inner Teacher.

The next intermediate color is yellow-orange, assigned to Key 7, The Chariot, and to the zodiacal sign Cancer. In color therapy it is a very mild stimulant that helps to promote good digestion and assimilation. It has a cheering effect on the emotions so that it aids in overcoming de-

pression. The physiological zone for yellow-orange includes the stomach; mammary glands; diaphragm; lower lobes of the lungs; upper lobes of the liver.

Colorwise, yellow-orange combines the yellow of balance and mental alertness with the orange of vitality and optimism. Cancer is cardinal water. The influences of the colors involved express through the emotional, psychically receptive water triplicity. The yellow vibration, through water, expresses as the capacity for deep concentration on things important to the subjective personality self. The orange vibration, through Cancer, is responsible for the deep caring nature and the nurturing maternal concern for loved ones attributed to this type.

Yellow-orange, as a unique vibration, helps to stimulate inner perceptiveness. It makes the personal consciousness aware of influences originating outside the fence of personality. In our work this realization that personality is a field in which impersonal forces co-mingle is evolved into the higher realization that is able to distinguish between the SELF who is the Rider in the Chariot and the vehicle through which that Self is progressing toward the goal of human existence.

Key 7 is assigned to Cheth, meaning fence or enclosure. Here we can detect the influence of the complementary blue-violet which limits, separates and distinguishes. Its effect here provides the separation through which the subtle distinctions between the Self and its chariot can be realized.

Besides blue-violet, the reflected colors associated with yelloworange are violet and blue. Violet is the color assigned to Jupiter, exalted in Cancer. The Jupiter center is situated near the diaphragm within the area assigned to Key 7. Blue is associated with the Moon, ruler of Cancer.

It will be of much value for you to elaborate these color influences for each zone — both direct and reflected — in your periods of meditation. The hints are given here; the full realization of their import must come from the Teacher within.

On the Tree of Life yellow-orange is assigned to the Path of Cheth called the Intelligence of the House of Influence. It links Binah to Geburah. The volitional force of Geburah is the source of our mistaken feeling that we have personal will. The perceptions related to yellow-orange help us to realize that this feeling is caused by the working of cosmic forces through a human organism; to realize that all volition is identical with the operation of natural law.

The yellow-orange influence helps us to begin distinguishing the field that is responsible for our feeling of separate will from the Self. Through the Path of Cheth we shall eventually enter the consciousness of Binah. The Grade associated with Binah is that of Master of the Temple. It refers to direct knowledge of what the Temple of the body is and what it is for. Such a One also knows how to utilize the Temple for works that aid in the evolution of the human race.

The third intermediate color is yellow-green, related to Key 9 and Virgo. In color therapy its slightly depressant effect quiets the nerves;

corrects the tendency to over-confidence; and relieves headache caused by auto-intoxication. The physiological area for yellow-green includes the upper abdominal region; the small intestine; the upper part of the large intestine; the lower lobes of the liver; the pancreas and the spleen.

Psychologically, Virgo has to do with selectiveness and discrimination. The slightly depressant yellow-green gives Virgo a practical, sober quality that is a stimulant to careful, thoughtful mental work.

The separate color influences for this zone are yellow and green. Yellow, through mutable earth, expresses as the practical, discriminating mental quality of Virgo. Mercury, the yellow vibration, both rules and is exalted in Virgo. These attributions refer to the process whereby the higher frequencies of Mercury are assimilated into the personal vehicles.

The green influence gives Virgo an ability for practical mental imagery that is essential to the higher functioning of the assimilative process. Through mutable earth the green of mental imagery is utilized in ways that aid in the assimilation of extra light energy.

As a unique influence, yellow-green is related to the practical selectiveness and discrimination of Virgo which leads to the realization that service to life is the primary purpose of human existence.

By reflection, yellow-green arouses red-violet, the vibration associated with Pisces and the consciousness of the body cells. When the reflective red-violet of intense devotion is rightly balanced with yellow-green the whole body becomes filled with the desire to serve.

On the Tree of Life yellow-green is assigned to the Path of Yod which links Chesed to Tiphareth; cosmic Memory to the Ego. Through a vehicle of light and life fashioned by the highest expression of Virgo functions, the Ego remembers its Divinity. The red-violet reflection gives the quality of devotion that implants that remembrance in the body consciousness and makes possible an influx of the Mercury of the Sages which completes the body of adeptship.

The next intermediate color is blue-green, assigned to Key 13 and Scorpio. In color therapy it is sedative and depressant. This quieting action acts on the nerves and muscles of the voluntary system. By arousing the activity of the complementary red-orange it produces a reflex stimulation on the Taurus area.

Physiologically the areas directly affected by blue-green are the nose; the genito-urinary organs; the bladder; urethra; prostate gland; descending colon and rectum.

In blue-green we have the opposite of the stimulating orange and red. Yet we note that Mars rules Scorpio. The blue-green which is sedative and quieting to the voluntary muscles is stimulating to the action of Mars in the reproductive centers.

The separate colors involved are blue and green. Scorpio is fixed water and blue is the color for water and for memory. Through Scorpio the blue vibration expresses as the subconscious memory that is active in the reproductive drive. Green is related to desire and imagination, both of which are active in the functions assigned to Scorpio.

As a unique vibration, blue-green is related to the Scorpio ability to understand the workings of the inner forces of nature. This perceptiveness is the basis of magical works. Through interaction with the redorange of intuition, the blue-green of magical realization is the basis for the works of power that transform natural man into an adept.

On the Tree of Life the blue-green vibration is assigned to the Path of Nun which links Netzach, sphere of desire, to the Ego in Tiphareth. It is called the Path of Resemblance or the Imaginative Intelligence. The Scorpio force is associated with death because the reproductive energy is active in the dissolution of form as well as in its reproduction.

To the Scorpio type is attributed a nature able to grasp the necessity for dissolution and change. Herein lies much of their power, for they are not so plagued by the fear of death. Their understanding of the forces which underlie physical existence gives them a better control of the sex drive. As the generative force is lifted up, the desire nature is turned to serve the Ego. Desire for liberation becomes the primary desire and the dissolution of all that stands in the way leads to firsthand knowledge of immortality.

The final intermediate color, which completes our review of the twelve basic colors, is red-violet, attributed to Key 18 and Pisces. In color therapy red-violet is a very mild antiseptic. It is almost as strong a stimulant as red. Its stimulant action makes it of value in overcoming the desire for drink or drugs; the antiseptic action helps to clear the blood. Physically the red-violet zone encompasses the feet and toes.

The separate color influences for this vibration are red and violet. Through this mutable water sign the dynamic red expresses as the fire of emotional intensity and devotion to a cause. The violet influence of Jupiter, co-ruler of Pisces, is expressed through the loving, beneficent Piscean nature.

The red-violet as a unique vibration expresses as the intense mystical receptivity of Pisces. In the body consciousness this same receptive quality is what makes us able to transform our body cells into centers of spiritual awareness. The intense, single-minded devotion of Pisces, when rightly directed and balanced with yellow-green, is the quality that brings the Great Work to completion by incorporating higher consciousness into the very cells of the physical body.

On the Tree of Life, red-violet is the Path of Qoph which links Netzach to Malkuth. The green vibration of desire is one of the reflective influences in red-violet. Furthermore, Venus is exalted in Pisces. It is intense desire that effects, most dramatically, alterations in Malkuth, the world of effects.

## TECHNIQUE

For this practice we will again balance the seven Centers and three higher octaves as in the last lesson; then proceed with a review of an earlier practice with the six zodiacal pairs.

Within the globe of earth, image, intone and give the meditation for the seven Inner Holy Planets as outlined in the last lesson. Image and intone Shemah for the three higher octaves.

Now, within your globe of earth visualize Key 4 above and Key 11 below. Whirl the red vibration in cyclic motion clockwise through your globe from above. Image the complementary green whirling upward counter-clockwise from below. Intone Ah-oo-mm three times on note C for Key 4 and three times on F# for Key 11. Then give this meditation:

"Oh Thou, Emperor of Divine Reason; help me to understand True Justice that I may strike the balance which leads to liberation."

Visualize Key 5 above and Key 13 below. Whirl the red-orange and blue-green vibrations in the same manner. Intone three times on C# for red-orange and three times on G for blue-green; give this meditation:

"Oh Thou, Divine Voice of Wisdom! Teach me the secrets of my inner nature, that I may be transformed into Thy likeness and serve Thee in Thy ever beneficent works."

Image Key 6 above and Key 14 below. Whirl the colors, orange and blue, as before. Intone Ah - oo - mm three times on note D for Key 6 and three times on note G# for Key 14. Then give this meditation:

"Oh Thou, Archangels of Light! I invoke Thy aid that I may become a fitting channel for bringing Thy love and light to all who dwell on earth."

Image Key 7 above and Key 15 below your globe of earth. Whirl the yellow-orange and blue-violet vibrations in the usual manner. Intone three times with D# and A, as before. Then give this meditation:

"Oh Thou, Luminous Self within! Take the reigns of this Thy instrument and lead me out of the darkness of delusion into the light of Union with Thee."

Image Key 8 above and Key 17 below. Whirl the yellow and violet vibrations. Intone on the notes E and A#. Then give the meditation:

"Oh Thou, Divinity within! I feel Thy strength and Thy ever present love! It fills me with confidence in the ultimate beauty and harmony that will eventually encompass all who dwell on earth."

Image Key 9 above and Key 18 below. Whirl the yellow-green and red-violet vibrations through your globe of earth. Intone with the note F for yellow-green and note B for red-violet. Then give this meditation:

"Oh Thou, Who art the Father of all that lives! I see Thy ever present light illuminating the upward Path so that all Thy children may find their Way back to Thy heart of Love."

Finish in the usual manner with the integration practice and the tensing and relaxing of the physical body. ##

## Lesson Seventy-eight

(from the transcripts of class lectures by Ann Davies)

Throughout the practices in this series we have emphasized the importance of directing the healing, perfecting color and sound vibrations toward the collective consciousness of the planet in order to help lift its level of expression and prepare for the New Age of Brotherhood.

That the Age of Brotherhood will manifest is certain. In one of my earlier mystical experiences I <u>became</u> evolution and experienced directly the inexorability of its eventual manifestation. To be instrumental in its actual physical plane outworking is to participate in the Great Work for humanity. Our practices together are helping to set the stage for this Great Event.

The law of life is that to receive you must give. We increase our capacity to receive from above by giving to that which is below. If we are to receive aid from those who are ahead of us on the Path we must offer ourselves as instruments for aiding those who have not yet reached our level of unfoldment.

Wherever you are in development, you can give! It is true we work to transmute our personality; but unselfish service is the most important part of that work. You know by now that the more purified the personality, the more valuable it becomes as a channel for service. What I want you to realize is that no matter how little you think you understand of spiritual concepts, or how imperfect you consider your personality, you can serve by helping to give strength to images that promote unity, love and harmony in the collective consciousness of humanity. Love is the most powerful transmuting force of all; so the more love you emanate the more your personal unfoldment will be accelerated.

The evil, selfish thought forms and the legion of misconceptions yet so prevalent in the mass consciousness will be dissolved as their opposites increase in strength. As benevolent images that are in harmony with universal truth gain the strength needed to influence more units of the human kingdom, the transformation into the New Age will take place. By deliberately giving our attention to images that express the most positive outworkings of cosmic forces we are helping to turn the tide of influence toward love and harmony between the seemingly separate units of humanity.

Men have tried to work out ideal organizations, governing processes and economic systems to help promote harmony and well being. They have not been very successful because the consciousness of those who lead and those who are led has not been free enough of selfishness, greed, fear and hostility. Brotherhood will become a manifest fact when the bulk of humanity is able to respond to its qualities.

The collective consciousness responds to indirection just as our personal inlet of subconsciousness does. Our work with the colors, Keys and related intonations are wonderfully effective in making definite, strong

impressions therein. They help energize images that call forth positive responses to the planetary and zodiacal influences that affect all of us all the time.

For instance, as we energize positive images related to the Sun we are making it possible for more and more people to begin responding to this influence in a constructive manner. We found that negative response to solar influence expresses as selfishness, excess ambition, pride, wastefulness. Our positive visualizations reinforce the loving, beneficent images associated with the Sun and help to make them more influential in determining the responses of men.

Let's take yellow-orange as another example. In principle we found that its influence promotes protectiveness. Yet, when this feeling is narrowed down to self-protection alone, it expresses as over-anxiety for one's personal welfare and a consequent suspicion, fear and hostility towards others who seem to threaten personal well-being.

With our better understanding of principles we help to fashion the kind of images in relation to any influence that reinforce positive, more inclusive responses. When the protectiveness of yellow-orange begins to expand outward, it embraces first the family, then the community, the nation, the human race and finally everything that lives!

In an earlier practice of this series we directed our visualizations and chants to various leaders of the world in an effort to promote peace. The Shalom chant was part of that practice. In this final technique of the series we will again hold the leaders of the world in mind. You are not to think of any particular individuals, just those whose acts and decisions make a difference to vast groups of people. Our part is merely to keep them in mind during our practices. Those of the Inner School who are active in this phase of the Plan and whose vision is greater than ours will direct the healing, perfecting forces we concentrate to the special areas where they are most needed at any given time.

In this practice we will intone and visualize for all the vibratory forces in order to increase their most positive influence. First we will bring in the vibrations related to the seven Inner Holy Planets and their three higher octaves. Then we will image for the twelve zodiacal influences. Our part is to image and intone with a vivid intention to serve life. The Inner School will direct that which we bring into focus to those centers, areas and leaders where they are most needed. The aim is always to help alleviate pain, suffering, deprivation and conflict throughout the world and prepare the way for the higher frequency energies that will bring in the Brotherhood of Man.

### TECHNIQUE

Begin as always by centering yourself within the globe of earth. It represents both your microcosmic world and the planet earth. We are working to bring harmony to both!

For this practice visualize each of the color vibrations whirling down into your earth from the expanses of infinite space. As each color

enters, see it permeating you and the earth in which you are centered. The whirling motion should be clockwise.

To make this practice really effective, the important thing is your focus of intention. Aspire for peace on this planet! Will to give all your energies to the service of the Most High! Yearn to participate in the Great Undertaking! Begin this practice and all practices with a feeling of lovingness toward life. Remember, again, that practice makes any feeling easier. Lovingness is natural to the Higher Self. The more you reach to the Self, the more abundantly will be the flow of love through your personality.

Centered within your globe of earth visualize a blue-violet whirling cone of light descending from infinite space and filling your globe with its stabilizing vibration. Now, become Key 21 with the whirling cycles in your hands! Pause for a moment to feel and see! Intone Ah - oo - mm three times on the note A and give this meditation:

"Oh Thou, Who art the power of stability in all things; fill me with Thy Light that I may reach the goal of conscious life eternal."

Visualize the orange vibration whirling downward into your globe of earth, surrounding and permeating you with the light of all-embracing love! Now, become Key 19! You are the Sun and its rays; you are the children and the fairy ring in which they dance! Intone Ah - oo - mm three times on the note D and give this meditation:

"Oh Thou, Sun within my heart; teach me to love as Thou lovest, radiating to all without distinction!"

Next, visualize the red vibration whirling into your globe with its invigorating light. Visualize yourself as Key 16. You are the tower and the figures falling therefrom; you are the flames, the lightning flash and the solar disk from whence they spring. Now intone Ah - oo - mm three times on the note C and give this meditation:

"Oh Thou, Divine Fire of God; help me to shatter all obstructions to the onward rush of life toward its goal of perfect peace."

Next visualize the violet light cycling downward into your globe of earth. Become Key 10 in all its details. Intone Ah - oo - mm three times on the note A# and give this meditation:

"Oh Thou, beneficent Wheel of Life, help me to move with Thy perfect law that I may partake with Thee of Thy light."

Next bring in the vibrating green light and fill your globe with it. Become the Empress with the Moon at your feet and the crown of stars on your head. Intone Ah - oo - mm three times on the note F# and give this meditation:

"Oh Thou, Divine Empress within; let me behold Thy beauty that I may fashion it into forms to lift the heart of earth."

Next visualize a cycling cone of blue whirling down from infinite space into your globe of earth. Become the High Priestess, sitting between the pillars of the Temple with the scroll of remembrance on your lap. Intone Ah - 00 - mm three times on G# and give this meditation:

"Oh Thou, Unifying Spirit of God; link me to the heart of life that I may serve as a messenger of Thy love."

Next bring in the brilliant yellow light. Become the Magician, receiving from above and transmitting to the below. Intone Ah - oo - mm three times on the note E and give this meditation:

"Oh Thou, Divine Self within; illumine my mind with Thy light, that I may better serve Thee in all Thy works for earth."

Now place before you Keys 20, 12 and 0. Bring the three higher octave colors into your globe of earth in interlaced streams of vibrating light. Meditate for a few moments on the three Keys before you and then intone Shemah (Sheh-mmm-ah) on the notes C-G#-E, three times. Now repeat the full meaning of the phrase from whence it comes:

"Hear, Oh Isreal, the Lord our God, the Lord is One."

Now that we have intensified all the Planetary vibrations in our globe of earth we are ready to bring in the qualities aligned with the twelve zodiacal influences.

For this part of the practice visualize yourself and the globe in which you are immersed as centered in infinite space. You and your globe are suspended in space, surrounded by the heavens. Around you are the twelve sections of the zodiac. You will turn counter-clockwise around in a complete circle as we visualize and intone for the twelve zodiacal vibrations. There is no need to pay attention to the directions of the compass because you are the earth centered in space.

Now, standing where you are, visualize a cycling cone of brilliant red light whirling into your globe of earth. Immersed in that light, image yourself as the Emperor, Key 4. Intone Ah - oo - mm three times on the note C and give this meditation:

"Oh Thou, Divine Emperor within; assert Thy rightful rule over the little self that I may better serve Thee in all Thy works for earth."

Now make a small turn counter-clockwise. Remember you will be turning twelve times before the circle is complete. You are now symbolically receiving from the Taurus section of the heavens. Visualize a cone of whirling red-orange light descending from above and before you, filling your globe with its stimulating light. Become the Hierophant in all its details. Intone Ah-oo-mm three times on the note C# and give this meditation:

"Oh Thou, Divine Voice within; reveal to me of Thy wisdom that I may become a more valuable servant of the Light."

Make another turn. Visualize a cone of whirling orange light entering your globe of earth. You are now receiving from the Gemini section of the heavens. Become Key 6. Intone Ah - oo - mm on the note D and give this meditation:

"Oh Thou, Angel of healing light; fill me with Thy radiance that I may discern the Real from its shadow and always choose aright."

Make another turn in your circle. You are now receiving from the Cancer section of the heavens. Visualize the yellow-orange light whirling downward from above and permeating your earth with its cheering light. Become Key 7; intone Ah - oo - mm three times on the note D# and then give this meditation:

"Oh Thou, Divine Guide within, lead me, I pray, to the glorious Awakening that unites me with all that lives."

Make another turn. You are now facing the fifth section of the heavens and receiving the yellow vibration of Leo. Remember the turning is counter-clockwise, but the direction of the entering color vibration is clockwise, just as it was with the planetary colors. Now visualize yourself as Key 8; intone Ah - oo - mm three times on the note E and give this meditation:

"Oh Thou, Divine Flame within, fill me with the strength that transforms the vital soul into a servant of the Light."

Make another turn. You are now facing the Virgo section of the heavens and being permeated with the yellow-green light. Image yourself as The Hermit holding up the light of wisdom to illumine the Path for all. Intone Ah - oo - mm three times on the note F and give this meditation:

"Oh Thou, Who art the Only One, let me serve in some small way and help to shed Thy Light."

Turn once again to receive the green vibration from the Libra section of the heavens. Image yourself as the woman in Justice holding the scales in your left hand and the sword in your right. Intone Ah - oo - mm on the note F# and give this meditation:

"Oh Thou, Who art ever just; help me to balance the scales of action that reveal Thy perfect law."

Make a turn. You are now in the eighth, Scorpio, section of the heavens. Feel the blue-green light whirling into your globe of earth; then visualize yourself as Key 13. Intone Ah - oo - mm three times on the note G and give this meditation:

"Oh Thou, Divine Creative Power, help me to see Thee as Thou art and thus dispel the delusive veils that bring sorrow to the heart."

Make another turn. You are now symbolically receiving from the ninth section of the heavens. Feel the blue vibration of Key 14 filling your globe of earth. Visualize yourself as Temperance; intone Ah - oo - mm three times on the note G#. Then give the meditation:

"Oh Thou, Angel of the radiant Sun, prepare me through Thy tests and trials to be worthy to serve the Light."

Turn once again. You are now receiving from the Capricorn section of the heavens. Visualize yourself as Key 15; turn the pentagram right side up and remove the chains from the figures below. Now intone Ah - oo - mm three times on the note A and give this meditation:

"Oh Thou, Divinity within, teach me to see through the veils of outward show into the heart of life."

Make another turn. You are now receiving violet light from the Aquarius section of the heavens. Image yourself as The Star. Intone on the note A# and give this meditation:

"Oh Thou, Divine Star within, illumine my mind with Thy light, that I may be a true brother to every living thing."

Turn once again, to the twelfth section of the zodiac. You should now have returned just next to the point where you began your circular turning. From the Pisces section of the heavens receive the red-violet light! Visualize yourself as Key 18; intone on the note B and give this meditation:

"Oh Thou, Who art the Way, the Light and the Law; I yearn ever upward and inward toward union with Thee."

Now your earth is filled with harmonious light, love and unity of purpose. Intone Shalom seven times on the notes C - F # - G # (Shah - lo-mmm), sending out peace and love and blessings in all directions! Send them out to touch the heart of those who can help soothe conflicts in the world; send them out to lift the hearts of all who yearn for peace; send them out to fill the world with wave upon wave of love and beneficence. Thus do we help prepare the earth for the New Age of the Brotherhood of Man.

#### THESIS

You have now reached the level in your unfoldment where you should be able to synthesize your understanding of the basic concepts given you in this course. We ask you to write a brief thesis which expresses this understanding in your own words. Include in it any inner revelations or experiences that may have arisen from your participation in the vibratory correlations of Color and Sound.

In our next Course entitled, "Meditational Ascent on the Tree of Livingness" we will investigate more fully the qualities, types of consciousness and levels of unfoldment related to the Thirty-two Paths on the Qabalistic Tree of Life.

May peace and bliss and love enfold you as you continue upward on the Path of Return. ##